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# USER MANUAL

## Meifuly Vacuum Cupping Therapy Machine

(Include 1500, 1800, 2100ML Large Cups)





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## Preface

Dear user:

Welcome to use our latest product Vacuum Cupping Therapy Machine, which replaces all the items in the traditional beauty salon and can be done from head to toe. It not only replaces manual services, but it also has magical effects. This is a professional beauty equipment that requires professional who is trained to operate. If the instrument is used incorrectly, it may cause adverse consequences to the human body. Therefore, we hope that before operating the Vacuum Cupping Machine, please read this manual in detail and follow the instructions in the manual to operate the instrument.

We believe that our quality products will bring you good income, and our perfect after-sales service will make you worry-free.

Thank you!

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# Part I

## I. Background

Health equipment replaces all the items in traditional beauty salons, from head to toe, facial lift, eye bags, dark circles, shoulder and neck imperfections, breasts, small enlargement, 3 to 5 cm fibroids, lobular hyperplasia, sagging, etc., weight loss, hips, treatment of constipation, stomach cold, palace cold, private, slimming, and also magical effect, it replaces the artificial service, it is made by traditional scraping, pressing, cupping, Massage, walking acupuncture points, through the meridian to the instrument, safe, effective, simple and convenient, no injection, no medicine, no surgery, no side effects, full-time external use and immediate results. The negative pressure health instrument can actively perform dynamic vacuum suction and release on the breast, and effectively deepen the breast to press the muscle movement, deep dredge, and improve the obstruction phenomenon.

A wide range of effects:

1. Breast enhancement, hip lifting (to solve the problem of flat chest, left and right asymmetry, loose hips, sagging, etc.)
2. Correct the breast shape, repair the nipple (to solve the nipple retraction, breast shape and nipple deviation, etc.)
3. Scraping detoxification, cupping
4. Adjustment of endocrine, breast lobular hyperplasia have significant effects
5. Promote uterine contraction, improve sexual apathy
6. Delay menopause, delay aging
7. Improve immunity

The instrument can operate in a wide range of areas, including the face, chest, buttocks, back, abdomen, legs, arms, face, cupping, suction, private tightness, dampness and detoxification, weight loss and so on.

The scraping and cupping is introduced from the inside to the body surface, and finally is emitted from the body surface. The irritating effect of the scraping promotes the peripheral blood flow, and then the blood flow of the whole body also benefits. Cupping is also a physical therapy like acupuncture, and cupping is one of the best treatments in physiotherapy. It is a therapeutic treatment that uses negative pressure to attract it to the skin and cause congestion. When cupping, the jar mouth is at the affected area or acupuncture point, which can slowly absorb the moisture at the symptom, and promote local blood circulation, achieve the purpose of relieving pain and restoring function. There are cold and dampness, dredge meridians, and qi and blood circulation. Swelling and relieving pain, detoxification and diarrhea, adjusting the balance of yin and yang of the human body, relieving fatigue and enhancing physical function.

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## **II. Functions**

### **I . Facial Care**

#### **I. Main functions**

1. Improve wrinkles and fine lines.
2. Tighten facial skin tissue.
3. Improve allergic skin immunity.
4. Improve pigmentation of skin.
5. Accelerate the discharge of aged products.

#### **II. Applicable people**

1. The face lacks luster, the skin is very rough and has blackheads.
2. People who drink frequently and often suffer from insomnia.
3. The face is prone to long-spotted acne.
4. The facial contour is not clear, the meridians are blocked.

#### **III. Taboo people**

1. The face is allergic or has a wound,
2. Severely sensitive muscles,
3. Pregnancy, recovery period of surgery,
4. Pap on the face.
5. Just do a complete surgery.

#### **IV. Note**

1. It is forbidden to expose to the sun, to hydrate more, to keep the skin moist and refreshed, and to maintain the skin regularly. It can be combined with professional skin cleansing and hydrating programs to promote more effective absorption of nutrients.

## **II . Back Lymphatic Detoxification**

#### **I. Main function**

1. The use of negative pressure to cause it to smother the skin to cause congestion, this treatment can be cold and damp, dredge meridians, remove stasis, qi and blood

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circulation, reduce swelling and pain, detoxification and diarrhea have to adjust the balance of human yin and yang, lift Fatigue, enhance physical function and thus achieve the purpose of correcting the evil and curing the disease. Therefore, many diseases can be treated with cupping therapy.

2. It can also promote blood circulation in the body, eliminate toxins from the body, relieve fatigue, effectively improve dizziness, fatigue, help regulate physical and mental fatigue, accelerate metabolism and waste excretion, and reduce toxicity to skin and internal organs.

## **II. Applicable people**

1. People who are nervous, anxious and prone to temper.
2. People who have back pain, muscle aches, insomnia, etc.
- 3 People, especially office staff who are long time to sit, prone to insomnia and dreams.

## **III. Taboo people**

1. Three high population and heart disease patients.
2. Pregnancy period, lactation period.
3. The surgical wound is in the healing or recovery period.
4. Patients with epilepsy and severe diabetes and hyperthyroidism.
5. Patients with malignant tumors and patients with hemophilia or severe bleeding.
6. Patients with skin diseases and infectious diseases.
7. Patients with severe gynecological diseases.
8. The population during the treatment of gynecological diseases.
9. Have lymphatic cancer patients or signs of cancer.
10. People who are too weak.
11. People who are drunk, full, fasting, thirst, overworked.

