



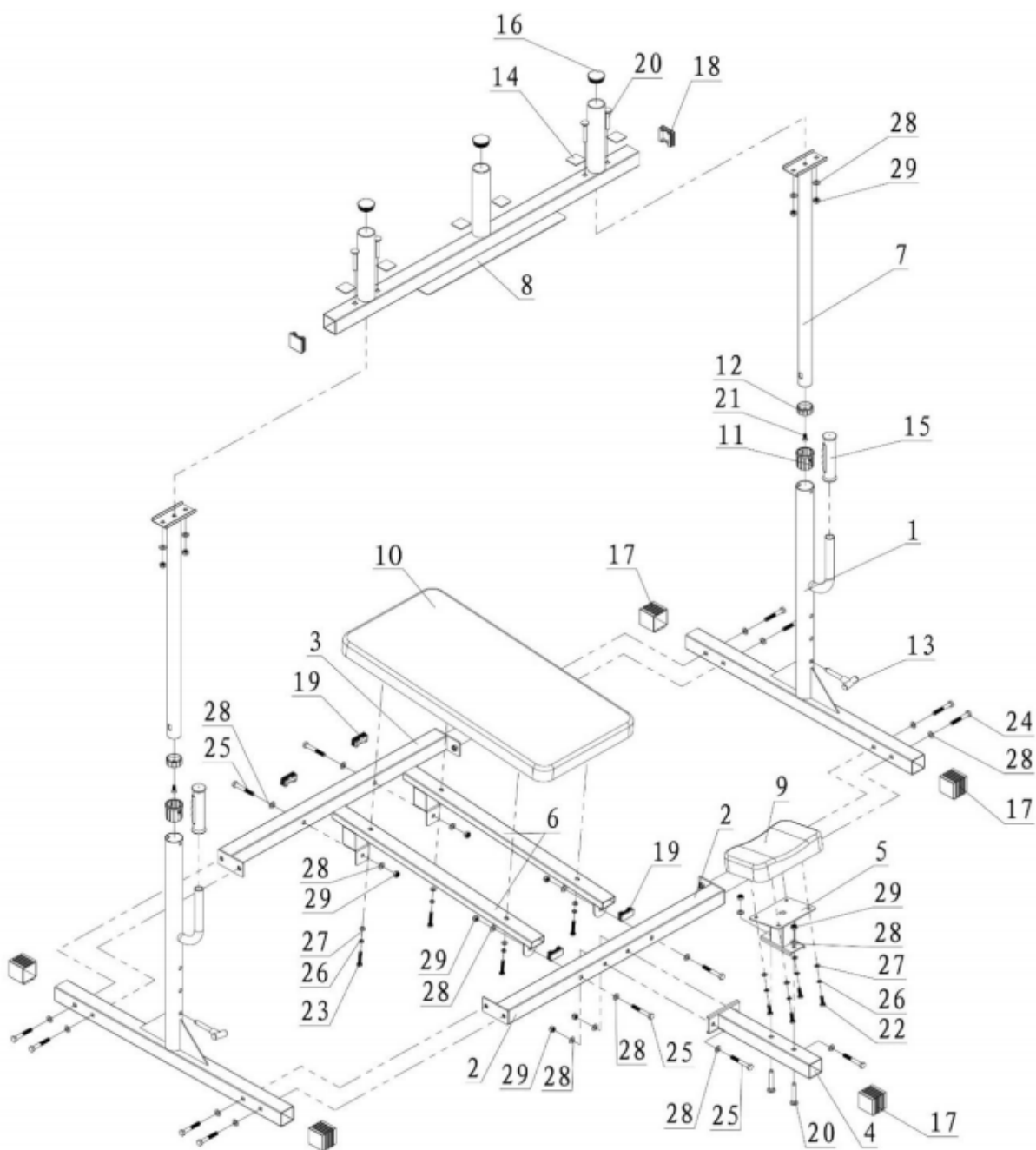
OWNER'S MANUAL

MPN(s): VLEGPRS

SKU(s): 400573

UPCS(s): 719318386637

PARTS DIAGRAM / EXPLODED VIEW



KEY	DESCRIPTION	QTY	KEY	DESCRIPTION	QTY
(1)	UPRIGHT FRAME	2	(16)	END CAP $\Phi 48 \times 2$	3
(2)	FRONT CONNECT FRAME	1	(17)	END CAP F50	5
(3)	REAR CONNECT FRAME	1	(18)	END CAP F50*2	2
(4)	SHORT BASE FRAME	1	(19)	END CAP J25*50*2	4
(5)	HEAD CUSHION FRAME	1	(20)	CARRIAGE BOLT M10*65	6
(6)	BACK CUSHION FRAME	2	(21)	HEX SOCKET HEAD BOLT M8*20	2
(7)	ADJUSTABLE FRAME	2	(22)	HEX HEAD BOLT M8*25	4
(8)	WEIGHT PLATE HOLDER	1	(23)	HEX HEAD BOLT M8*45	4
(9)	HEAD CUSHION 260*160*55	1	(24)	HEX HEAD BOLT M10*65	8
(10)	BACK CUSHION 820*380*50	1	(25)	HEX HEAD BOLT M10*70	6
(11)	SLEEVE 50*2* $\Phi 38$	2	(26)	FLAT WASHER $\Phi 8$	8
(12)	END CAP $\Phi 45 \times \Phi 38 \times 20$	2	(27)	FLAT WASHER 9* $\Phi 16 \times 1.6$	8
(13)	KNOB	2	(28)	FLAT WASHER $\Phi 11 \times \Phi 20 \times 2$	26
(14)	RUBBER MAT 40*40*3	6	(29)	NUT M10	12
(15)	HANDLE SLEEVE $\Phi 24.5 \times 155$	2			

