

[How does it work?](#)

Mother dogs communicate with their puppies using natural “comforting messages” released from the mammary zone. These “comforting messages” are scientifically called Dog Appeasing Pheromones. They are odourless and are only perceived by dogs. They provide a strong signal of comfort and security to dogs of all ages.

ADAPTIL Calm releases “comforting messages” to help dogs feel reassured and relaxed in all challenging situations.

[How fast will I see results?](#)

Many dog owners start to see results within the first 7 days. However, every dog is unique. Depending on how long the signs have been present and how severe the signs may be, it may take longer to see an improvement.

We recommend using ADAPTIL Calm On-The-Go Collar for at least 1 month.

To get the best from ADAPTIL follow the relevant advice on this website according to your specific problem.

[How long should I use it?](#)

Most of the dogs will benefit from a permanent use of ADAPTIL Calm On-The-Go Collar to create a reassuring environment at home and even outdoors. The minimum recommended duration is one month.

[When to use?](#)

- To comfort your dog constantly at home and outdoors
- If your dog is scared of loud noises like fireworks or thunderstorms
- If your dog has issues when staying in a kennel (barking, whining, pacing...)
- If your dog shows signs of fear when on walks
- If your dog has issues with training

[Where to use?](#)

The collar should be around your dog’s neck at all times (except during shampoo)

[When NOT to use?](#)

- If your dog's issues are not related to stress, ADAPTIL will not help.
- If your dog's issues are due to a lack of proper training (hyperactivity, over-excitement), ADAPTIL will not help.

How to use information's

How to use?

- Place the collar snugly on your dog's neck to ensure proper contact
Place a finger in the plastic loop situated on the inside of the collar close to the buckle
- Using this loop pull to uncoil the collar
- Feed the end through the buckle
- Place over your dog's head
- Tighten the collar to fit snugly with your dog's skin
- You should be able to place no more than 2 fingers between collar and dog's skin
- Ensure the collar is secure
- Cut off the excess portion of the collar
- When ADAPTIL Calm On-The-Go Collar comes in contact with the skin, your dog's body temperature warms the collar causing the diffusion of "comforting messages" into the local environment
- The collar should remain on your dog at all times (except when using shampoo)

How NOT to use?

- Do not put another collar or a bandana between ADAPTIL Calm On-The-Go Collar and your dog's skin. This would block the contact and therefore the release of "comforting messages"
- Do not put the collar in contact with shampoo or chlorinated water (in swimming pools). If your dog swims in the sea or a lake occasionally with the collar, it's not a problem.
- Do not fix a lead on the collar, it would not resist the tension and therefore fall off

What size do I need?

ADAPTIL Calm On-The-Go Collar size S is recommended for dogs up to 15 kg

ADAPTIL Calm On-The-Go Collar size M/L is recommended for dogs up to 50 kg

How long will it last?

1 Collar lasts 30 days

It is recommended to replace the collar every 4 weeks, to ensure continuous reassurance to your dog

How fast will it work?

- **Immediately upon being fitted to your dog**
- **Be sure to adjust the collar properly**
- **Check regularly to ensure a proper fit (if the collar is too loose, it will not be warmed enough by the dog's body heat)**

Short hair versus long hair?

- **The “comforting messages” diffusion has been tested on 70 dogs with various hair lengths: short, medium, long.**
- **Hair length has no impact on diffusion.**

Recycling?

The collar is not made of recyclable plastic material.