## **IV. Note**

1. After six hours in the bath (or not wash the same day)
2. Avoid blowing cold.
3. Drink more hot water, help detoxification metabolism.
4. Cupping is not the longer the better, according to the actual situation set

# **III. systemic lymphatic drainage**

## **I. Working Principles**

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The lymphatic system is a circulatory system, and the immune system. It is also the body's defense station and recycling garbage station. It prevents external bacterial infection and recovers garbage and toxins from the body. Lymph is also the body's largest detoxification system.

Corresponding to the scavenger in the human body, it is the main medium for collecting toxins from various organs of the human body. If the lymphatic system slows down, it will cause toxins to accumulate in the body, and people will easily become edema and gain weight. The principle of weight loss of lymphatic drainage massage is mainly through the massage and stimulation of lymph glands, dredging the lymphatic circulation system, promoting the excretion of toxins in the body, accelerating fat burning, and achieving the purpose of losing weight. Lymphatic detoxification also has a very important role in allowing our blood vessels to be well cleaned, lymphatic drainage, lymphatic vessels and veins. When the blood volume is too much, the lymphatic vessels can act as a fluid to reduce the burden on the blood vessels. effect.

As the age of the human lymphatic system increases, the speed of circulation may decrease, and the effect of detoxification will also decrease. The appropriate massage can effectively accelerate the circulation rate of the lymphatic system, so that the toxin can be excreted as soon as possible.

## **II. Main functions**

1. Accelerate lymphatic flow
2. Accelerate the process of natural detoxification, help the body to remove waste through the lymphatic system
3. Stimulate lymphoid activity
4. Increase lymphocyte productivity
5. Improve body metabolism
6. Promote The function of the immune system.

## **III. Applicable people**

1. People with lack of luster on the face, skin becomes very rough,
2. People who drink often and often suffer from insomnia;
3. People with waist and abdomen obesity can quickly improve edema and consume fat through lymphatic detoxification;
4. people who have bad breath and are often constipated.
5. Poor mental state, poor resistance, easy to catch cold and sick people.

## **IV. Taboo people**

1. Three high population and heart disease patients,
2. Pregnancy period, lactation period
3. The surgical wound is healing or recovery period

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4. Patients with epilepsy and severe diabetes and hyperthyroidism
  5. Patients with malignant tumors and patients with hemophilia or severe bleeding
  6. Patients with skin diseases and infectious diseases.
  7. Patients with severe gynecological diseases
  8. The population during the treatment of gynecological diseases
  9. Have lymphatic cancer patients or signs of cancer
  10. People who are too weak.
  11. People who are drunk, full, fasting, thirsty, overworked.

## **V. Note**

1. After bathing 4-6 hours after the completion.
2. Avoid blowing cold.
3. Avoid eating spicy and greasy things.
4. Drink more hot water to help metabolism.
5. Avoid staying up late, smoking.
6. Cupping is not the longer the better, depending on the actual situation.

## **IV. Breast therapy**

### **I. Main function**

1. The equipment adopts the effect of vacuum negative pressure on the human body. It is attracted by the special tool in the breast through the negative pressure inside the instrument, and the negative pressure of different rhythm is generated in the breast, so that the breast body is relatively lifted, and the effect of increasing the breast is achieved.
2. The negative pressure inside the cup can make the local capillaries congestion, stimulate the organs, enhance the cell vitality, promote the functional activities, and improve the body's resistance;
3. The mechanical stimulation of negative pressure, transmitted to the central nervous system through the reflex pathway, can regulate the nerve activity tends to balance.
4. During the operation, the inspiratory deflation, the increase of negative pressure and the disappearance of the negative pressure make the local pores continue to open and close, promote skin respiration, increase the oxygen absorption, and speed up the waste elimination.
5. It has the functions of warming meridians and collaterals, promoting qi and activating blood circulation, opening and relieving phlegm, dispersing phlegm and swelling, eliminating poison and exorcism.
6. Combined with deep massage to smooth blood, clear breast acinus, invisible gas to drive tangible blood, oxygen and nutrients to the breast, and stimulate the pituitary gland to secrete female hormones, strengthen breast connective tissue,

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stimulate breast growth.

7. Promote uterine contraction, tighten skin elastic fibers, prevent skin tissue from loosening and dispersing.

## **II. Applicable people**

1. People whose chest is small, sagging, external expansion, asymmetry, flat.
2. People who has breast hyperplasia, nipple retraction and who want a better and healthier breast shape.
3. People who are unwilling to do breast augmentation surgery or repeated breast failure.

## **III. Taboo people**

1. Menstrual period, pregnancy, lactation.
2. Patients with diseases.
3. Those who have surgery on the chest.
4. Those with skin problems or allergies in the chest.
5. Severe hyperplasia, patients with tumors and chest diseases.
6. Heart disease, high blood pressure patients.
7. People who are too weak.

