



# TR150 User Guide

Visit the links below to learn more about your TR150. Learn about the assembly process, treadmill operation, workout programs, and more.

[TR150 Assembly](#)

[Operating Your TR150 Treadmill](#)

[Choosing a TR150 Workout Program](#)

[Utilizing TR150 Heart Rate Features](#)

[How to Adjust the Incline Settings on Your TR150](#)

[How to Calibrate Your TR150](#)

[How to Fold and Transport Your TR150](#)

## Product Support

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For technical assistance with your TR150 or to order replacement parts, please contact the Xterra Customer Service Department by submitting a ticket [here](#).

[TR150 Replacement Parts](#)

[How to Lubricate Your Treadmill](#)

[LUBE Error Troubleshooting](#)

[E2 Error Troubleshooting](#)

[E5 Error Troubleshooting](#)

**Looking for something else?** Visit the [Xterra Knowledge Center](#) for even more product information and resources.