ECHELON® STRIDE

AUTO-FOLD TREADMILL









THE STRIDE AUTO-FOLD TREADMILL LETS YOU REACH YOUR RUNNING GOALS WITHOUT LEAVING YOUR HOME WITH OUR LIVE AND ON-DEMAND CLASSES.

FEATURES

Folds to just 10 Inches! Uses Patented Auto-Fold Feature with Built-In Transport Wheels that Provide Horizontal and Vertical Portability and Easy Storage

Bluetooth® Connectivity to Echelon United App with Live and On-Demand Treadmill Classes

Integrated Handlebar Heart Rate Sensors Displays in Classes and Display Panel

USB Charging Port

Live & On-Demand Classes with Certified Instructors on the Echelon Fit™ App

Running Deck Size: 20" × 55"

Built-In Steel Handle for Portability

Max Speed of 12 MPH and Max Incline of 10%

Generous Side Steps for Convenient Step-Off

Safety Stop Lanyard

ONE SUBSCRIPTION

THOUSANDS OF CLASSES

LIVE & ON-DEMAND CLASSES

Connected Fitness with Live and On-Demand Classes. We Coach On and Off the Treadmill.

COMPACT & PORTABLE

Ultra Compact and Portable Treadmill that is Space Efficient yet Durable for Running.

ECHELON FIT™ APP

JOIN THE ECHELON® EXPERIENCE

ANY iOS/ANDROID DEVICE

Connect and ride with any Apple or Android™ device with the Echelon Fit™ app. Just download, sign up, and choose your plan.

FITNESS TRACKING

Use with the Echelon Connect™ to track your progress by classes, distance ridden, and heart rate (monitor sold separately).

LIVE /ON-DEMAND CLASSES

Enjoy live streaming and on-demand classes all day with over a dozen certified indoor cycling instructors of varying ages.

FITPASS CLASSES

Watch and learn how to prepare for and recover from your rides. A mix of strength, core, stretching, and yoga will keep you at your best.

STAY TOGETHER

Link your Facebook, Fitbit®, Zwift, and Strava accounts to the Echelon® Fit app to connect and compete with your friends and family!

Download on the App Store

GET IT ON Google Play

Apple and the Apple logo are trademarks of Apple Inc. Registered in the U.S. and other countries. App Store is a service mark of Apple Inc. Registered in the U.S. and other countries.

Google Play and the Google Play logo are trademarks of Google Inc.

HOW TO FOLD THE STRIDE IN 3 STEPS



STEP 1 – Adjust console to horizontal position.



STEP 2 – Release handlebars to forward drop-down position.



STEP 3 – Step on red release lever on frame and treadmill automatically folds flat. Move easily to desired location to store flat or stand upright.







SPECIFICATIONS

MODEL #	ECH-STRIDE-ST1
VOLTAGE	110V
INCLINE	12 Levels / Max Incline 10%
MIN SPEED	0.5 MPH
MAX SPEED	12 MPH
MOTOR HP	1.75
RUNNING SURFACE DIMENSION	55" × 20" (139.7 cm × 50.8 cm)
PRODUCT DIMENSIONS	
IN USE	69.3" × 31" × 49.2" (176 cm × 78.7 cm × 124.9 cm)
FOLDED	69.3" × 31" × 10.25" (176 cm × 78.7 cm × 26 cm)
UNIT WEIGHT	156 lbs (70.8 kg)
MAX USER WEIGHT	300 lbs (136 kg)
DECK SUSPENSION	Frame-balanced elastomer for impact absorption
SAFETY STOP	Safety Stop Lanyard

CONSOLE & TECHNOLOGY

PROGRAMMED WORK-OUTS	8
LED READOUT	Pulse, Distance, Incline, Time, Speed, Calorie Burn
USB CHARGER	2.0 amps
SPEAKERS	2 Watt × 2
BLUETOOTH	Echelon Fit™ App access for live streaming and on-demand content
WATER BOTTLE HOLDERS	2
SMART PHONE HOLDER	1
SECURE TABLET HOLDER	1
WARRANTY	2 years all parts 2 years labor Home use

US / 423.402.9010 · echelonfit.com · sales@echelonfit.com

© 2020 ECHELON FITNESS MULTIMEDIA, LLC. All specifications are subject to change without notice. All rights reserved. 080620