## **IV. Note**

1. Drink warm water, keep warm,
2. Wear stereotypes Comfortable underwear, do not press hard on the chest.
3. Take a bath after 3.4-6 hours.
4. Avoid blowing and getting cold.
5. When you first use 1-3 times, the intensity is not too large, so as to avoid local congestion.
6. If the breast is asymmetrical, you should first make the small side first and then carry it on both sides at the same time.
7. The chest stiffness after breast augmentation surgery, Unsuitable intensity is too large.
8. Selecting the peak of hormone secretion (the fourth day after menstrual period) is better for breast treatment.

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## **V .Buttocks therapy**

### **I. Main function**

1. Negative pressure inside the cup can make local capillary congestion, stimulate organs, enhance cell vitality, promote functional activities, improve the body's resistance;
2. Mechanical stimulation of negative pressure, transmit to the central nervous system through reflex pathway, regulate nerve Activities tend to be balanced.
3. During the operation, the inspiratory deflation, the increase of negative pressure and the disappearance of the negative pressure make the local pores continue to open and close, promote skin respiration, increase the oxygen absorption, and speed up the waste elimination.

### **II. Applicable people**

1. The hips are sunken, flat, not sexy enough;
2. The hips are less fat, flat and no type;
3. The hip depression affects the appearance of the person;
4. Psychological or professional needs to be more perfect.
5. The size of the entire hip is acceptable, but the fullness is not enough; or lack of hip peak.
6. The hip fat accumulated in the waist and hips to form a "squarehip" patient

### **III. Taboo people**

1. Menstrual period, pregnancy period, lactation period.
2. People who have heart disease, high blood pressure and other diseases.
3. People who have serious illnesses, such as: acute infectious diseases, skin diseases, etc.
4. Old and frail over-aging population.
5. People who have had surgery, or are recovering from surgery.
6. People who are too weak.

### **IV. Note**

1. After 4-6 hours in the bath.
2. The initial strength of 1-3 times is not too large, so as not to adapt to or cause local congestion.
3. You can wear hips to prevent looseness or Drooping.

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## **VI. Abdominal cupping project**

### **I. Main function**

1. Abdominal cupping is the use of external force to open the pores so that the waste in the body can be excreted through the pores, and also has a certain renewal effect on some aging cells. By local conditioning, local blood and body circulation can be accelerated to accelerate metabolism and achieve weight loss.
2. Through these principles, cupping the stomach can reduce the fat on the stomach. Tummy cupping can also have a good therapeutic effect on colds such as colds or palace colds. It can regulate the internal organs, balance yin and yang, and improve autoimmune function.

### **II. Applicable people**

1. People who want to lose weight and firm muscles.
2. People who has Constipation or indigestion,
3. People whose abdomen is cold and who have Palace cold.

### **III. Taboo population**

1. Menstrual period, pregnancy period, lactation period.
2. People who have heart disease, high blood pressure and other diseases,
3. People who have serious illnesses, such as: acute infectious diseases, skin diseases, etc.,
4. Old and frail over-aging population
5. People who have had surgery, or are recovering from surgery,
6. People who are too weak.
7. People who are drunk, full stomach, fasting, thirst, overworked.

### **IV. Note**

1. After 4-6 hours in the bath.
2. The initial strength of 1-3 times is not too large, so as not to adapt to or cause local congestion.
3. Keep warm in the abdomen, avoid blowing and cold.
4. Avoid wearing the navel.
5. It is not easy to operate if you are hungry. It is operated half an hour after a meal.
6. Avoid eating cold and spicy objects and drink warm water.
7. Cupping is not as long as possible, depending on the situation.

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## **VII. Private parts**

### **I. Main functions**

1. Tighten the vagina,
2. Discharge the vagina into the poison, and residual metabolites, restore the vaginal clean, regulate the balance,
3. Increase the fullness and elasticity of the vaginal wall,
4. Maintain warm nest balance estrogen and progesterone Normal secretion,
5. Improve the color of the perineum,
6. Tighten the vagina.

### **II. Applicable people**

1. People who have irregular menstruation (dysmenorrhea, small amount, blood clots).
2. People who have pregnancy, production, abortion, contraception, sexual intercourse, etc.
3. Abnormal vaginal discharge, odor.
4. People who have skin spots, acne, dark yellow, Relaxation, wrinkles, etc.
5. Memory loss, immune decline.

### **III. Taboo people**

1. Menstrual period, pregnancy period, lactation period.
2. Recovery period or treatment period.

### **IV. Note**

1. After 4 hours of bathing.
2. Drink warm water, avoid drinking cold water and eat cold and spicy things.
3. Change underwear every day, underwear should choose pure cotton, silk soft material, less Use chemical fiber to avoid wearing tight-fitting underwear.
4. Towels and underwear should be dried in the sun, or boiled in water. It is easy to breed fungi in a damp environment.
5. Do not engage in sexual intercourse immediately after you finish.

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## Part II

### I. Detailed operation

After checking that the instrument is connected properly, the following initial interface will appear when the power is turned on.



