

75 mm

75 mm

75 mm

**220 mm**

**220 mm**

**220 mm**

**Pure & Essential Omega-3 Wild Fish Oil & Vitamin D3**

is super concentrated and ultra pure. Provided in the high absorption re-esterified triglyceride (rTG) form, this supplement delivers meaningful doses of EPA and DHA and vitamin D3 in convenient 1-a-day softgels.

- **WILD FISH OIL:** sourced from sustainable deep-sea fish in the South Pacific Ocean
- **ULTRA PURE:** molecularly distilled to remove mercury, dioxins & PCBs
- **EASILY ABSORBED:** 2.5x more concentrated than standard fish oil and super absorbable, the rTG omega-3 form is the most effective way to raise cellular EPA and DHA levels
- **CONSISTENT PRODUCT QUALITY GUARANTEED:** GMP manufactured in the UK
- **NO FISHY AFTERTASTE:** natural lemon flavour prevents fish reflux

**Nutrition questions & support**  
+44 (0) 1223 421436 | support@igennus.com | igennus.com

**Igennus Healthcare Nutrition**  
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Distributed in the EU by: Igennus Healthcare Nutrition Ltd  
22 Northumberland Road, Ballsbridge, DUBLIN 4, D04 ED73, Ireland

HEALTHCARE NUTRITION®

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**PURE & ESSENTIAL**

SUPER CONCENTRATED

# OMEGA-3

WILD FISH OIL + VITAMIN D3

1-A-DAY | NATURAL LEMON FLAVOUR

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660mg rTG EPA & DHA | 1000iu VITAMIN D3

180 SOFTGELS  
FOOD SUPPLEMENT

**DIRECTIONS FOR USE**  
Adults & children aged 12+: take 1 softgel daily with food.  
Do not exceed the stated dose. Consistent intake is recommended.

| NUTRITIONAL INFORMATION              | Per softgel     | %NRV* |
|--------------------------------------|-----------------|-------|
| Vitamin D3 (as cholecalciferol)      | 25 µg (1000 iu) | 500   |
| Omega-3 rTG wild fish oil            | 893 mg          | n/a   |
| of which total omega-3               | 740 mg          | n/a   |
| of which EPA (eicosapentaenoic acid) | 440 mg          | n/a   |
| of which DHA (docosahexaenoic acid)  | 220 mg          | n/a   |

\*% Nutrient Reference Value

**INGREDIENTS:** rTG (re-esterified triglyceride) omega-3 EPA & DHA concentrate from wild fish oil; softgel shell (fish gelatine, glycerol); natural lemon flavour; antioxidant: vitamin E (natural d-alpha-tocopherol); vitamin D3 (cholecalciferol).

This product should not be used as a substitute for a varied and balanced diet and healthy lifestyle. Seek professional medical advice before taking any food supplement if you are pregnant or breastfeeding, or taking medication. Keep out of the reach of children. Store in a cool, dry place and away from sunlight. No artificial colours or flavours; not tested on animals; non-GMO; compatible with halal & kosher diets.

Best Before End /  
Batch Number:

