

## Do the Tuft & Needle mattresses require a box spring?

No, a box spring is not required if your current setup provides enough even support. You do not need to replace your current box spring if it is still in great shape.

The mattress needs to be supported at all times, so platform frames, slatted frames, bunky boards, and even adjustable frames will support our mattress without requiring a box spring. The space between individual slats should be fewer than 5" for the right support.

You will need to purchase a box spring or our [Box Foundation](#) if your frame does not already provide that support — e.g., if you're using a metal frame like our [Metal Base](#), or if the slats on your platform bed are further than 5" apart.

Learn more about the difference between a box spring and a foundation on our blog, [here](#).

## Should I buy The T&N Original Mattress, the Mint Mattress or the T&N Hybri Mattress?

The T&N Original Mattress is 9.5 inches tall and firm in feel. It uses T&N Adaptive® foam to provide a balance of pressure relief and support for all types of sleepers. The addition of graphite and cooling gel helps wick away heat and moisture so you sleep cooler each night.

We recommend The Original if you want a great price, without sacrificing comfort.

The Mint is 11.5 inches tall and has an added 2" layer of Mint foam for pressure relief and reduced motion transfer, so you won't feel your partner move around. Fewer disturbances means harmonious sleep and better rest. It offers more pressure relief for side sleepers and more support, especially around the edges.

A lower body temperature will help you sleep better and longer. The Mint is designed to sleep cool thanks to ceramic and cooling gel, heat-wicking graphite, and the breathable construction of our patented Adaptive foam.

We recommend The Mint if you are a side sleeper, co-sleeper, tend to sleep warm, or spend time sitting at the edge of your bed.

We recommend the T&N Hybrid if you're new to foam mattresses. Our Hybrid Mattress is the perfect way to introduce yourself to the benefits of foam while keeping many of the benefits of an innerspring pillow top.

The Hybrid is made with a combination of our T&N Adaptive® foam for a classic Tuft & Needle feel, high-quality pocketed springs, and a soft, breathable carbon fiber foam

pillow top. The mattress is the firmest in feel while still feeling cozy thanks to the 1" pillow top. The materials in the Hybrid combine to create our most supportive breathable mattress.

### **How does The T&N Original Mattress feel?**

The T&N Original Mattress is medium-firm in feel. It was designed to provide great pressure relief with the ideal support for a full night's sleep.

The mattress stays cool as well. We use cooling gel in our T&N Adaptive® foam and our plush cover is extremely breathable to keep you comfortable.

To learn more about the feel of a T&N Original Mattress, feel free to check out our blog post [here](#). Check out customer reviews on the product page [here](#).