



Smartwatch instruction manual

Harley Series



Thank you for your continued patronage of our products.

Please read the instruction manual carefully before using this product.

If you have any questions, please feel free to contact us by email below.

Email Address: **support@touchelex.com**

20211220 Version

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1. Product introduction

1.1.Package contents

Smart watch * 1; Charging cable *; Instruction manual * 1

1.2.Specification

Model: Harley smartwatch

DESIGN

Color: gray, pink, green

Size: 43.9 * 36.5 * 11.6mm

Weight (excluding straps): 43.8g

Body material: Aluminum alloy

Button: 2

Waterproof level: 3ATM

DISPALY

Material: TFT

Size: 1.75 inches

Resolution: 320*385

PPI: 286

BATTERY

Battery capacity: 220mAh

Charging method: Magnet type

Charging time: Approximately 1.5 hours

Battery life: 10 days

SENSOR

SoC: Apollo3.5

MCU: Apollo3.5

Heart rate sensor: GH301X

Motion sensor: STK8321 / MC3632

connection: BLE5.0

STRAP

Color: black, gray, pink, green

Material: Silicon

Width: 22mm

Minimum/maximum wrist size: 155 --218 m

2. Initial setting

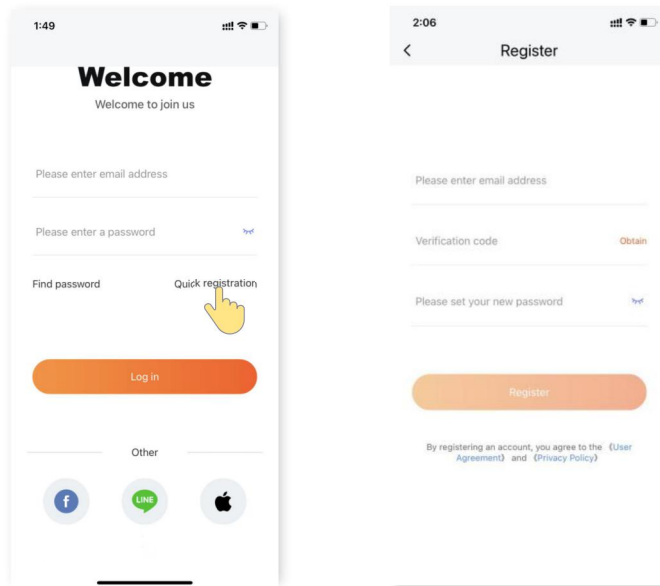
2.1.App download



- Scan the QR code on your smartphone to download the TouchElex app. Or via Google Play/Apple's App Store to search and install the APP.
- This device is not compatible with iPad and PC.
- System compatibility: iOS 9.0 or later; Android 6.0 or later; Bluetooth 4.2 or later

2.2.Registration and login

2.2.1. Registration



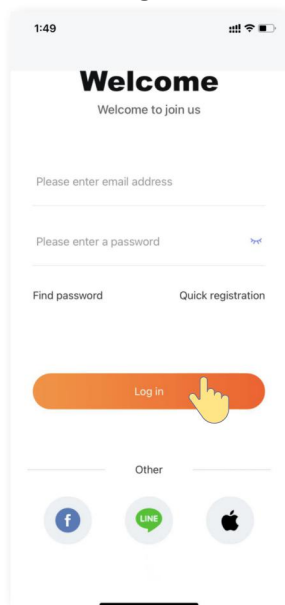
To register a new account, please follow these steps:

Click Quick Register → register via an email address.

- **If you do not receive the verification code, please**

- (1) Make sure your email address spelling is correct and there is no space
- (2) Check your junk email folder
- (3) Please contact with us if it is still failed to receive the code. Here is our support team address :support@touchelex.com

