

TIMEX

**iConnect Kids: Active**

[USER GUIDE](#) ..... 1

# iConnect Kids Active

## User Manual



### Important Safety Instructions And Warnings

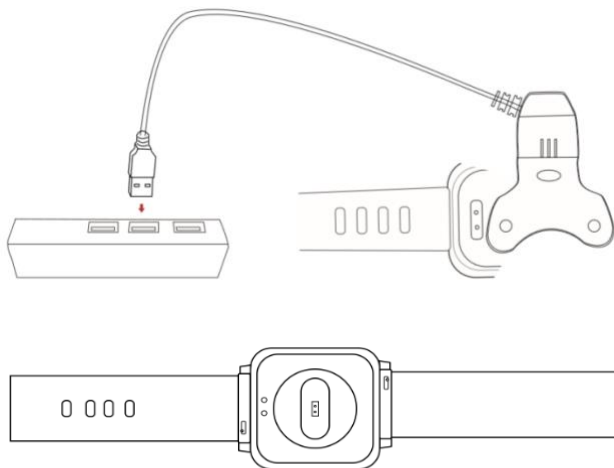
1. To prevent risk of fire, chemical burn, electrolyte leak, and/or injury from the unit's internal Lithium-polymer battery:
  - a. Do not attempt to remove the case back or exterior shell of the unit, or to remove its non-user-replaceable battery.
  - b. Do not leave the unit exposed to a heat source or in a high-temperature location (such as in the sun or in an unattended vehicle). To prevent damage, store the unit out of direct sunlight.
  - c. Do not puncture or incinerate the unit.

- d. When storing the unit for an extended time, keep it in the 32°F to 77°F (0°C to 25°C) temperature range.
- e. Charge the unit only within the 50°F to 113°F (10°C to 45°C) temperature range.
- f. Do not operate the unit outside the -14 to 104°F (-10°C to 40°C) temperature range.
- g. Contact your local waste disposal department to properly recycle or dispose of the unit or its battery.
  2. Use only the charging cable supplied with this product.
  3. This unit is not a medical device and is not recommended for use by persons with serious heart conditions. Always consult your physician before beginning or modifying an exercise program.
  4. Do not attempt to read the unit's display while moving: this is unsafe and distracting, and could result in an accident or collision. Read the display only when you can safely do so. See instructions for details.

## 1. Product Specifications

- Model: M05A
- Memory: RAM 138KB+ ROM 512Mb
- Capacitive touch screen 1.3" 240\*240 TFT Single Touch
- Bluetooth version 4.0
- Functions: Notifications, Heart Rate Monitor, Sleep, Activity, Basketball
- Battery Lithium-ion 3.7V/160mAh

## 2. Product Details



When using this device for the first time, please take out the device and charge it with the bundled charging cable. The device will automatically switch on while charging. The time and date of the device will be automatically synchronized with the phone once connection to the

phone is established.

After pressing and holding the touch button, the device will start up and the screen shows the watch face as default



Note: The Kids Active Smartwatch uses the shown “Touch Button” to scroll through the menus and use the watch features.

### 3. Getting Connected

#### The iConnect By Timex 2 App



Download and install the **iConnect By Timex 2** App from Apple APP Store or Google Play Store; iPhone with iOS 10.0 or higher and Android phone with Android 6.0 or higher is recommended.

Minimum requirement of the OS of mobile phone:



iOS 10.0 & above

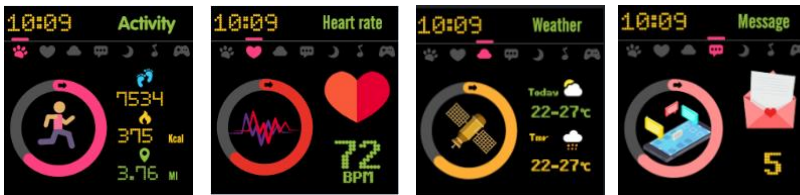


Android 6.0 & above

#### 4. Main Screens



Watch faces

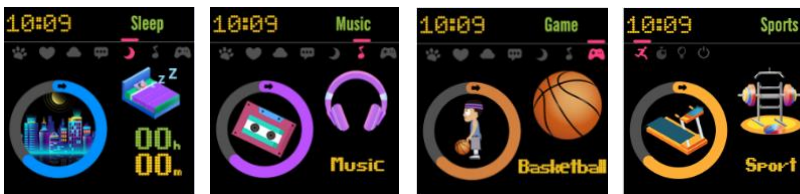


Activity

Heart rate

Weather

Message



Sleep

Music

Game

Sports



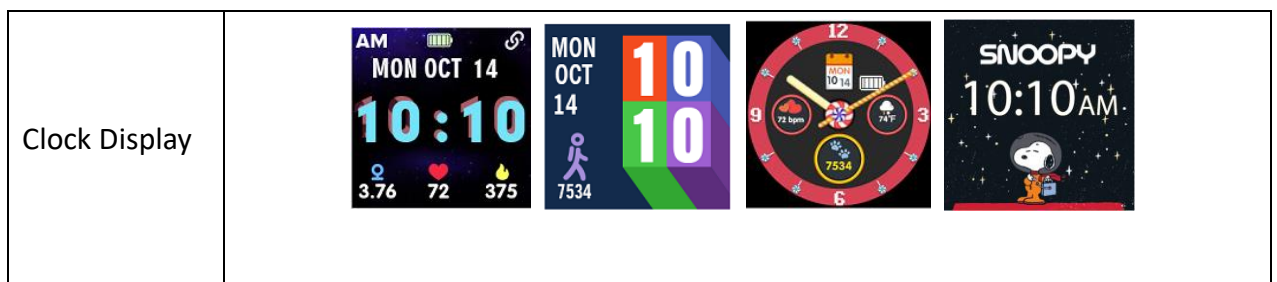
Stopwatch

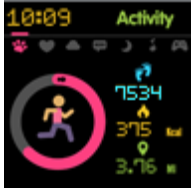
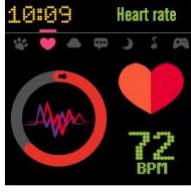



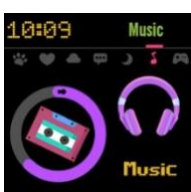
Brightness







Off

Tap on the touch button to switch to different screens.

