smoovii



/smoovii

@smooviiblend

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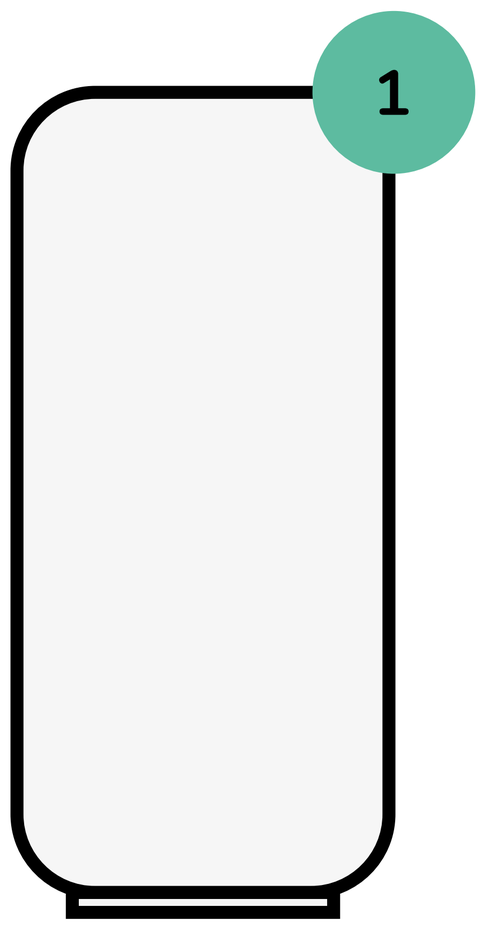
smoovii.com

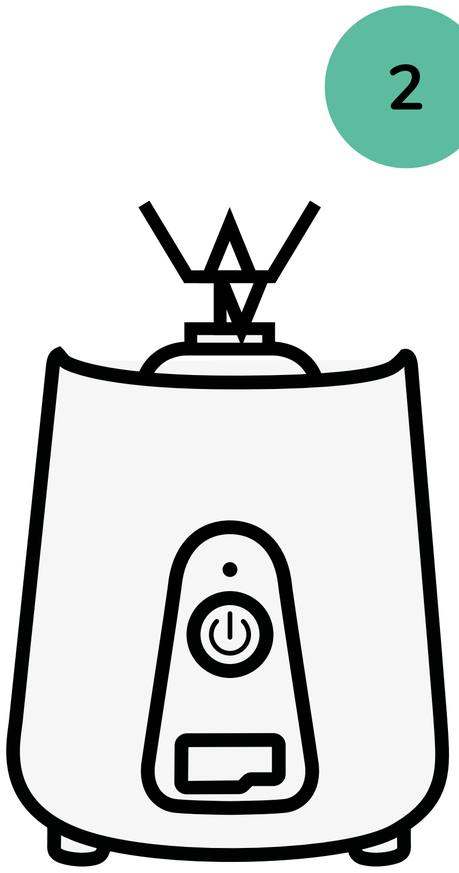
contents

Title	Page
Important information about your smoovii 2	1
How to use your smoovii 2	2
Safety tips	3
Recipes	4

smoovii 2 portable blender

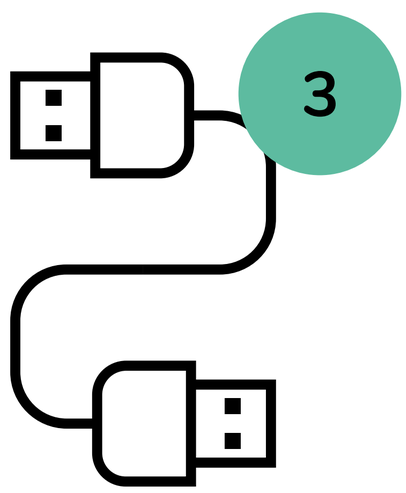
Thank you so much for choosing us and welcome to the smoovii community!