Turn on the machine



Release time



Vacuum maintain time



Working time



Pattern



Vacuum meter

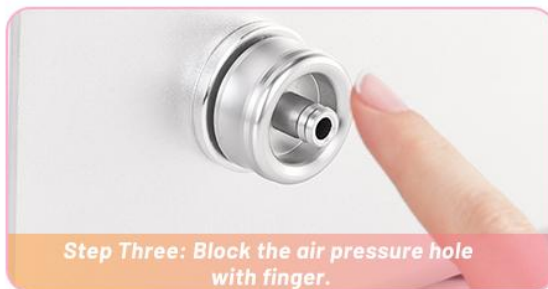
## HOW TO TEST THE SUCTION BEFORE USING?



Step One: Turn on the switch button.



Step Two: Click the "START" button and increase the suction strength.



Step Three: Block the air pressure hole with finger.



Step Four: Observe whether the gauge has suction. Test completed.

## II. Instrument technical parameters

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### **III. User Taboos**

Patients with the following symptoms should be cautious when using the device. Please consult a doctor or professional before using the details as follows:

1. Women who are pregnant or breastfeeding.
2. Heart disease or with a cardiac pacemaker.
3. Patients whose surgical wounds have not healed.
4. Patients with epilepsy, severe diabetes and hyperthyroidism.
5. Patients with malignant tumors, patients with hemophilia or severe bleeding.
6. Patients with skin diseases and infectious diseases should be used with caution.

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## IV. The Use of Precautions

1. Keep the machine level to avoid shaking and collision.
2. Turn off the power and pull out plug when washing the machine.
3. People with serious heart disease, diabetes mellitus and hepatitis are not suitable for treatment with the machine.
4. Women during menstruation and pregnancy are not suitable for treatment.
5. Scrub time should be controlled within 30 minutes with appropriate strength that customers feel comfortable.
6. Don't apply the machine half hour before or after meals, people with empty stomach, fatigue; insufficient sleeping and weak health are not suitable for treatment.
7. People with and blood productivity and spontaneous hemorrhage are not suitable for treatment, including hemophilia, purpuric disease and leukemia.
8. People with serious skin allergic symptoms or acariasis are not suitable for treatment.
9. People with malignant skin tumor or partial skin cancer, fracture, varicosity, partial skin elasticity loss are not suitable for treatment. People in drunk, thirsty or hungry situation should pay special attention.
10. Wash filter regularly to ensure the machine effect and lifetime.
11. When pairing with essential oil, don't apply too much essential oil or cosmetics to avoid damage the machine.
12. After application of the machine, turn the air pressure to the lowest point.
13. Don't apply lymphatic detoxifying treatment when you are annoyed with lymphadenitis.
14. Patients with myocardial infarction, phlebitis deprevation and intravenous tumor are not suitable for treatment.
15. Don't apply the treatment within three weeks after surgery for hyperthyroidism, pregnant women.
16. Patient with serious heart disease, diabetes mellitus and hepatitis are not suitable for scrub treatment.

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17. Women during menstruation are not suitable for scrub treatment. Pregnant women can have light scrub treatment to promote blood circulation.

18. The scrub time shall not be too long, about half hour is ok with appropriate strength that customers feel comfortable.

19. Don't apply the treatment half hour before or after meals, people with empty stomach, fatigue; insufficient sleeping and weak health are not suitable for scrub treatment.

20. After scrub treatment, have a glass of warm water after test for a while, and then have warm bath to enhance the effect.

21. You would feel a little bit aching one or two days after scrub treatment that is normal and would automatically disappear.

## **V. Common Faults and Treatment Methods**

1. The instrument cannot be started, and the button light on the back of the instrument does not light.

A. Make sure the power cord is connected to a valid power outlet.

B. Is the fuse tube on the back of the instrument loose or burnt?

2. The instrument has no suction or suction.

A. Please turn off the instrument and check the filter element for the instrument. It may be that the filter element needs to be replaced.

B. Please check the rubber ring of the handle plug, which may be caused by wear of the rubber ring.

C. Please check if the oil filter cup outside the filter has been tightened and check if the rubber ring is worn. It is possible that the air leak at this position will result in poor air pressure.

D. If the above method cannot be processed, please contact the dealer of the instrument for assistance.

3. The instrument can start, but the screen has the wrong information.

A. Unplug the power plug from the back of the instrument and wait for about 1 minute before plugging in and restarting the instrument.

