

FAQs

How to use Cetaphil Gentle Skin Cleanser?

This creamy, non-foaming cleanser effectively cleanses your face, and improves the resilience of your skin, providing it with continuous hydration to protect against dryness. It can be used with or without water.

To use Cetaphil Gentle Skin Cleanser with water, follow these steps:

1. Wet your face with lukewarm water.
2. Apply a generous amount of the cleanser to your hands.
3. Gently massage the cleanser onto your face in circular motions, using light pressure.
4. Rinse your face thoroughly with lukewarm water.
5. Pat your face dry with a clean towel.

You can use Cetaphil Gentle Skin Cleanser as part of your daily skincare routine both in the morning and evening.

To use Cetaphil Gentle Skin Cleanser without water, follow these steps:

1. Begin by ensuring that your face and hands are clean.
2. Squeeze a small amount of the cleanser onto your fingertips or onto a soft cotton pad.
3. Gently apply the cleanser to your face using circular motions.
4. If you're using a soft cloth or cotton pad, make sure to use gentle pressure and avoid scrubbing too hard to prevent irritation.
5. Once you've applied the cleanser, use a clean, dry cloth or tissue to gently remove any excess product from your skin.

Remember that this method of using Cetaphil Gentle Skin Cleanser is intended for situations where water is not readily available, such as when traveling or camping. For daily use, it is recommended to use the cleanser with water to ensure a thorough and effective cleanse.

Is Cetaphil Gentle Skin Cleanser good for acne?

Cetaphil Gentle Skin Cleanser is not specifically formulated for acne-prone skin. However, this non-irritating, [non-comedogenic cleanser](#) is gentle on your skin and doesn't include any oil, parabens, or fragrance. It's a suitable product for sensitive skin and in addition, it helps alleviate dry skin, which is a skin concern often associated with some acne treatments.

If you have acne, it's important to use products that are specifically formulated for acne-prone skin. You may prefer using one of the Cetaphil products that have been [directly tailored to managing acne-prone skin](#). Consider using [Cetaphil Acne Relief Body Wash](#) and Cetaphil Gentle Skin Cleanser as a gentle second cleanser, following your acne treatment cleanser, to help soothe and hydrate the skin.

Can I use Cetaphil Gentle Skin Cleanser every day?

Yes, you can use Cetaphil Gentle Skin Cleanser every day as part of your skincare routine - in the morning and evening. The gentle formula of Cetaphil Gentle Skin Cleanser helps to cleanse the skin without stripping it of its natural oils or causing irritation. It effectively yet gently removes dirt, oil, makeup, and impurities through micellar technology. Like a magnet, micelles attract, capture and lift impurities away without harsh rubbing or drying.

The cleanser is soap-free, fragrance-free, hypoallergenic, and clinically tested on sensitive skin. It includes a dermatologist-backed blend of ingredients including niacinamide (vitamin B3) to help smooth skin texture and retain skin moisture barrier, hydrating glycerin, and panthenol (vitamin B5) to hydrate, soothe and preserve the skin barrier. Clinically tested for even the most sensitive skin, this cleanser helps improve the resilience of your skin, providing it with continuous hydration to protect against dryness.

Can I use Cetaphil Gentle Cleanser on my body?

While Cetaphil Gentle Skin Cleanser is primarily designed for use on the face, it can also be used on the body if desired. If you choose to use Cetaphil Gentle Skin Cleanser on your body, it's important to keep in mind that it may not be the most efficient option for larger areas. The formula is designed for gentle cleansing, and may not be as effective at removing heavy dirt, sweat, or debris from the skin as a body wash or soap.

Additionally, it may not be the most cost-effective option for regular body use. Instead of using

Cetaphil Gentle Skin Cleanser on your body, explore the Cetaphil range of [gentle bars and body washes](#) available.

Can I use Cetaphil Gentle Skin Cleanser as a moisturizer?

Although Cetaphil Gentle Skin Cleanser has a creamy formula that provides hydration to protect against dryness, it is not formulated as a moisturizer. While the cleanser does contain some moisturizing ingredients, these are not present in high enough concentrations to effectively hydrate the skin as a moisturizer would do.

It is important to use a dedicated moisturizer after cleansing to help keep your skin hydrated, soft, and protected. Cetaphil also offers a [range of moisturizers](#) that are formulated to complement Cetaphil Gentle Skin Cleanser. These moisturizers are designed to provide long-lasting hydration and protection for the skin, without causing irritation or clogging pores.