



Model: G3530

ACTIVATE YOUR WARRANTY

To register your product and activate your warranty today, please go to www.yuejiqi.com

CUSTOMER CARE

Please contact our customer service department for the best service, email us along with your order id at:

service@yuejiqi.com

Response Time: Within 1-2 Business Days



Please carefully read this manual before use to ensure your safety and avoid accidents.

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SERVICE

IMPORTANT: FOR YUEJIQI ONLY

For damaged or defective product, questions, replacement parts or any other service support. Please contact our customer service department by the following methods: for the best service, email us along with your order id at:

service@yuejiqi.com

Response Time: Within 1-2 Business Days

During peak business hours, emailing us with your order information will be the best way to receive a prompt response.

Website: www.yuejiqi.com

PLEASE DO NOT RETURN THIS PRODUCT TO THE STORE

IMPORTANT SAFETY GUIDELINES

Please carefully read this manual before use to ensure your safety and avoid accidents.

1. Always wear suitable sports shoes when using the treadmill. Do not run bare foot as it may cause injuries. We do not assume any responsibility for abnormalities and injuries caused by failure to wear shoes.
2. Consider your physical condition when you start to train with this product. Train appropriately and regularly to ensure that you have enough physical strength for training. Inappropriate or excessive training will not benefit your health.
3. This product is intended for indoor use only rather than professional training and testing, nor medical purposes
If the power cord is damaged, please contact the manufacturer or professional maintenance personnel for assistance.
4. Before using the treadmill, check all parts to ensure that screws and nuts are tightened.
5. Wear tight fitting clothes to prevent clothes from being caught by the treadmill when using it. Keep children under 8 years old or pets away from the treadmill to avoid accidents.
6. Place the equipment on smooth and level ground. Make sure there are no sharp objects near it.
Do not use it near water and heat sources.
7. Avoid touching any moving parts with hands. Do not place your hands and feet in the space under the walking belt.

IMPORTANT SAFETY GUIDELINES

8. This product is designed for use by one person only when it is running.
9. To ensure safe and proper use of the treadmill, please use only the accessories provided by the manufacturer. Do not attempt to repair the treadmill on your own.
10. The treadmill can be used by children aged 8 and above, as well as individuals with reduced physical, sensory, or mental capabilities, or lack of experience and knowledge, if they have received proper supervision or instruction on how to use the treadmill safely. Please make sure children who are not age-appropriate do not play with the treadmill, and that any cleaning or maintenance is supervised by an adult.
11. The maximum weight capacity for this product is 240 lbs./110 kg. DO NOT EXCEED MAXIMUM WEIGHT CAPACITY.
12. Keep the lubricating oil out of reach of children. If accidentally ingested or gets into the eyes, rinse with clean water and seek medical attention immediately.
13. Do not use the treadmill if the outer casing is cracked, broken, or has exposed internal structure, or if the welding part is cracked.

POWER SUPPLY PRECAUTIONS

1. Use US:110-120V~ 50-60Hz power supply.
2. To ensure safe operation, the power plug must be securely grounded, and the socket should be dedicated exclusively to the treadmill, avoiding the use of shared circuits with other electrical equipment.
3. Directly plug the power cord firmly into the socket.
4. To avoid potential hazards, use only a qualified socket for the treadmill. If the plug does not match the socket, do not attempt to use the plug, and instead seek the assistance of a qualified electrician to handle the issue.
5. To prevent any safety hazards, avoid letting the power cord encounter the rollers, and refrain from placing the power supply on the walking belt. In addition, do not use any damaged plugs during operation.
6. For your safety, never pull out or insert the power plug with wet hands.
7. To ensure your safety during cleaning and maintenance, always unplug the power cord from the socket before proceeding.
8. Before using the treadmill, perform a quick check to make sure that it is functioning properly. If everything seems to be in order, you may proceed with using the treadmill. However, if you notice any issues or abnormalities, do not use the treadmill, and contact our Customer Service Department for assistance immediately.

POWER SUPPLY PRECAUTIONS

9. To ensure your safety during exercise, attach the safety clip to your clothing before beginning your workout. This will enable you to stop the treadmill quickly and easily in case of an emergency by pulling the safety key from the console.
10. To ensure a safe exercise environment, make sure that there is a vacant area measuring 2000*1000 mm behind the treadmill, free of any obstacles, before beginning your workout.
11. If you notice any abnormalities during your workout, immediately grab onto the handrail and pull yourself up to keep your feet off the walking belt. Then, carefully jump out of the treadmill to avoid any potential hazards.
12. If you experience dizziness, chest pain, nausea, or shortness of breath during exercise, stop exercising immediately and seek advice from a fitness coach or physician. Continuing to exercise under such circumstances could be dangerous to your health.
13. To ensure safe and optimal operation, refrain from using this product outdoors or in environments with high humidity or direct sunlight. Such conditions could damage the product and pose potential safety hazards.
14. Power off and unplug the treadmill when you are finished using it and before leaving the area.

PRECAUTIONS FOR INSTALLATION

1. Read carefully and follow the instructions provided below before installation.
2. Take out all parts from the package and separately place them on a clean ground for your thorough check of all parts and easy installation.
3. Before beginning installation, carefully check that all parts are present and accounted for, in accordance with the packing list provided.
4. When using tools or handling the product, exercise caution and follow the instructions provided. Avoid exerting excessive force or attempting to install the product in a manner that deviates from the instructions. Doing so could result in damage to the product, personal injury, or other safety hazards.
5. Before discarding any tools or packaging materials, be sure to check that they do not pose any potential safety hazards. Specifically, be mindful of plastic and foam materials, which could be harmful to children if left within their reach. Properly dispose of any potentially hazardous materials in accordance with local regulations.