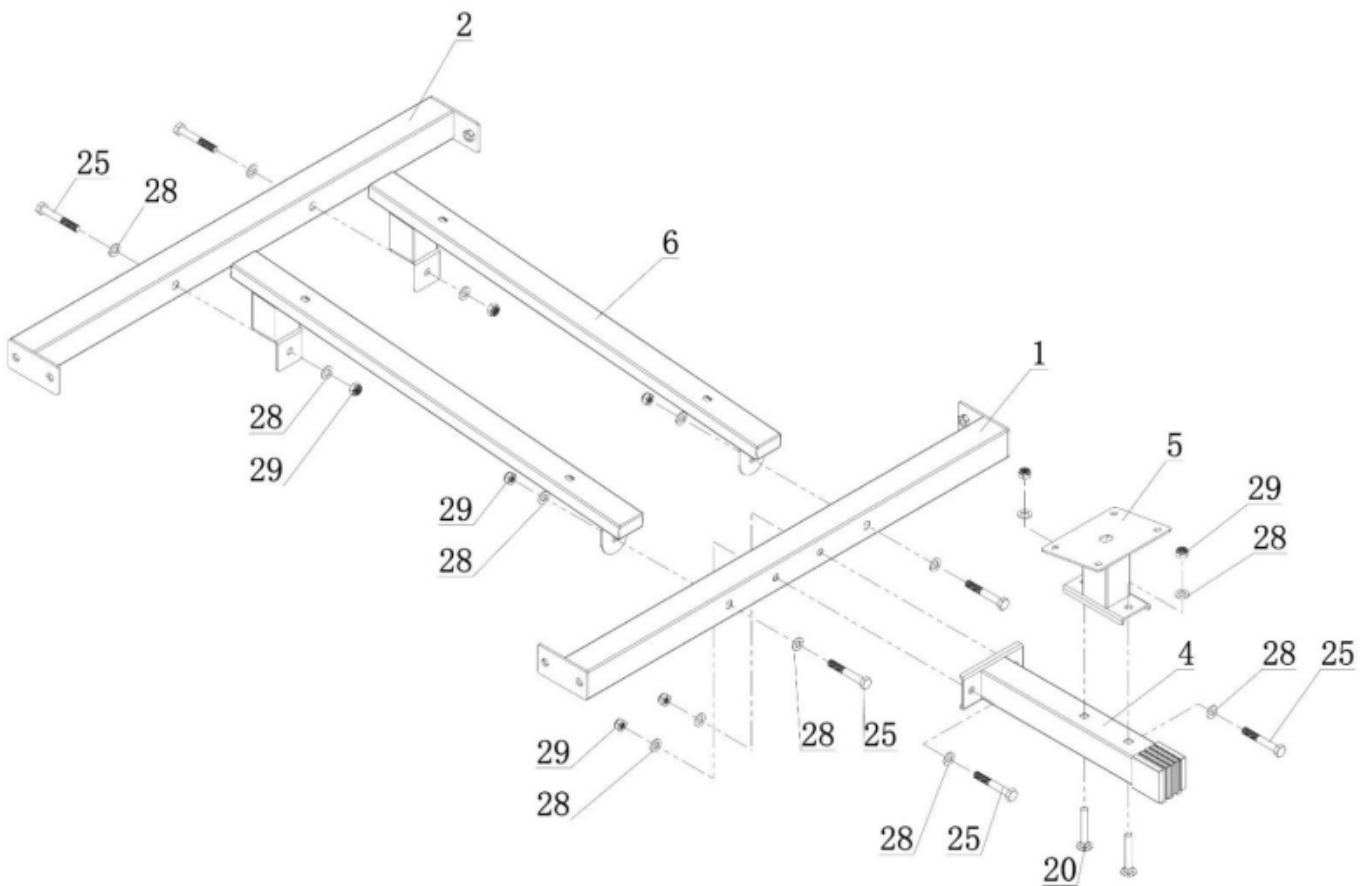


ASSEMBLY INSTRUCTIONS

STEP 1

Assemble Upright Frame (1), Front Connect Frame (2), Back Cushion Frame (6) with Short Base Frame (4), using Hex Head Bolt M10*70 (25), Flat Washer $\Phi 11*\Phi 20*2$ (28). Do not tighten the bolts. Fix the Head Cushion Frame (5) to the Short Base Frame (4), using Hex Bolt M10*65 (20), Flat Washer $\Phi 11*\Phi 20*2$ (28) and Nut M10 (29).

