

[How to pair my Amazfit Band 5?](#)

1. Place the band on the charging base to power on, then remove it from the charging base, the "Pair first" reminder will be displayed on the screen after startup.
2. Turn on Bluetooth on your mobile phone.
3. Install and open the Amazfit app on your mobile phone, create an account and login, then select Band to pair.
4. Pairing messages will be received on both the mobile phone and the band
5. Tap to confirm the connection.

[Do I need to turn on Bluetooth to connect Amazfit Band 5 all the time?](#)

No, you don't need to turn on Bluetooth on your phone all the time. Turn on Bluetooth when you need to sync data, receive notifications, update firmware, and set alarms. Turn off Bluetooth, band will still track your steps, sleep, activities and vibrate for alarms.

[Can I pair Amazfit Band 5 with an account which has already paired one?](#)

No, if your account has already paired with Amazfit Band 5, then you cannot pair with another one.

[Is Amazfit Band 5 water proof?](#)

Yes. Amazfit Band 5 has a water resistance grade of 5ATM. It can be used for water activities in shallow water such as in a swimming pool or at the beaches. However, it does NOT support sauna, hot springs and diving.

Notes:

In accordance with GB/T 30106-2013 / ISO 22820:2010, a device that's water resistant at a depth of 50 meters shall be graded as 5 ATM.

Precautions:

- I. This product is water resistant up to 50 meters (5ATM). It can be used when swimming in pools and shallow beaches. However, it can't be used for diving, water skiing, or other activities involving high-speed water flow or immersion in non-shallow water. Please also refrain from wearing the band while taking hot baths or saunas;
- II. Avoid immersing the band in water for extended periods of time. Do not operate the band under water. If the band comes into contact with water, wipe it thoroughly with a clean soft cloth;
- III. Avoid exposing the band to any sudden temperature changes (such as using a hair dryer to blow the band with hot air);
- IV. This product is not resistant to corrosive liquids such as acidic or alkaline solutions and chemical reagents;
- V. Water resistance is not permanent and may weaken over time. Do not re-check the band for water resistance or re-seal it to resist water. Dropping or other impacts will also affect its water resistance. Any damage or defect caused by abuse or improper use are not covered by warranty.

[What are the specifications of Amazfit Band 5's display and touch screen?](#)

Display: Amazfit Band 5 is equipped with a 1.1 inch AMOLED screen with a 126*294 resolution.

Touch screen: The touch screen uses tempered Glass, which can effectively resist scratches arising from daily use. However, please note that the band face glass may be damaged by hard objects such as grains of sand (comprising quartz) or keys. A layer of AF coating on top of the glass can keep the screen smooth and clean by protecting it from fingerprints or other contaminants.

AF Coating: It is short for Anti-fingerprint coating, and is consisted of an oleo phobic layer, a hydrophobic layer and anti-contamination coating. AF coating can keep the screen smooth and clean by protecting it from fingerprints or other contaminants.

[Can I use a portable power bank to charge Amazfit Band 5?](#)

Yes. It is recommended to use a portable power bank from a well-known brand to charge the device under DC 5.0 V.

Note: There may be an issue with certain portable power banks, in that they can't fully charge the band because most of them has an automatic shut-down function at full energy. This function helps to conserve energy as it stops the charging process when mobile phones throttle the charging current when they are about to be fully charged. So if the band is about to be fully charged and the current is reduced, the portable power bank may cut off the current as they interpret that the band has been fully charged.

[Why is Amazfit Band 5 running out of battery power fast?](#)

Amazfit Band 5 battery life is 15 days (assuming 30 minutes for automatically heart rate detection, 100 notifications, 30 wrist lifts, and 5 minutes of other operations every day. 30 minutes of running every three days)

The most power-consuming functions of the Amazfit Band 5 include motor vibration, GPS positioning and the light of the screen. If you often run for exercises, receive pushed messages frequently, use instant scalping band face, or set a much too long screen-on duration, then it's normal that your band runs out of battery power fast. If you don't use these functions often, fully charge your band, turn on Do Not Disturb mode, set the brightness of the band to the lowest level, turn off the Bluetooth, set your band to the default band face, and then observe the power consumption after placing it still for 24 hours. If the power consumption is over 2% please submit your feedback to help us analyze and locate the issue.

[Why won't my Amazfit Band 5 vibrate?](#)

First, confirm whether you've turned on the Do Not Disturb mode, and if so, please turn it off. If not, please try setting several alarms, and when it's time for the alarm to ring, please confirm whether the band shows a screen on which the alarm rings but the band doesn't vibrate. If that's the case, it will be difficult for us to determine it online. Please send your band back to us for analysis.

[Does Amazfit Band 5 support customized band face?](#)

1. Awakening the band, swipe down and tap More, then find Band display.
2. Slide up and down to preview the available dial in the current band. The edit button will be displayed below the dial that supports setting the dial component.
3. Enter band display editing page and select the component to be edited, click the component or slide the screen up or down to replace the component;
4. After editing, press & hold to confirm the changes.

[How to use Amazfit Band 5 Night mode?](#)

Open app◇My devices◇Amazfit Band 5◇Night mode, When the night mode is turned on at the APP, the brightness of the screen will automatically decrease at night. The default setting time is 19:00 -- 7:00 the next day. Users can adjust the time according to their preferences.

[How to use Amazfit Band 5 Breathing function?](#)

Awake the band and swipe down to find Breathing function, tap it to run Breathing training. Then you can relax yourself in a guided breathing exercise. A progress bar will show the total time required at the bottom of the training process page. The total time can be set on the front page of the bracelet end breathing page with the default time of one minute.