

# **Polar Ignite Fitness Watch Specifications**

## **Measurements**

43 x 43 x 8.5 mm

## **Weight**

35 g with wristband, 21 g without wristband.

## **Display**

Gesture-activated color touch display (IPS TFT) with ambient light sensor (ALS). Always-on option in training mode. Resolution 240x204. Dragontrail glass lens.

## **Battery**

165 mAh Li-pol battery. Battery life up to 17 h in training mode (GPS and wrist-based heart rate) or up to 5 days in watch mode with continuous heart rate tracking.

## **Materials**

Glass fiber reinforced polymer case. Stainless steel bezel & button.

## **Wristbands**

Black & Silver: TPU plastic, stainless steel buckle.

Other colors: Silicone, stainless steel buckle.

Sizing:

S: wrist circumference 130-185 mm

M/L: wrist circumference 155-210 mm

## **GPS**

Integrated GPS & GLONASS. Assisted GPS for fast fix times.

## **Connectivity**

Bluetooth Low Energy (BLE). Custom USB cable for charging and data synchronization.

## **Watch**

Time & date. Alarm with snooze. Stopwatch & countdown timer.

## **UI languages**

English, German, French, Italian, Dutch, Norwegian, Spanish, Portuguese, Swedish, Finnish, Danish, Polish, Russian, Turkish, Indonesian, Czech, Japanese, Chinese (simplified)

## **Sensors**

Compatible with Polar BLE heart rate sensors.

## **Water resistance**

Water resistant 30 m (ISO 22810, suitable for swimming)

## **Standalone mode**

Can be set up and used without other devices or connections (limited memory capacity for data storage). To access all features, functionalities and unlimited cloud storage, connect your watch to Polar Flow, our free app and web service and the home of your sports and fitness data.