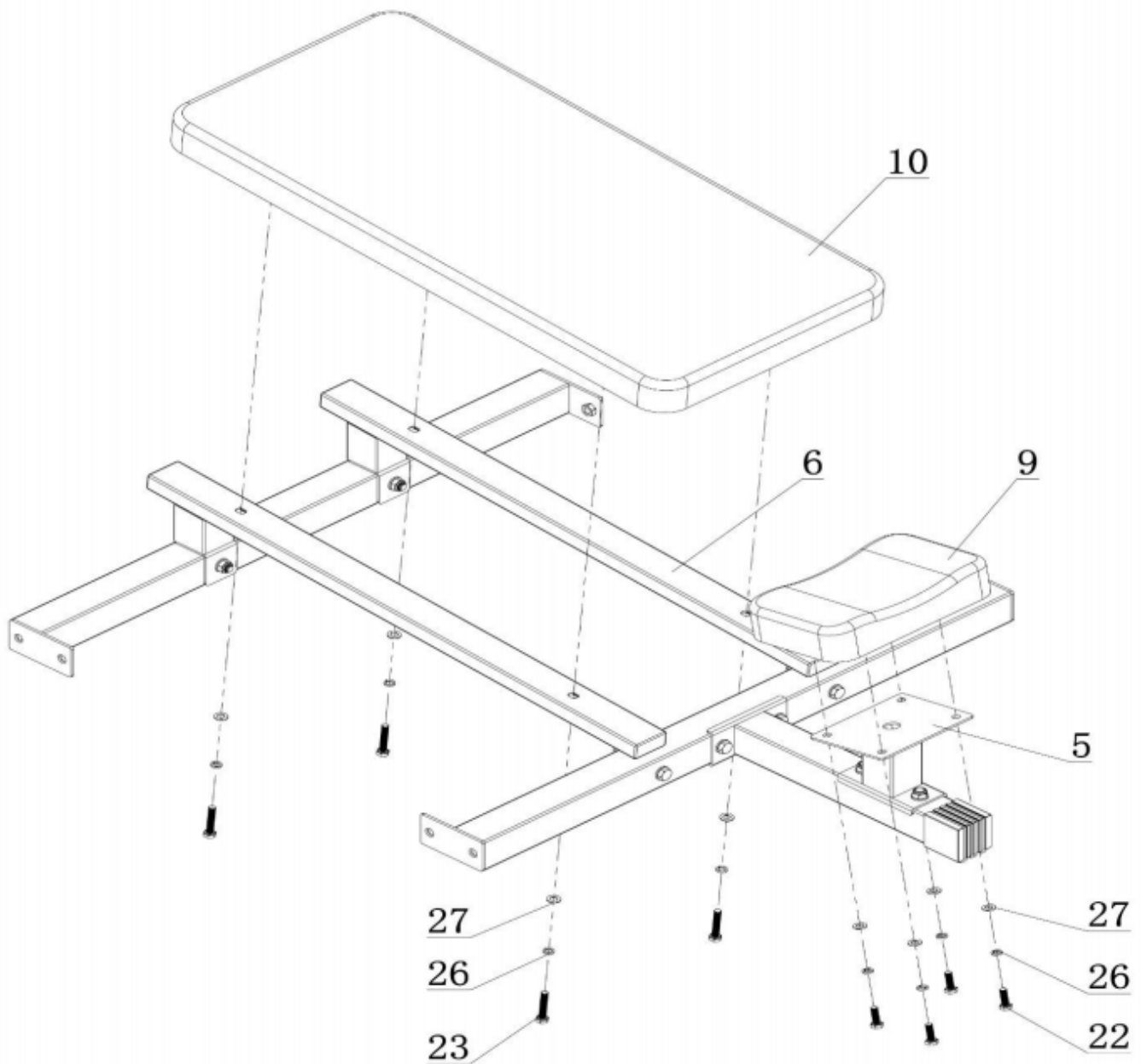
PLEASE TIGHTEN ALL THE BOLTS AND NUTS.



STEP 2

Fix the Back Cushion (10) to the Back-Cushion Frame (6), using Hex Head Bolt M8*45 (23), Flat Washer $\Phi 8$ (26) and Flat Washer 9* $\Phi 16$ *1.6 (27). Do not tighten the bolts. Fix the Head Cushion (9) to the Head Cushion Frame (5), using Hex Head Bolt M8*25 (22), Flat Washer $\Phi 8$ (26) and Flat Washer 9* $\Phi 16$ *1.6 (27).

