

**SONY**®

5-013-729-33(1)

English
<b>Wireless Noise Canceling Stereo Headset</b>
Do not install the appliance in a confined space, such as a bookcase or built-in cabinet.
Do not expose the batteries (battery pack or batteries installed) to excessive heat such as sunshine, fire or the like for a long time.
Do not subject the batteries to extreme low temperature conditions that may result in overheating and thermal runaway. Do not dismantle, open or shred secondary cells or batteries. Do not expose cells or batteries to heat or fire. Avoid storage in direct sunlight.

In the event of a leak occurring, do not allow the liquid to come in contact with the skin or eyes. If contact has been made, wash the affected area with copious amounts of water and seek medical advice. Secondary cells and batteries need to be charged before use. Always refer to the manufacturer's instructions or equipment manual for proper charging instructions. After extended periods of storage, it may be necessary to charge and discharge the cells or batteries several times to obtain maximum performance. Dispose of properly.

This equipment has been tested and found to comply with the limits set in the EMC regulation using a connection cable shorter than 3 meters.

Do not use, store, or leave in a place subject to high amounts of humidity, dust, smoke, or steam, or in a place subject to high temperatures such as near a fire, a location subject to direct sunlight, in a car, etc.

High volume may affect your hearing.

Do not use the unit while walking, driving or cycling. Doing so may cause traffic accidents.

Do not use at a dangerous place unless the surrounding sound can be heard.

The unit is not waterproof. If water or foreign objects enter the unit, it may result in fire or electric shock. If water or a foreign object enters the unit, stop use immediately and consult your nearest Sony dealer. In particular, be careful in the following cases.

- When using the unit in a shower or bath.
- Be careful that the unit does not fall into a sink or container filled with water.
- When using the unit in the rain or snow, or in humid locations
- Compared to use indoors, use outdoors is subjected little to signal reflection from walls, floors, and ceilings, which results in audio dropout occurring more frequently than use indoors.
- The antenna is built into the unit as indicated by the dotted line in the illustration (Fig. 1A). The sensitivity of the Bluetooth communicators can be improved by removing any obstacles between the connected Bluetooth device and the antenna of this unit.

Bluetooth and Wi-Fi (IEEE802.11b/g/n) devices use the same frequency (2.4 GHz). When using the unit near a Wi-Fi device, electromagnetic interference may occur, resulting in noise, audio dropout, or the inability to connect. If this happens, try performing the following remedies:

- Establish a connection between the unit and the Bluetooth device when they are at least 10 m away from the Wi-Fi device.
- Turn off the Wi-Fi device when using the unit within 10 m of the Wi-Fi device.
- Position the unit and the Bluetooth device as near as possible to each other.
- Microwaves emitting from a Bluetooth device may affect the operation of electronic medical devices. Turn on this unit and other Bluetooth devices in the following locations, as it may cause an accident:
  - in hospitals, near priority seating in trains, locations where inflammable gas is present, near automatic doors, or near fire alarms.

The audio playback on this unit may be delayed from that on the transmitting device, due to the characteristics of Bluetooth wireless technology. As a result, the sound may not be in sync with the image when viewing movies or playing games.

This product emits radio waves when used in wireless mode. When used in wireless mode on an airplane, follow flight crew directions regarding permissible use of products in wireless mode. The unit supports security functions that comply with the Bluetooth standard as a means of ensuring security during communication using Bluetooth wireless technology. However, depending on the configured settings and other factors, this security may not be sufficient. Be careful when communicating using Bluetooth wireless technology. Sony shall assume no responsibility for any damages or loss resulting from information leaks that occur when using Bluetooth communications.

Connection with all Bluetooth devices cannot be guaranteed. Bluetooth devices connected with the unit must comply with the Bluetooth standard prescribed by Bluetooth SIG, Inc., and must be certified as compliant. Even when a connected device complies with the Bluetooth standard, there may be cases where the characteristics or specifications of the Bluetooth device make it unable to connect, or result in different control methods, display, or operation. When using the unit to perform hands-free talking on the phone, noise may occur depending on the connected device or the communication environment.

Depending on the device to be connected, it may require some time to start communications.

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**If sound skips frequently during playback**

- The situation may be improved by setting the sound quality mode to "priority on stable connection." For details, refer to the Help Guide.
- The situation may be improved by changing the wireless playback quality settings or fixing the wireless playback mode to SBC on the transmitting device. For details, refer to the operating instructions supplied with the transmitting device.
- When listening to music from a smartphone, the situation may be improved by closing unnecessary apps or restarting the smartphone.

