PISOOKA X

使用說明書

火星計畫股份有限公司

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PROJECTMARS CO.,LTD

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User's Manual

PISOOKA X

感謝您選購本公司 PISOOKA 系列筋膜槍！使用前請詳閱本說明書，以確保操作使用正確。請妥善保管本說明書，以便日後查詢。

主要用途：
緩解肌肉痠痛、促進血液循環、緩解頸椎僵硬、促進肌肉恢復。

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警示資訊

為減少故障、觸電、受傷、火災等重大危險，



在使用本產品前請先認真閱讀本使用說明書上的說明及警告提示。

禁止

1. 禁止在使用時重壓筋膜槍，避免擠壓到馬達，減少筋膜槍的使用壽命。
2. 禁止將手指、頭髮或身體其他部位靠近按摩頭的軸及背面，避免夾傷。
3. 禁止將本產品靠近火源或浸入水中；若不慎泡水，請即時送回檢驗。
4. 禁止故意摔落或自行拆卸本產品。
5. 禁止使用非原廠充電線為本產品充電，僅可以經由與電器標示相符之超低安全電壓供電，以免導致受傷、觸電或火災。
6. 禁止用於骨頭及生殖器周圍，本產品只適合按摩身體軟組織及肌肉；若用於頭部、頸部及心臟周圍，請小心使用。
7. 禁止以本產品代替正規醫學治療；若您有肌肉疼痛問題或特殊身體情況，請先諮詢醫師。
8. 禁止在按摩槍啟動但尚未安裝按摩頭時將手靠近裝載按摩頭之處，避免受傷。
9. 本產品不預期供生理、感知、心智能力、經驗或知識不足之使用者（包含孩童）使用，除非在對其負有安全責任的人員之監護或指導下安全使用。孩童則應受監護，以確保孩童不嬉玩產品。
10. 建議使用本產品一次不要超過20分鐘，用於同部位不要超過5分鐘。

免責聲明

如有以下情況或任何健康相關問題，使用本產品前，請先諮詢您的醫師！

1. 懷孕、糖尿病、慢性病及神經相關問題、視網膜損傷併發症。
2. 癲癇、偏頭痛或腰椎間盤突出、骨錐前移等症狀。
3. 近期手術者或使用心律調節器、進行人工關節手術、體內避孕器手術等金屬植入身體等情況。

有關震動訓練對於特定醫學疾病的影響之研究顯示，震動訓練可能舒緩許多疾病症狀。不過使用震動訓練、震動筋膜槍作為物理治療方法，仍須在醫師、物理治療師等專家的建議或陪同下進行！

產品介紹



按摩頭



脊柱頭

適用於脊椎兩側肌群放鬆



圓形頭

適用於全身肌肉放鬆



扁形頭

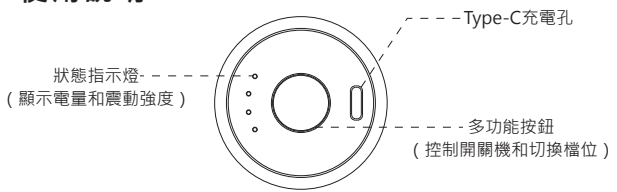
適用於大肌群放鬆



子彈頭

適用於痛點放鬆

使用說明



操作說明

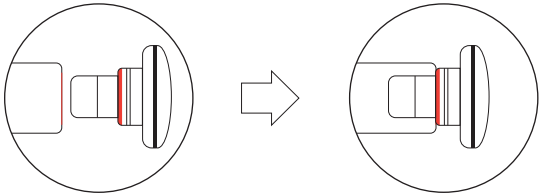
1. 長按多功能按鈕3秒，開機，狀態指示燈顯示目前電量。
2. 短按多功能按鈕，機器開始運轉，狀態指示燈顯示目前震動強度；每按一下按鈕，將會提高一檔位的震動強度。
3. 長按多功能按鈕3秒，關機。
4. 本產品有智能斷電保護，約10分鐘會自動停止；待機約10分鐘也會自動關閉電源。