#### 5. Watch Functions

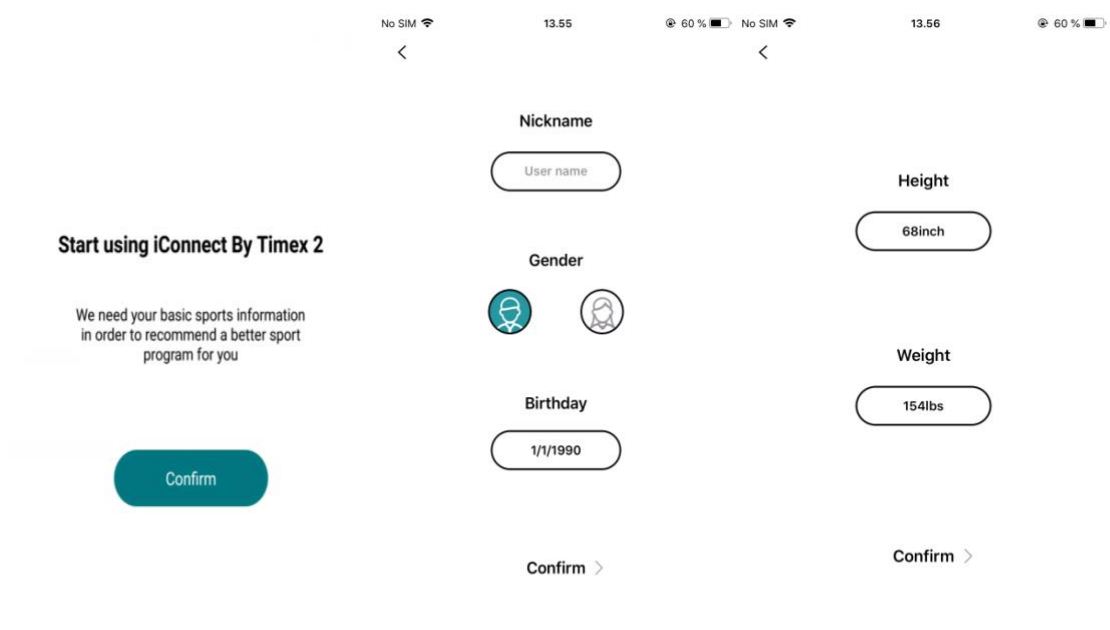


<p>Activity</p> 	<p>It shows the total number of steps, calorie and distance of the current day.</p> <p>The activity data can also be viewed in the app after connected with the watch.</p>
<p>Heart rate</p> 	<ol style="list-style-type: none"> <li>1. To measure heart rate, press and hold the touch button for 3 seconds, the icon will change dynamically and the light on the back of the watch will start flashing, indicating that the heart rate measurement begins;</li> <li>2. After measuring for about 15 seconds, the real-time heart rate data will be shown in the screen. After measuring for about 40 seconds, the device will stop the measurement automatically. The device will return to the home watch face automatically.</li> </ol>
<p>Weather</p> 	<p>Once the watch is connected to the App, the weather on the App will be synchronized to the watch.</p>
<p>Message</p> 	<p>Once the watch is connected to the App and the Message notification is enabled in the App, the message notification will also be shown on the watch. Watch support storing at most 5 unread messages.</p>
<p>Sleep</p> 	<p>The watch will automatically track sleep of user from 10:00pm to 9:00am. The tracked sleep time of previous night will be recorded on the watch. Once the watch is connected to the App, the recorded sleep on the watch will be synchronized to the Sleep Monitoring of the App.</p>
<p>Music</p> 	<p>The watch can remote control music playing on the phone. When the watch is connected to the App successfully, press and hold the tap button on the “Music” page to start controlling the music playing. Single touch the tap button to choose “Previous”, “Play”, “Pause” and “Next” and confirm by pressing and holding the tap button.</p>

<p>Game</p> 	<p>The basketball game can be simply controlled by single touching on the tap button of the watch in the game. Try the best to tap on the button at the moment the triangle moves to red portion of the bar at the bottom of the screen.</p> 
<p>Sports</p> 	<p>Sport function support Walking, Riding, Basketball, Soccer.</p> <p>Press and hold the touch button for 3 second to enter sport mode. Navigate to different modes by short pressing the touch button. Press and hold the touch button for 3 second in the screen of desired mode to start the tracking. Press and hold the touch button to stop the tracking. 12 hours of tracking is allowed for each sport mode. The current tracking record can be saved on watch only when non-zero readings are obtained for all three types of data on the model</p>
<p>Stop watch</p> 	<p>Switch to this screen.</p> <p>Press and hold the touch button for 3 second to enter Stopwatch.</p> <p>Single touch the tap button to start and pause the time counting. Press and hold the tap button to reset the time counting. Press and hold again the tap button again to quit the stopwatch.</p>
<p>Brightness</p> 	<p>Adjust the brightness of the screen.</p>
<p>Shutdown</p> 	<p>Switch to this screen.</p> <p>Press and hold the touch button for 3 second to shut down the device.</p>


## 6. Personal Data


After installing the APP, enter setting and click on the top profile to enter the personal data settings page. In order to estimate the calorie consumption more accurately, it is recommended to set the personal information in the App as accurate as possible.

