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How do I download the app and register?	1) For iOS, please download the Zepp app from the Apple App Store. 2) For Android, please download the Zepp app from the Google Play Store. 3) Search the keyword "Zepp" in the store to download and install the Zepp app. Or, you can scan the QR code in the Amazfit GTS 4 Mini manual to download and install the Zepp app. There are 6 methods to register an account (Xiaomi Account, WeChat, Google, Facebook, Line, and email). Use one of the above methods to create an account.
How do I pair my Amazfit GTS 4 Mini?	1) Press and hold the right button to turn on the watch. After it is turned on, a QR code will appear on the screen. 2) Enable Bluetooth on your phone. 3) Install and open the Zepp app on your phone. Next, create an account and log in. 4) Select the watch with the QR code for pairing. 5) Both the phone and the watch will receive a pairing message. 6) Tap to confirm.
Do I need to keep my phone's Bluetooth enabled all the time when wearing my watch?	1) You do not need to enable Bluetooth all the time for features such as step counting, workout, sleep monitoring, heart rate measurement, blood oxygen saturation measurement, timer, alarm clock, idle alert, and PAI calculation. 2) You need to enable Bluetooth for features such as calls, app notification alerts on your phone, phone finder, watch finder, and music control for your phone, since the phone needs to promptly transmit information to the watch. These features can be used only when your watch is connected to your phone.
What should I do if I cannot register the Zepp app?	Check whether the user account and password you enter are correct. 1) In the phone's settings, switch the network from Wi-Fi to 3G/4G network. 2) Clear the Bluetooth shared data and app cache/data. 3) Restart the phone. If the above steps do not work, please uninstall the app and try to reinstall it from the Google Play Store/Apple App Store. If the problem persists, please contact on the official website https://support.amazfit.com/en/ticket/create.

What should I do if I cannot receive notifications?	Please note that what is displayed on the watch is the same as what you see on the notification bar of your phone. Can you see app notifications on your phone's notification bar? Note that these notifications and alerts will only show on the watch as and when they show up on the phone. The Zepp app does not show a pre-populated list of existing apps on the mobile device. Only apps that have generated notifications will appear in the list, and it will populate over time as and when notifications arrive. The troubleshooting process steps are as follows: A. Enable App Notifications Alerts in the app. 1) Open the Zepp app, and tap Profile > My Devices > Amazfit GTS 4 Mini > Notifications & Alerts > App Notification Alerts in the bottom right corner to give the Zepp app access to notifications. 3) Enable App Notification Alerts. 5) Tap Manage Apps in the middle at the bottom of the screen and select the apps for which you want to receive notifications and alerts. Note: If you enable Receive App Alerts Only When Screen Off, you will only receive app alerts when your phone screen turns off. B. Ensure the phone's Bluetooth is enabled. C. Check whether the watch is in Do Not Disturb mode (Silent mode). If the watch is in Do Not Disturb mode, please disable the mode. D. Make sure the phone's notification bar is working properly. F. Go to the mobile phone system settings, find the App Notifications feature, turn it off and then back on, restart the phone, open the Zepp app, and try again. G. Open the Zepp app and go to Profile > My Devices > Amazfit GTS 4 Mini. Tap Run in the Background to check the settings and make sure the Zepp app is running in the background. If you are using an iPhone, go to Settings > Notifications > Zepp App > Enable All Alerts. Make sure you have turned on the Other toggle in the Zepp app.
How do I sync data? What should I do if the connection fails?	When the phone's Bluetooth and the Zepp app are both turned on, data synchronization will start automatically. Alternatively, swipe down on the Zepp app home screen to manually sync data. If the connection fails, try the following methods: First, swipe down on the Zepp app home screen to manually sync data. If it does not work, force close the Zepp app and then reopen it. Note: When the watch is recording workout activities or playing music, the app will not be able to sync data to it.
How do I view app notifications from my phone?	1) Open the Zepp app, go to Profile > Amazfit GTS 4 Mini > App Notification Alerts, and set the apps for which you want to receive notification alerts on your watch. 2) Keep Bluetooth on the mobile phone enabled and maintain its connection to the watch. When receiving a notification, the watch vibrates to remind you. Activate the watch screen to see the notification details. 3) Swipe right on the watch face to go to Notifications and view all notifications.

How do I use the Find Watch feature?	With the watch connected to the phone, open the Zepp app, go to Profile > My Devices > Amazfit GTS 4 Mini > Find Watch, and your watch will vibrate to remind you.
How do I use the Find Phone feature?	1) Swipe down on the watch face, go to Control Center, and tap the Find Phone icon. The watch will display "Searching..." and the phone will ring. Tap the Close icon (X) on the watch to stop the ringing. 2) Tap the Down button on the watch face to go to the app list and tap More > Find Phone. The watch will display "Searching..." and the phone will ring. Tap the Close icon (X) on the watch to stop the ringing.