5 060083 071866

POT Widely Recycled  
LD Widely Recycled

| FR                                                                                                                                                                                                                                                                                                                                                |                 |        |                                                                                                                                                                                                                                            | DE                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                 |        |                                                                                                                                                                                                                                                                               |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|--------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|--------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| INFORMATION NUTRITIONNELLE                                                                                                                                                                                                                                                                                                                        | Par gélule      | % VNR* | CONSEILS D'UTILISATION                                                                                                                                                                                                                     | NÄHRSTOFFINFORMATION                                                                                                                                                                                                                                                                                                                                                                                                                                    | Pro Weichkapsel | % NRV* | VERZEHREMPFEHLUNG                                                                                                                                                                                                                                                             |
| Vitamine D3 (comme cholestérol)                                                                                                                                                                                                                                                                                                                   | 25 µg (1000 ui) | 500    | <ul style="list-style-type: none"> <li>• Adultes et enfants à partir de 12 ans: 1 gélule par jour avec de la nourriture</li> <li>• Ne pas dépasser la dose journalière recommandée</li> <li>• Un apport constant est recommandé</li> </ul> | Vitamin D3 (als Cholecalciferol)                                                                                                                                                                                                                                                                                                                                                                                                                        | 25 µg (1000 IE) | 500    | <ul style="list-style-type: none"> <li>• Erwachsene und Kinder ab 12 Jahre: täglich 1 Weichkapsel mit einer Mahlzeit einnehmen</li> <li>• Eine regelmäßige Einnahme wird empfohlen</li> <li>• Die angegebene tägliche Verzehrmenge darf nicht überschritten werden</li> </ul> |
| Oméga-3 rTG huile de poisson sauvage                                                                                                                                                                                                                                                                                                              | 893 mg          | n/a    |                                                                                                                                                                                                                                            | rTG Omega-3 Fischöl aus Wildfang                                                                                                                                                                                                                                                                                                                                                                                                                        | 893 mg          | n.v.   |                                                                                                                                                                                                                                                                               |
| dont oméga-3 totaux                                                                                                                                                                                                                                                                                                                               | 740 mg          | n/a    |                                                                                                                                                                                                                                            | davon Omega-3                                                                                                                                                                                                                                                                                                                                                                                                                                           | 740 mg          | n.v.   |                                                                                                                                                                                                                                                                               |
| dont EPA (acide eicosapentaénoïque)                                                                                                                                                                                                                                                                                                               | 440 mg          | n/a    |                                                                                                                                                                                                                                            | davon EPA (Eicosapentaensäure)                                                                                                                                                                                                                                                                                                                                                                                                                          | 440 mg          | n.v.   |                                                                                                                                                                                                                                                                               |
| dont DHA (acide docosahéxaénoïque)                                                                                                                                                                                                                                                                                                                | 220 mg          | n/a    |                                                                                                                                                                                                                                            | davon DHA (Docosahexaensäure)                                                                                                                                                                                                                                                                                                                                                                                                                           | 220 mg          | n.v.   |                                                                                                                                                                                                                                                                               |
