

How to Apply



Application

Apply P20 sun protection generously and evenly to ensure no missed areas and sufficient coverage. Rub in well and pay particular attention to the vulnerable parts of the body, such as nose, ears, shoulders shins, feet and backs of legs.

Use approximately 30-40 ml per application for an full adult body. Reducing the quantity of sun protection product applied will lower the level of protection significantly.



Allow 15 Minutes

Apply P20 sun protection 15 minutes before going out into the sun or swimming, to allow a protective film to form on the skin.



Swimming

Although P20 sun protection provides long-lasting water resistant protection, it may be necessary to re-apply after extensive sweating or after towelling. The general recommendation is to re-apply frequently to maintain protection.



Spraying

If you are using either of the sun sprays, do not spray directly on to your face. Spray into your hands, and then apply to the face, avoiding the sensitive eye area.

After application ensure skin is dry before getting dressed. Avoid contact with fabrics to help prevent staining. For full instructions read the in-pack leaflet carefully before use.