B. If the above method cannot be handled, please contact the instrument dealer for assistance.

## **VI. Packing list**

1 x main machine

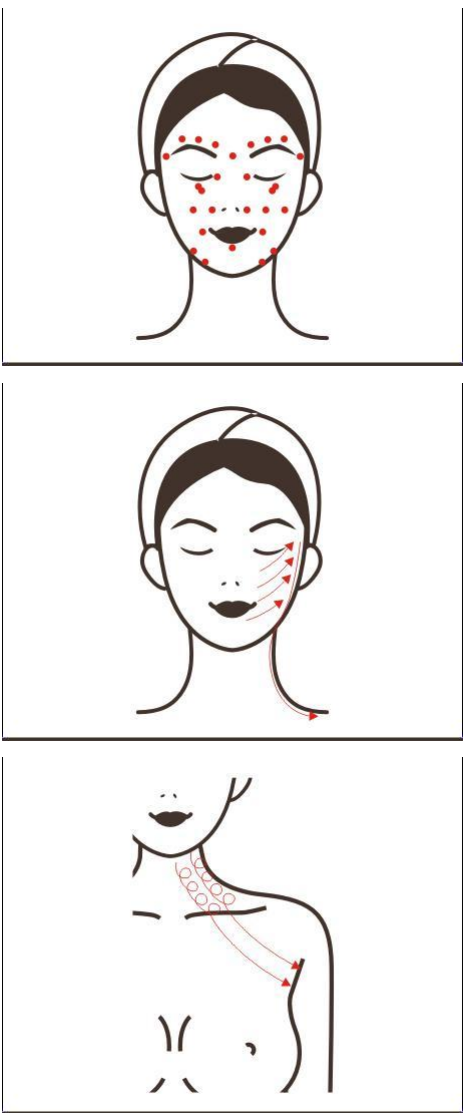
3 pairs of cups for breast


3 pairs of cups for cupping

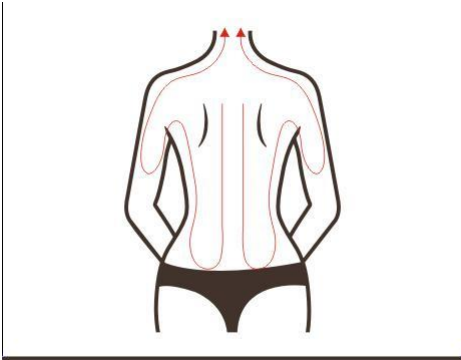
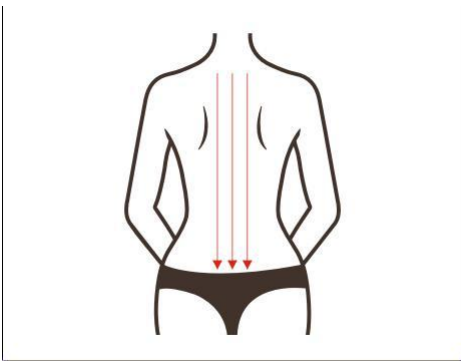
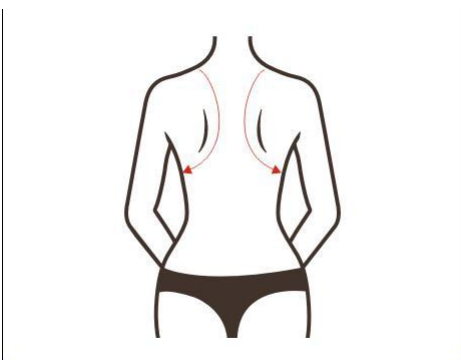
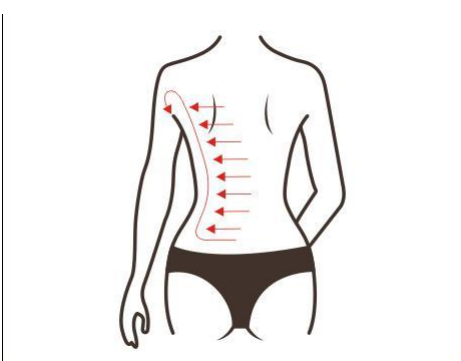
6 Pairs gas cup for scrub

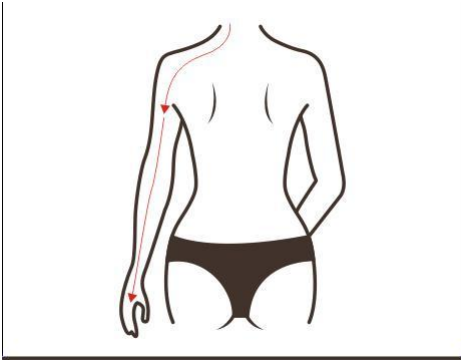
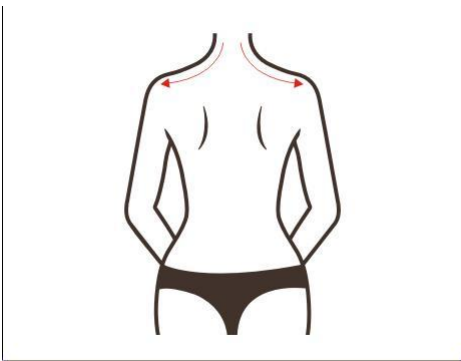
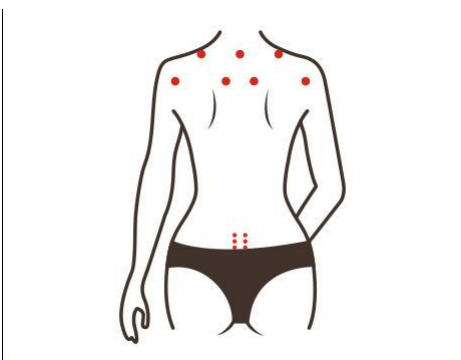
- 3\* Fingertip cups for rhythm massage
- 2 x shot connecting tubes
- 1 x long connecting tubes
- 1 x power line