PRECAUTIONS FOR INSTALLATION

6. Carefully read and follow the steps and instructions provided in the manual before beginning installation. Proper installation is crucial for the safe and effective use of the product.

7. This product must be installed by a responsible adult. If you are unsure of your ability to properly install the product, or if you encounter any difficulties during the installation process, we recommend seeking the assistance of our service team to ensure safe and correct installation.



Warning: Install the product properly and do not damage it.

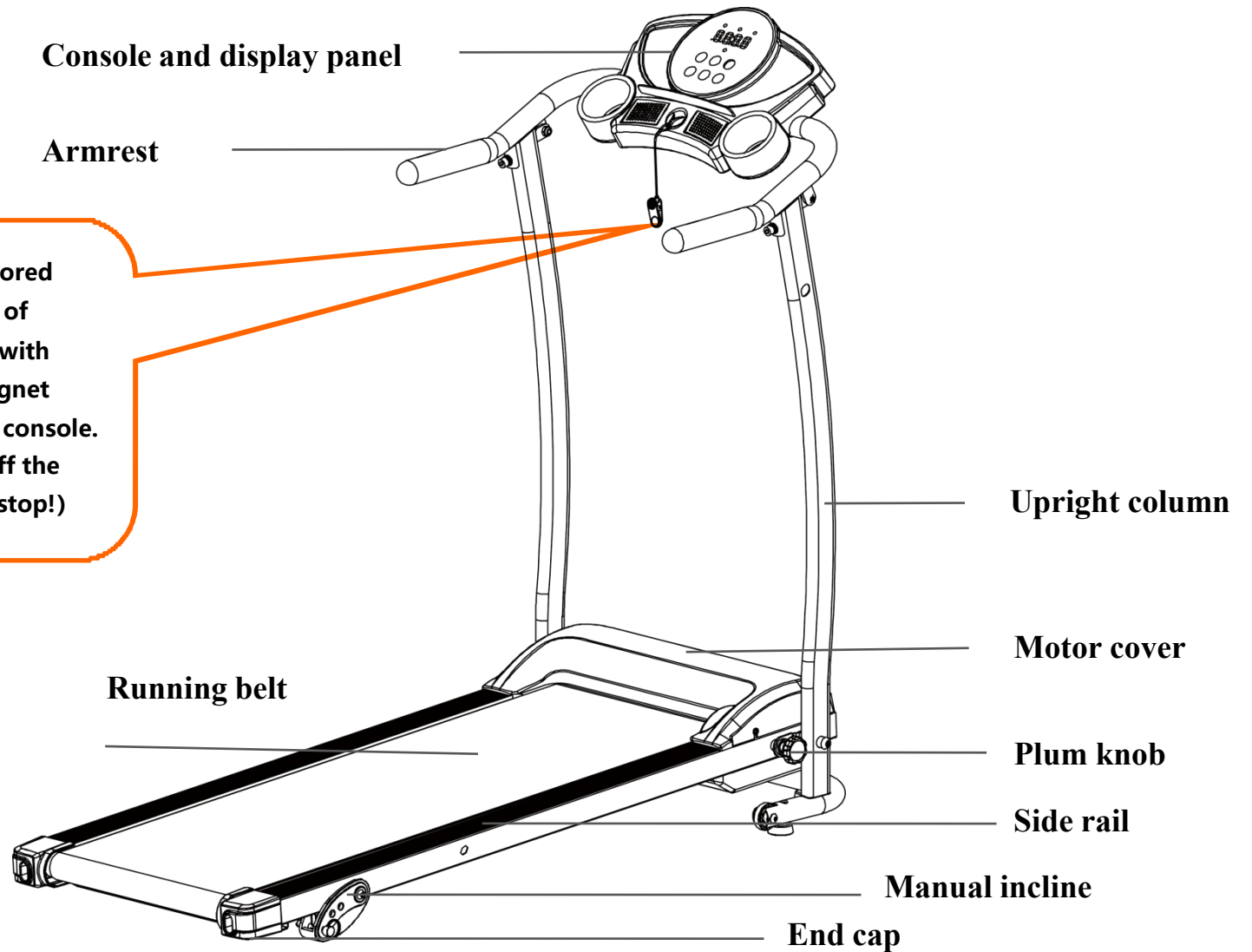
IMPORTANT:

Please read all instructions carefully before using this product and retain this user manual for future reference. Please note that the specifications of this product may vary from the photo provided and are subject to change without notice.

