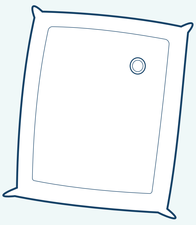
HOW TO FILL YOUR MEDIFLOW WATER PILLOW:

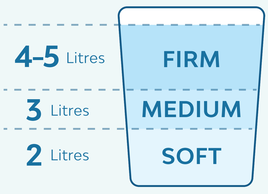
PREPARATIONS



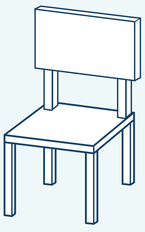
YOUR MEDIFLOW WATER PILLOW



FUNNEL / WRENCH TOOL



① ② YOUR CHOSEN AMOUNT OF WATER

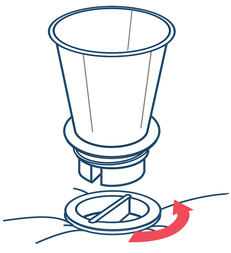


STABLE UPRIGHT SUPPORT

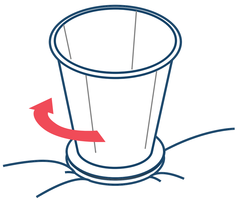
VERY IMPORTANT

1. Use cold or lukewarm tap water. Do not exceed 100°F or 38°C.
2. Max capacity: 5.5 litres.
3. If the pillow exterior gets wet, do not use until the pillow is completely dry. Usage of a wet/damp pillow can lead to a buildup of mildew/mold.

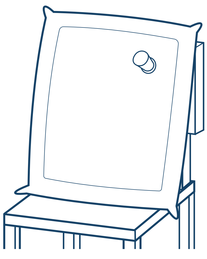
1 ADD WATER



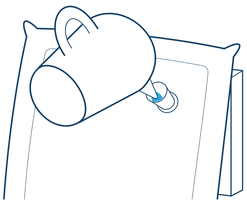
REMOVE THE CAP



SCREW THE FUNNEL BACK ONTO THE PILLOW

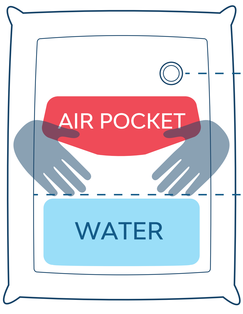


PLACE YOUR PILLOW UPRIGHT AND STEADY



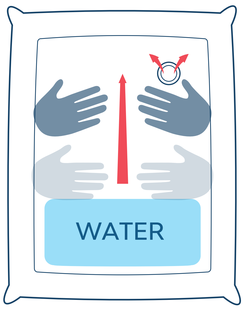
③ FILL CHOSEN AMOUNT OF WATER THROUGH FUNNEL

2 REMOVE AIR TO PREVENT SLOSHING



REMOVE FUNNEL

FIND THE WATER LEVEL USING FINGERS

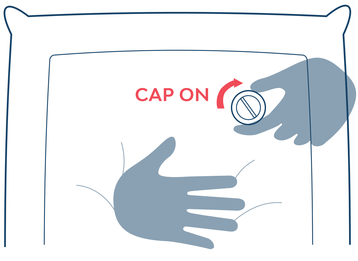


GENTLY FLATTEN THE WATER BAG ABOVE THE WATER LEVEL

IN A SWEEPING MOTION, PUSH THE AIR OUT THROUGH THE SPOUT

REPEAT UNTIL ALL AIR IS REMOVED

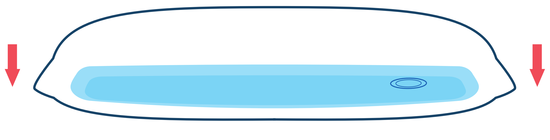
3 READY FOR USE



TIGHTEN CAP USING THE FUNNEL/WRENCH

CONTINUE APPLYING PRESSURE WITH ONE HAND UNTIL THE CAP IS SECURELY REATTACHED

SLEEP ON PILLOW FILL SIDE



WATERBASE ON BOTTOM SIDE

READY FOR A GOOD NIGHT'S SLEEP

Warning from the FDA and the CPSC: Never put pillows under a baby or in a crib.

CARE INSTRUCTIONS

- Change water in pillow once a year.
- Empty the water from the pillow before washing. Remove foam core from zippered cover. Do not wash foam core. Keep the cap on during the wash.
- Machine wash cover only on delicate cycle, warm water.
- Hang to dry.
- Do not iron.
- Do not dry clean.
- Do not bleach.