

How To Properly Dermaplane

Resurface

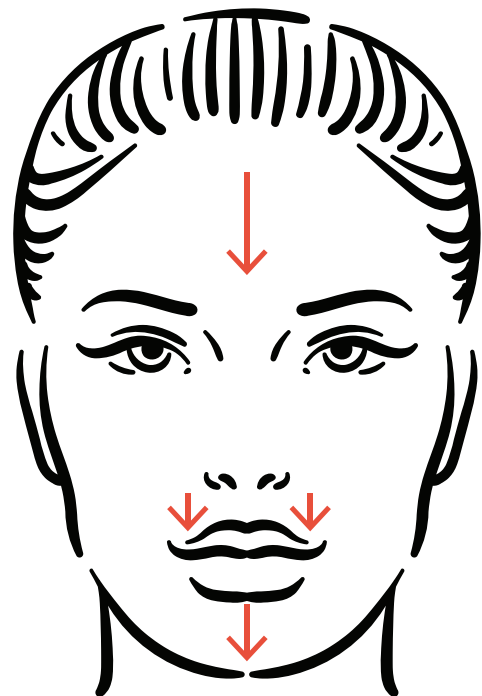
Beginning at the top of the cheekbone near the hairline, hold your skin taut and gently glide the dermaplaning tool towards the nose using short strokes.



Continue until you have resurfaced the entire cheek and jaw.

Repeat

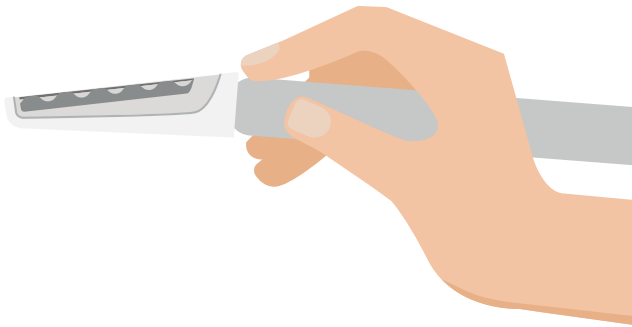
Repeat light strokes on the chin, above the lips, and on the forehead.



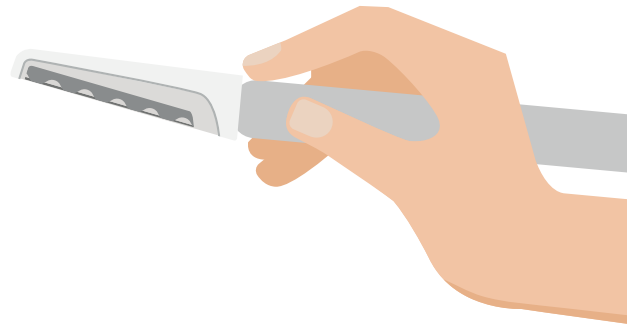
Helpful Tips

HOLDING THE TOOL

There are two correct ways to hold the tool. Choose which position you are more comfortable with.



UPWARDS



DOWNWARDS

REPLACING THE BLADE

Blades should be replaced monthly.

1) Pinch sides

2) Gently push
bottom of
head forward
with thumb