MAIN PARAMETERS AND PACKING LIST

Main parameters and Packing List							
No.	Parameters Names	Description		No.	Parameters Names	Description	
1	Rated Voltage	110-120V		5	Tread-belt Area	39.4 x 14 inch	
2	Rated Frequency	50-60Hz		6	Max User Weight	240Lbs./110 kg	
3	Motor Power	3.0HP		7	Product Size	51.2 x 23 x 44.3 inch	
4	Speed	0.5-6.0mph		8	Function	Running	
Packing list							
No.	Name	Units	Qty	No.	Name	Units	Qty
1	Treadmill Model G3530	set	1	2	Accessory Bag	set	1
Accessories Bag							
No.	Name	Units	Qty	No.	Name	Units	Qty
1	Inner hexagon spanner 5mm	pcs	1	5	Lubricating oil	pcs	1
2	Inner hexagon spanner 6mm	pcs	1	6	Safety key	pcs	1
3	Screw M8*25	pcs	2	7	User manual	pcs	1
4	Plum knob	pcs	1				

PRODUCT OVERVIEW

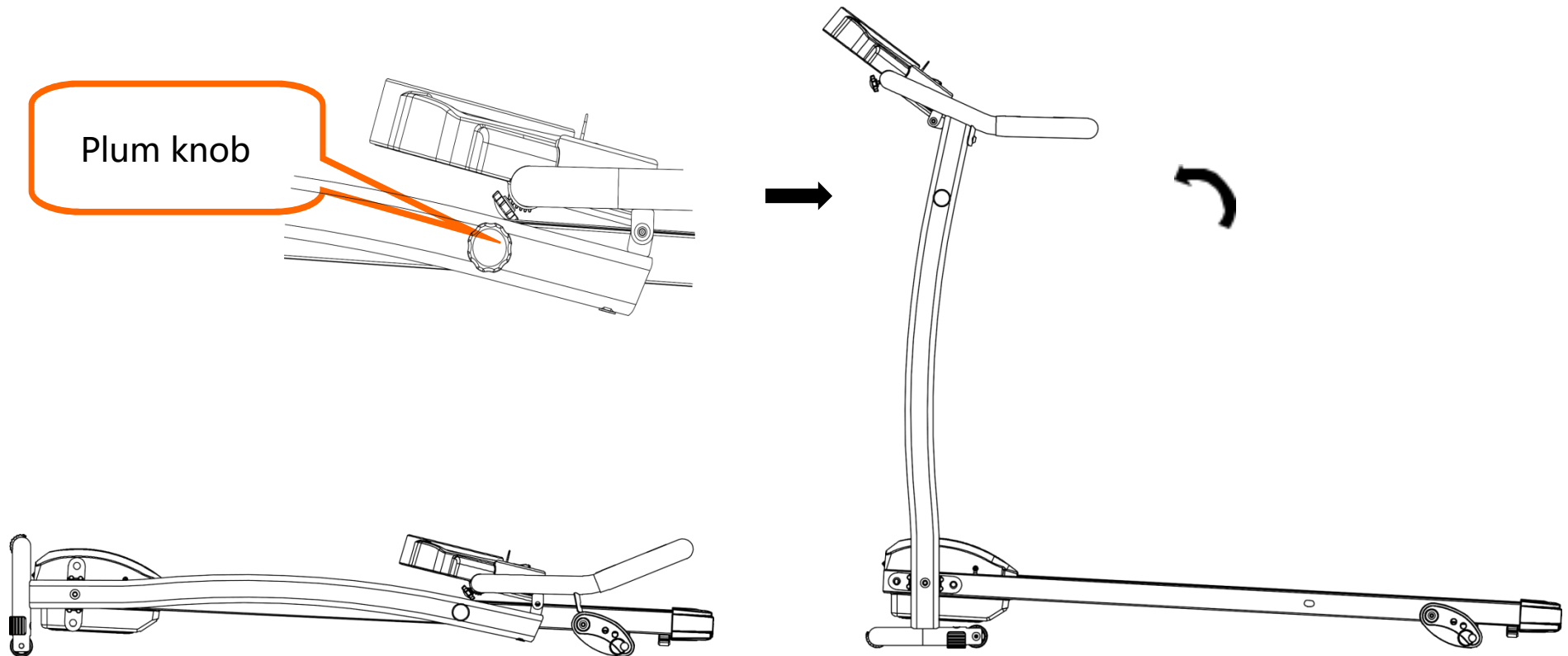


Important Note: The safety clip is colored in red and is placed in the plastic bag of the instruction manual. It is a device with a magnet and a red cord. Put the magnet on the **yellow labeled area** of the console. (When running the treadmill, pull off the safety clip, the treadmill emergency stop!)

INSTALLATION INSTRUCTIONS

When installing, simply fix all screws first, then tighten the screws when the installation of the frame is done.

1. Put the machine flat on the ground. Then remove the Plum knob as shown in the picture below. Then stand the upright column with the direction shown in the picture below.

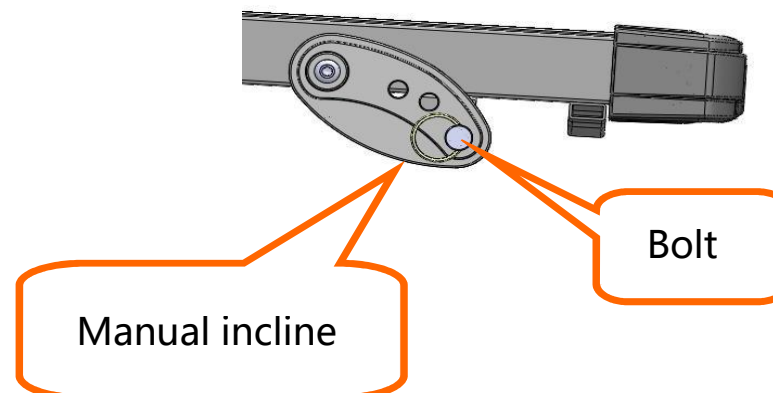
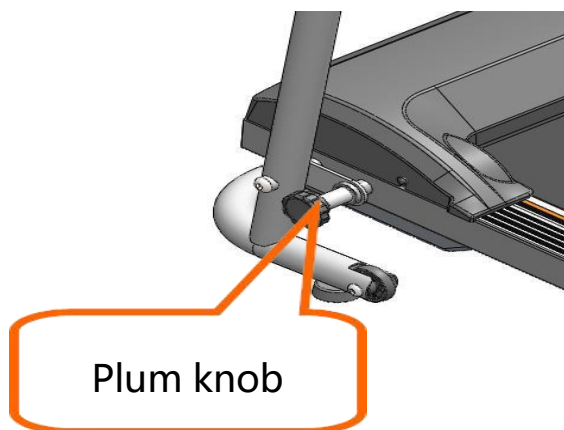


