



Portable Massage Table User Manual

For Use With The Model Numbers Below:

SC-500, SC-501A, SC-901, SC-1004



© COPYRIGHT 2018 SIERRA COMFORT ®

All rights reserved. This document or any portion thereof may not be reproduced in any way, including photocopying or translation to another language without the prior written permission of Sierra Comfort ®. Sierra Comfort ® is a registered trademark of Boston Atlantic Capital Group, LLC.

---

**DISCLAIMER**

The recommendations and suggestions regarding the use, care, and assembly of our products are meant to serve as a guide and not guarantee the performance of any given product. Sierra Comfort does not reserve the right to control the use of its product. We are not responsible if our products are used in a way that is not intended and/or not in accordance with local, state, or federal law.

Sierra Comfort will not be held liable under any circumstance for indirect, incidental, consequential damages including loss of profit, production, or malfunctioning of the product. There are inherent risks involved in using any product, including serious physical injury or death. We make no claims to the suitability of products on our website or our promotional material (print, radio, television, and web) with regards to product quality, performance, merchantability, or fitness for a particular purpose and is free from any liability associated with purchase. Buyer takes full responsibility and risk for product upon submitting payment and releases Sierra Comfort from any and all personal injuries, loss, damage, or cost incurred as a result of buying or operating products.

This disclaimer is exclusive and replaces all others, oral or written, expressed or implied and cannot be modified or extended by any Sierra Comfort employee, advertiser, or distributor. Some states do not allow the exclusion or limitation of liabilities for incidental or consequential damages and in such cases, the above limitation or exclusion may not apply to you.

**WARRANTY**

1) Sierra Comfort guarantees that all new purchases, referred to hereinafter as the “product,” are free from any manufacturing defects in material and workmanship.

2) This warranty is applicable only to defects in workmanship and material and does not apply to normal wear and tear; altered or removed parts; improper use; bad assembly; lack of maintenance; accidents; spills; exposure to extreme conditions; or incidental and consequential costs such as storage, telephone, rental, shipping, transportation, inconvenience, loss of income, loss of time, or other consequential damages.

3) If a product is damaged in shipment or fails to function properly upon delivery, Sierra Comfort will replace the product in full. If a replacement part is needed, we will ship the associated part to the original purchaser at our expense. The customer is responsible for all warranty shipment costs and any product shipped by the purchaser for inspection or repair must be shipped with transportation costs prepaid.

4) **Our limited warranty is valid for 2 years from the date of purchase and is applicable only to the original purchaser.** This limited warranty covers all mechanical features, the table legs, head cradle assembly, arm sling, and all associated hardware.

5) Our obligation under this warranty is limited to repairing defective parts or replacing parts as necessary to remove malfunction from defects in material as covered by our warranty. Sierra Comfort reserves the right to improve the design of its product without any obligation to improve a product previously manufactured

# GENERAL STATEMENT & INTENDED USE

Sierra Comfort portable massage tables are designed and manufactured to be used responsibly and for intended use only. Our tables are built specifically for massage practices within the guidelines of all warning and instruction manuals. At no time should the table be used in excess of its working weight capacity (weight of subject on the table, plus the amount of pressure being applied to the subject). When receiving treatment, clients/patients should remain immobile with weight and body position distributed evenly along the tabletop. Never should more than one person be allowed on the table at once.

Misuse, excessive force or movement, and/or direct pressure may cause structural components to fail, potentially resulting in injury to the client and/or operator.

Prior to use of your Sierra Comfort massage table, please be certain to read carefully the owner's manual and all warning labels included. Proper setup, use, and care of your table will prevent accidents and injury, as well as maintain the integrity of the product. Any questions or uncertainties regarding your Sierra Comfort massage table should be emailed directly to our customer service department at [support@sierracomfort.com](mailto:support@sierracomfort.com).

