

### **Can I use a bed rail on a water or air mattress?**

Answer

No. Our bed rails must not be fitted on these types of mattresses.

### **Can I use a bed rail on any type of bed?**

Answer

Safety 1st bed rails can be used on the main bed types and sizes.

- our bed rails can be used on beds with slatted and interior sprung bases.
- [90cm Bed Rail](#) and [Quiet Night](#) bed rail will fit a minimum bed length of 140cm.
- The Safety 1st [Portable Bed Rail](#) will fit a minimum bed length of 156cm
- The [150 cm Bed Rail](#) will fit a minimum bed length of 190cm

Read the packaging carefully to make sure you know what type and size of bed the bed rail is suitable for before you buy it.

### **Do bed rails guarantee my child's safety while they're asleep?**

Answer

No. Bed rails help reduce potential dangers, but it's up to parents to make sure children are safe. You need to:

- make sure the bed rail is installed correctly
- check it regularly
- replace it if it gets damaged or worn
- be careful not to trap a child's fingers or limbs when you're locking or unlocking the bed rail
- **[How do I clean the bed rail?](#)**

Answer

Just give it a clean with a wet duster.

- **[How do I know my bed rail is safe?](#)**

Answer

Safety 1st bed rails are tested to standard BS7972 which guarantees safety and quality. You'll find details on the rail, on the packaging or in the manual.

### **[How do I make sure my children are safe in bed while we're away from home?](#)**

Answer

Try the portable, compact Safety 1st [Portable Bed Rail](#)

It fits most types of bed and you can take it with you when you go away with the kids.

- **[I've been offered a second-hand bed rail. Should I use it?](#)**

Answer

We don't recommend it. This is because you don't know how the bed rail has been used in the past, and whether it has been damaged. Never use a bed rail that's damaged or has parts missing.

## **What are bed rails for?**

Answer

Bed rails stop your child from falling out of bed. They are useful when your child moves from a cot into a bed, which usually happens at around the age of 18 months. They are only suitable for children who can get off the bed without help.

- **Will my child be able to unlock the bed rail?**

Answer

Our safety rails are designed to provide maximum safety for children from 18 months to 5 years, and to avoid the possibility of the child unlocking them. However, you'll need to keep an eye on your child and make sure they don't play with the bed rail.

## **Where should I install a bed rail on the bed?**

Answer

Position your bed rail with one end even to your child's shoulder when they are lying down. There should always be at least a 9 inches of space between the bed rail and both the headboard and the footboard.

- **Do I need more than one bed rail?**

Answer

Safety 1st recommends the use of two bed rails. A child's bed should never be pushed up against a wall and should be at least 9 inches away from the wall. If following these guidelines, a second bed rail can be used on the opposite side of the bed.

## **When will my child be ready for a bed without rails?**

Answer

As soon as your child can climb in and out of their bed without difficulty, it is okay to remove the bed rail(s). For most children, this occurs around 3 years. It is perfectly fine to keep the bed rail on, even though your child can climb in and out of bed. When you do remove the bed rail(s), place some pillows or blankets on the floor beside your child's bed to cushion any accidental falls.