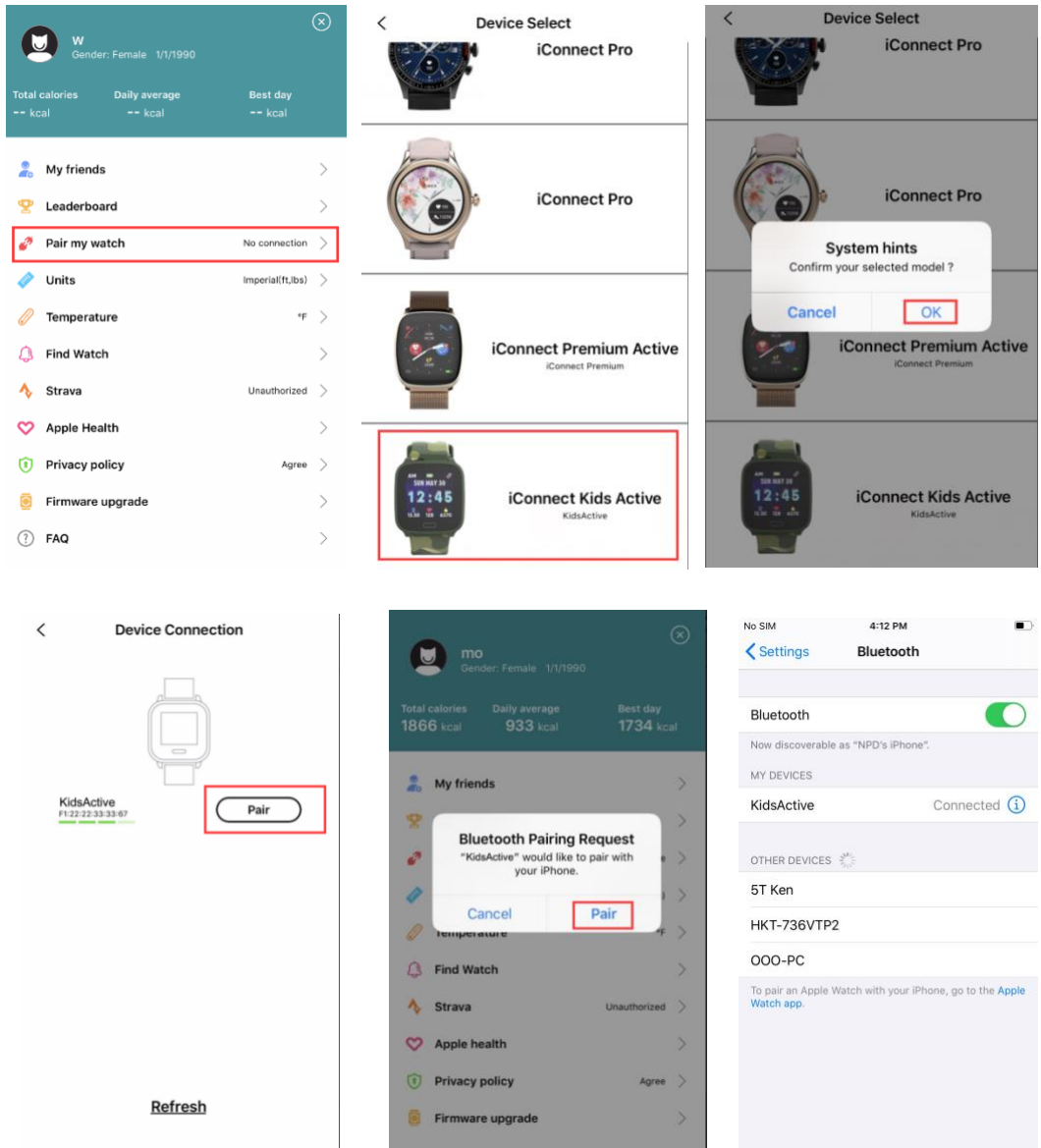


## 7. Pair Watch

1. Turn on Bluetooth of the phone.
2. Open the sidebar-> click “Pair my watch” and then choose your device. The app will start to scan device -> Click “Pair” to connect your device -> Wait until connected.
3. For iPhone environment, there will be a dialog “Bluetooth require to pair” showing up during binding. Please click “Pair” to proceed.

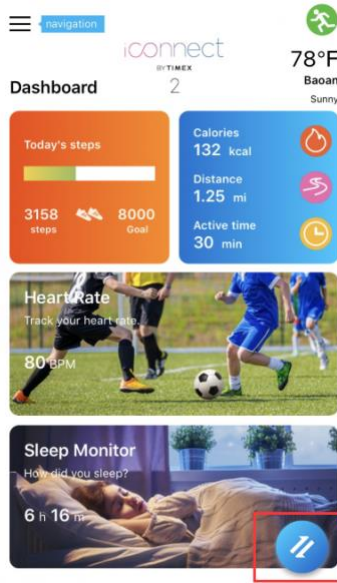
There will be “Connected” and icon  shown on the right of the Bluetooth name of the watch in the Bluetooth Setting of the iPhone after connected successfully.

For iPhone, if it is required to connect the watch to another phone, please unpair the watch with the App first. After that, enter the Bluetooth settings of the iPhone, Then tap on the icon  shown at the right side of the Bluetooth name of the watch and forget the device to ensure the watch is completely disconnected from the iPhone before attempting connection with the other phone.



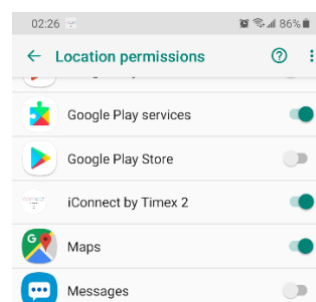
## 8. Synchronous Data

The watch automatically synchronizes the data after pairing/connecting with the phone. Data includes steps, calories, distance, date and time, heart rate and sports. Or you can manually synchronize data by clicking the floating button.



**Notice:** Please don't shut the Bluetooth notifying service when you are clearing software by background or close background application software. It will affect the sync function between watch and phone if shut it.

It is recommended to check whether the permission of "Location" of the phone to the iConnect by Timex 2 App is granted before attempting to pair the watch to the phone.



## 9. Step History

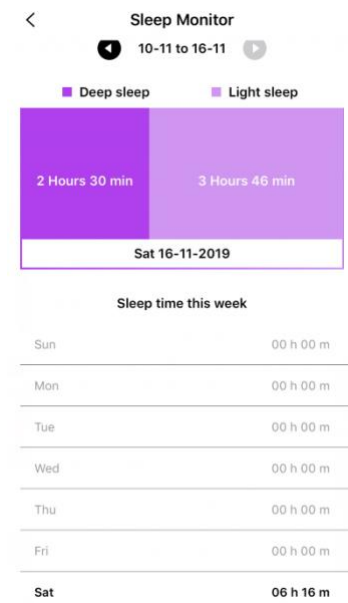
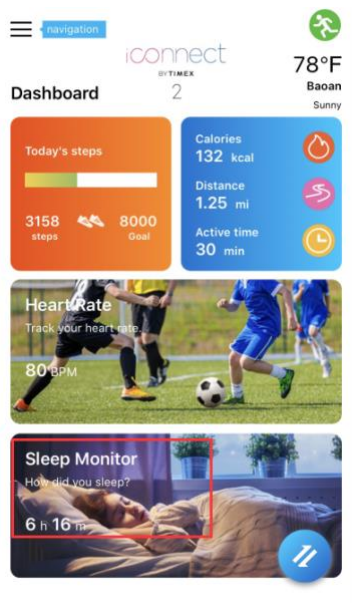
Tap on the block "Today's steps" or "Activity data" will enter the "Step History" page. User is allowed to adjust the goal of step by tapping on the "set up" located at the top right corner. The step count recorded per day and the accumulated step count will be shown under Step History.



