



MANUAL TOE SEPARATORS

HOW TO USE

There will be two loops on each end. The large loop is for the big toe, while the small loop should go around your pinky toe.

The rounded side of the separators should be facing away from your body.

TIP: When putting them on start from your big toe and work toward your pinky toe.



Our Toe Separators should give your toes a good stretch. This stretching sensation can feel a little intense, especially at first.

It is recommended not to wear them for more than 2-3 hours at a time. Overuse could cause loss of circulation.

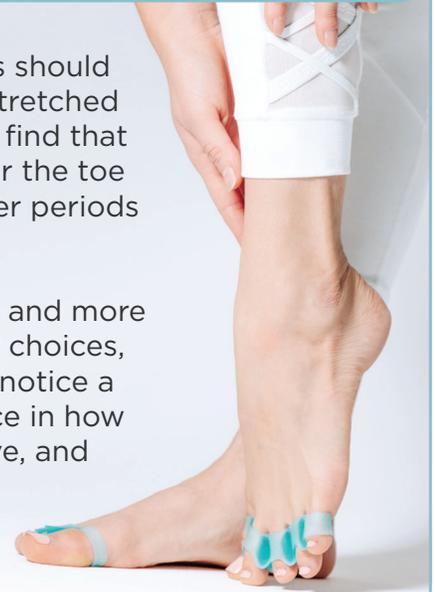
Start slow and listen to your body. Your toes need time to ease into them. It's like going to the gym for the very first time.

Disclaimer: If skin irritation or swelling occurs, discontinue use and consult your physician.

WHAT TO EXPECT

Over time your toes should get used to being stretched out and you should find that you are able to wear the toe separators for longer periods of time.

With continued use and more conscious footwear choices, you should start to notice a significant difference in how your toes look, move, and feel.



CARE INSTRUCTIONS

Rinse the toe separators under cold water and let them dry on a clean surface.

Ensure they have dried completely before putting them on otherwise they will be sticky.



OUR CUSTOMER PROMISE

AT MIND BODHI CUSTOMER SATISFACTION IS OUR TOP PRIORITY!
SO IF OUR TOE SEPARATORS DON'T FIT YOU RIGHT, TEAR, OR DON'T MEET YOUR EXPECTATIONS, SIMPLY CONTACT US. WE WILL TRY OUR BEST TO MAKE THINGS RIGHT!

SINCERELY, THE MIND BODHI TEAM