**On the use of calling apps for smartphones and computers**

- This unit supports normal incoming calls only. Calling apps for smartphones and computers are not supported.

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**On charging the unit**

- This unit can be charged using USB only. A computer with a USB port or a USB AC adaptor is required for charging.
- Be sure to use the supplied USB Type-C cable.
- When charging, the unit cannot be turned on and the Bluetooth and noise canceling functions cannot be used.
- If the unit is not used for a long time, the rechargeable battery may not be depleted quickly. The battery will be able to hold a proper charge after it is discharged and recharged several times. When storing the unit for a long time, charge the battery once every six months to prevent over-discharge.
- If the rechargeable battery becomes depleted extremely quickly, it should be replaced with a new one. Please contact your nearest Sony dealer for a battery replacement.

**If the unit does not operate properly**

- Follow the procedure below to reset the unit (Fig. 1B).
  - Press the  and  buttons simultaneously while the unit is charging. The unit is reset. When the unit is reset, the pairing information in the unit is not deleted.
  - If the problem persists even after the unit is reset, perform the procedure below to initialize Google LLC.
  - Disconnect the USB Type-C cable and turn off the unit. Press and hold the  and  buttons simultaneously for at least 7 seconds. The indicator (blue) flashes 4 times, the unit is initialized, and the unit is reset to the factory settings. When the unit is initialized, all pairing information is deleted.
  - After the unit is initialized, it may not connect to your iPhone or computer. If this happens, delete pairing information of the unit from the iPhone or computer, and then pair them again.
- On the noise canceling function**
  - The noise canceling function senses external ambient noise (such as the noise inside a vehicle or the sound of air conditioning inside a room) with built-in microphones, and produces an equal-but-opposite sound that cancels out the ambient noise.
    - The noise canceling effect may not be pronounced in a very quiet environment, or some noise may be heard.
    - The noise canceling function works for noise in the low frequency band primarily. Although noise is reduced, it is not canceled completely.
    - When you use the unit in a train or a car, noise may occur depending on street conditions.
    - Mobile phones may cause interference and noise. Should this occur, locate the unit further away from the mobile phone.
    - Depending on how you wear the unit, the noise canceling effect may vary or a beeping sound (howling) may occur. If this happens, take off the unit and put it back on your ear.
    - Do not cover the microphone of the unit with your hands or other objects. Doing so may prevent the noise canceling function or the Ambient Sound Mode from working properly, or may cause a beeping sound (howling) to occur. If this happens, take your hands or other object off of the microphones of the unit (Fig. 1C).

**Trademarks**

- Apple, iPhone, iPod and iPod touch are trademarks of Apple Inc., registered in the U.S. and other countries.
- Use of the Made for Apple badge means that an accessory has been designed to connect specifically to the Apple product(s) identified in the badge, and has been certified by the developer to meet Apple performance standards. Apple is not responsible for the operation of this device or its compliance with safety and regulatory standards. Android is a trademark of Google LLC.
- The Bluetooth® word mark and logos are registered trademarks owned by the Bluetooth SIG, Inc. and any use of such marks by Sony Corporation is under license.
- The N-Mark is a trademark or registered trademark of NFC Forum, Inc in the United States and in other countries.
- The LDAC name and logo are trademarks of Sony Corporation.
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- Other trademarks and trade names are those of their respective owners.

**Notes on wearing the unit**

- Because the headphones achieve a tight seal over the ears, forcibly pressing them against your ears or quickly pulling them off can result in eardrum damage. When wearing the headphones, the speaker diaphragm may produce a click sound. This is not a malfunction.
- Other notes**
  - Do not use the unit to excessive shock.
  - The touch sensor may not operate properly if you apply stickers or other adhesive items to the touch sensor control panel.
  - Be careful not to catch your finger in the unit when folding.
  - When you use the unit as wired headphones, use the supplied headphone cable only. Make sure that the headphone cable is firmly inserted.
  - The Bluetooth function may not work with a mobile phone, depending on the signal conditions and the surrounding environment.
  - Do not apply weight or pressure to the left unit housing gets fogged up or there is dust stored, as it may cause deformation.
  - If you experience discomfort while using the unit, stop using it immediately.
  - The earpads may be damaged or deteriorate with long-term use and storage.