| *% Valeurs Nutritionnelles de Référence                                                                                                                                                                                                                                                                                                           |                 |        |                                                                                                                                                                                                                                            | *Prozentsatz der Nährstoffbezugswerte gem. VO (EU) 1169/2011                                                                                                                                                                                                                                                                                                                                                                                            |                 |        |                                                                                                                                                                                                                                                                               |
| Ce produit ne doit pas être utilisé comme substitut à une alimentation variée et équilibrée et à un mode de vie sain. Consultez votre médecin avant la prise d'un complément alimentaire si vous êtes enceinte, allaitez ou prenez des médicaments. Tenez hors de portée des enfants. Conservez dans un endroit sec, frais et à l'abri du soleil. |                 |        |                                                                                                                                                                                                                                            | Dieses Produkt sollte nicht als Ersatz für eine ausgewogene und abwechslungsreiche Ernährung oder einen gesunden Lebensstil dienen. Schwangere oder stillende Frauen und diejenigen, die Medikamente einnehmen, sollten vor Einnahme von Nahrungsergänzungsmitteln professionellen medizinischen Rat ersuchen. Außerhalb der Reichweite von Kindern aufbewahren. An einem kühlen und trockenen Ort lagern und vor direkter Sonneneinstrahlung schützen. |                 |        |                                                                                                                                                                                                                                                                               |
| Sans colorants ni arômes artificiels; non testé sur les animaux; non-OGM; compatible avec les régimes halal et casher.                                                                                                                                                                                                                            |                 |        |                                                                                                                                                                                                                                            | Keine künstlichen Farb- oder Aromastoffe; nicht an Tieren getestet; GVO-frei; für halal und koschere Ernährungsweisen geeignet.                                                                                                                                                                                                                                                                                                                         |                 |        |                                                                                                                                                                                                                                                                               |
| <b>INGRÉDIENTS:</b> Oméga-3 rTG (triglycérides réestérifiées) EPA & DHA concentré à partir d'huile de poisson sauvage; enrobage de la gélule (gélatine de poisson, glycérol); arôme naturel de citron; antioxydant: Vitamine E (D-alpha-tocophérol naturel); Vitamine D3 (cholestérol).                                                           |                 |        |                                                                                                                                                                                                                                            | <b>ZUTATEN:</b> rTG (wiederveresterte Triglyceride) Omega-3 EPA & DHA Fischölkonzentrat aus Wildfang; Weichkapselhülle (Fischgelatine, Glycerol); natürliches Zitronenaroma; Antioxidant: Vitamin E (natürliches D-Alpha-Tocopherol); Vitamin D3 (Cholecalciferol).                                                                                                                                                                                     |                 |        |                                                                                                                                                                                                                                                                               |
| À consommer de préférence avant fin / n° de lot: voir à côté du code à barres.                                                                                                                                                                                                                                                                    |                 |        |                                                                                                                                                                                                                                            | Mindestens haltbar bis / Lot Nr.: siehe Flaschenseite neben dem Barcode.                                                                                                                                                                                                                                                                                                                                                                                |                 |        |                                                                                                                                                                                                                                                                               |
| COMPLÉMENT ALIMENTAIRE                                                                                                                                                                                                                                                                                                                            |                 |        |                                                                                                                                                                                                                                            | NÄHRUNGSERGÄNZUNGSMITTEL                                                                                                                                                                                                                                                                                                                                                                                                                                |                 |        |                                                                                                                                                                                                                                                                               |
| Poids net 225g / 180 gélules                                                                                                                                                                                                                                                                                                                      |                 |        |                                                                                                                                                                                                                                            | Nettogewicht 225g / 180 Weichkapseln                                                                                                                                                                                                                                                                                                                                                                                                                    |                 |        |                                                                                                                                                                                                                                                                               |