Your most steps in a day was 10,571 steps

## 10. Sleep Monitor

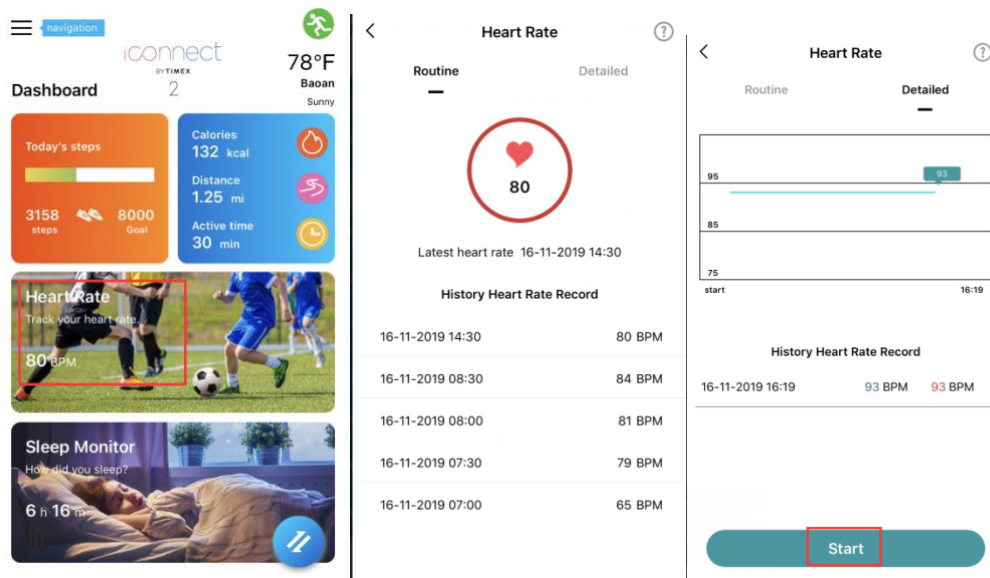
You need to wear the watch at night, and the watch will monitor your entire sleep schedule and analyze the quality of your sleep according to your nocturnal movements.



## 11. Heart Rate

**Routine:** The watch will automatically monitor the heart rate for half an hour and the measured heart rate will be synced to the App automatically. The measured value will be shown on the Heart Rate block in the Dashboard of the App.

**Detailed:** On the APP, you can initiate real-time measurement of heart rate, which shows the trajectory map. Click Start to start monitoring heart rate and click Close to end monitoring.

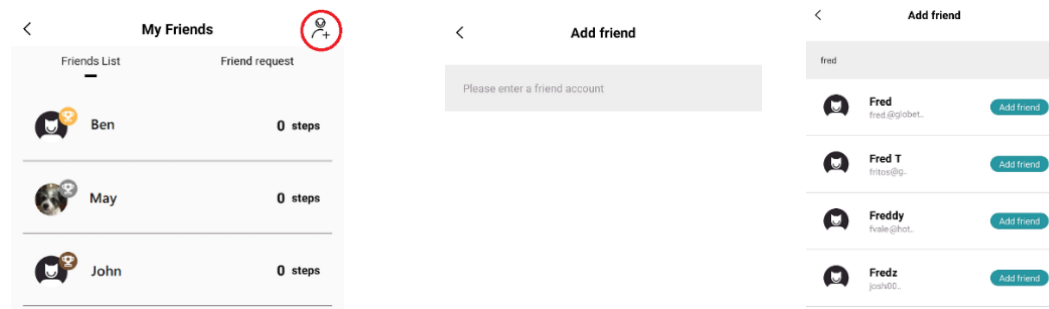


Note: The HR measurement triggered by watch will NOT sync with App. Also the HR reading shown on the dashboard page is just a record of the HR measured automatically in interval of 30 minutes, which is shown on the “Routine” page of the HR in the App. Only the HR measurement triggered by "Detailed" page of HR in the App will sync with App".

## 12. Add Friends

Add friends to compete on daily activity with each other.

Enter the “My Friend” in the Navigation menu. Tap on the “add friend” icon at the top right corner to enter “Add friend” page. Type the email address of desired friend and search. The users with the name searched will be listed. Tap on the “Add friend” button to add the friend.



## 13. Leaderboard

Shows the ranking among added friends by daily activity.

## 14. Units

Set the unit of parameters shown on the watch and App to be Imperial or Metric.

## 15. Temperature

Set the temperature shown on the watch and App to be Celsius or Fahrenheit.

## 16. Find Watch

Find the watch paired with the phone. The paired watch will vibrate when tapping on the “Find Watch” on the App.