# SAFETY & WARNING SYMBOLS

The safety and warning symbols inserted throughout the instruction manual are for the purpose of preventing injury or damage to the user, client, or product. Take special note to any instruction indicated by the warning or caution symbols, and always be mindful when using your product.

## CAUTION



Symbol indicates a potentially hazardous situation which could result in equipment damage and/or injury.

## READ ALL WARNING STATEMENTS BELOW IN ORDER TO PREVENT INJURY / MALFUNCTION



1. Prior to using your table, please carefully read the owner's manual, instructions, and any warning labels included on the product.
2. Before using, thoroughly inspect all areas of the massage table and included accessories for any manufacturing defects; especially beware of warped or cracked wood, frayed / deteriorated support wires, loose hardware, and misalignment of any parts.
3. Prior to use, be sure that all four table legs are adjusted to the same height. Always position your table in an area having a level surface so that all four feet remain firmly on the ground.
4. When moving onto or off of the tabletop, be sure to do so with ease and towards the center of the table where most stable.
5. When receiving treatment, clients/patients should remain immobile with weight and body position distributed evenly along the tabletop.
6. Avoid any sudden and direct pressure on the tabletop. Never stand, jump, or move erratically on the table.
7. Never should there be more than one person on the table at once.
8. Do not apply more than 450 lbs. (205 kg) of total working weight to the table. NOTE; the total working weight is equal to the weight of the subject on the table plus the weight added through downward pressure.
9. Do not apply more than 25 lbs. (11.33 kg) of total working weight to the face cradle.
10. Avoid overloading one side of the table. Uneven and excess weight on one side may cause the table to lift, tilt, or collapse.
11. Prior to EVERY use, the two safety support bars MUST be installed.

# TABLE SETUP & USE

**STEP 1:** Place the massage table on its side with the handle straps facing upward.



**STEP 2:** Release the buckles at the end of the table and open half-way. Remove all included accessories from inside the table.



**STEP 3:** Before each use, thoroughly inspect all areas of the massage table; pay close attention to the support wires/cables, being sure that no areas are severed or frayed. The wires should pivot freely when positioned accordingly. Be certain no areas are overtightened.



**STEP 4:** Stand behind the massage table and grasp both handle straps. Pull the straps toward you so that the table straightens and the legs release. To turn table upright, move around to its opposite side; grasp one strap and place your outside foot down onto the bottom leg, pulling up and in on the strap until the table turns on all four legs.



**STEP 5:** Once all four table legs are positioned on the ground, push downward on the middle of the table so that it is level. Be certain all feet are flat on the ground and resting on a firm and level surface.



**Be certain all feet are resting on a firm and level surface.**

**STEP 6:** The two safety support bars included with your table should be installed to ensure that the table legs are locked in place when standing. For each set of bars, thread opposing ends together to create one long bar matching the length between the front and rear legs of the table.



**STEP 7:** With the table standing, or on its side, unscrew the upper leg knobs on both legs that are facing you.



**STEP 8:** Thread the exposed screws through the eyelets at each end of the support bar.



**STEP 9:** Screw the legs knobs back into place being sure that the support bar is fully secured. Repeat all steps on the opposite side of the table until setup is complete.



**STEP 10:** When moving onto or off of the tabletop be sure to do so with ease and towards the center of the table where most stable.



**STEP 11:** When receiving treatment, the client/patient should remain immobile with weight and body position distributed evenly along the tabletop.



**STEP 12:** Do not apply more than 450 lbs. (205 kg) of total working weight onto the table.



**NOTE;** the total working weight is equal to the weight of the subject on the table plus the weight added through downward pressure.

**STEP 13:** Avoid overloading one side of the table. Uneven and excess weight on one side of the tabletop may cause the table to lift, tilt, or collapse; potentially resulting in serious injury.

**ALERT:** It is extremely important that you install the support bars prior to using the table in order to avoid this potential risk.