INSTALLATION INSTRUCTIONS

2. Use screws M8*25 with 6# inner hexagon wrench to fix the console onto the upright column (one screw on each side).



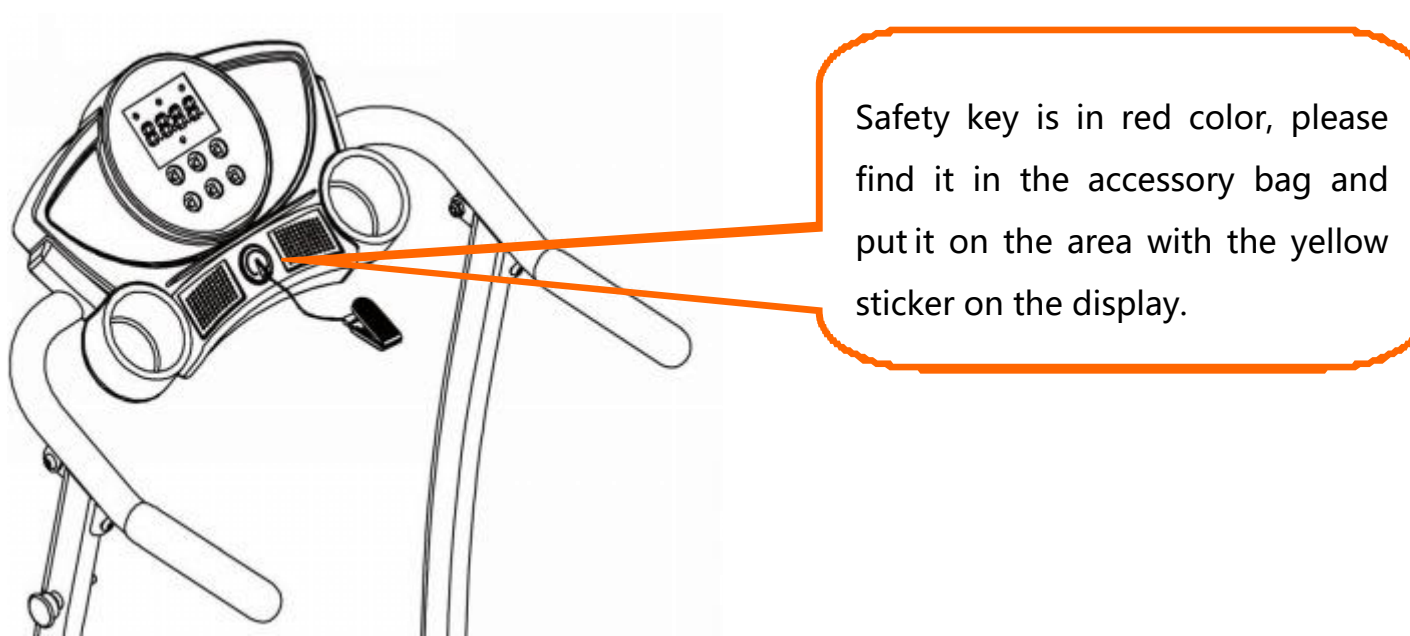
8. Fix and tighten the upright column and the main frame with the plum knob (Rotate the knob clockwise to tighten and counterclockwise to loosen). Insert the bolt into the 3 holes at the end to achieve the 3 levels manual incline (Please note that the bolts on the left and right sides need to be inserted into the same set of holes at the same time).



INSTALLATION INSTRUCTIONS

9.Put the safety key on the picture showing yellow area, then press the start button to start the treadmill.

(Note: The treadmill can only start when the safety key is put on the yellow area on the console.)