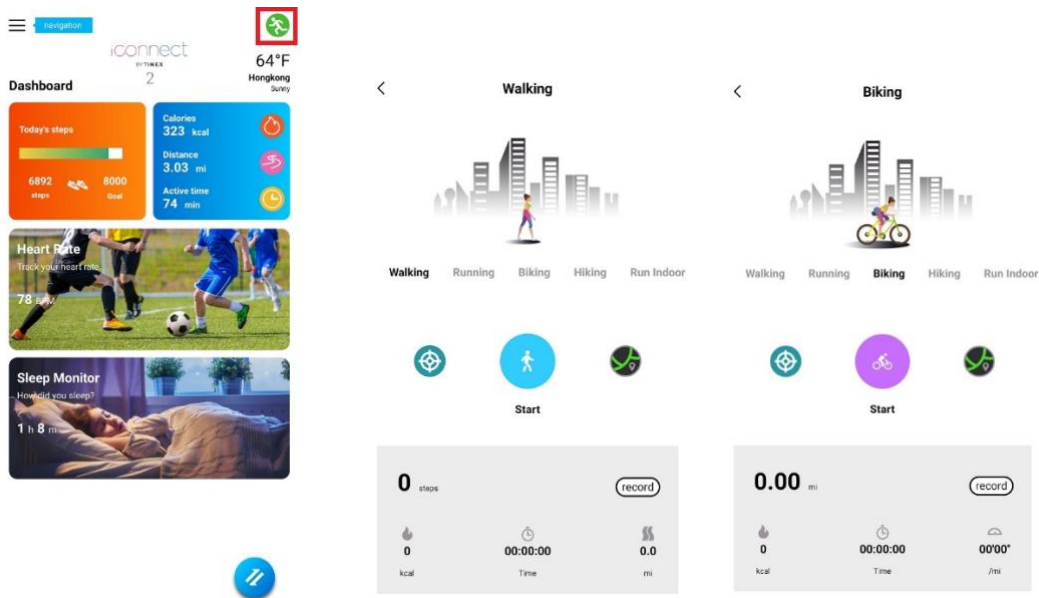
## 17. Firmware upgrade

Perform firmware upgrade on the watch through the App if there is new version of watch firmware available. Please ensure the App staying on the front during firmware upgrade. DO NOT attempt to close the App once the firmware upgrade is started or the watch will no longer be workable anymore.

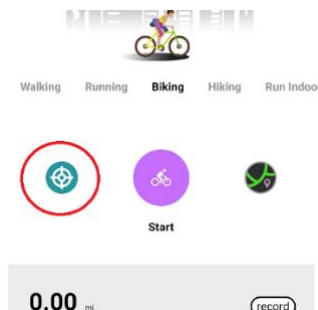
It is NOT recommended to upgrade watch firmware if the watch function is normal.

## 18. Motion Record

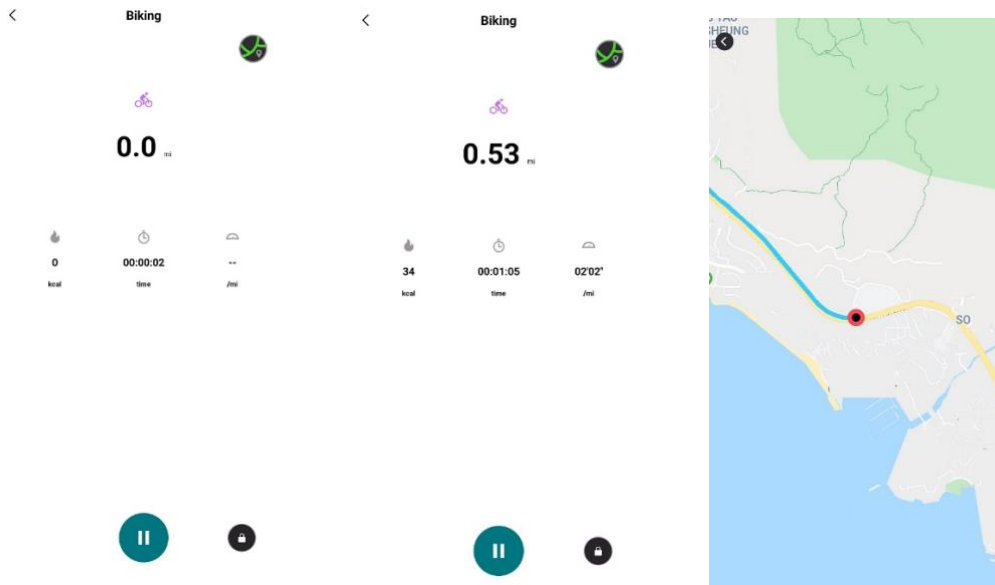
Tap on the Motion Record icon at the top right corner on the dashboard page. Then, tap on the “Start” button to enter the workout page. There are several workout choices, Walking, Running, Biking, Hiking, Run Indoor, Trial Run, available in Motion Record. Choose a desired workout mode, let say “Biking”.



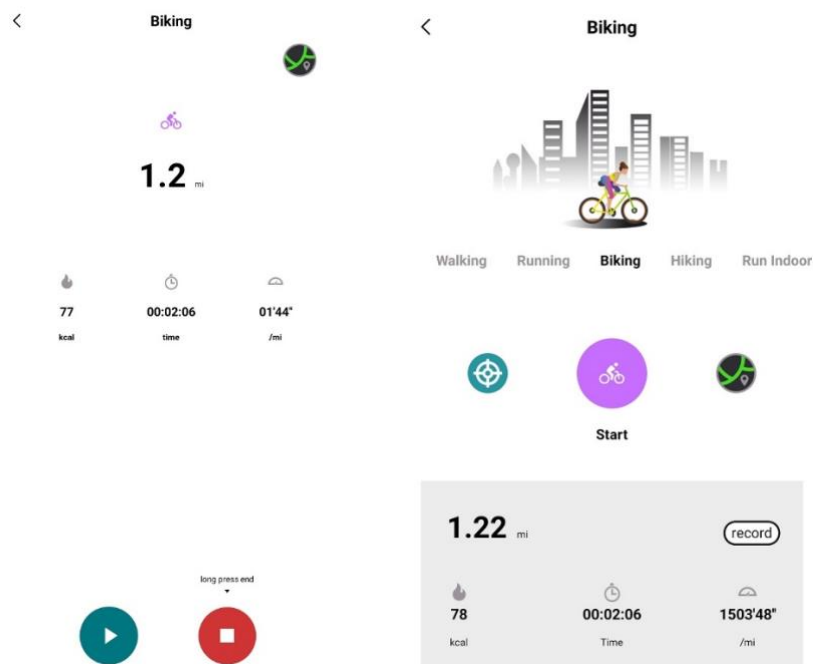
User is allowed to set target workout distance, time and calories. Tap on the target setting icon located at the left side of the “Start” icon.