How do I use the phone's flashlight?	1) Swipe down on the watch face and tap the Flashlight icon to turn on the flashlight. 2) Swipe right on the screen to turn off the flashlight.
How do I adjust the brightness of the watch screen?	1) Swipe down on the watch face and tap the Brightness icon to go to brightness settings. 2) Swipe up and down on the screen to brighten or dim the screen. 3) Tap the auto-brightness button at the bottom of the screen, and the watch will automatically adjust the brightness of the watch screen based on the ambient light of the surrounding environment.
How do I set DND mode?	After Do Not Disturb mode is started, the watch does not vibrate to remind you when a call or message reminder is received. Slide down on the watch face and tap the Do Not Disturb icon to select Do Not Disturb mode. Enable Do Not Disturb: The watch immediately enters Do Not Disturb mode. Scheduled DND: You can set the start time and end time of DND mode. Auto turn on: After you fall asleep wearing the watch, the watch automatically enters and exits DND mode.
How do I use Power Saving mode?	With Power Saving mode enabled, the watch will display a simple watch face and only record steps and sleep information. This will extend the battery life of your watch to a certain extent. 1) Swipe down on the watch face screen and tap the Power Saving icon to turn on Power Saving mode. 2) Press and hold the side button on the watch to exit Power Saving mode.
How do I lock the watch screen?	If you need to put the watch in your pocket, we recommend enabling Lock Screen to prevent accidental touches. When you bathe while wearing a watch, water droplets splashing on the watch screen may also lead to false touches. In this case, you can enable lock screen. 1) Swipe down on the watch face screen and tap the Lock Screen icon to enable the Lock Screen feature. With Lock Screen enabled, the watch screen will be locked and will not respond to your operation. 2) Press and hold the side button on the watch to unlock the screen.
How do I use Theater mode?	With Theater mode enabled, the brightness of the watch screen will be reduced to the minimum and the Wake Screen on Wrist Raise and Always On Display features will be disabled. 1) Swipe down on the watch face and tap the Theater mode icon to turn on Theater mode. 2) Swipe down on the watch face and tap the Theater mode icon again to exit Theater mode.
How do I use Screen On mode?	With Screen On mode enabled, the screen stays on during the prescribed time. This feature no longer works after the screen turns off and turns on again. 1) Swipe down on the watch face, tap the Screen On icon, set the Screen On time, and enable Screen On mode. 2) Swipe down on the watch face and tap the Screen On icon again to end Screen On mode ahead of time. 3) End Screen On mode early by covering the screen with your palm to turn off the screen.
How do I change the watch face?	Method 1: Long press the watch face and swipe left or right to quickly switch between watch faces. Method 2: On the watch, open App List and go to Settings > Watch Face Settings to change the watch face. Method 3: Open the Zepp app and go to Profile > Amazfit GTS 4 Mini > Store to change the watch face.

How do I add customized watch faces?	Keep the watch connected to your phone, open the Zepp app, go to Profile > My Devices > Amazfit GTS 4 Mini > Store, and then go to customized watch faces.
How do I set Always On Display?	If this feature is enabled, the screen still displays some information in standby mode, which greatly reduces battery life. 1) Wake up the watch, open App List and go to Settings > Display > Always On Display. 2) Select the watch face style and enable status for Always On Display.
How do I edit a watch face component?	1) Wake up the watch face, and press and hold the watch face to go to the watch face selection page. 2) Swipe left or right on the screen to preview watch faces available on the watch. The Edit button will be displayed at the bottom of a watch face that supports component editing. You can tap this button to go to the component editing page of the watch face. 3) Select the component to be edited, and tap on the component or swipe up or down on the screen to change the component. 4) When you are done, tap the watch face to complete editing and enable the watch face.
How do I delete a watch face?	1) Long press the watch face to enter the watch face selection screen. 2) Swipe up on the watch face you want to delete. 3) Tap the Delete button to delete the watch face. Note: Some of the build-in watch faces cannot be deleted.
How do I use Quick Start-up?	Press and hold the side button to start a pre-configured app. The Workout app is opened by default. You can also replace it with an app that you frequently use on the Settings page. Wake up the watch, open the app list, and go to Settings > Preferences > Quick Start-up to change the app used for quick start-up.
How do I make changes to Shortcut Cards?	At the bottom of the Shortcut Cards, tap Settings to go to the edit page to add, delete, and sort cards. Open the Zepp app and go to Profile > My Devices > Amazfit GTS 4 Mini > Shortcut Cards to add, delete, and sort cards.