# INSTALLING ACCESSORIES:

**PLEASE NOTE;** THE ACCESSORIES INCLUDED WILL VARY ACCORDING TO THE SPECIFIC ITEM/MODEL ORDERED. YOU MAY DISREGARD ANY STEPS BELOW IF NOT RELATED TO YOUR ITEM.

## HEADREST & FACE PILLOW

**STEP 1:** Place headrest face down and fully release the locking lever so that the tubular arms are able to pivot freely.



**STEP 2:** Unfold the tubular arms and insert into the circular openings at the end of the table.



**STEP 3:** Adjust the angle of the headrest to the desired position and then move the lever downwards to lock into place. Secure the face cushion to the headrest by placing it accordingly onto the Velcro strips.



**STEP 4:** If the headrest appears loose or slips down when pressure is applied; (1) release the lever so it unlocks (2) turn the lever clockwise for 1-2 rotations (3) move the lever downward into the locked position.



# ARM SHELF

**STEP 1:** Insert the tubular arms of the headrest through the loops at the end of the arm shelf straps.



**STEP 2:** Insert the tubular arms into the circular openings at the end of the table.



**STEP 3:** Thread the remaining strap up through and over the end of the headrest.



**STEP 4:** Thread the strap through its buckle. Adjust the arm shelf to the desired horizontal position and tighten all straps accordingly.



# MAINTENANCE & CARE

**UPHOLSTERY CARE:** Remove daily dirt and grime from the table with a mild soap and warm water solution. Dry with soft, lint-free cloth. When disinfecting, use an isopropanol (rubbing alcohol) based hospital grade disinfectant cleaner. Be sure it is approved for use on polyurethane vinyl before applying. For minor stains, use a mild non-abrasive cleaner on a damp cloth. Gently wipe the surface to remove the stain and rinse thoroughly with warm water. Dry with a soft lint-free cloth.

**WOOD CARE:** The massage table is made of select hardwoods and is finished with lacquer that requires no special care. If desired, you may polish occasionally with a quality wood care product.

---

# STORAGE

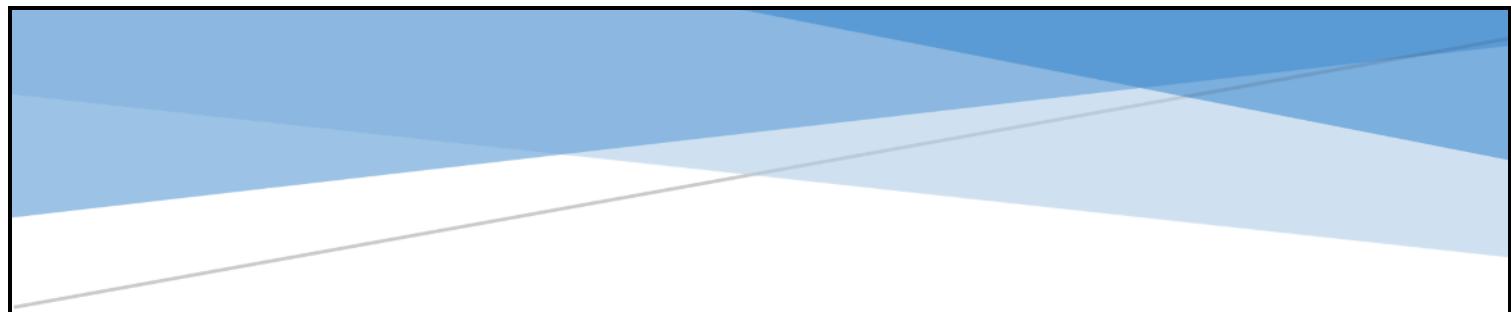
**STORAGE:** When not in use, store the table in a cool and dry area away from direct sunlight. Do not expose the table to extreme temperatures or moisture.

---

# CONTACT US

For information and questions regarding our products and/or services, please visit us at [www.sierracomfort.com](http://www.sierracomfort.com).

For additional support, you may contact us at [support@sierracomfort.com](mailto:support@sierracomfort.com).



SIERRA  
COMFORT