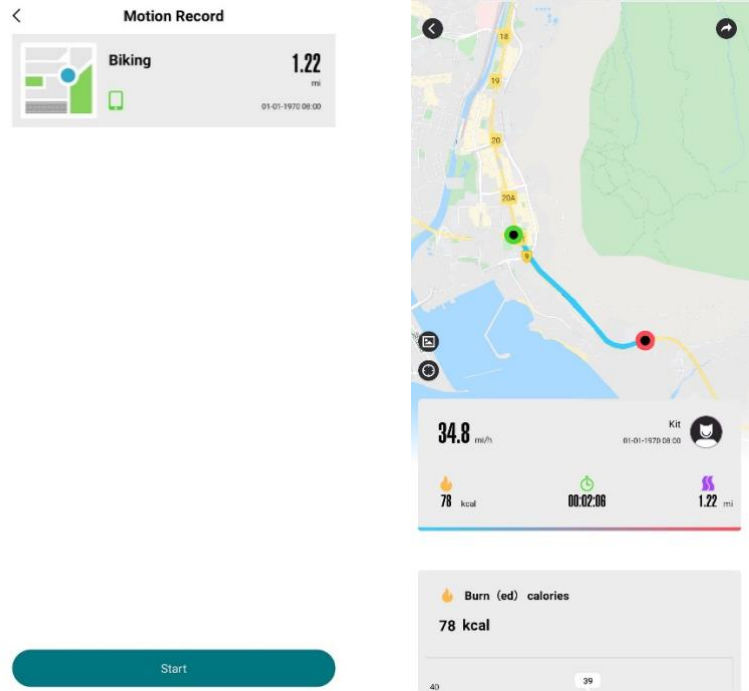
Once setting is completed, tap on “Start” to start the workout. User can tap on the map icon at the top right corner to check the real-time location tracking.



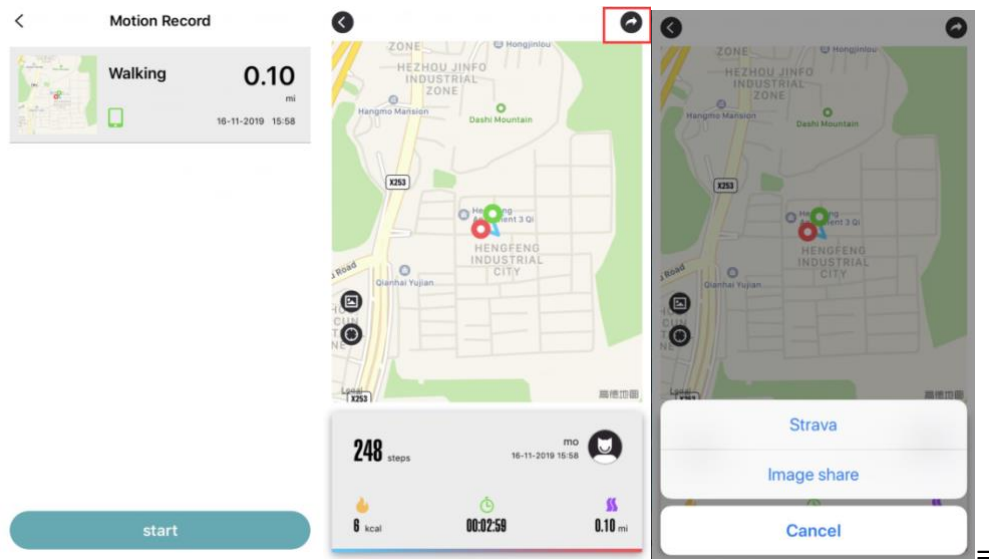
Press the “Pause” icon to pause the workout. Then press and hold the “Stop” button for several seconds to end the workout.



There will be a record of the workout stored on the Motion Record page. User can always check the workout details by tapping on the record.

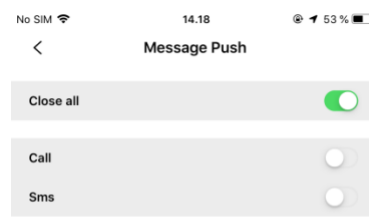
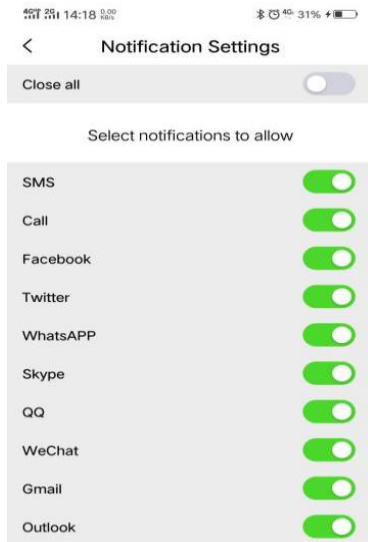


The Motion Record support sharing the workout record to Strava, Google fit, Apple health and also support sharing to third-party app by image.



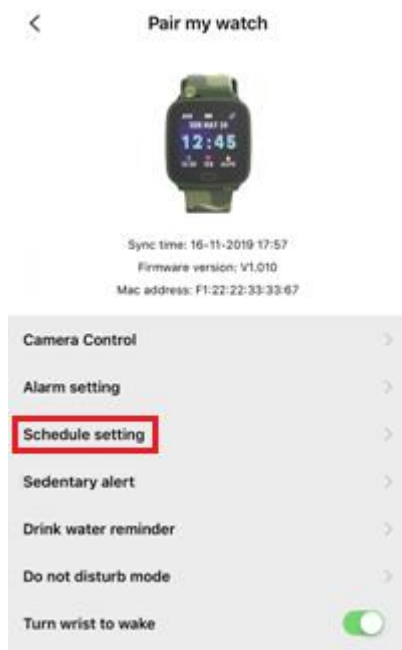
## 19. Calling and message reminder

After connecting the watch to the mobile phone, enter the notification page to open the incoming call and message reception, and the watch will receive the message, phone call, message of Facebook and other third parties.