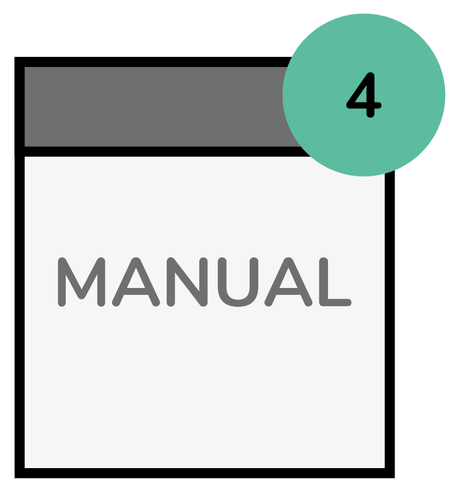




Here is some important information about your new smoovii 2:

Power	150W
Motor Operation Voltage	DC 7.4V
Motor Operation Current	15-20A
Lithium Battery	2000 mAh x 2
Motor Rotation	20,000-22,000 RPM
Cup Capacity	500 ml
Cup Material	Food-grade borosilicate glass
Base Material	Environmental friendly, non-toxic ABS
Blades	304 Stainless Steel





This box includes:

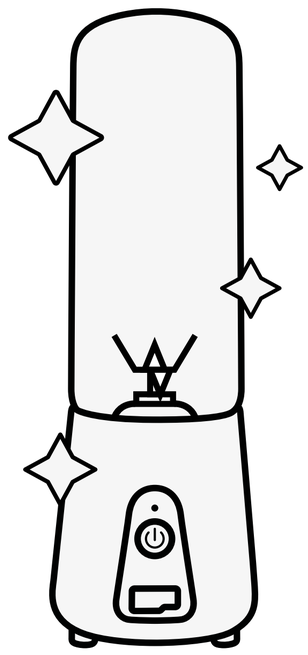
1 1x glass cup
2 1x base
3 1x charging cable
4 1x manual
5 1 year warranty



If you have any questions about your smoovii please feel free to contact our friendly support team at support@smoovii.com.

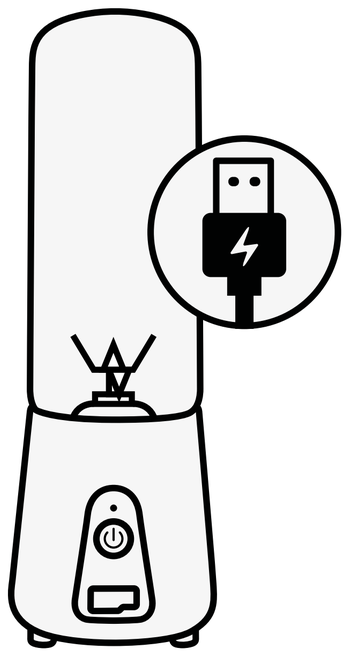
how to use your smoovii 2

1



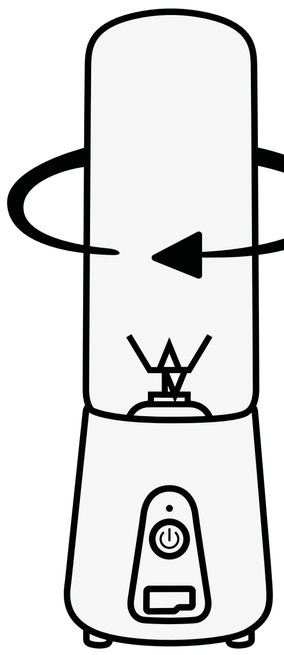
Before first use, clean thoroughly. Avoid submerging the base in water, it is **not suitable** for dishwashers. The glass cup however is suitable for dishwashers.

2



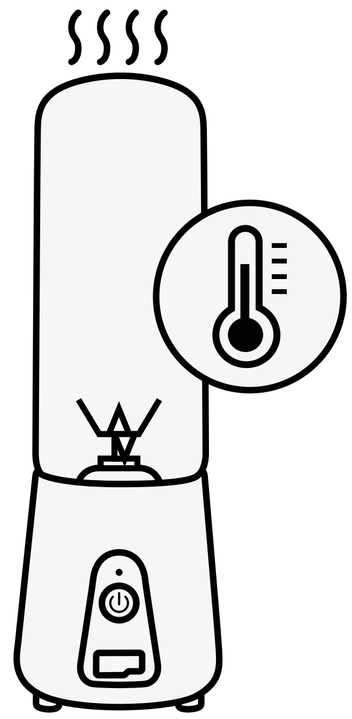
Charge fully by connecting the USB cable to a plug, computer, power bank or any device with a USB port. The indicator displays red when charging, it turns blue once the battery is fully charged. The smoovii 2 won't work while charging for safety reasons.

