

HOW TO USE SILVERETTE® NURSING CUPS



Prevent & soothe nursing nipples using 925 silver

Silverette design and purpose is to create an environment to promote healing of nipple skin. It is most effective when used in between nursing sessions.

The cups is recommended to be worn continuously until breastfeeding is established without any pain or damage.

Silverette can be used pre and postnatal as a preventative measure for sensitive nipples, as well as for nipples that have been damaged from expressing milk.

If you have any concerns or if pain persists, please seek help from a medical practitioner or lactation consultant.

How to use:

Step 1: Express a couple of drops of breast milk in each cup and place directly over each nipple, secure the cups with the nursing bra.

Step 2: Before breastfeeding, remove the cups and clean the nipples with warm water or a water wipe. Once feeding has completed, rinse the cups with warm water, pat dry and repeat step 1 in-between feeds.

You can use nursing pads over your cups for further protection from leaking. Wear them night and day, in between nursing sessions, until the pain/damage has been resolved.



What mums may experience - The "Common Issues"

Nipple Wear and Tear:

For relief from painful, sore, sensitive, dry, and cracked nipples resulting from breastfeeding or expressing, Silverette® works best on its own. The cups should not be used simultaneously with over-the-counter creams, oils or lotions to treat these wounds as it will create a barrier between the skin and the 925 silver, reducing its effectiveness.

Nipple Thrush:

Silverette's 925 silver has anti-fungal properties and can be used simultaneously with prescribed treatment that supports the recovery of nipple thrush. If you have any concerns regarding nipple thrush, please consult your medical practitioner.

Mastitis:

Silverette's 925 silver has anti-inflammatory and antibiotic agent and can be used simultaneously with treatments that supports the recovery of mastitis. If you have any concerns regarding mastitis, please consult your medical practitioner.

Milk Blebs:

Silverette's 925 silver has natural anti-inflammatory and can be used to create the environment to promote healing of milk blebs. If you have any concerns regarding milk blebs, please consult your medical practitioner.

Recommendations:

We recommend consulting your medical practitioner or lactation consultant in preparation of your lactation journey. We also advise to seek for their advice if you have any concerns regarding the health of your breasts. Silverette® the Original cups is a product designed to support a mother's lactation journey by creating an environment that promotes the healing of common issues associated with breastfeeding.

CLEAN AND CARE INSTRUCTIONS



CLEANING & CARE

Silver is a natural antimicrobial, antifungal, and antibacterial metal that also contains anti-inflammatory agents. As a result, a quick rinse with warm water between feeds is sufficient to clean the cups.

The cups can tarnish over time due to the natural oxidation process that occurs in silver, however it is still safe and effective to use. To remove the tarnish, make a paste using a mix of bicarbonate of soda (one teaspoon) with a few drops of water. Rub the paste over the cups, rinse and pat dry.

Although not required, the cups can be cleaned using mild base soap (recommended handwash soap).

Do not use any harsh detergents, bleach-based agents, sterilising tablets or hard scourers to clean the cups.

We have created a 3 videos to showcase how easy it is to clean the Silverette cups in between nursing

Part 1 - Just Use Water

Part 2 - Polishing the Silver

So why does Silverette develop a yellow brass colour over time? This is a natural occurrence when 925 silver is in touch with humidity, natural oils from the body and the quality of air in the atmosphere. The product is safe for mum and baby and still effective. We have created a short video how to bring back the shine in your Silverette cups

Part 3 - Clean in between breastfeeding or pumping

Being a mum you are time poor. Let's face it, we are trying to crawl back them where we can to focus on your little one. We have provided 3 methods mums can opt for when cleaning the Silverette® cups in between their feeding session which works around a mum's busy schedule.

HOW SILVERETTE® CAN SUPPORT YOUR BREASTFEEDING JOURNEY

HOW DOES SILVERETTE® NURSING CUPS WORK?

Sore and cracked nipples are very common. These usually occur within 24 hours when a mother starts her breastfeeding journey. Silverette® made from 925, the cups designed for mothers to provide relief sore, cracked and painful nipples.

With its patented design the 925 silver in contact with the nipple area that is experiencing wear and tear will create the environment to help protect, soothe and heal.

To get maximum benefit from the product it is recommended mothers use it for preventative measures and to work on the positioning of their latch. To use, simply place the Silverette® cups over the nipple and use the nursing bra to hold it in place. There is no required padding needed.

As always, we recommend professional advice if pain or latching issues persist.

What makes Silverette® nursing cups so effective?

ANTI-INFLAMMATORY

Silver is known to have anti-inflammatory benefits that can provide relief from skin experiencing inflammation, soreness or swelling. This is great for mothers whom experience cracks and soreness usually from the result of incorrect latch positioning between mum and baby.

ANTI-BACTERIAL

Silver is known to have properties that help prevent the growth and spread of

bacteria. Silverette® has been a great time saver for mothers to help them heal in between feeds without the worry of sterilisation.

ANTI-FUNGAL

A thrush infection is quite common and can happen if your nipples are sore or cracked. Silver has anti-fungal benefits can prevent fungal growth. You can use Silverette® simultaneously with prescribed treatment by medical professional that supports the recovery of nipple thrush.

ANTIMICROBIAL

Silver is known to have natural antimicrobial benefits that can help minimise the presence of bacteria, mould, and fungi. Using Silverette® may offer a greater level of protection by continuously inhibiting the growth of microbes on surfaces for very long periods of time.