

## FAQS

Q: *How much palm oil is in Probiotic Pearls® Women's? Why is it in the product?* +

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Palm oil is a natural plant product that is produced from the fruit of the oil palm, or *Elaeis Guineensis* tree. The exact amount of palm oil in Probiotic Pearls® Women's is proprietary. However, it is a miniscule amount per pearl; the amount is less than the weight of an apple seed.

Palm oil in Probiotic Pearls® Women's actually "seals" the probiotic bacteria in the capsule, which protects them from air. Probiotic bacteria are anaerobic, meaning they do not require oxygen to live. In fact, the presence of oxygen can actually injure or kill probiotic bacteria. In addition, the palm oil's ability to seal the bacteria in the capsule eliminates the need for the nutritional supplement to be refrigerated – though they can be kept in the refrigerator if desired.

Q: *What is the source of the gelatin in Probiotic Pearls® Women's?* +

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The gelatin in Probiotic Pearls® Women's is derived from fish (tilapia).

Q: *Does it matter when I take Probiotic Pearls® Women's?* +

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Take them with meals, between meals, or whenever it is easiest for you to remember.

Q: *Why Should I Take a Probiotic Supplement?*

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Digestive balance is key to overall health and wellbeing. That said, there are many things that can impact the balance of good bacteria in your intestinal tract, including stress, travel, diet and age, just to name a few. That's why it's important to replenish your digestive system on a regular basis through a healthy diet, exercise and a probiotic supplement, like one of our unique Probiotic Pearls™ formulas.

Q: *How Often Should I Take a Probiotic Supplement?*

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Probiotics are transient 'guests' within our digestive tract. Therefore it's a great idea to make probiotics a part of your daily routine to help maintain digestive balance and support immune health.\* So keep inviting them back – they're great guests!

Q: *How Important is Probiotic Stability and Survivability?*

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By definition, probiotics are live microorganisms. As such, moisture, as well as the acidic environment of the stomach, can be detrimental to probiotics. That's why Probiotic Pearls™ are encapsulated in a triple-layered softgel that helps protect the active cultures from stomach acid. The Pearls triple-layer technology offers superior protection versus standard capsules to better help deliver probiotics to the intestine.

Q: *Why is a triple layer softgel better than a standard gelatin capsule?*

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The unique triple layer softgel helps protect the microflora from stomach acid and releases them in the intestine. The probiotics in our Probiotic Pearls™ supplements survive these harsh conditions and deliver the healthy flora where you need it. That's a pretty amazing feat—after all, your stomach is roughly a million times more acidic than water!

Q: *What Does CFU mean?*

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CFU is an acronym used on the labels of most probiotic containing products. It refers to "colony forming unit" and is a measurement used by microbiologists to denote the amount of active cultures, or good bacteria, found in a probiotic product.