2.2.2. Login



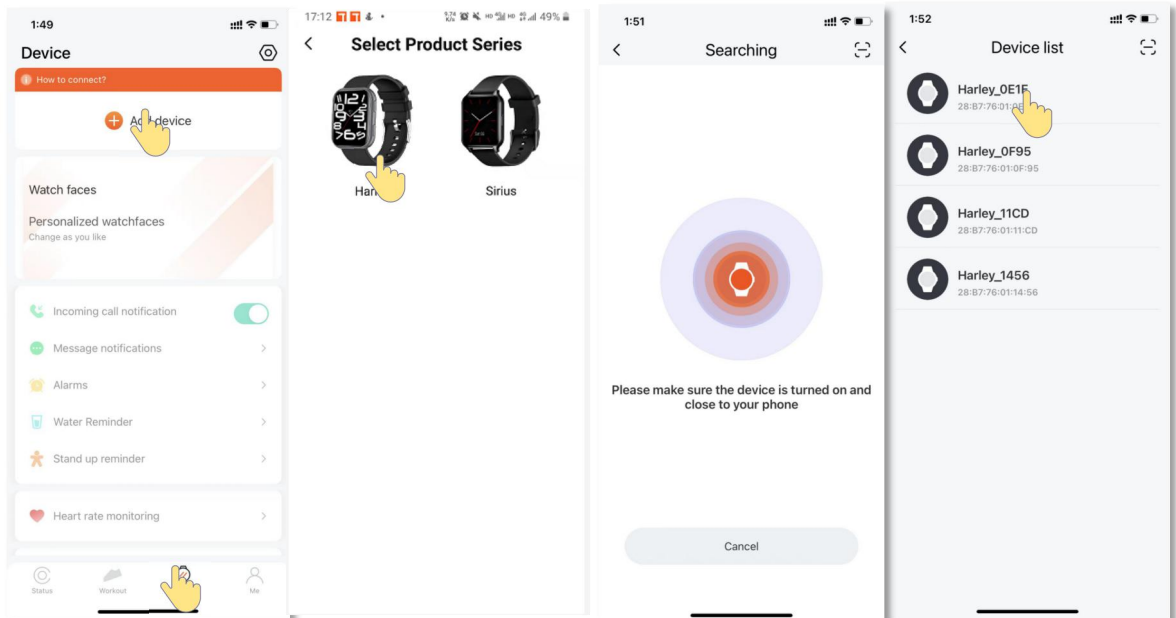
Start to log in after finishing register. It needs to finish register via an email address at first and then it is available for a Facebook or a Line to bind your account and log in if necessary.


2.3. Pairing

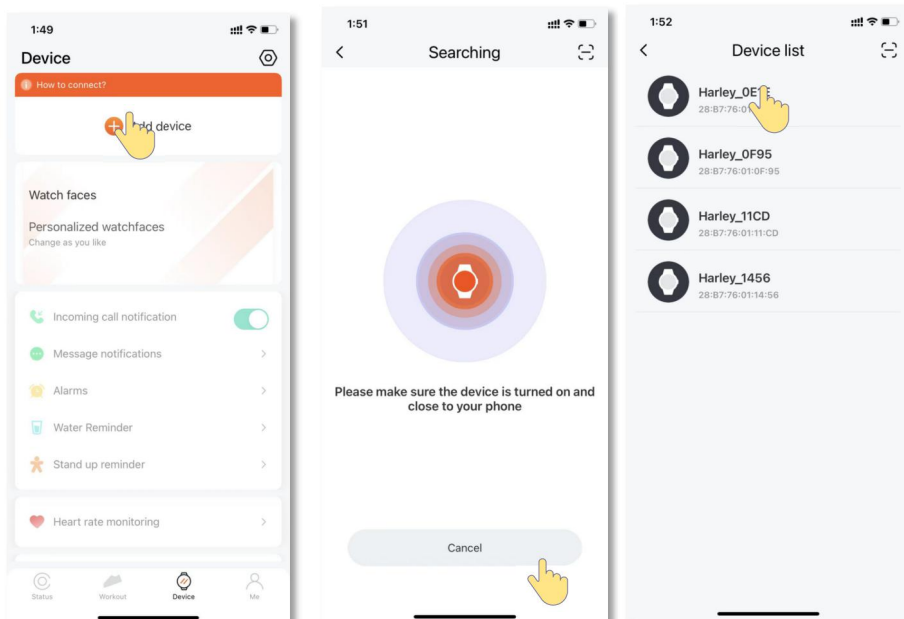
2.3.1. How to pair for the first time

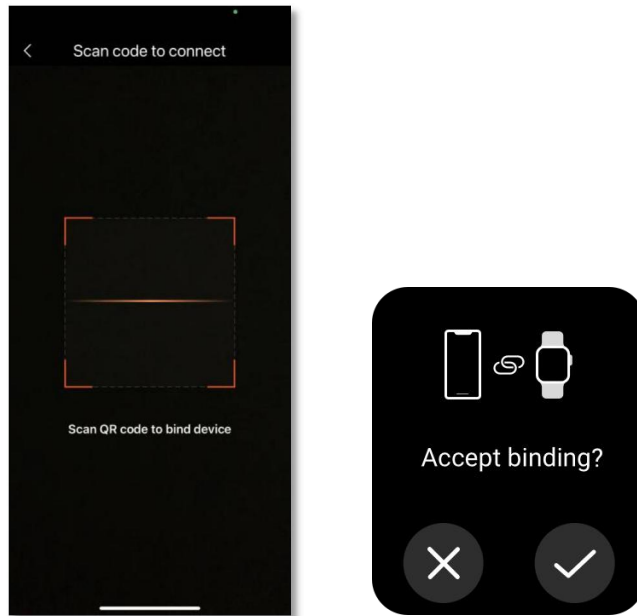
There are two ways to pair the watch:

- (1) "TouchElex APP → Devices → Add devices → Select Harley → Select "✓" on the watch.