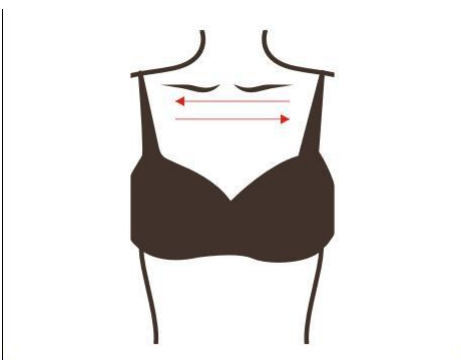
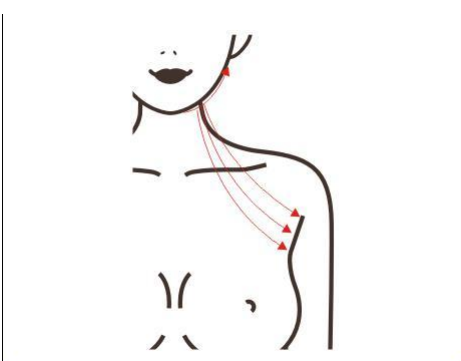
## VII. Operation diagram

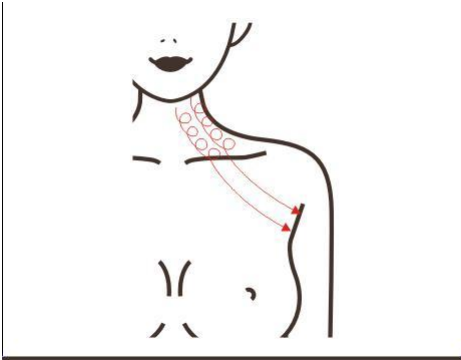


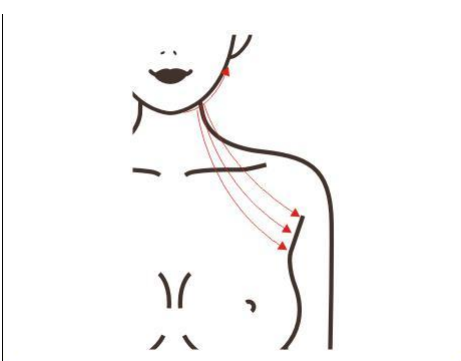
Step	Parameter Adjustment	Technique	Diagram
<b>Face (Operating time is 45 minutes); once a week</b>			
Facial Care	cleansing oil+facial cleanser +massage cream+ instrument	<ol style="list-style-type: none"> <li>1. Facial makeup removal, cleaning 5 minutes</li> <li>2. Full-face clean-up of skin water</li> <li>3. Hands on the whole face acupoints, Chengjiang, Dicang, Daying, chiach'e, hsia kuan, Yingxiang, cheek crevice, temple, Ching Ming hole, Cuanzhu points, Yuyao, Sizhukong, apple of the eye seam, Chengqi, ssu pai, ) 3 times</li> <li>4. Hands alternately lift the three lines of the face to the underarms, 3 times,</li> <li>5. Operate the other side.</li> <li>6. Instrument operation: in the jaw line combined with the hand pull to the armpit discharge, 3 times</li> <li>7. Lifting the line up on the face, 3 times</li> <li>8. Lifting the hairline and the sides on the forehead, 3 times</li> <li>9. Take a massage at the forehead, 3 times</li> <li>10. Operate the other side</li> <li>11. Choose a suitable</li> </ol>	

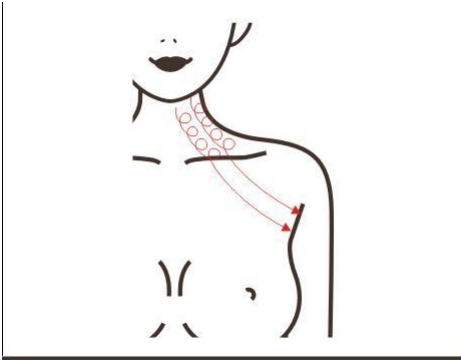
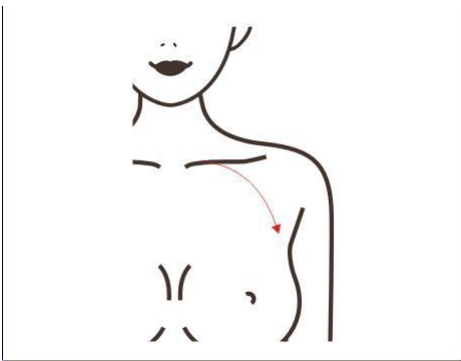


		<p>transparent can in the nose to absorb and put a massage, you can suck blackheads, 3-5 times 12. Wash your face, 13. End</p>	
<p><b>Back(Operating time is 60 minutes); once a week</b></p>			




