

# Shoe size chart

## Men's and Women's adidas footwear sizing

\*For AU Footwear, Refer to US sizing

US - MEN	US - WOMEN	UK	EUROPE	CM
4	5	3.5	36	22 cm
4.5	5.5	4	36 2/3	22.5 cm
5	6	4.5	37 1/3	23 cm
5.5	6.5	5	38	23.5 cm
6	7	5.5	38 2/3	24 cm
6.5	7.5	6	39 1/3	24.5 cm
7	8	6.5	40	25 cm
7.5	8.5	7	40 2/3	25.5 cm
8	9	7.5	41 1/3	26 cm
8.5	9.5	8	42	26.5 cm
9	10	8.5	42 2/3	27 cm
9.5	10.5	9	43 1/3	27.5 cm
10	11	9.5	44	28 cm
10.5	11.5	10	44 2/3	28.5 cm
11	12	10.5	45 1/3	29 cm
11.5	12.5	11	46	29.5 cm
12	13	11.5	46 2/3	30 cm
12.5	13.5	12	47 1/3	30.5 cm
13	14	12.5	48	31 cm
13.5	14.5	13	48 2/3	31.5 cm
14	15	13.5	49 1/3	32 cm
14.5	15.5	14	50	32.5 cm
15		14.5	50 2/3	33 cm
16		15	51 1/3	33.5 cm

## How to get the right fit

First, don't measure your feet in the morning; feet often swell during the day due to heat and activity. For the best fit, measure your feet at the end of the day.

To measure your shoe size follow these instructions:

- **1. HEEL-TOE LENGTH**

Place a piece of paper on the floor with one end against a wall. Stand on the piece of paper with your heel against the wall. Mark the piece of paper where your toes end with a pencil.

Measure from the end of the piece of paper to the mark you created with your pencil and compare the measurement to our sizing chart.

### **Choose the right size**

That's easier said than done. Because, what do you do if you are in between two sizes?

In this case it might be safest to go for the size up, rather than the size down. And you know what? You can just try them on at home.

Not the right size? Don't worry! Return your items for free within 30 days.