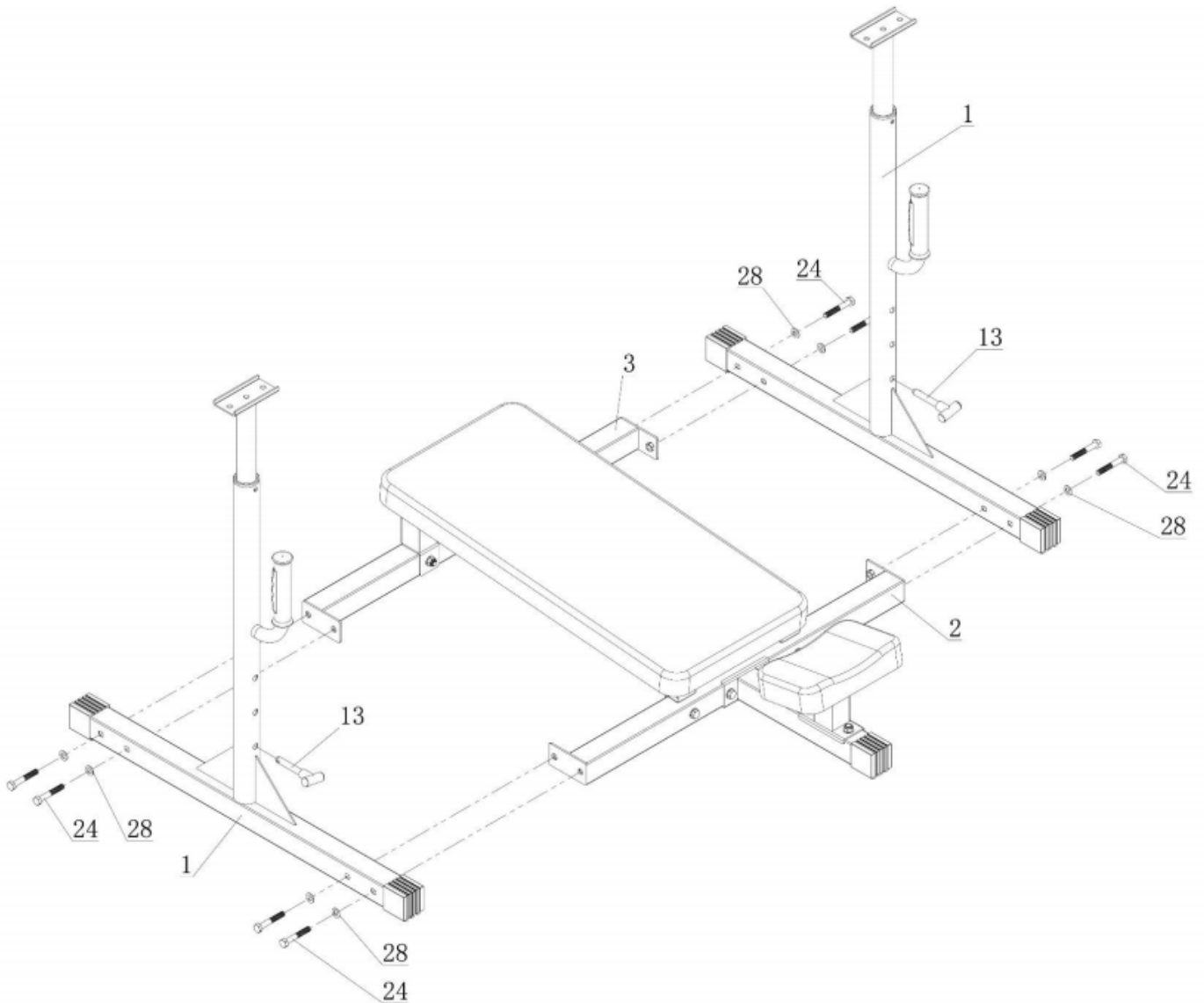
PLEASE TIGHTEN ALL THE BOLTS AND NUTS.



STEP 3

Connect the Upright Frame (1), the Front Connect Frame (2) and Rear Connect Frame (3) using Hex Head Bolt M10*65 (24) and Flat Washer $\Phi 11 \times \Phi 20 \times 2$ (28). Assemble the Knob (13) on the Upright Frame (1).