**Specifications**

- Headset**
  - Power source:** DC 3.7 V; Built-in lithium-ion rechargeable battery
  - Operating temperature:** DC 5 V; When charged using USB
  - Rated power consumption:** 8 W
  - Usage hours:**
    - When connecting via the Bluetooth device
      - Music playback time: Max. 30 hours (NC ON), Max. 22 hours (Ambient Sound Mode), Max. 24 hours (NC OFF)
      - Communication time: Max. 38 hours (NC ON), Max. 18 hours (Ambient Sound Mode), Max. 30 hours (NC OFF)
      - Standby time: Max. 30 hours (NC ON), Max. 22 hours (Ambient Sound Mode), Max. 200 hours (NC OFF)
    - When connecting via the headphone cable with NC ON: Max. 22 hours
      - Note: Usage hours may be shorter depending on the Codec and the conditions of use.
  - Charging time:**
    - Approx. 3 hours
      - About 5 hours of music playback is possible after 10 minutes charging.)
      - Note: Charging and usage hours may be different depending on the conditions of use.
    - Charging temperature:** 5 °C to 35 °C
  - Mass:**
    - Approx. 254 g
  - Impedance:**
    - 40 Ω (1 kHz) (when connecting via the headphone cable with the unit turned on)
    - 16 Ω (1 kHz) (when connecting via the headphone cable with the unit turned off)
  - Sensitivity:**
    - 105 dB/mW (when connecting via the headphone cable with the unit turned on)
    - 101 dB/mW (when connecting via the headphone cable with the unit turned off)
  - Frequency response:**
    - Hz : 40.000 Hz (JEITA) (when connecting via the headphone cable with the unit turned on)
    - Hz : 40.000 Hz (JEITA) (when connecting via the headphone cable with the unit turned off)
  - Included items:**
    - Wireless Noise Canceling Stereo Headset (1)
    - USB Type-C to cable (USB-A to USB-C) (approx. 20 cm) (1)
    - Headphone cable (approx. 1.2 m) (1)
    - Carrying case (1)
    - Plug adaptor for in-flight use (1)
    - Depending on the in-flight entertainment services, it may not be supported.

**Communication specification**

**Communication system:** Bluetooth Specification version 5.0

**Output:** Bluetooth Specification Power Class 1

**Maximum communication range:**

- Line of sight approx. 10 m<sup>1)</sup>

**Frequency band:** 2.4 GHz band (2,400 GHz - 2,4835 GHz)

**Compatible Bluetooth profiles:** A2DP / AVRC / HFP / HSP

**Supported Codec:** SBC / AAC / LDAC<sup>2)</sup>

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**Transmission range (A2DP):**

- 20 Hz - 20,000 Hz (Sampling frequency 44.1 kHz)
- 20 Hz - 40,000 Hz (Sampling frequency LDAC 96 kHz, 990 kbps)

- The actual range will vary depending on factors such as obstacles between devices, magnetic fields around a microwave oven, static electricity, reception sensitivity, antenna's performance, operating system, software application, etc.
- Bluetooth standard profiles indicate the purpose of Bluetooth communications between devices.
- Codec: Audio signal compression and conversion format

Design and specifications are subject to change without notice.

## System requirements for battery charge using USB

**USB AC adaptor**

A commercially available USB AC adaptor capable of supplying an output current of 1.5 A or more

**Compatible iPhone/iPod models**

iPhone XS Max, iPhone XS, iPhone XR, iPhone X, iPhone 8 Plus, iPhone 8, iPhone 7 Plus, iPhone 7, iPhone SE, iPhone 6s Plus, iPhone 6s, iPhone 6 Plus, iPhone 6, iPhone 5s, iPod touch (6th generation) (As of March 2020)

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- Other trademarks and trade names are those of their respective owners.

**Notes on the License**

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Services offered by third parties may be changed, suspended, or terminated without prior notice. Sony does not bear any responsibility in these sorts of situations.

**繁體中文**

**無線降噪立體聲耳機**

經型式認證合格之低功率射頻電機，非經許可，公司、商號或使用者均不得將該電機或電機內之零件移設於其他型號之產品。
低功率射頻電機之使用不得影響航航安全及干擾合法通信；經發現有干擾現象時，應立即停用，並改善至無干擾時方得繼續使用。前項合法通信，指依國家規定使用之無線電通信。低功率射頻電機須受合法通信事業、料業及業務用電台等之干擾保護。
請勿將本裝置安裝於密閉的空間內，例如書櫃或內建之櫥櫃中。
請勿將電池（安裝的電池組或電池）長時間暴露於過熱的環境下；例如日光、火熱，或其相關的情況。
經測試，本設備符合EMC規定中使用3米以下連接線的限制。