| IT                                                                                                                                                                                                                                                                                                      |                     |                                       |                                                                                                                                                                                                    | ES                                                                                                                                                                                                                                                                                                            |                    |                                       |                                                                                                                                                                                                         |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------|---------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|---------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| VALORI NUTRIZIONALI                                                                                                                                                                                                                                                                                     | Per capsula softgel | % VNR*                                | MODALITÀ D'USO                                                                                                                                                                                     | INFORMACIÓN NUTRICIONAL                                                                                                                                                                                                                                                                                       | Por cápsula blanda | % VRN*                                | MODO DE EMPLEO                                                                                                                                                                                          |
| Vitamina D3 (come colecalciferolo)                                                                                                                                                                                                                                                                      | 25 µg (1000 ui)     | 500                                   | • <b>Adulti e bambini di età 12+:</b><br><b>1 capsula softgel al giorno con i pasti</b><br>• <b>Non superare la dose giornaliera raccomandata</b><br>• <b>Si raccomanda un'assunzione costante</b> | Vitamina D3 (como colecalciferol)                                                                                                                                                                                                                                                                             | 25 µg (1000 ui)    | 500                                   | • <b>Adultos y niños a partir de los 12 años:</b><br><b>1 cápsula blanda al día con la comida</b><br>• <b>No exceder la dosis diaria recomendada</b><br>• <b>Se recomienda constancia en su consumo</b> |
| Omega-3 rTG olio di <b>pesce</b> selvatico                                                                                                                                                                                                                                                              | 893 mg              | n/a                                   |                                                                                                                                                                                                    | Omega-3 rTG aceite de <b>pescado</b> salvaje                                                                                                                                                                                                                                                                  | 893 mg             | n/a                                   |                                                                                                                                                                                                         |
| di cui omega-3 totali                                                                                                                                                                                                                                                                                   | 740 mg              | n/a                                   |                                                                                                                                                                                                    | de los cuales omega-3 total                                                                                                                                                                                                                                                                                   | 740 mg             | n/a                                   |                                                                                                                                                                                                         |
| di cui EPA (ácido eicosapentaenoico)                                                                                                                                                                                                                                                                    | 440 mg              | n/a                                   |                                                                                                                                                                                                    | de los cuales EPA                                                                                                                                                                                                                                                                                             |                    |                                       |                                                                                                                                                                                                         |
| di cui DHA (ácido docosahexaenoico)                                                                                                                                                                                                                                                                     | 220 mg              | n/a                                   |                                                                                                                                                                                                    | (ácido eicosapentaenoico)                                                                                                                                                                                                                                                                                     | 440 mg             | n/a                                   |                                                                                                                                                                                                         |
|                                                                                                                                                                                                                                                                                                         |                     |                                       |                                                                                                                                                                                                    | de los cuales DHA                                                                                                                                                                                                                                                                                             | 220 mg             | n/a                                   |                                                                                                                                                                                                         |
|                                                                                                                                                                                                                                                                                                         |                     |                                       |                                                                                                                                                                                                    | (ácido docosahexaenoico)                                                                                                                                                                                                                                                                                      |                    |                                       |                                                                                                                                                                                                         |
| * % Valori Nutritivi di Riferimento                                                                                                                                                                                                                                                                     |                     |                                       |                                                                                                                                                                                                    | *Valores de referencia de nutrientes                                                                                                                                                                                                                                                                          |                    |                                       |                                                                                                                                                                                                         |
| Questo prodotto non deve essere utilizzato come sostituto di una dieta variata ed equilibrata e di uno stile di vita sano. Consultare il proprio medico prima di assumere un integratore alimentare in caso di gravidanza, allattamento o se si stanno assumendo farmaci.                               |                     |                                       |                                                                                                                                                                                                    | Este producto no debe utilizarse como sustituto de una dieta variada y equilibrada y un estilo de vida saludable. Busque consejo médico profesional antes de tomar cualquier complemento alimenticio si está tomando medicamentos, está embarazada o amamantando.                                             |                    |                                       |                                                                                                                                                                                                         |
| Tenere fuori dalla portata dei bambini. Conservare in un luogo fresco e asciutto, lontano dalla luce solare diretta.                                                                                                                                                                                    |                     |                                       |                                                                                                                                                                                                    | Mantener fuera del alcance de los niños. Conservar en lugar fresco y seco, protegido de la luz solar.                                                                                                                                                                                                         |                    |                                       |                                                                                                                                                                                                         |
| Senza aromi o coloranti artificiali; non testato sugli animali; non-OGM; compatibile con diete halal & kosher.                                                                                                                                                                                          |                     |                                       |                                                                                                                                                                                                    | Sin colorantes o saborizantes artificiales; no testado en animales; No OGM; compatible con dietas halal y kosher.                                                                                                                                                                                             |                    |                                       |                                                                                                                                                                                                         |
| <b>INGREDIENTI:</b> rTG (trigliceridi riesterificati) omega-3 EPA & DHA concentrato da olio di <b>pesce</b> selvatico; involucro della capsula (gelatina di <b>pesce</b> , glicerolo); aroma naturale di limone; antiossidante: vitamina E (d-alfa-tocoferolo naturale); vitamina D3 (colecalciferolo). |                     |                                       |                                                                                                                                                                                                    | <b>INGREDIENTES:</b> rTG (triglicérido re-esterificado) omega-3 EPA & DHA concentrado de aceite de <b>pescado</b> salvaje; envoltura de la cápsula blanda (gelatina de <b>pescado</b> , glicerol); sabor natural de limón; antioxidante: vitamina E (d-alfa-tocoferol natural); vitamina D3 (colecalciferol). |                    |                                       |                                                                                                                                                                                                         |
| N° di lotto / Da consumarsi preferibilmente entro fine: vedi il lato del codice a barre.                                                                                                                                                                                                                |                     |                                       |                                                                                                                                                                                                    | Consumir preferentemente antes del fin de / Número de Lote: ver el lado del código de barras.                                                                                                                                                                                                                 |                    |                                       |                                                                                                                                                                                                         |
| INTEGRATORE ALIMENTARE                                                                                                                                                                                                                                                                                  |                     | Peso netto 225g / 180 capsule softgel |                                                                                                                                                                                                    | COMPLEMENTO ALIMENTICIO                                                                                                                                                                                                                                                                                       |                    | Peso neto 225g / 180 cápsulas blandas |                                                                                                                                                                                                         |