How do I use PAI?	PAI is a personal indicator that is dynamically calculated based on each individual's age, gender, resting heart rate, and other personal physiological data in combination with the person's heart rate changes over the past 7 days. 1) Open the Zepp app, go to Profile > My Devices > Amazfit GTS 4 Mini > Health Monitoring, and enable All-Day Heart Rate. It is recommended that you also enable Activity Detection to record more heart rate changes to increase calculation accuracy. 2) Wear the watch every day, and the watch will automatically record your heart rate data for calculation. Activities that can increase the heart rate will help you earn more PAI scores. 3) Go to the PAI app in the watch or PAI Card in the Zepp app to view your PAI score.
How do I achieve activity goals?	1) You have three activity goals to achieve per day. Check your current activity goals at Activity Goal > My Goals in the watch, and modify the activity goals to steps or calories burned as needed. 2) When you wear the watch, it automatically records your steps, calories burnt, standing events, and running/walking distance. When you enable automatic heart rate measurement or enable workout mode before working out, the heart rate data generated will be used to calculate fat-burning minutes. 3) Whenever you reach an activity goal for the day, the watch will vibrate to remind you.
How do I enable Idle Alert?	With Idle Alert enabled, if no activity is detected for more than one minute during the first 50 minutes of an hour while you are wearing the watch, the watch will vibrate to remind you to do some exercise. Keep the watch connected to the phone. Open the Zepp app and go to Profile > My Devices > Amazfit GTS 4 Mini > Idle Alert to enable the Idle Alert feature.

How do I measure my heart rate?	After you open the Heart Rate app, tap the Measure button on the screen to measure your heart rate. Wait until the watch gets a stable heart rate value. If All-Day Heart Rate is enabled, the watch periodically measures and records your heart rate data. The Heart Rate app always displays the latest heart rate. You can view the all-day heart rate curve and heart rate interval distribution. Precautions: To ensure measurement accuracy, please wear the watch correctly as instructed. Keep the skin in contact with your watch clean and avoid exposure to sunscreen.
How do I measure blood oxygen saturation?	Open the Blood Oxygen Saturation app, and start the blood oxygen saturation measurement as instructed. Precautions: 1) Wear the watch one finger away from the wrist bone (protrusion of the ulna). 2) Wear the watch tightly, with an appropriate sense of pressure. 3) Place your arm on a tabletop or a stationary surface, with the watch screen facing up. 4) Remain still during the measurement process and focus on the measurement. 5) Factors such as hair, tattoos, shaking, low temperature, and incorrect wearing of the watch may affect measurement results and even lead to measurement failure. 6) The measurement range of this watch is 80%-100%. This feature is for reference only and should not be used as a basis for medical diagnosis. If you feel unwell, please seek medical advice.
How do I monitor my sleep?	When you sleep while wearing the watch, it automatically records your sleep data. You can also synchronize the sleep data to the Zepp app to view your sleep duration, sleep stages, sleep score, and sleep suggestions. Enable Assisted Sleep Monitoring for more accurate sleep information (REM sleep stage). Keep the watch connected to the phone. Open the Zepp app and go to Profile > My Devices > Amazfit GTS 4 Mini > Health Monitoring to enable Assisted Sleep Monitoring.
How do I measure my stress?	When All-day Stress Monitoring is not enabled, you can measure stress after opening the Stress app. Also, you can enable All-day Stress Monitoring in the Stress app. When this feature is enabled, the watch automatically measures and records your stress level every 5 minutes.
What should I do if the GPS satellite search is slow or fails?	1) If you are indoors or outdoors where there are many obstructions, GPS signal will be affected, which will lead to slow satellite search or failure. 2) Regularly connecting to the app to sync AGPS can make satellite search faster. 3) Satellite search in open outdoor areas is faster.
How do I edit the workout list?	1) On the watch, go to App List > Workout to open the workout list. 2) Swipe down to the end of the list and tap Edit. 3) You are now in the edit list mode. Select any workout to move it to anywhere in the workout list or to delete it from the list. 4) In the edit list status, swipe down to the end of the list, tap Add Workout to go to the list of all workout items, tap any workout marked with "+" to add it to your workout list. You can also move it anywhere you want. 5) You can start using the edited workout list after you exit the edit list status.
How do I edit the real-time data items in Workout?	1) On the watch, go to Apps > Workout. Tap any of the workout items and go to Settings > More > Data Page. 2) You can add or delete data item pages or workout icon pages (add up to five pages and reserve at least one page). 3) You can choose the number of data items to display on each page. Tap the data field to edit the data items displayed by the data field. 4) During the workout, the edited real-time data items will be displayed as set.