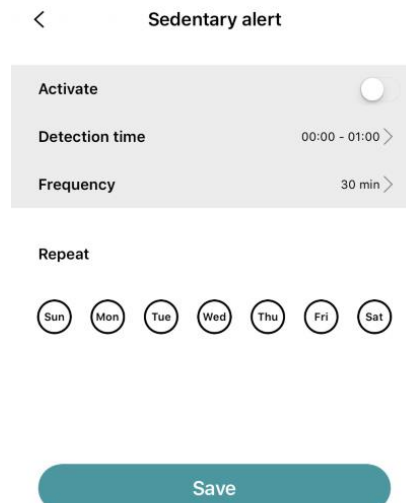
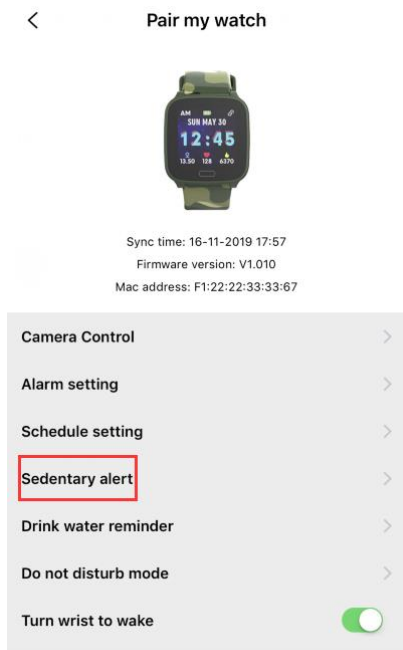
## 20. Schedule Setting

After connecting the watch to the phone, go to the Schedule setting and set the date and time of the schedule. Alert will be shown on the watch when the scheduled date and time is reached.



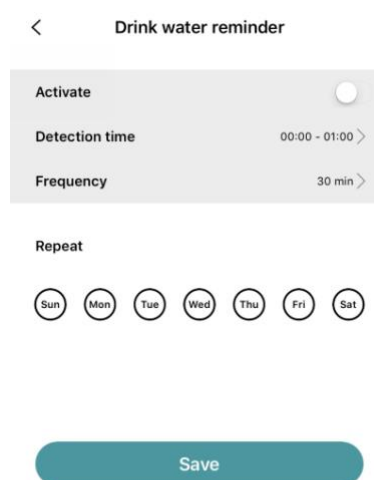
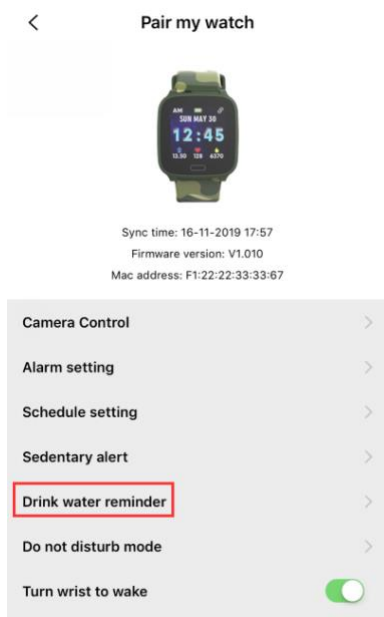
## 21. Sedentary reminder

After connecting the watch to the phone, go to the notification page and turn on the sedentary reminder. Set the start time and end time of sedentary reminder. If user is not active for 1 hour, device will vibrate to remind.



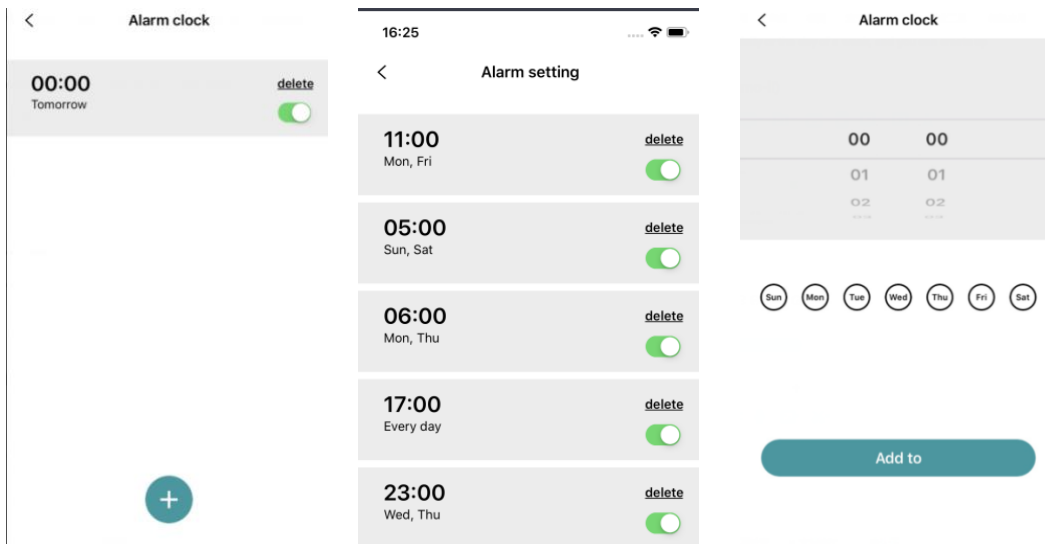
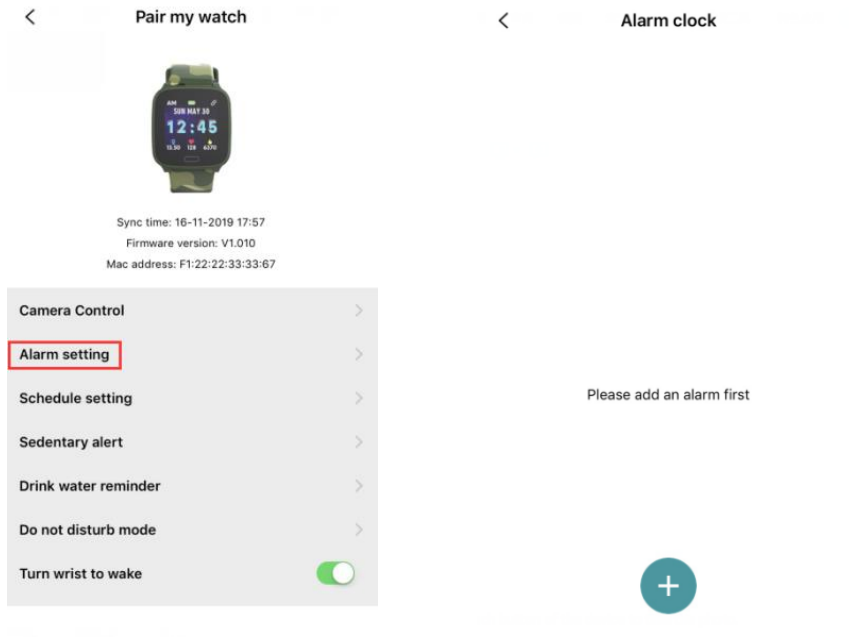
## 22. Drinking reminder

After connecting the phone, enter the notification page to turn on the drinking reminder switch to set the start time to remind drinking.