3



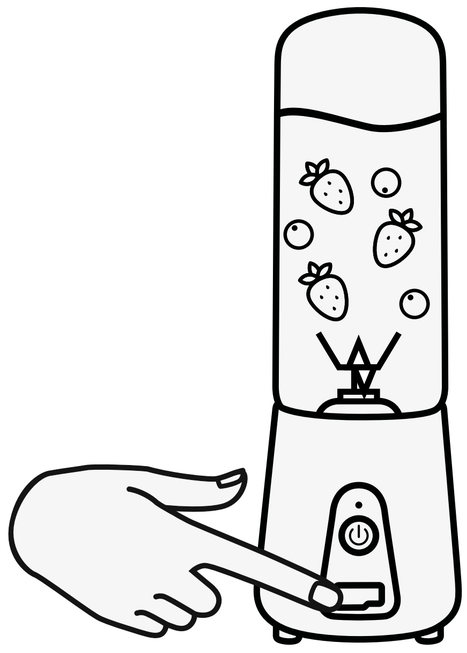
After washing, screw the cup on the base tightly and the blue light will flicker, this indicates your smoovii 2 is ready to use. If the cup is not screwed on correctly, the light will flash red and blue.

4



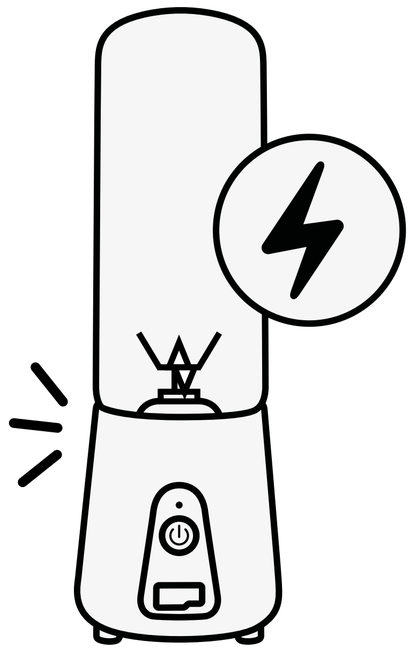
Do not use continuously to avoid overheating and damage to the product motor. The smoovii 2 will automatically turn off after 15-20 seconds.

5



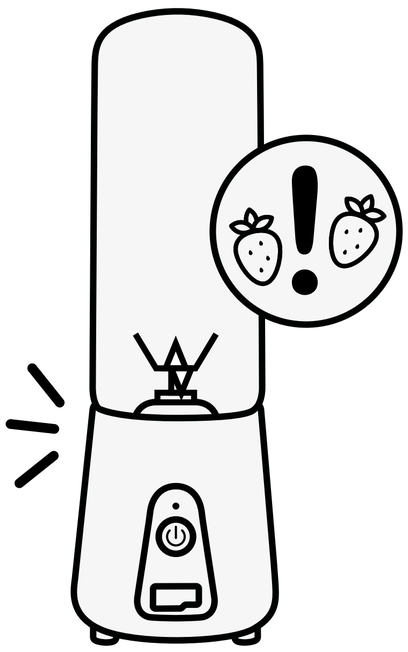
To make the perfect smoothie, put small pieces of fruit, berries, nuts and other ingredients, then add water or some other liquid. Leave at least 2cm from the top, it will make blending easier. Double click the power button to start and press once to stop. Once finished, turn the smoovii 2 upside down and simply unscrew the base.

6



A full charge will give you 18-20 smoothies or protein shakes. The red light means the smoovii 2 battery is low and needs charging.