關於替換零件的資訊，請洽詢鄰近的Sony經銷商。

即使無法連接，或發生不正常的行為，Bluetooth裝置的特性或規格有可能與其技術標準或生產公司的指定方法，或產品說明書不同。
Bluetooth裝置的規格可能隨時間而不同，因此，可能無法連接裝置，或需要一些時間才能開始通訊。
播放時聲音經常會斷斷續續，可能可以改善此狀況。如需詳細資料，請參閱說明指南。
在戴耳機上座機或座機產品時，請參閱機殼附設的說明書。
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**關於本機充電**

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- 請務必使用隨附的USB Type-C連接線。
- 充電時請勿使用手機，也無法使用Bluetooth和防噪功能。
- 如果本機長時間不使用，充電電池的電力可能會迅速耗盡。電池放電重新充電電次之後，就應保留適當電量。如果要長時間存放本機，請每六個月為電池充電一次，以免過度放電。
- 如充電時發現電池溫度有過熱，應以新電池更換。請洽詢鄰近的Sony經銷商以更換電池。

**關於智慧型手機和電腦的通訊應用程式的使用**

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**如果本機的運作不正常**

- 請按照下列程序以重設本機 (圖 1B)。
  - 在本機充電時，同時按下和CUSTOM按鈕。本機會重設。本機重設時，不會刪除本機內的配對資訊。
  - 如果本機無法配對或無法連接，請執行下列程序以初始化本機。
    - 按USB Type-C和CUSTOM按鈕，並關閉本機電源。同時按下和CUSTOM按鈕至少7秒，指示燈 (藍色) 會閃爍4次。本機初始化，接著本機會重設為原廠設定。初始化本機時，所有的配對資訊將被刪除。
    - 本機初始化後，可能無法連接設備。當連接問題再次發生時，請刪除iPhone或電腦中的本機配對資訊並重新配對它。

**關於防噪功能**

- 防噪功能以內建的麥克風偵測外部環境聲音 (例如，車輛的引擎音，或房內空房間的雜音)，然後產生相等但相反的聲音以抵銷環境聲音。
- 在非安靜的環境中，防噪的效果可能不理想，或者可能出現一些副作用。
- 防噪功能主要能減少低頻帶的噪音，雖然可以降低噪音，但無法完全消除。
- 行動電話在火車或汽車裡使用本機時，根據街道狀況，可能會出現噪音。
- 當使用行動電話時，可能會產生干擾和噪音。這種情形發生時，請將本機離開行動電話。
- 視您配戴本機的方式而定，防噪效果可能會有所差異，或甚至可能會聽到提示音 (嗶嗶聲)。當這種情況發生時，請取下本機，然後再戴上。
- 請勿用手或其他物品蓋住本機的麥克風，此舉可能會影響防噪功能或導致替換零件。或可能產生替換零件 (圖 1C)。
- 請勿將本機安裝於密閉的空間內，例如書櫃或內建之櫥櫃中。
- 請勿將電池 (安裝的電池組或電池) 長時間暴露於過熱的環境下。例如日光、火熱，或其相關的情況。
- 經測試，本設備符合EMC規定中使用3米以下連接線的限制。

本機僅能以USB充電，需要具備USB接埠的電腦，或USB交流電供電器，以便充電。
請務必使用隨附的USB Type-C連接線。
充電時請勿使用手機，也無法使用Bluetooth和防噪功能。
如果本機長時間不使用，充電電池的電力可能會迅速耗盡。電池放電重新充電電次之後，就應保留適當電量。如果要長時間存放本機，請每六個月為電池充電一次，以免過度放電。
如充電時發現電池溫度有過熱，應以新電池更換。請洽詢鄰近的Sony經銷商以更換電池。

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如充電時發現電池溫度有過熱，應以新電池更換。請洽詢鄰近的Sony經銷商以更換電池。

**關於本機充電**

- 本機僅能以USB充電，需要具備USB接埠的電腦，或USB交流電供電器，以便充電。
- 請務必使用隨附的USB Type-C連接線。
- 充電時請勿使用手機，也無法使用Bluetooth和防噪功能。
- 如果本機長時間不使用，充電電池的電力可能會迅速耗盡。電池放電重新充電電次之後，就應保留適當電量。如果要長時間存放本機，請每六個月為電池充電一次，以免過度放電。
- 如充電時發現電池溫度

