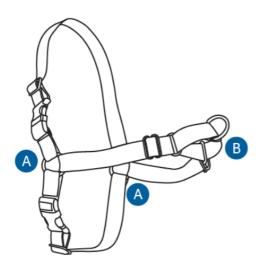
# Understanding your harness









- A O-ring
  Rests just behind the shoulder blades.
- B No-pull attachment

  Martingale loop helps prevent
  pulling when leash is connected
  to the D-ring.
- C Shoulder strap

  Adjustable strap that sits across
  your dog's shoulders.
- D Girth strap

  Adjustable strap that sits under your dog's chest. Strap is a different color than the rest of the harness.
- E Chest strap
  Sits across the front of your
  dog's chest.Features the no-pull
  attachment.

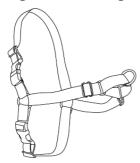
## Step 1: Fit your harness

#### **Prepare**

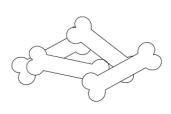
Proper fitting is necessary for the no-pull function to correct the behavior and avoid chafing. Keep the following in mind when fitting the harness on your dog:

- Your dog must be standing the entire time the harness is being fit.
- Encourage your dog with praise and treats.
- Fit the harness in a stress-free, quiet environment.
- Dogs may tense up during the fitting process. Check the harness fit after a few minutes of wear.

### Have the following available during the fitting process:

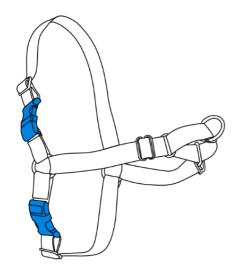


Easy Walk Harness

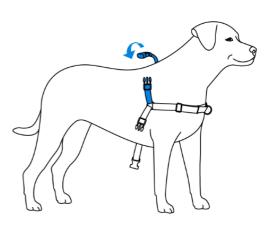


Treats

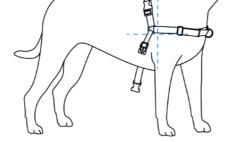
### Adjust shoulder strap



Unbuckle the shoulder and girth straps.

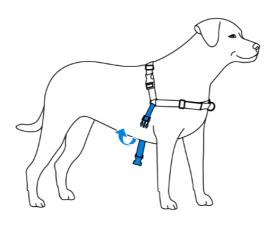


Place the harness over your dog's back with the martingale loop centered on the breast bone. Buckle the shoulder strap.



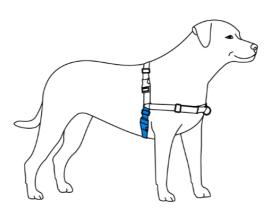
Adjust the shoulder strap so the O-rings on either side of the harness sit above and behind your dog's shoulder blades.

### Adjust girth strap

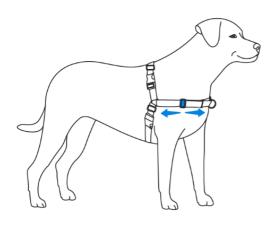


1 Buckle the girth strap.

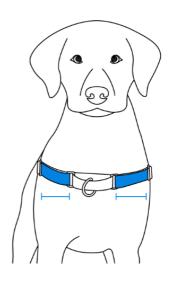
# Note: The girth strap is a different color than the rest of the harness.



### Adjust chest strap



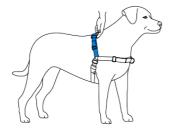
Use the slide buckles to adjust the chest strap.



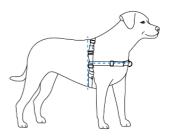
Adjust both sides of the chest strap equally until the strap is snug and centered on your dog's chest.

# Important: Loose fitting straps can cause chafing and encourage chewing of the harness.

### Check fit



Snug fit
Make sure that two fingers
fit snugly between the
shoulder strap and your
dog.



# T-shape Check that the girth strap creates a vertical line and the chest strap creates a horizontal line, forming a horizontal T-shape.

### Step 2: Training

To help make wearing the harness a positive experience for your dog, continue to offer praise while acclimating to the harness.

# Important: The harness is not recommended for jogging, running, bike attachments or couplers.

Have the following ready to assist in acclimation:





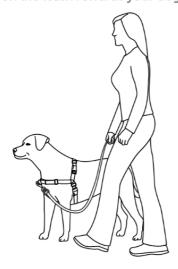


Four to six foot non-retractable leash

### No-pull training

Tension on the leash corrects unwanted behavior by redirecting your dog into the correct position.

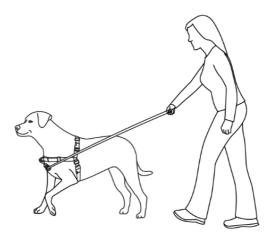
No tension on the leash rewards your dog for good behavior.







Begin walking. Reward your dog with treats and praise when he walks next to your side with a loose leash.



As soon as there is tension on the leash, redirect your dog to your side by slowing down or stopping.

# Important: Never jerk or yank the leash.



Reward your dog with treats and praise when he is next to your side with a loose leash and begin walking again.