充電說明

1. 本產品出廠前已進行放電測試，在購買後即可直接使用。
2. 欲充電本產品時，請先關機，將充電線一端連接Type-C充電孔，狀態指示燈將依次閃爍，表示充電中，請勿移動。當四顆狀態指示燈長亮時，則表示電量充滿。

更換按摩頭

更換按摩頭時，請先關機，再將按摩頭對準按摩槍口凹槽緩緩轉動插入。
如圖所示，按摩頭紅線位置對齊筋膜槍紅線位置即可。



產品規格

產品淨重	350 g	產品尺寸	145x 78x 40 mm
額定轉速	1600-3200 rpm	物理衝程	9 mm
電池容量	800 mAh	額定輸入	Type-C, 5V⎓2A
充電時間	2.5小時	續航時間	4小時*

*此為實驗室無負載情況之數據，實際使用因每人按壓輕重不同而異。

常見問題

1. 環境溫度過低：

筋膜槍長期置於攝氏0度以下的環境，會導致電池活性降低，無法正常開機，或可以正常開機卻無法正常運轉。

解決方法：在攝氏0度以上的環境靜止2小時，或使用吹風機快速提高溫度。

2. 電池電量不足：

當電池處於低電量時，若顧客持續較長時間不充電，電池會進入低電量保持狀態，此時進行開機操作卻無法正常運轉。

解決方法：保持關機狀態，連接充電器，確保電量充滿後，即可正常使用。

簡易故障排除	
產品不運轉	檢查電量使否充足，長時間未使用須充滿電8小時。
使用有異音	使用時間越久聲音會越大，此為正常現象，可以搖晃機身進行初步檢查；若有敲擊聲，則可能是有零件鬆動，請即時送回檢驗。

維護保養

1. 長期不使用時，建議每隔2-3個月為本產品充電，保持三至四格電量，關閉電源開關，放回原包裝內，並置於安全、乾燥、通風、低溫之處妥善保存。
2. 日常保養時，請使用中性清潔劑及軟性抹布擦拭本產品，不可以使用機油、有機溶劑或其他化學劑清洗，更不可以放入水中清洗。
3. 使用結束後或清潔時，請關閉本產品電源開關。
4. 運輸中，請固定好本產品，防止劇烈碰撞及跌落。

環境保護

設備名稱：迷你筋膜槍				型號（型式）：PISOOKA X		
單元	限用物質及其化學符號					
	鉛 (Pb)	汞 (Hg)	鎘 (Cd)	六價鉻 (Cr^{+6})	多溴聯苯 (PBB)	多溴二苯醚 (PBDE)
外殼	○	○	○	○	○	○
電路板件	-	○	○	○	○	○
金屬件	-	○	○	○	○	○
塑料件	○	○	○	○	○	○

備考1. “超出0.1 wt %” 及 “超出0.01 wt %” 係指限用物質之百分比含量超出百分比含量基準值。

備考2. “○” 係指該項限用物質之百分比含量未超出百分比含量基準值。

備考3. “ - ” 係指該項限用物質為排除項目。

本產品內置充電電池；充電電池含有污染環境的物質，更換下之電池請以回收廢棄物處理。

保固說明

本產品保固期限為1年，權限不可以轉移。自顧客購買日起算1年以內，機器若發生非人為損壞，可憑保固卡享有免費換修服務。若需保修時，請先聯繫客服，再自行將產品、產品保固卡正本、購買證明及其他相關資訊寄送至指定的維修中心，寄回運費由顧客負擔。保修處理時間為維修中心收到貨後的5-7個工作天，無當日換修服務。

本產品保固僅限於產品本體（主機），不包含消耗品及配件，如按摩頭、充電線等；以下情形也不適用保固：

1. 意外人為損壞、使用不當或運輸不當。
2. 未按照使用說明書操作，或曾經非正當途徑維修。
3. 曾經非火星計畫認可之工程師自行拆解。
4. 無法出示有效的正規購買證明。

進口商/製造商：火星計畫股份有限公司

體驗中心地址：臺北市大安區敦化南路二段182號7樓之1

體驗中心電話：(02)2732-7323

客服中心地址：臺北市文山區景興路193號17樓之3

客服中心電話：(02)2368-3822

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WARRANTY

The warranty period of this product is 12 months, and the right is NOT transferable. From the purchase date, you enjoy free warranty for non-artificial damage within the warranty period of 12 months with valid warranty card. Please contact Project Mars Customer Service Provider first if needed maintenance. The provider will indicate to return the device, the original copy of warranty card, the proof of purchase and the other maintenance information back to the maintenance center, and the customer will be responsible for the back freight. The maintenance should take 5-7 working days after the provider receives the device, and there is no same-day service.

