

HOW TO USE

- Apply liberally 15 minutes before sun exposure
- Reapply:
 - After 80 minutes of swimming or sweating
 - Immediately after towel drying
 - At least every 2 hours
- **Sun Protection Measures:** Spending time in the sun increases your risk of skin cancer and early skin aging. To decrease this risk, regularly use a sunscreen with a Broad Spectrum SPF value of 15 or higher and other sun protection measures including:
 - Limit time in the sun, especially from 10 a.m.–2 p.m.
 - Wear long-sleeved shirts, pants, hats, and sunglasses
 - Children under 6 months of age: Ask a doctor