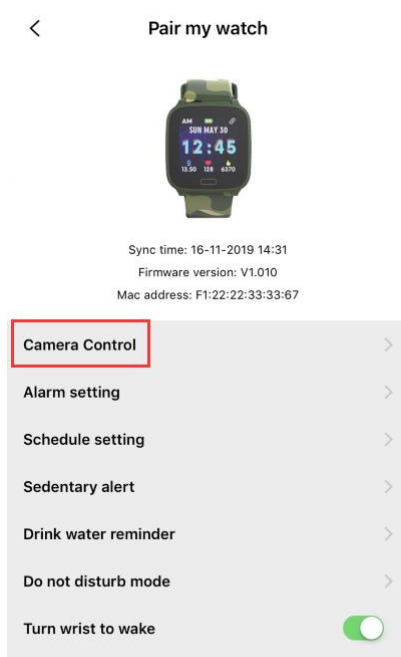
## 23. Alarm Setting

After connecting to the phone, enter the sidebar->click device->click alarm setting, add the new alarm; The watch will vibrate when the preset alarm time is reached. The alarm clock can be set daily or the day of a week, and you can create up to 5 alarm clocks.



## 24. Remote Camera control

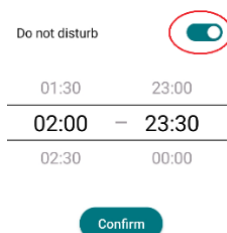
After connecting to the phone, enter the navigation-> device->Camera. Turn on the phone camera and tap on the touch button of the device to take the photo.



## 25. Do not disturb mode

Allow disabling the notification and vibration on the watch.

Go to “Do not disturb” mode and set the desired period of the time. Enable the “Do not disturb” mode by switching on the button.



## 26. Turn wrist to wake

Allow waking up screen by turning wrist action.

## 27. Time display

Set the time display format to 12 hour or 24 hour.

## 28. Reset

Reset the watch to factory default. Please note that all the data on the watch will be cleared once being reset.

## 29. Unpair

Unpair the watch from the phone. Just simply choose “OK” to confirm unpairing when pop-up appears.

## **IP68 Water Resistance**

The watch is rated IP68 for dust and water resistance. The watch is resistant to submersion in fresh water up to a maximum depth of 1.5 meters for up to 30 minutes. Care should be taken to avoid over exposure to moisture and excessive submersion in water.

## **Other Safety and Precaution Notices**

### **Bluetooth® Wireless Technology**

Bluetooth devices communicate without wires, using built-in radio transceivers that operate on a globally available radio frequency to ensure worldwide compatibility.

### **Recycle**

Always return your used electronic products, batteries, and packaging materials to dedicated collection points.

## **Battery and Charger Info**

Your device has an internal, non-removable, rechargeable battery. Do not attempt to open the back cover or remove the battery, as you may damage the device. To replace the battery, take the device to the nearest authorized service facility.

### **Aircraft, Hospitals**

**CAUTION:** The device's Bluetooth radio must be switched to OFF in airplanes, hospitals or other public locations where handheld wireless and other electronic devices are prohibited.

### **Medical Devices**

Operation of radio transmitting equipment, including wireless phones, may interfere with the function of inadequately shielded medical devices. Consult a physician or the medical device's manufacturer to determine if it is adequately shielded from external radio energy.

To avoid potential interference, manufacturers of implanted medical devices recommend a minimum separation of 6 inches (15.3 centimeters) between a wireless device and the medical device. Persons who have such devices should:

- Always keep the wireless device more than 6 inches (15.3 centimeters) from the medical device.
- Not carry the wireless device in a breast pocket.
- Turn the wireless device off if there is any reason to suspect that interference is taking place.
- Follow the manufacturer directions for the implanted medical device.

If you have any questions about using your wireless device with an implanted medical device, consult your health care provider.

## **Timex International Warranty**

[www.timex.com/Warranty](http://www.timex.com/Warranty) or [www.timex.ca/Warranty](http://www.timex.ca/Warranty)

## **FCC Notice (U.S.) / IC Notice (Canada)**

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference; and (2) this device must accept any interference received, including interference that may cause undesired operation.

Warning: Changes or modifications to this unit not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio TV technician for help.

This Class [B] digital apparatus complies with Canadian ICES-003.

This device complies with Industry Canada license-exempt RSS standard(s). Operation is subject to the following two conditions:

- (1) This device may not cause interference, and
- (2) This device must accept any interference, including interference that may cause undesired operation of the device.

## **Declaration of Conformity**

**Manufacturers Name:** Timex Group USA, Inc.

**Manufacturers Address:** 555 Christian Road  
Middlebury, CT 06762  
United States of America

declares that the product:

**Product Name:** iConnect Kids Active By Timex®

**Model Numbers:** M05A

is in conformity with the relevant EU harmonized legislations. This declaration is issued under the sole responsibility of the manufacturer and conforms to the following:

### **Radio Equipment Directive (RED): 2014/53/EU**

Standards:

EN 62479

EN 55032

EN 55035

ETSI EN 301 489-1

ETSI EN 301 489-17

ETSI EN 301 328

### **Low Voltage Directive (LVD): 2014/35/EU**

Standards:

IEC 60950-1

CENELEC EN 60950-1

### **Electromagnetic Compatibility (EMC) – Radio Frequency (RF)**

Standards

FCC 47CFR 15C Part 15 Subpart C 15.247

IC RSS 247 Issue 2

IC RSS GEN Issue 5



Agent: \_\_\_\_\_

Sam Everett

Director Quality Assurance & Regulatory

Date: 26 Aug 2019, Middlebury, Connecticut, U.S.A.

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