The warranty is limited to the device, excluding consumables and accessories, such as massage heads and charging cables, etc. The warranty also does NOT cover damage under the following circumstances:

1. Artificial damage by accident, improper usage or transportation.
2. Operation without following the manual instructions or maintain improperly.
3. Disassembled by engineers who were not approved by the Project Mars.
4. Unable to provide valid proof of purchase.

Project Mars CO LTD

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Trouble Shooting	
Product does not work	Check if the device is sufficiently charged. If the device hasn't been used for a long time, it must be charged for 8 hours.
Abnormal noise during use	Slight noise is a normal phenomenon when the longer the time of use, and you can shake the device for preliminary inspection. However, if there is a knock, there may be loose parts, please send the device back for examination.

MAINTENANCE

1. If it is not used for a long time, it's highly suggested to store the device in the original package in a safe, cool, and dry place for save-keeping with routine recharging around once every 2 to 3 months to keep 75% of the power.
2. Please choose neutral detergent and soft cloth for routine maintenance. Do not use engine oil, organic solvents or other chemicals for cleaning.
3. Please turn off the power after using the product or before cleaning the product.
4. The product should be secured and safeguarded during transportation to avoid damage from collision or falling.

ENVIRONMENTAL PROTECTION

Equipment name: Mini Massage Gun				Type designation(Type):PISOOKA X		
Unit	Restricted substances and its chemical symbols					
	Lead (Pb)	Mercury (Hg)	Cadmium (Cd)	Hexavalent chromium (Cr^{+6})	Polybrominated biphenyls (PBB)	Polybrominated diphenyl ethers (PBDE)
Shell	○	○	○	○	○	○
Circuit board	-	○	○	○	○	○
Metallic parts	-	○	○	○	○	○
Plastic parts	○	○	○	○	○	○

Note 1: "Exceeding 0.1 wt %"and "exceeding 0.01 wt %"indicate that the percentage content of the restricted substance exceeds the reference percentage value of presence condition.

Note 2: "○"indicates that the percentage content of the restricted substance does not exceed the percentage of reference value of presence.

Note 3: The" - "indicates that the restricted substance corresponds to the exemption.

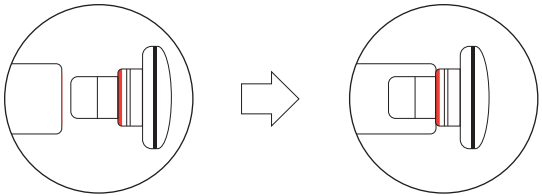
The device has a built-in charged battery, and the charged battery contains substances that may pollute the environment. Please dispose of the replaced battery in the recycling bin designated by the government.

CHARGING INTRODUCTION

1. As discharge test has been performed when leaving the factory, the product can be used upon purchase.
2. For recharging, turn off the device and connect the cable to the Type-C charging port. The status indicator will flash in sequence to indicate the charging process has started. DO NOT move the device when charging. The status indicator will show a steady full bar to indicate that the device has been fully charged.

REPLACING THE MASSAGE HEAD

To replace the massage head, turn off the device and slowly rotate the head to insert it into the barrel. As shown in the figure, the red line position of the massage head should be aligned with the red line position of the machine.



SPECIFICATIONS

Net weight	350 g	**Size**	145x 78x 40 mm
Rated speed	1600-3200 rpm	**Stroke**	9 mm
Battery capacity	800 mAh	**Rated input**	Type-C, 5V ⎓ 2A
Charging time	2.5 hours	**Endurance time**	4 hours*

*This is the result of no-load test in the laboratory. Actual time of usage may vary in accordance of how much pressure is applied to the device by different user.

FAQ

1. Low temperature:

   Temperature below 0°C (32°F) may intervene the electrochemical reaction of the battery, resulting in failure when trying to turn on the power or start vibration.

