

General	
Lens Material	chemically strengthened glass
Strap material	silicone
Physical size	35.5 x 40.7 x 13.3 mm Fits wrists with a circumference of 140-200 mm
Display size	0.93" x 0.93" (23.5 x 23.4 mm)
Display resolution	128 x 128 pixels
Display type	sunlight-visible, transfective memory-in-pixel (MIP)
Weight	37.3 g
Battery life	Smartwatch Mode: Up to 9 days GPS mode: Up to 13 hours
Water rating	5 ATM
Memory/History	7 activities

Clock Features	
Time/date	Yes
GPS Time Sync	Yes
Automatic daylight saving time	Yes
Alarm clock	Yes
Stopwatch	yes

Sensors	
GPS	Yes
Garmin Elevate™ wrist heart rate monitor	Yes
Accelerometer	yes

Daily Smart Features	
Connectivity	Yes

Smart notifications	Yes
Weather	Yes
Controls smartphone music	Android™ supported; iPhone® not supported
Find My Phone	yes
Smartphone compatibility	iPhone®, Android™
Pairs with Garmin Connect™ Mobile	yes

Safety and Tracking Features

LiveTrack	Yes
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Activity Tracking Features	
Step counter	Yes
Move bar (displays on device after a period of inactivity; walk for a couple of minutes to reset it)	Yes
Auto goal (learns your activity level and assigns a daily step goal)	Yes
Sleep monitoring (monitors total sleep and periods of movement or restful sleep)	Yes
Calories burned	Yes
Distance traveled	Yes
Intensity minutes	Yes
TrueUp™	Yes
Move IQ™	Yes

Gym & Fitness Equipment	
Available gym activity profiles	Cardio Training

Training, Planning and Analysis Features	
GPS speed and distance	Yes
Customizable data pages	Yes
Customizable activity profiles	Yes

Auto Pause®	Yes
Interval training	Yes
Auto Lap®	Yes
Manual lap	Yes
VO2 max	Yes
Audio prompts	Yes
Activity history on watch	Yes

Heart Rate Features	
HR zones	Yes
HR alerts	Yes
HR calories	Yes
HR Broadcast (broadcasts HR data over ANT+™ to paired devices)	Yes

Running Features	
Available run profiles	yes
GPS-based distance, time and pace	Yes
Cadence (provides real-time number of steps per minute)	Yes
Foot pod capable	Yes

Cycling Features	
Alerts (triggers alarm when you reach goals including time, distance, heart rate or calories)	Yes
Available cycling profiles	yes
Speed and cadence sensor support (with sensor)	yes