

FOLLOW THESE STEPS ONCE IN THE MORNING AND ONCE IN THE EVENING BEFORE BED:

1. Ensure you wash your hands before applying the foam.
2. Part your hair to expose your scalp, making sure your scalp is dry. If you use a comb, make sure it's got rounded, widely spaced teeth.
3. Hold the can upside down and press the nozzle to dispense the topical foam: about half a capful. Always use the recommended 1gr dose.
4. Rub the foam into your scalp and gently massage it throughout the affected area. Wash your hands and you're done.

How to get into a hair regrowth routine with REGAINE® For Men Foam



- You brush your teeth daily, so applying REGAINE® for Men foam is just an additional step to your daily routine.

- Leave at least 12 hours between applications.
- Results won't happen overnight. When using REGAINE® for Men Foam 9/10 men said they kept or regrew hair after 16 weeks use.
- Hair shedding may occur from week 2. The shedding process shouldn't last more than 2 weeks but if it persists for longer seek medical advice.
- If you stop using the product, you will lose the hair that grew back and will most likely revert to the previous pattern of hair loss.
- REGAINE® contains minoxidil the only over-the-counter active ingredient clinically proven to help stop and even reverse men's hereditary hair loss.