   Solutions: Keep the device in temperature above 0°C (32°F) for two hours, or using hair drier for quick result.

2. Low battery power:

   When the battery level is low or haven't been charged for a long time, it will enter low power protection mode. The product cannot operate normally in said mode.

   Solutions: Turn off the product and charge it. It will work properly after fully charged.

PRODUCT INTRODUCTION



MASSAGE HEAD



Spinal Head
For spine massage and relaxation.



Round Head
For whole body muscle massage and relaxation.

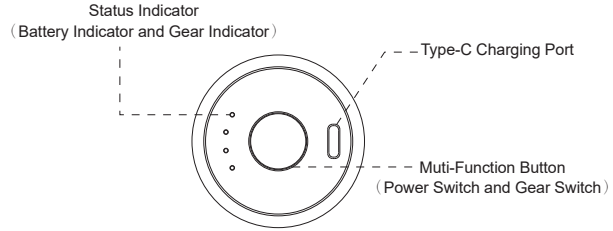


Flat Head
For large muscle group massage and relaxation.



Bullet Head
For pain point massage and relaxation.

INSTRUCTION FOR USE



OPERATING INTRODUCTION

1. Press and hold the multi-function button for 3 seconds to turn on the power. The status indicator will show the current battery level.
2. Short press the multi-function button to start the vibration. The status indicator will show the current vibration strength. Each press will increase the vibration strength by one gear.
3. Press and hold the muti-function button for 3 second to shut down the power.
4. The device is equipped with automatic power-off protection mechanism, which will stop the vibration after vibrating for approximately 10 minutes. Putting the device on standby approximately 10 minutes, as in turn on the power but without vibrating, will also automatically turn the power off.

PRECAUTIONS

To avoid harm, fault, electric shock, fire, death and other equipment damage, please read the instructions and warnings carefully.

PROHIBTION

1. When using the device, Do Not press the massage gun. If the motor is squeezed, the use period will be reduced.
2. To prevent injury from being caught between, please ensure that NO finger, hair, or other body part is between the attachment and the device.
3. The device should NOT be near fire or immersed in water or any liquid. Please return the device for examination immediately if dropped into water by accident.
4. DO NOT drop the device intentionally or attempt to disassemble the device.
5. When charging the device, DO NOT use anything other than the original charger. The device should be operated on an electric power source matched to the safety extra low voltage indicated on the product. Failure to do so may cause injury, electric shock or fire.
6. The device should NEVER be used on bones or around genitals. Use this product for soft tissues and muscles only. Please operate with caution when used on the head, the neck, or around the heart.
7. The device should NEVER be an alternative to any medical treatment. For those suffering muscle pain, under other medical treatment, or have other health conditions, please consult a doctor before using.
8. If the power is on without a massage head attached to the device, DO NOT touch the massage head socket so as to prevent injury.

9. This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety. Children should be supervised to ensure that they do not play with the appliance.
10. It is recommended that the time per usage DOES NOT exceed 20 minutes in total. Usage on the same body part SHOULD NOT exceed 5 minutes.

DISCLAIMER

Please consult your doctor before using the device if you have any contraindication or are under any circumstance listed below:

1. Pregnancy, diabetes, chronic diseases, neurological diseases, retinal detachment, and other complications that may raise concern.
2. Epilepsy, migraine, prolapse of lumbar intervertebral disc, anterior displacement of bone cone and other symptoms.
3. Recent surgeons, using pacemakers, recent joint replacement surgery, Intrauterine contraceptive device placing surgery, metal parts implantation, or other concerns about your own body.

Researches (and ongoing researches) on the effect of vibration therapy toward specific diseases showed that vibration therapy may ease many symptoms. However, employing massage gun or vibration therapy as physiotherapy must be under advice, agreement, or guidance of a doctor or physiotherapist.

Thank you for choosing our PISOOKA massage gun. Before using it, please read this manual carefully to ensure proper operation, and keep this manual for future reference.

Main functions:
Relieving muscle soreness, stimulating the blood circulation, relieving stiffness of cervical vertebra, and improving muscle recovery.

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