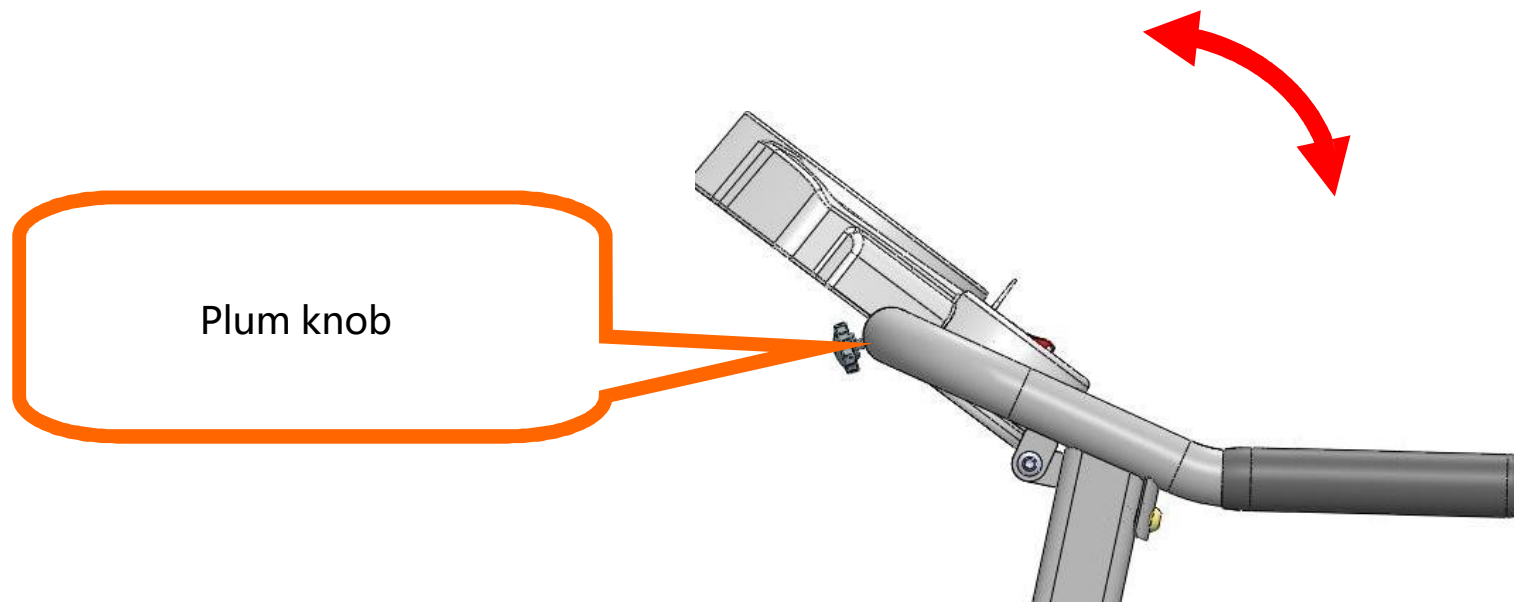


NOTE: Please confirm that all screws are locked uniformly according to the requirements after installation, and check no part is left out before plugging electricity.

ADJUSTMENT & FOLDING INSTRUCTIONS

Angle Adjustment of the Console

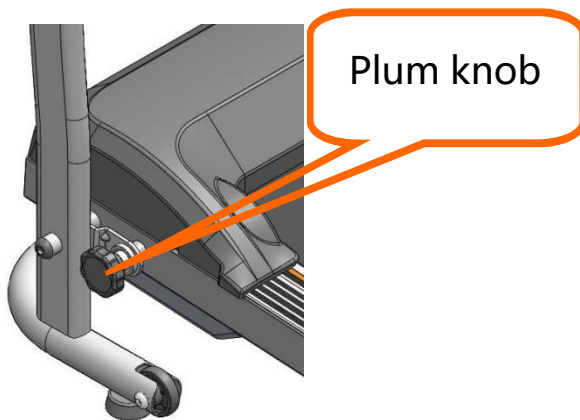
Angle of the console can be adjusted. After adjusting the angle, please tighten the plum knob at the back of the console as showed in the picture below.



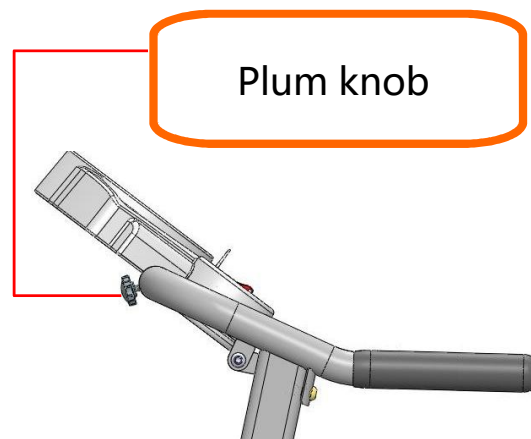
ADJUSTMENT & FOLDING INSTRUCTIONS

Folding instructions

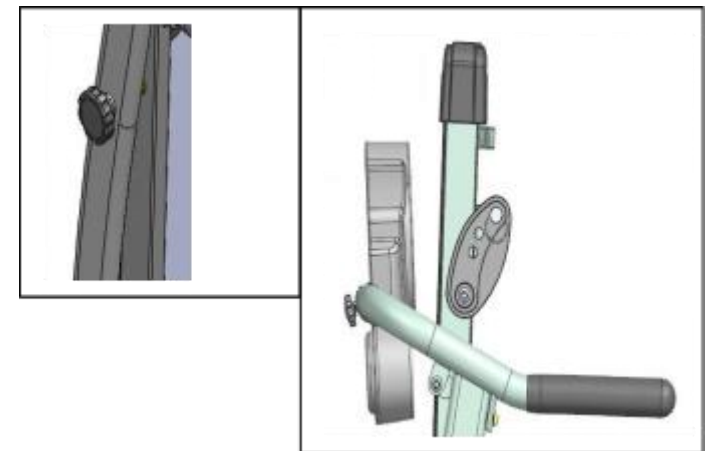
1. Remove the plum knob. (Figure 1)
2. Loosen the plum knob on the console and turn the console clockwise for around 45 degrees. (Figure 2)
3. Lift the running deck and use the plum knob to fix it onto the upright column. (Figure 3)
4. After folding, place it against the wall, otherwise it is easy to fall.