What should I do if the treadmill distance record is inaccurate?	1) When using the treadmill to save the workout, the "Distance calibration" interface will pop up, where you can enter the actual distance value; 2) When the single running distance exceeds 0.50 kilometers, the calibration value will be recorded by the watch based on a built-in algorithm, and the workout distance will be recorded more accurately next time you use the treadmill.
How do I use Workout Detection?	1) The Workout Detection feature is disabled by default. You can go to Settings > Workouts > Workout Detection and select a workout type to enable this feature. 2) After the selected workout is detected, the watch will automatically enable the corresponding workout mode and record the workout data. For outdoor workouts, your workout route will also be recorded. 3) The Alert toggle is turned on by default. An alert pops up whenever the start or end of a workout is detected. When the Alert toggle is turned off, the workout data will be silently recorded in the background and the watch face will display the Workout icon to indicate the user is working out. 4) Sensitivity is standard by default. The higher the sensitivity, the faster it is to detect the start and the end of a workout.
How do I use some of the Workout Assistant features?	1) Workout Assistant features include Virtual Pacer, Cadence Assistant, Auto Lap, and Workout Alerts, which can be used in workouts that support them. 2) To use Virtual Pacer in your workout, select a workout item on the watch and then go to Workout Assistant > Virtual Pacer to enable Virtual Pacer and set the pace. Virtual Pacer has its own page of data item display in Workouts. 3) To use Cadence Assistant, select a workout item on the watch and then go to Workout Assistant > Cadence Assistant to enable Cadence Assistant and set the cadence per minute and the reminder frequency. During workout, the watch will vibrate to remind you according to the set cadence. 4) To use Auto Lap, select a workout item on the watch and then go to Workout Assistant > Auto Lap to enable Auto Lap. When this feature is enabled, a lap will be automatically started according to the distance set, and details of the lap will be recorded in Workouts. 5) To use Workout Alerts, select a workout item on the watch and then go to Workout Assistant > Workout Alerts. After this feature is set and enabled, whenever an alert condition is triggered during workout, the watch will vibrate and an alert will pop up.
How do I view the workout analysis?	Workout analysis data includes training load, training effect, total recovery time, and VO₂ Max. At the end of a workout, when you are saving its information, you can view the training effect, training load, and VO₂ Max of the workout. You can also go to the Workout Status app or the corresponding shortcut card to view the training load, total recovery time, and VO₂ Max at any time. 1: As workout analysis is based on heart rate data, workouts without heart rate data cannot be analyzed. 2: VO₂ Max is available only for outdoor running workout. To get VO₂ Max values, it is recommended to enter accurate personal information in the app and run outdoors for at least 10 minutes while wearing the watch, and ensure that your heart rate reaches 75% of your maximum heart rate.
How do I set the alarm clock? How many alarms can be set?	Go to Application List > Alarm Clock to create an alarm clock on your watch. In the Zepp app, you can also go to Profile > My Devices > Amazfit GTS 4 Mini > Watch Alarm Clock to create an alarm. You can set a maximum of 10 alarm clocks on your watch.
How do I disable the alarm clock vibration?	The watch vibrates a reminder when the time of the alarm clock is reached. Press the side button of the watch to stop the current vibration and enter nap mode, in which the alarm clock reminds you once every 10 minutes. If you need to turn off the alarm clock, tap the off button on the screen when the alarm clock reminder displays.
How do I check the weather?	Open the Weather app from App List to check the weather of the current day and the forecast for the next few days. The weather information on the watch is synced from the phone. If the watch does not display weather information, open the Zepp app and pair the watch with the phone to update the weather information.

How do I use the Music Control feature?	To better use the watch to control music playback on your phone, please make sure that: 1) The watch stays connected to the phone and the Zepp app is running in the background. Set as required at Profile > My Devices > Amazfit GTS 4 Mini > Background Running Permissions in the Zepp app to avoid process cleanup or interception performed by one-tap memory cleaners or some management software in Android system. 2) The notification reading permission is granted. In the Zepp app, go to Profile > Amazfit GTS 4 Mini > App Settings to enable the notification reading permission so that the watch can obtain song information. 3) Start the music player on your phone. Then, the watch automatically obtains information about the song played currently and the status. 4) On the music control screen of the watch, you can perform operations such as pause, play, previous, next, and volume up/down.
How do I install and delete apps?	Installing an app: Keep your watch connected to your phone. Open the Zepp app, go to Profile > Amazfit GTS 4 Mini > App Store, select a target app to download and install it, or update an installed app to the latest version. 2) Deleting an app: Keep your watch connected to your phone. Open the Zepp app, go to Profile > Amazfit GTS 4 Mini > App Store, select Manage, tap Delete App, and then tap Confirm to delete the app.