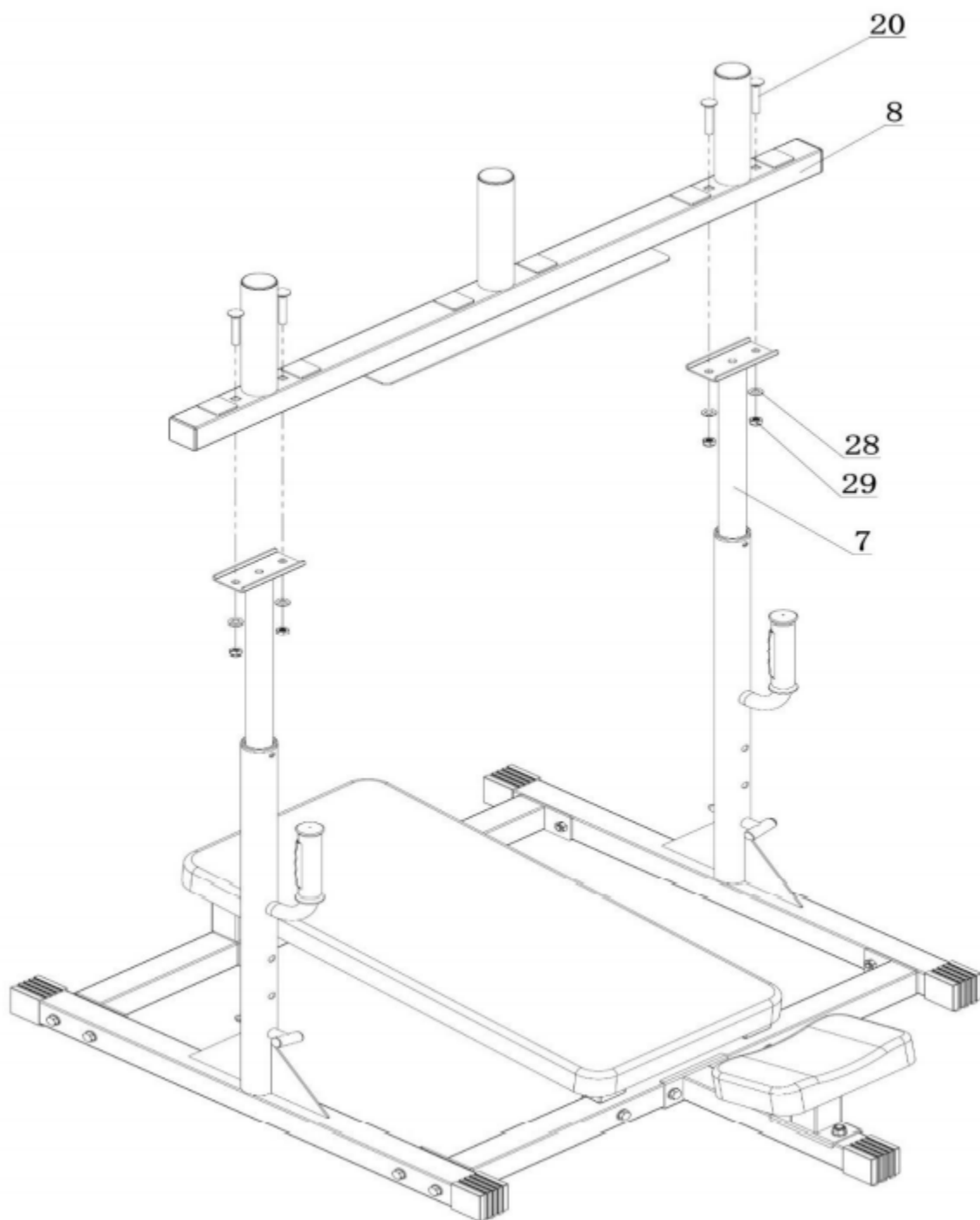
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STEP 4

Fix the Weight Plate Holder (7) to the Adjustable Frame (7) using Carriage Bolt (20), Flat Washer $\Phi 11 * \Phi 20 * 2$ (28) and Nut M10 (29).

PLEASE TIGHTEN ALL THE BOLTS AND NUTS.





This concludes the VLEGPRS Owner's Manual.

*If applicable to your product, make sure to tighten
all nut-and-bolt combinations before use.*

Enjoy!

DISCLAIMER

This equipment must be used with care by capable and competent individuals under supervision, if necessary.

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