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|                     |                                                  |  |
|---------------------|--------------------------------------------------|--|
| <b>Details</b>      |                                                  |  |
| <b>Client</b>       | Igennus                                          |  |
| <b>Projet</b>       | IGN322_247_IGEN_25_Pack_P&E_Omega3-D3_EU         |  |
| <b>Filename</b>     | IGN322_247_IGEN_25_Pack_P&E_Omega3-D3_EU_prod.ai |  |
| <b>Date created</b> | 28.02.2025                                       |  |
| <b>Designer</b>     | SD                                               |  |
| <b>EAN code</b>     | 5060083071866                                    |  |

| Colours                                                                             |               |  |
|-------------------------------------------------------------------------------------|---------------|--|
| 5                                                                                   |               |  |
|  | Process Black |  |
|  | Pantone 375 C |  |
|  |               |  |
|  |               |  |

| Fonts          |  |
|----------------|--|
| Helvetica Neue |  |
| Gotham HTF     |  |
| Museo Sans     |  |
| Myriad Pro     |  |
|                |  |

| Scale          |      |
|----------------|------|
| Document scale | 1/1  |
| Print scale    | 100% |

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**Accordingly, this file is not a file ready to flash. It is mandatory to go through the stage of photogravure and ask for a contract proof (cromalin, iris or testing).**

| Details                                                                             |                                                  |
|-------------------------------------------------------------------------------------|--------------------------------------------------|
| Client                                                                              | Igennus                                          |
| Projet                                                                              | IGN322_247_IGEN_25_Pack_P&E_Omega3-D3_EU         |
| Filename                                                                            | IGN322_247_IGEN_25_Pack_P&E_Omega3-D3_EU_prod.ai |
| Date created                                                                        | 28.02.2025                                       |
| Designer                                                                            | SD                                               |
| EAN code                                                                            | 5060083071866                                    |
| Colours                                                                             |                                                  |
| 5                                                                                   |                                                  |
|  | Process Black                                    |
|  | Pantone 375 C                                    |
|  |                                                  |
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| Fonts                                                                               |                                                  |
| Helvetica Neue                                                                      |                                                  |
| Gotham HTF                                                                          |                                                  |
| Museo Sans                                                                          |                                                  |
| Myriad Pro                                                                          |                                                  |
| Scale                                                                               |                                                  |
| Document scale                                                                      | 1/1                                              |
| Print scale                                                                         | 100%                                             |
| Disclaimer                                                                          |                                                  |
| This artwork is a technical document built with pantone colors (or compounds)       |                                                  |

the discretion of the repro according to technical constraints. The laser output of this document could not serve as a print proof or color reference, the knockouts, collection nets and overlays are not taken into account. The "images" are to be considered for placement. It is essential to do work of photogravure following the constraints of the printer. For color illustrations and images, please refer to the enclosed model output (validated color printout) or document provided by the customer.

Accordingly, this file is not a file ready to flash. It is mandatory to go through the stage of photogravure and ask for a contract proof (cromalin, iris or testing).