- "TouchElex APP → Devices → Add devices → Harley → Tap  on the top right corner → Scan the QR code on your Harley Watch → Select "✓" on the watch.





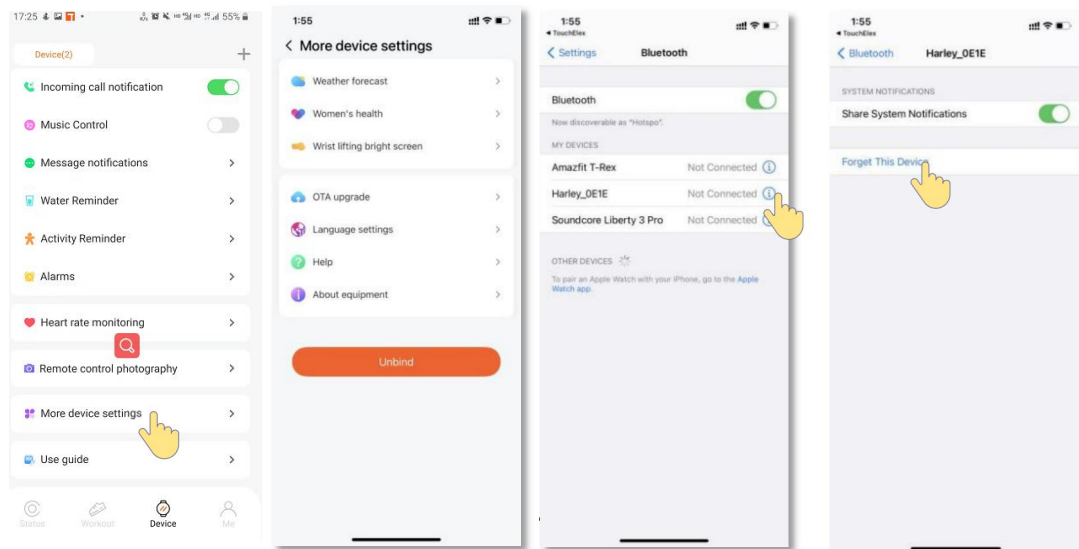
2.3.2. About paring

- (1) Please kindly tap "Allow", "Agree" and "Done" when login.
- (2) Please kindly make sure the watch you want to be paired is not connected by another phone/device. One watch can only be paired and bind by one phone.
- (3) Please kindly make sure your phone's Bluetooth is enabled.
- (4) Please kindly enable the "Location" on your phone's settings.
- (5) Please let the phone pair with the watch within 0.5 meters at the first time.
- (6) The data on your watch will be cleared when operating unbind with the watch.
- (7) Please reset the watch and phone and make sure the Bluetooth is enabled if failed to pair.

2.3.3. Unbind device

- Please unbind the watch if you would like to use another phone to pair with the watch. Here is the steps:

- (1) TouchElex app → Device → More device settings → Unbind
- (2) Bluetooth on the system →Harley→tap Setting icon → "Unpair" this device



2.4. Charging and wearing

2.4.1. Charging

- (1) Please fully charge the watch when the first time using the watch.
- (2) Please patiently get charge more than 10 minutes when the watch was exhausted.
- (3) Sometimes, the watch's screen will not turn on immediately when start to charge after it run out of power.
- (4) Please use a 5V-200mA adapter. Fast charging is not available in all regions.
- (5) The battery life may vary according to the settings, operation conditions and other factors. So the actual result may differ from the laboratory data. Typical usage scenario: Heart rate 24h monitoring is enabled; sleep monitoring is enabled; 50 pushed messages a day; raise wrist to see watch time 100 times; test blood-oxygen 2 times per day; exercise 2 times a week for 30 minutes at a time.