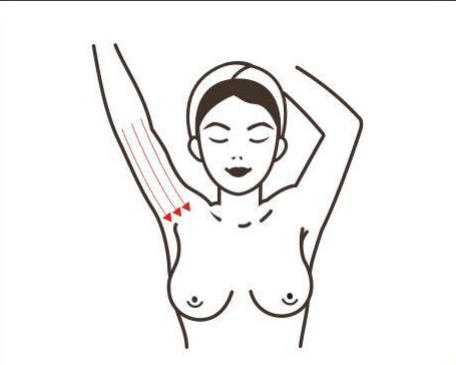
<p>Back lymphatic detoxification</p>	<p>manipulation + essential oil + instrument</p>	<p>1.Manipulation: hands licking the oil to the waist to point to the wind and wind, 3 times</p> <p>2.Push the Du Meridian and the bladder through both hands, 3 times</p> <p>3.Hands alternately push the Du Meridian and Bladder, 3 times</p> <p>4.The palms of both hands are alternately pushed from the Dazhui to push the Du Meridian and the Bladder Meridian and pull it from the waist side to discharge through the armpits, first left and then right, 3 times.</p> <p>5.Push your shoulders with your thumb and sew your shoulders to your underarms. After 3 passes, drain from your armpits to your fingers.</p> <p>6.The palms of both hands alternately start from the Dazhui. The ribs are pushed along the line and pushed to the waist. The hands are discharged from the waist to the armpit. 3 times</p> <p>7.The hands of the tiger's mouth alternately from the hairline through the large plate to the finger discharge, 3 times</p> <p>8.Operate the other side,</p> <p>9.Instrument operation: lymphatic detoxification instrument is pushed from the vertebra to the caudal vertebra, 3 times,</p> <p>10.The instrument pushes</p>	   
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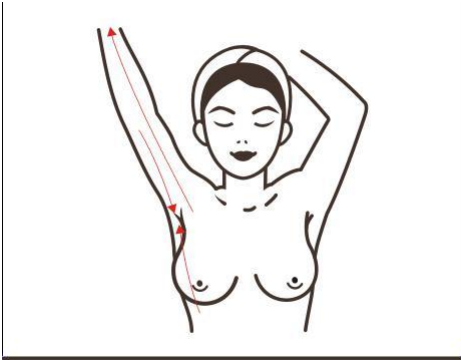
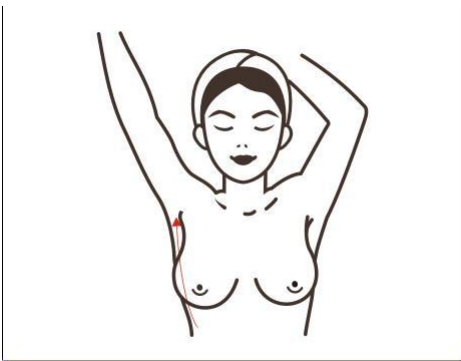



		<p>the bladder to the caudal vertebra (first left and right) 3 times</p> <p>11. The instrument pushes the shoulder to squat to the armpit, 3 times</p> <p>12. The instrument pushes the line to the waist in the direction of the ribs, 3 times.</p> <p>13. The instrument starts to push the large plate through the neck, 3 times</p> <p>14. On the other side of the instrument operation,</p> <p>15. Going the tank: If the body is heavy, you can go to the tank, the bladder and the governor go back and forth 3 times, the shoulder blade is back and forth 3 times, and the whole back goes 3 times in the direction of the rib (depending on the customer's stress)</p> <p>16. Choose the right cupping head and go back and forth in the neck and slab position, 3-5 times</p> <p>17. Fixed cans: Dazhui Shoulder wells Tianzong points Feishu points Bagua area Arms 5-10 minutes (according to customer's stress)</p> <p>18. Take the can and wipe it with a towel.</p> <p>19. End.</p>	  
<b>Body(Operating time is 120 minutes); once a week</b>			