(Figure 1)



(Figure 2)

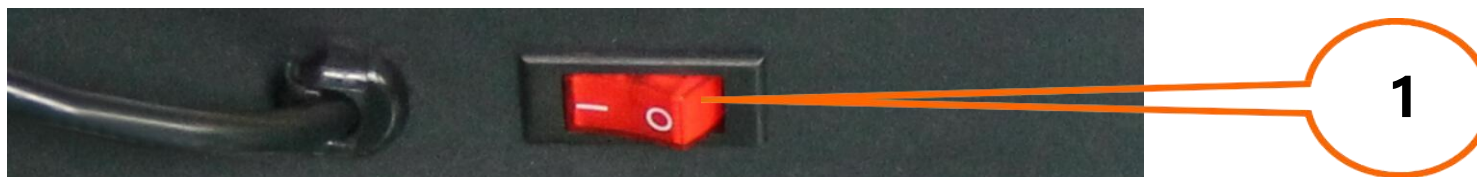


(Figure 3)

USING INSTRUCTIONS

1. Using treadmill

Insert the power plug properly and turn on the switch(in red color) (1). When the light is on, you will hear a beep sound, and then the screen will light up.



2. Safety key Introduction

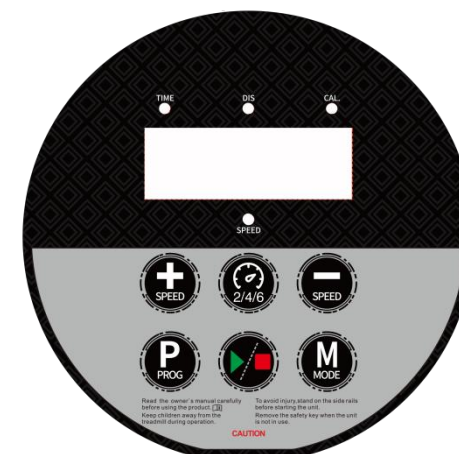
The treadmill can only start when the safety key is put on the yellow area of the console. Clip the safety key on clothes when using the treadmill to avoid accidents. Put the safety key back when continue using the treadmill.

3. Console Button instructions

Start: When the treadmill is in standby condition, press Start/Stop to start the treadmill

Stop: When the treadmill is running, press Start/Stop to stop the treadmill.

All the data will be cleared and the treadmill goes to manual mode.



USING INSTRUCTIONS

Program: In standby mode, press Program can cycle the options from manual mode to automatic programs. Manual mode is the system defaulting running mode.

Mode: In standby mode, press Mode can cycle the options of 3 different countdown running modes: time countdown running mode, distance countdown running mode and calorie countdown running mode. When choosing any mode, speed adjusting buttons can be used to set the values. Press Start/Stop to start the treadmill after setting the value.

Speed + -: When the treadmill is running, these buttons can be used to adjust the speed of the treadmill.

Speed shortcut button: When the treadmill is running, press this button to change the speed into 2.0mph, 4.0mph, and 6.0mph

4. Display Function

Speed display: Display the current running speed value.

Time display: Display the time of manual mode and the countdown time under automatic modes and programs.

Distance display: Display cumulative distance under manual mode and programs. Display the distance countdown in automatic mode.

Calorie display: Display cumulative calorie under manual mode and programs. Display the calorie countdown in automatic mode.

AUTOMATIC PROGRAM

For example, if you select Program P1 and set the workout time to 20 minutes.

In that case, the treadmill will run at 1.9 mph for the first 2 minutes (20 min/10 = 2 min), 1.9 mph for the second 2 minutes, 3.8 mph for the third 2 minutes, and so on.

Time Programs		Set time / 10 = running time of each period									
		1	2	3	4	5	6	7	8	9	10
P1	SPEED	1.9	1.9	3.8	3.1	3.1	2.5	2.5	2.5	2.5	1.9
P2	SPEED	1.9	1.9	2.5	2.5	3.1	3.1	3.1	3.8	3.8	2.5
P3	SPEED	1.3	2.5	3.8	5.0	4.4	5.0	3.8	1.3	1.9	1.3
P4	SPEED	1.9	1.9	3.1	3.8	4.4	3.8	3.1	2.5	1.9	1.9
P5	SPEED	1.9	3.8	3.8	3.8	5.0	4.4	4.4	3.1	3.1	2.5
P6	SPEED	1.3	3.8	3.1	2.5	5.0	4.4	3.1	1.9	1.9	1.3
P7	SPEED	1.3	5.6	5.6	4.4	4.4	3.8	3.1	1.9	1.3	1.3
P8	SPEED	1.3	2.5	2.5	2.5	3.1	3.8	5.0	5.0	3.8	1.3
P9	SPEED	1.3	2.5	3.1	3.1	3.8	3.1	3.8	1.9	1.9	1.3
P10	SPEED	1.3	3.1	4.4	3.1	5.0	3.8	3.1	1.3	2.5	1.9
P11	SPEED	1.3	3.1	3.8	4.4	5.0	5.6	6.0	3.1	1.9	1.3
P12	SPEED	1.3	1.9	3.1	3.8	5.0	3.8	5.6	3.8	3.1	1.9

ERROR CODE

Error code	Description	Solution
E1	Communication Abnormal	Possible Cause: The communication between the lower controller and console is blocked, check each joints between the controller and console, ensure that each core is fully plugged in. Check the the connection line, replace it if it' s damaged.
E2	No signal from motor	Possible Cause: Check the motor cable to see whether it is connected well or not, if not,connect the motor wire again.Check the motor cable to see whether it is damaged or has a burnt smell, if yes, replace the motor.Check the speed sensor to see whether it is correctly installed ordamaged
E5	Over current protection	Possible Cause: Overloading leads to excessive current, and the system stops out of self-protection, or some part is stuck, causing the motor to stop. Adjust the treadmill and restart it. Check if there is liquid or burnt smell while the motor is running, if yes, replace the motor; check if the controller has a burned smell, if yes, replace the controller; check the power supply voltage, if it does not match the specifications, change into correct voltage and test the machine again.
E6	Explosion-proof impact protection	Possible Cause: Check if the power supply voltage is 50% lower than normal voltage , use the correct voltage and test the machine again ; check if the controller has a burnt smell and replace the controller; Check if the motor cable is connected and connect the motor wire again.
E7	No safety key	Put the safety key on the right place.