2.4.2. Wearing

(1) How to wear

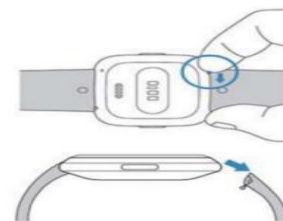
- 1) Put the watch on your arm with the display facing up.
- 2) Thread the band through the buckle.
- 3) Insert the stick into the small hole of the band with a comfortable position on your wrist and fix it.

(2) How to take off

- 1) Pull the band out of the buckle.
- 2) Pull out the stick from the small hole.

TIPS:

Please take off the watch on a desk or somewhere soft in case of falling down or being damaged.

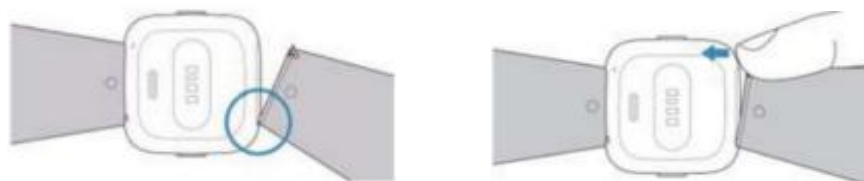


(3) How to exchange

- 1) To remove the wristbands, turn over the watch and find the quick-release lever.
- 2) While pressing the quick-release lever inward, gently pull the wristband away from the watch to release it.
- 3) Repeat on the other side.

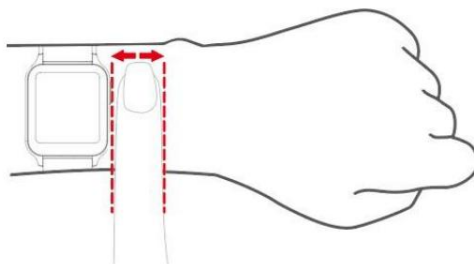
(4) How to assembly

- 1) To reattach the wristbands, slide the pin (the side opposite the quick-release lever) into the notch on the watch. Attach the wristband with the clasp to the top of the watch.
- 2) While pressing the quick-release lever inward, slide the other end of the wristband into place.



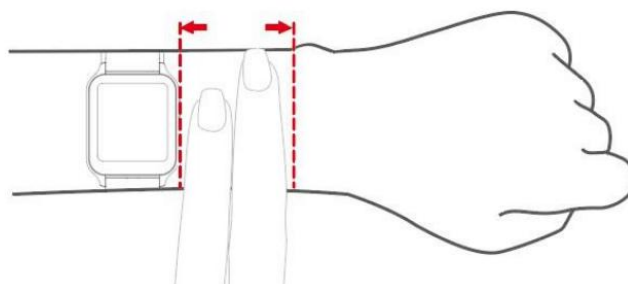
Notes:

For all-day wearing when you're not exercising, wear the device on your wrist horizontally, a finger's width below your wrist bone and lying flat, the same way you would put on a watch.



For optimized heart rate tracking, keep these tips in mind:

Experiment with wearing the watch higher on your wrist during exercise. Because the blood flow in your arm increases the farther up you go, moving the watch up a couple of inches can improve the heart rate signal. Also, many exercises such as bike riding or weight lifting require you to bend your wrist frequently, which is more likely to interfere with the heart rate signal if the watch is lower on your wrist.



- (1) Do not wear your watch too tight. A tight band restricts blood flow, potentially affecting the heart
- (2) rate signal. This being said, the watch should also be slightly tighter (snug but not constricting) during exercise than during all-day wearing.

