# **USER MANUAL**



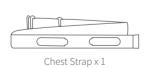
SCAN for more



## **Standard Accessories**



Heart Rate Monitor x 1 (CR2032 battery installed)





User Manual x 1

### **Product Introduction**

H808S transmits the real-time heart rate data through Bluetooth or ANT+ to heart rate receiving device, sports and health App, helping you to manage your exercise intensity scientifically. This user manual will help you to use the product better, please keep it for reference.

Note: This product is used for sports purposes only and it is not meant to replace any medical device.

# **Function and Operation**

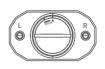
Attention: please be wearing the heart rate monitor first before attempting to pair it with your phone. If you aren't wearing the monitor it will be in sleep mode and cannot be found by Bluetooth.

## Wearing the Heart Rate Monitor

1 Moistening the electrode areas of the chest strap.



Attaching the heart rate Monitor to the chest strap, marked 'L' towards Left.



3 Adjusting the length of the chest strap so that it can be fastened tightly but comfortably to your body. Be sure that the moist electrode areas are firmly against your skin and the front of the Monitor is in a central and upright position.



When two "beep" sounds are heard, the LED flashes green, indicating that the heart rate sensor has been worn correctly and a heart rate signal has been detected.

#### Connect to the App

 Turning on Bluetooth: Setting-Toggle Bluetooth to ON position.

Don't searching device or try to pair on this page, just turn on Bluetooth and go to the Fitness App!

- 2 Start App and connect with device in the App.
- 3 When this device is pairing with App via Bluetooth, the blue light starts to flash.
- When the heart rate Monitor is removed, "beep" will be heard, indicating that the product stops working.



#### Connecting with ANT+ Watch

- Refer to the first page of 'Wearing the Heart Rate Monitor' to correctly wear heart rate Monitor.
- 2 Find and add H808S in the ANT+ device list.
- 3 Follow the prompts on the watch to start training and view your real-time heart rate data on the display.

## Maintenance

H808S is a high-tech electronic equipment. Following the product's nursing instructions can ensure the stability of the product and prolong its service life.

1 Heart Rate Monitor

Detach the connector from the strap after each use and dry the connector with a soft towel. Do not use cleaning chemicals.

2 Chest Strap

Rinsing the strap under running water and hang to dry after each use. Cleaning strap in a washing machine or dryer is strongly prohibited.

Never use cleaning chemicals.

(Cleaning chemicals may cause rapid aging of the strap and shorten the service life.)

Do not stretch the strap or bend the electrode areas sharply.

Do not store the heart rate Monitor in wet and gas-tight environment to prevent snap oxidation. Please store it in a cool dry environment.

# **Battery Replacement**

If the device cannot be detected, please consider replacing the battery.

 Use a coin, clip the groove, rotate it in OPEN direction, and open the battery door.



2 Remove battery, and properly dispose of used batteries in accordance with local environmental regulations.



Place the new battery in the battery bin (positive+up) correctly and rotate the battery door in reverse the direction of OPEN with a coin until the battery door is covered.



To avoid danger, batteries should be kept away from children.

## **Specifications**

Weight	15 g (sensor only)
Wireless	Bluetooth & ANT+
Distance	Bluetooth: 10 m ANT+: 6 m
Size	59 x 35 x 13.5 mm (sensor only)
Battery Life	300 hours
Waterproof	IP67
Heart Rate Range	30 - 240 bpm
Strap Adjustable	(L) 65 - 95 cm

# **Applicable Smart Phones**



IOS 7.0 or above, iPhone 4s model or above



Android 4.3 or above with Bluetooth 4.0

# Compatible Apps

CoospoRide, Wahoo Fitness, Zwift, Openrider, Runkeeper, Endomondo, Nike+ Run Club, Sports Tracker, Polar Beat, Apple Health, Heartool, or other Apps with heart rate display feature.

Note: When using Nike+ Run Club, please refer to the steps of displaying heart rate data in the App running settings.

#### FCC statement

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- 1 this device may not cause harmful interference, and .
- 2 this device must accept any interference received, including interference that may cause undesired operation.



Waste electrical products should not be disposed of with household waste. Please recycle where facilities exist. Contact your local government or a retailer for additional information.





- Do not open or modify the product.
- Do not disassemble or attempt to service this product.
- This product is safe under normal and reasonably foreseeable operating conditions.
- If product is operating improperly, call COOSPO support.
- Product must be returned to the manufacturer for any service or repair.