MAINTENANCE

Tips: We recommend opening the motor cover and vacuuming the motor at least twice a year to help prolong the lifespan of your treadmill, it is also important to clean the exposed sides of the belt regularly to reduce debris buildup under the walking belt. Please make sure your exercise shoes are clean and free of debris to prevent damage to the treadmill's belt and deck. Use a damp cloth with soap to clean the surface of the walking belt but be careful not to splash water onto the electrical components or underneath the walking belt. Comprehensive cleaning can help extend the lifespan of your treadmill. **If you have any doubts or uncertainties, please do not hesitate to contact our customer service at any time.**

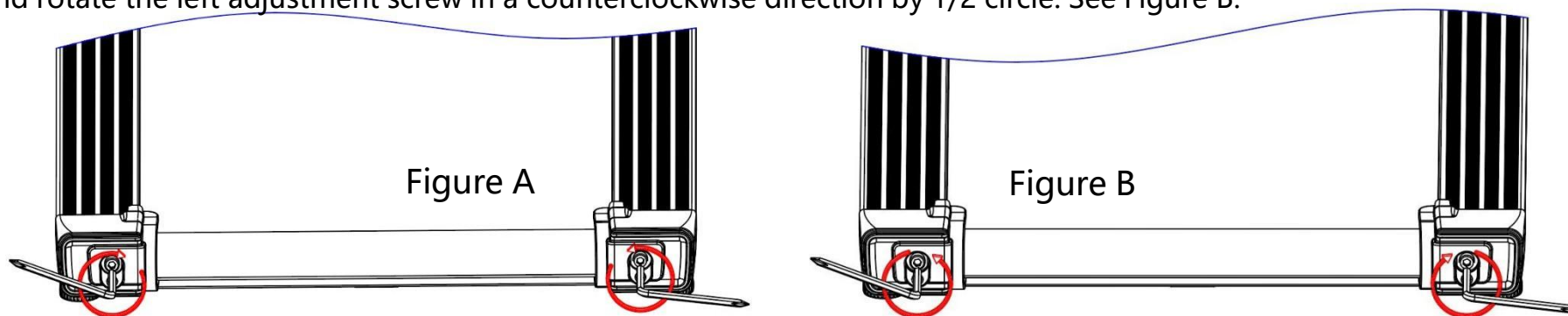
(**Warning:** Unplug the power cord before cleaning, maintaining, or moving the treadmill.)

Walking Belt Adjustment Method for Deviation:

Place the treadmill on a flat surface and set it to run at a speed of 3.5-5 mph.

If the walking belt deviates to the left, rotate the left adjustment screw in a clockwise direction by 1/2 circle, and rotate the right adjustment screw in a counterclockwise direction by 1/2 circle. See Figure A.

If the walking belt deviates to the right, rotate the right adjustment screw in a clockwise direction by 1/2 circle, and rotate the left adjustment screw in a counterclockwise direction by 1/2 circle. See Figure B.



MAINTENANCE

Adjusting a Slipping walking Belt:

After using a treadmill for a long time, the walking belt or multi-wedge belt (The belt that connect the motor and the front roller) may become loose due to slight wear or stretching. In this case, it is necessary to make appropriate adjustments for safe use.

How to judge:

During normal running exercise, if you feel occasional pauses in the walking belt when your foot lands on the walking board, it indicates that the walking belt or multi-wedge belt is somewhat loose, and further confirmation is necessary.

(If you experience occasional pauses of the walking-belt while running on the treadmill, it may indicate that the walking-belt or multi-wedge belt is slightly loose. Further inspection is necessary to confirm the cause of the issue. Please refer to the following section of this user manual for guidance on how to check and adjust the tension of the walking-belt and multi-wedge belt.)

Adjustment Steps:

1. Use a cross screwdriver to remove the motor cover screw and let the treadmill run at a speed of 1 km/h.
2. Stand on the walking belt, hold the side handrail tightly with both hands, and slightly press down on the walking belt with your feet.
3. Observe the tightness of the walking belt and multi-wedge belt.
 - A. If you notice that the instant pressing force causes the walking belt to stop turning while the multi-wedge belt and front roller are still turning, it indicates that the walking belt is somewhat loose and must be adjusted appropriately for safe use.
 - B. If you notice that the instant pressing force causes the walking belt and multi-wedge belt to stop turning while the motor is still turning, it indicates that the multi-wedge belt is somewhat loose and must be adjusted appropriately for safe use.
 - C. If the instant pressing force cannot stop the walking belt from turning, it indicates that the tightness of the walking belt and multi-wedge belt is appropriate.

MAINTENANCE

4. Turn off the power of the treadmill or let the treadmill stop running, use an L-shaped hex wrench (6mm) to adjust the screw on the motor base according to the situation. Gently flip the multi-wedge belt between the motor shaft and front roller by hand; (If the multi-wedge belt can be flipped 100%, it is too loose; if it can be flipped 50%, it is more appropriate.)
5. lock the motor base, install the motor cover, and use a cross screwdriver to fix and lock the screws removed from the motor cover.