3. Function introduction

3.1.button



Press and hold for 3 seconds: Reset / Restart / Power off

Short press: functions list of the watch/ back to the previous interface

Long press the top button for 10 seconds : reboot the watch



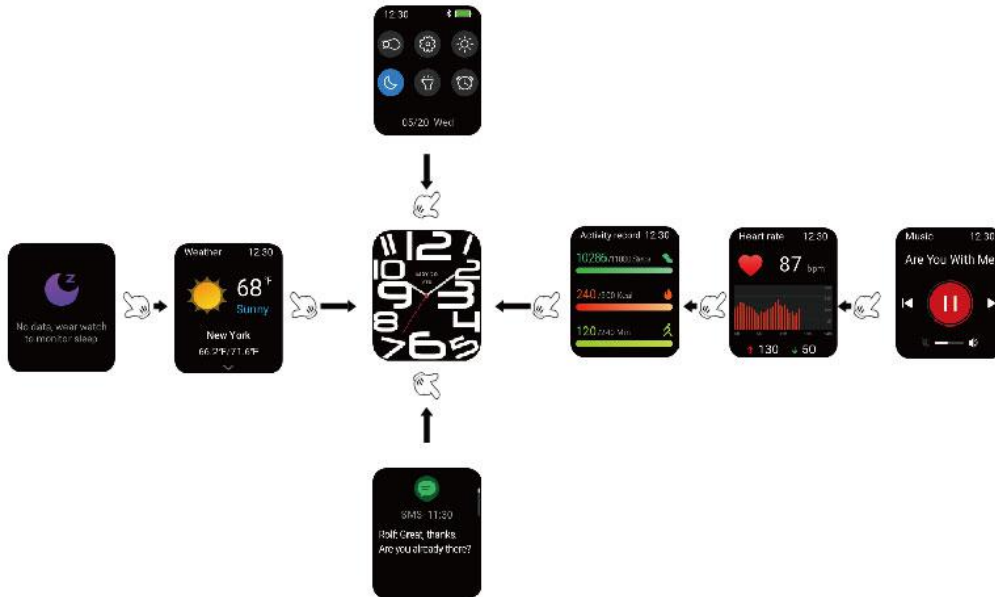
Short press: sports modes

3.2. Interface

The watch is a touch screen. Swipe left/right the screen to go to different interfaces, tap to enter the function, and press the top button to back to the previous interface.

The home screen is the clock/watch face. On the clock/watch face:

- (1) Swipe up to check the notifications.
- (2) Swipe down to check the Control Center
- (3) Swipe left to check activity record, heart rate, music, sleep and weather.



Swipe down on the home screen to check the control center. There are functions such as Raise to wake, settings, brightness adjustment, DND mode, flashlight and alarms. Tapping them can quickly enter to the interfaces.

3.3.1. Bluetooth icon

The Bluetooth icon is white means the watch is connected with your phone.
The Bluetooth icon is gray means the watch is disconnected with your phone.

3.3.2. Raise to wake

- (1) The watch face will wake up/turn on automatically after "Raise to wake" is enabled when you turn over your wrist.
- (2) The watch screen will not turn on if disabled the "Raise to wake".
- (3) Cover the screen with your palm can quickly turn off the screen.

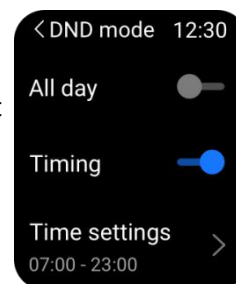
3.3.3. DND mode

- (1) This icon controls the "all day" switch in DND mode in the settings. Message

notifications and incoming calls will not display on the watch when enable the DND icon.

(2) You can set a period of time via “Timing” during when you do not want receive notifications.

(3) Difference between DND mode and night mode: DND mode is used for stopping notifications. Night mode is used for adjusting brightness of the Screen the period your set.



3.4.Feature list




3.4.1. Workout mode

The device can track 13 different sports. In workout mode, data such as time, heart rate, calories, steps, distance, heart rate, etc. are automatically recorded.

(1) Start to do a sport

Press the bottom button → Workout → Select a sport →click to start

(2) During exercise

- Click the top button can pause the sport, click the top button again or tap  icon can continue recording. Tap  icon and select “

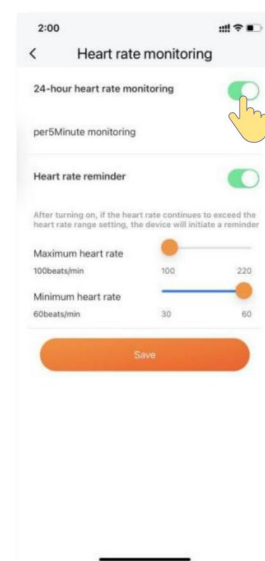
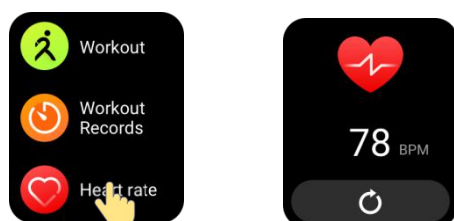
Notes: When you use the “music control” during exercise:

- Please kindly make sure the watch is connected with your phone.
- Please kindly make sure the “music control” is enable in the TouchElex app.
- Please kindly start to play the music on your phone before using the “music control”.

(3) Finish a sport

- The smartwatch saves up to 7 days of the exercise data. The exercise data can be automatically synchronized to the app when the watch is connected with your phone.

3.4.2. Heart rate monitor



- The smart watch can monitor your heart rate 24 hours.

