FAQS

Q: What are common indicators of an oily scalp?

A: A healthy scalp produces approximately 1.2–1.5 grams of sebum per day, roughly a pea-sized amount. An oily scalp occurs when the sebaceous glands overproduce oil. This can impact the scalp microbiome and health, as well as the condition of the hair due to the potential for more frequent shampooing and subsequent styling. When the oil hardens, it can obstruct the opening of the hair follicle and cause inflammation, itching, and scaling. Moroccanoil Oily Scalp Treatment is specially formulated to address an oily scalp while providing a soothing aromatic experience. For any serious or persistent scalp conditions, we recommend that clients seek advice from a medical professional.

Q: How can someone assess the condition of a scalp?

A: There are four main conditions that typically affect the scalp: Dry/flaky scalp, oily scalp, dandruff, and combination scalp. It is extremely important to diagnose the scalp before determining which Moroccanoil Scalp Treatment to use. To diagnose the scalp, it is recommended that one assesses four different components of the scalp.

1. Checking the tightness of the scalp: To determine the tightness of the scalp: gently pinch the skin of the scalp with thumb and forefinger. A loose, easy-to-pinch scalp indicates good circulation. A solid, tense scalp indicates poor circulation.

2. Checking sebaceous glands: Use a comb to section off the hair. Move a fingertip over the scalp and feel whether there is little, a lot or no sebum (oily secretion of the sebaceous glands) on the scalp. Counter-check over the face, as facial skin and scalp are often similar.

3. Checking for dandruff: Make several partings on the scalp. Look for oily dandruff or dry dandruff. Dandruff should not be confused with a dry scalp or dry scalp flakes. Dandruff will often cause itchiness, redness and sensitivity of the scalp.
4. Checking for dryness and flakes: Look for dry patches and powdery flakes on the scalp. A dry scalp can be compared to scaly skin—similar to that of dry skin on the face.

Q: How do I know which Moroccanoil Scalp Treatment to use?

A: After assessing the scalp, one can determine which Scalp Treatment is best to use.

For a scalp with high sebum production and/or medical dandruff, use Oily Scalp Treatment. Its concentrated formula helps correct imbalance and soothe inflammation in hair follicles, which manage oil production.

For a dry, tight scalp with/without powdery flakes, use Dry Scalp Treatment. Its lightweight but concentrated formula relieves dryness, irritation and itchiness.

For a normal or combination scalp, use Dry Scalp Treatment, which improves circulation in the scalp. It is formulated with lavender and geranium oils to soothe and relieve irritation.