Walking Belt with Non-Oiling Feature

This treadmill is pre-lubricated when it leaves the factory, which eliminating the need for manual lubrication. This feature is designed to extend the lifespan of the treadmill and improve its performance.

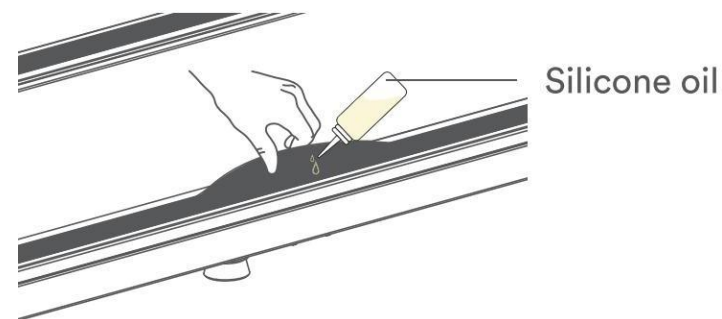
Adding Lubricating Oil to Treadmill:

Friction between the walking belt and walking board has a significant impact on the lifespan and performance of an electric treadmill, therefore it is necessary to regularly add lubricating oil. **Light users (less than 3 hours per week) should add oil every 10 months, while heavy users (more than 7 hours per week) should add oil every 5 months.**

How to add lubricating oil:

Lift the walking belt upwards.

Open the lubricating oil bottle and squeeze the oil onto the walking board, as shown in the figure on the right.



MAINTENANCE

Tips for Extending Treadmill Lifespan:

To maintain and extend the lifespan of your treadmill, it is recommended to let the treadmill rest for 10 minutes after continuous use of 1 hour.

Ensure the walking belt is appropriately tight to avoid slipping during use and reduce wear on the motor, roller, and walking belt.

Maintenance Tips for Treadmill:

Treadmills are sports equipment that require proper maintenance and care. The following maintenance suggestions are recommended:

- 1. Regularly check for wear and damage to components such as the motor, controller, power cord, and walking belt.**

After maintenance or professional repair, the equipment is safe for use.

- 2. Immediately replace any defective parts or repair the equipment if it is idle (such as the power cord).**
- 3. Pay special attention to the components that are most prone to wear (such as the walking belt).**

EXERCISE RECOMMENDATIONS AND GUIDELINES

Warm-up and Cool-down Exercises

A successful workout plan includes warm-up, aerobic, and cool-down exercises. Warm-up exercises are crucial and must be done before each workout to warm up the body, stretch the muscles, and adapt to higher intensity exercises. Repeating warm-up exercises at the end of the workout can relieve muscle soreness. Please follow the illustrated warm-up and cool-down exercises below.

Head movement: Stretch head to the right shoulder, then left shoulder; rotate clockwise and then counterclockwise.

Shoulder exercise: Lift left shoulder and rotate backward, then repeat with the right shoulder.

Stretching exercise: Grab right wrist with left hand and pull upwards, then switch to left wrist.

Quadriceps stretching: Stand with right hand against wall, lift left foot towards buttocks and hold for 15 seconds. Then switch to the other foot.

Inner thigh stretching: Sit with feet soles together and pull towards body; press down on heels and hold for 15 seconds.

Achilles tendon stretching: Sit and push left foot inward towards body, then switch to right foot.

Calf stretching: Stand with hands against wall and lift each foot backward alternately.



WARRANTY

MANUFACTURER'S LIMITED WARRANTY

YUEJIQI warrants to the original purchaser that this product is free from defects in material and workmanship when used for the purpose intended, under the conditions that it has been installed and operated in accordance with YUEJIQI user Manual. YUEJIQI's obligation under this warranty applies to the following:

COMPONENT LENGTH OF WARRANTY

Structural Frame 1 year For Home Use Only All Other Components 90 days For Home Use Only

EXCLUSIONS FROM WARRANTY COVERAGE:

YUEJIQI does not warrant against and is not responsible for, and no implied warranty shall be deemed to cover, any product failure, product malfunction, or damages attributable to:

1. Improper installation and/or failure to abide by YUEJIQI's installation guidelines.
2. Use of this product beyond normal home use, or in an application for which it was not designed.
3. Cosmetic items such as scratches, dents, or discolorations
4. Damage caused by normal wear and tear, vandalism, accidental or by animals.

WARRANTY

5. Any act of Nature (such as fire, flooding, snow, ice, hurricane, earthquake, lightning, or other natural disaster), environmental condition (such as air pollution, mold, mildew, etc.), or staining from foreign substances (such as dirt, grease, oil, etc.).
6. Normal weathering due to exposure to sunlight, weather and atmosphere which can cause colored surfaces to among other things, flake, chalk, accumulate dirt or stains.
7. Improper operation, alteration, handling, storage, abuse, or neglect of the products.

YUEJIQI using its sole discretion, will either repair or replace free of charge any part(s) proven to be defective under normal home use, any repair or replacement shall provide no new warranty coverage, but shall retain only the remaining portion of the original product's warranty. This warranty is offered only to the original purchaser and is not transferable. Proof of original purchase is required.

When ordering replacement parts please have the following information ready:

1. Order Number 2. Description of Parts (Add photos or videos would be helpful) 3. Part Number 4. Date of Purchase