(1) How to set up 24 hours monitor: TouchElex App → “Device” page →Tap ” Heart rate monitoring” →Enable 24 hours HR monitor.

(2) The heart rate monitor interval time can be set in the app by 5 minutes, 10 minutes, 20 minutes or 30 minutes.

(3) Enable the “Heart rate reminder” and set up the maximum and minimum heart rates

you want which can alert you when your heart rate is higher or lower by the numbers you setup.

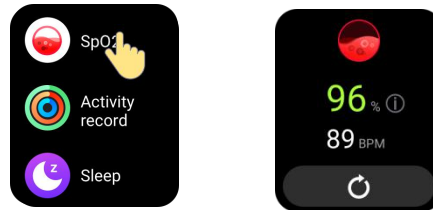
- How to measure heart rate manually on the smart watch:

Start to check the menu list → tap the “heart” icon → Heart rate is measuring

Tips:

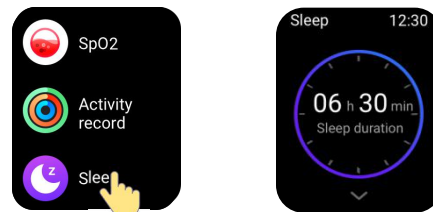
Please kindly wear the watch one or two fingers distance from your wrist to ensure measure or monitor heart rate more accurately.

3.4.3. SP02



- How to measure blood oxygen on the smart watch: Menu list → tap “SpO2” → SP02 is measuring
- The measured results are for reference only. It is not a medical basis.

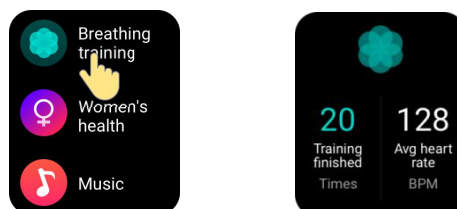
3.4.4. Sleep monitor



The smart watch can monitor your sleep quality and you can check the data both on the watch and in the TouchElex app when you wake up.

- (1) There are more details about the sleep can be checked in the app.
- (2) The watch will start to monitor/record the sleep and its start time is from 6 pm to 6 am. The end time is when you wake up. For example, if you fall asleep at 9 pm and wake up at 8 am, your sleep duration is 11 hours.
- (3) **Noon break cannot be recorded.**

3.4.5. Breathing training

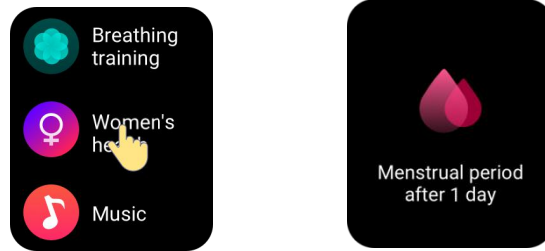


It can set a duration (1, 2, 3, 4 or 5minutes) and a rhythm (fast , moderate or slow) to do breathing training.

And there is a dynamic graph can be followed to inhale and exhale for doing the breathing

exercise.

3.4.6. Women's health

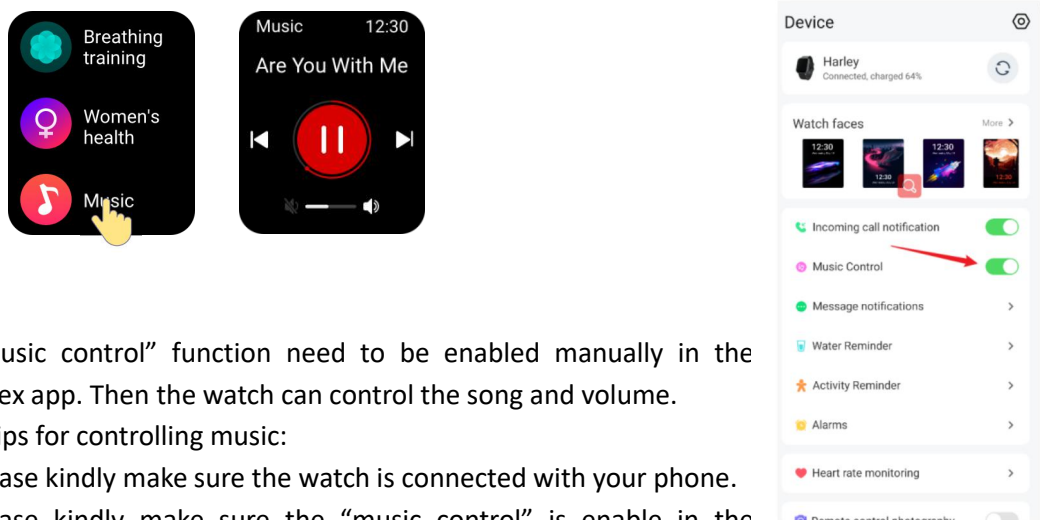


It reminds your important days such as menstruation, ovulation and safety period.