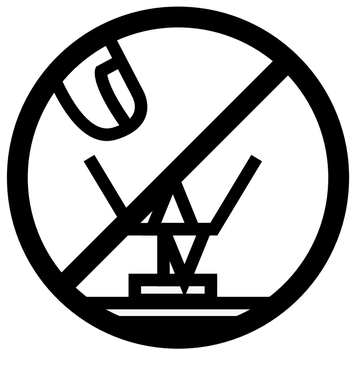
7



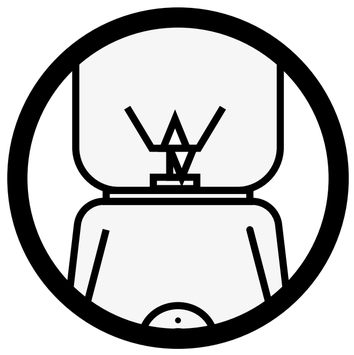
A flickering red light means the motor is blocked. Unscrew the cup and remove any big chunks of food and hard ingredients, then screw the cup back onto the base and press the button to restart blending. Alternatively, turn the smoovii 2 upside down and shake a little bit to free the blades.

safety tips

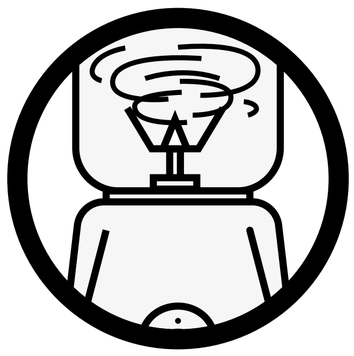
Never touch the blades and press the button simultaneously.



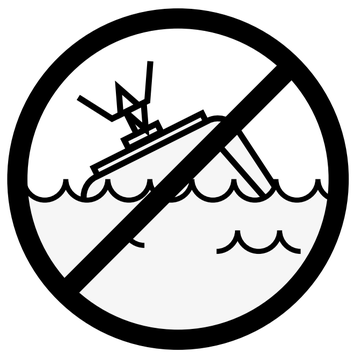
The smoovii 2 will not start unless the cup is screwed on tightly.



Do not unscrew the cup while the smoovii 2 is turned on.



When cleaning, do not submerge the base into water to avoid damage to electronical components.



Do not blend hot liquids, it may cause damage to the base, although the cup is suitable for hot drinks.



We believe that breakfast should be easy, quick and nutritious. Here are our favourite recipes to keep you healthy and happy.

1 Minute smoovii's



Banana hero
- 1 banana
- 1 tbsp oats
- Milk
- Honey (optional)



Green Goddess
- 2 handfuls of spinach
- Handful of strawberries
- Yoghurt/ water
- Honey (optional)
- Avocado (optional)



Super-shake
- Handful of blueberries
- 1 banana
- Chia seeds
- 2 pinches of cinnamon
- Yoghurt /milk
- Honey (optional)



Sunrise
- Carrot juice
- Pineapple chunks from a can or frozen
- 1 banana
- 2 slices of ginger
- Cashew nuts



Great Grains
- Vanilla flavoured protein powVder
- Half an apple
- Handful of spinach
- Almonds
- 1 tbsp oats
- Milk/water/yoghurt



ChocoLove
- Cocoa powder
- 1 tbsp peanut butter
- Chocolate whey protein powder
- 1 tbsp oats
- Water



Blue Bomb
- Ground flaxseed
- Handful of blueberries
- Honey (optional)
- Almonds
- 2 tbsp cottage cheese
- Milk



Kiwi Paradise
- 2 Kiwis peeled
- Half a mango, peeled and seeded
- Banana
- Pineapple juice

1 Minute smoovii's



Kale Detox

- 2 handfuls of kale
- Avocado
- Lime juice
- Ginger
- Frozen Pineapple chunks
- Cashew nuts
- Half a banana



Red Mad Detox

- 1 slice of watermelon, pips removed
- Handful of strawberries
- Half a banana
- Pomegranate juice



Blackberry Breakie

- 1 scoop protein powder of your choice
- 1 banana
- Handful of blackberries
- Milk



Caramel Apple Overnight * Smoothie

- Half cup oats
- 1 tbsp chia seeds
- 1 tsp ground cinnamon
- 1 medium apple peeled and cored
- 2 medjool dates pitted
- Milk

**Blend all the ingredients the night before and put the mixture in the fridge, in the morning check the consistency, add more milk if too thick and blend again.*

Thank you for choosing smoovii!

Get smoothie ideas and share photos of your favourite shakes with the community. We can't wait to see what you make!

@smooviiblend

#smoovii #lovesmoovii #smooviiselfie #smooviirecipes

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