Reminder settings are supported in the “TouchElex” app.

- How to set up “women's health” in the app:
TouchElex → Device → tap “setting icon” on the top right corner → Menstrual tracking
- There are some tips for using the function:
 - (1) Please kindly enable “Menstrual tracking” in the app if you need to track your period.
 - (2) Please kindly set your real “Menstrual period”, “Cycle time” and “Last menstruation” in the app.

3.4.7. Music control

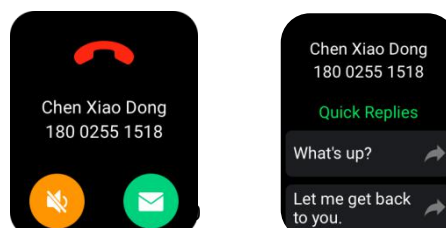


The “music control” function need to be enabled manually in the TouchElex app. Then the watch can control the song and volume.

Warm tips for controlling music:

- (1) Please kindly make sure the watch is connected with your phone.
- (2) Please kindly make sure the “music control” is enable in the TouchElex app.
- (3) Please kindly start to play the music on your phone before using the “music control”.
- (4) The watch is only compatible with music players. It can not control videos. (such as it cannot control YOUTUBE.)

3.4.8. Call notification



- (1) The watch will vibrate and display the incoming call for you when there is an incoming call or notifications.
- (2) Tap 📞 to reject the call. Tap 🚫 to mute. Tap 📧 to quick reply the calls or messages by the setting template.

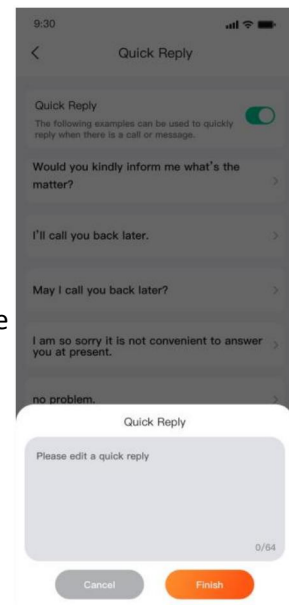
TIPS:

- (1) Please kindly make sure the “Incoming call notification” is enabled in the TouchElex app and enable the “message notification” in the app.
- (2) Please kindly make sure the watch is connected with your phone if you need the watch to receive notifications.
- (3) In these cases, the watch can not display the messages.
 - 1) The watch will not display message and incoming calls in “DND” mode.
 - 2) The watch can not display notifications of the app which are not in the “message notification” list.
 - 3) The watch will only display notifications but can not show the detailed content of the message if disabled the “preview display” on your phone’s back ground settings and the social app settings.

3.4.9. Quick reply setting

There is the function of quick reply for Android phones. It is **not compatible with iOS** phones.

- (1) Here is the way to active this function:
TouchElex APP → Device → Quick replies → enable this function
- (2) Here is the way to change the quick reply template:
TouchElex APP → Device → Quick replies → Choose one sentence → Enter your sentence
- (3) When you can use this function for the first time, please **Agree** the permission window on your phone.



3.4.10. Weather

How to set up the weather forecast in the app:

TouchElex APP → Device → More device settings → Weather Forecast → enable “weather synchronization”

Warm Tip:

Please kindly enable the “weather” switch in the TouchElex app if need to check the weather forecast.

3.5. Other features

3.5.1. 3.5.1. Stopwatch

3.5.2. 3.5.2. timer

3.5.3. 3.5.3. Alarm

3.5.4. 3.5.4. Flashlight

3.5.5. 3.5.5. Find phone

- (1) The watch need to be connected with your phone if you would like to use the “Find phone” function to look for your phone.
- (2) The watch can make your phone ringing within 5 meters in a empty place if tapping “Find phone” on the watch.

3.5.6. Camera (Remote control photography)

TouchElex app → Device → Enable “Remote control photography”

Warm tips :

- (1) Please kindly make sure the watch is connected with your phone if you need to use this function.
- (2) Please kindly enable “Remote control photography” in the app.

3.5.7. Water Reminder

3.5.8. Activity Reminder

4. Settings

4.1. Switch dial

- (1) Method 1: Press the button above to enter the May screen → Press and hold the screen for 3 seconds or longer (3 dials can be selected here)
- (2) Method 2: Double-click the button above → Settings → Screen settings → Change data
- (3) Method 3: TouchElex → Diamond recommended → Other watches Fay Smart Watch / My Watch Face (make your photo a dial)

4.2. Screen display

- (1) Raise to wake:

Double-click the button above → Settings → Raise to wake

In DND mode, the “Raise to wake does” will become unavailable.

- (2) Brightness

Double-click the button above → Settings → Brightness

- (3) Screen Off time

Double-click the button above → Settings → Screen settings → Screen off time

- (4) Screen off ways:

- 1) cover the entire screen
- 2) droop the wrist

4.3. Exercise goal

TouchElex app → Me → Set goals

Once you reach your goal, the congratulation will display on your smartwatch.

4.4. Temperature unit (F / C conversion)

TouchElex app → Me → Settings → Settings → Settings unit

4.5. OTA upgrade

TouchElex App → Device → Settings → OTA Upgrade

5. FAQs

5.1. I can't get the watch paired with my phone.

- (1) Make sure the Bluetooth is enabled and your phone's system Android 6.0 or higher | iOS 9.0 or higher.
- (2) Please kindly select and tap "Harley" to pair.
- (3) Please kindly tap "Allow", "Agree" and "Done" when login.
- (4) Make sure your phone and watch are within 0.5 meters when pairing.
- (5) Please kindly make sure the watch you want to be paired is not connected by another phone/device.
- (6) Please kindly enable the "Location" on your phone's settings.
- (7) Make sure the watch is turned on and running when searching the watch/pairing.

5.2. Sometimes I can't connect.

Please restart your smartphone's Bluetooth and the watch.

5.3. I cannot receive incoming call notifications and message notifications.

- (1) Make sure that DND mode is disabled and there is a message displayed on the notification bar on your smartphone.
- (2) Then follow the steps to setup: "TouchElex "App → Device → Message notification → Enable Notifications.

5.4. A message notification is displayed, but the content is not displayed.

This smartwatch shows what is displayed in the notification bar of your smartphone. If your phone doesn't show a preview, the watch won't show a preview either.

In this case, please kindly find out and enable the settings to display the preview message on your phones system.

5.5. Time is incorrect

The time would be incorrect if the watch didn't connected with your phone for a long time.

And the time will sync automatically when let the watch reconnected with your phone.

Please kindly open the TouchElex app and get the watch connected with your phone to sync the time.

6. 12 months warranty

We strive to build our products with the highest attention to detail and craftsmanship. However, sometimes there are occurrences of defects, so we are happy to offer a ONE-year hassle-free warranty on all our devices as we continue to make amazing products. Please contact us if you have any question about our devices.

7. Important safety instructions

The device contains electrical equipment that may cause injury if not used properly. For example, prolonged contact may contribute to skin allergies for some users. To reduce irritation, please read the safety guidelines on the following pages to ensure proper use and care.

1. Do not expose your device to liquid, moisture, humidity or rain while charging; do not charge your device when it is wet, as this may result in electrical shock and injury.
2. Keep your device clean and dry. Do not use abrasive cleaners to clean your device.
3. Consult your doctor before use if you have any preexisting conditions that might be affected by using this device.
4. Do not wear it too tight. If your device feels hot or warm, or if it causes any skin irritation or other discomforts, please discontinue using your device and consult your doctor.
5. Do not expose your watch to extremely high or low temperatures.
6. Do not leave your watch near open flames such as cooking stoves, candles, or fireplaces.
7. Always store the product out of the reach of children. The devices themselves or the many small parts they contain may cause choking if ingested.
8. Never try to abuse, crush, open, repair or disassemble this device. Doing so will void the warranty and can result in a safety hazard.
9. If any parts of your product require replacement for any reason, including normal wear and tear or breakage, please contact us.
10. Do not use your device in a sauna or steam room.
11. Dispose of this device, the device's battery and its package in accordance with local regulations.
12. Do not check any notifications, GPS, or any information on your device's display while driving or in other situations where distractions could cause injury or hazard.

8. Battery warning

A lithium-ion battery is used in this device. Failure to follow these guidelines can shorten battery life and cause fire, chemical burns, electrolyte leaks, and / or injury.

- (1) Do not disassemble, modify, remanufacture, drill or damage the device or battery.
- (2) Do not remove or attempt to remove a battery that cannot be replaced by the user.
- (3) Do not expose your device or battery to fire, explosion, or other danger.