<p>systemically lymphatic drainage</p>	<p>technique + instrument</p>	<ol style="list-style-type: none"> <li>1. face + neck removal, clean</li> <li>2. Full face rubbing lotion</li> <li>3. Hands on the whole face acupoints Chengjiang, Dicang, Daying, chiac'è, hsia kuan, Yingxiang, cheek crevice, temple, Ching Ming hole, Cuanzhu points, Yuyao, Sizhukong, apple of the eye seam, Chengqi, ssu pai, ) 3 times</li> <li>4. Hands alternately lift the three lines of the face to the underarms, 3 times,</li> <li>5. Operate the other side.</li> <li>6. Neck: Put your hands on the chest and rub the oil to the back of the neck and wind up the wind, 3 times.</li> <li>7. First left and right: hands alternately from the lower jaw lymph through the back of the ear to the armpit, 3 times</li> <li>8. Unilateral tiger mouth ringing push the neck side three lines to the armpit, 3 times</li> <li>9. One-sided finger kneeling hot the neck side and push the lymph of the neck to the underarm, 3 times.</li> <li>10. Comfort your hands to the point of Feng Chi Feng Fu, 3 times</li> <li>11. The other side is the same as above.</li> <li>12. Select the small head of the instrument on the face from the chin and lift it up one line and lift it through the ear to the armpit, 1-2</li> </ol>	   
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		<p>times (according to the customer's condition)</p> <p>13. Select the appropriate instrument to slide up and on both sides of the forehead, 1-2 times (according to customer's situation)</p> <p>14. Lymphatic detoxification instrument unilaterally pulls from the mandibular lymph with the hand alternately through the back of the ear to the armpit, 3 times</p> <p>15. The instrument is arranged in a circle on the neck side and circled to the armpit, 3 times.</p> <p>16. Sliding the inner clavicle to detox, 3-5 times</p> <p>17. Select the appropriate small head to start from the ear to the underarm, 2-3 times (according to customer situation)</p> <p>18. The instrument operates on the other side as above.</p> <p>19. Underarm manipulation, first left and then right: Use both hands to save oil under the armpit, 3 times</p> <p>20. One hand palm root knead the pole spring point, 3-5 times</p> <p>21. The hands of the tiger's mouth alternately push the gallbladder through the armpit to the finger discharge, 3 times</p> <p>22. Both hands alternately push the inner clavicle lymph to the finger discharge, 3 times</p>	   
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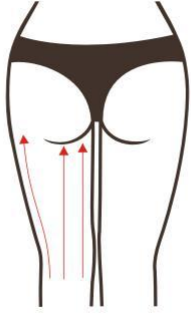
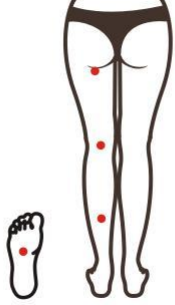
		<p>23. The hands of the tiger's mouth alternately push the arm three meridians (pulmonary pericardium through the heart) 3 times</p> <p>24. Comfort the entire arm to the finger discharge, 3 times</p> <p>25. Kneeling finger rubbing arm</p> <p>26. Palm roots press the pole springs, 3-5 times</p> <p>27. Overall comfort to finger discharge, 1 time</p> <p>28. Instrument operation, first left and then right</p> <p>29. Push the gallbladder from the chest to the armpit and appease 3 times by hand.</p> <p>30. Push three meridians from the elbow to the armpit 3 times</p> <p>31. Operate the other side, ibid.</p> <p>32. From the liver and gallbladder to the armpit, 3 times</p> <p>33. Select the appropriate instrument to walk the cans in the arm position, 1-2 times (according to customer situation)</p> <p>34. Choose the right cupping head inside and outside the arm, liver and gallbladder, set the can, 5-10 minutes (according to customer situation)</p> <p>35. Inguinal lymphatic drainage method: first left and right: hands 3-5 times in the whole leg</p> <p>36 points, press the door,</p>	   
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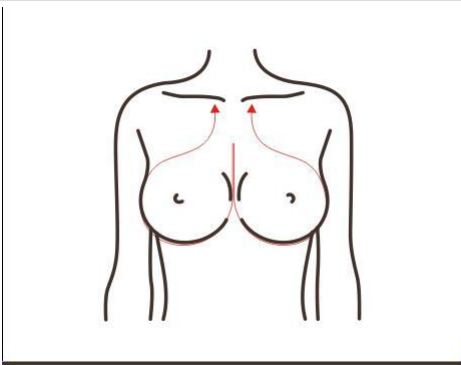
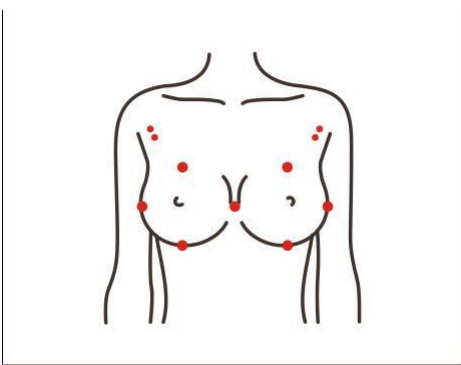
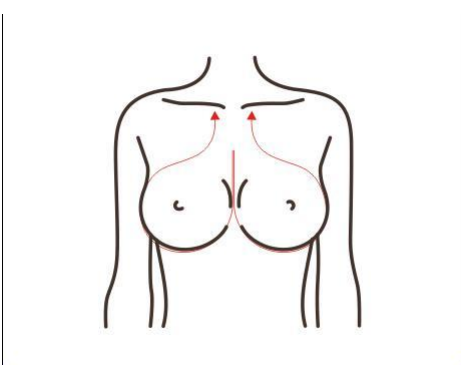
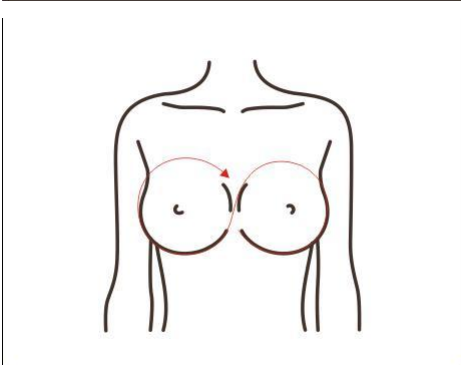
		<p>3-5 times</p> <p>37. Hands and three mouths alternately push the four meridians (spleen and stomach through the liver and gallbladder) 3 times</p> <p>38. The whole appeasement 3 times</p> <p>39. Both hands are transferred to the groin 3-5 times</p> <p>40. The thumb of both hands alternately dials the groin 3-5 times</p> <p>41. Two-handed twisttwists and turns 3 times</p> <p>42. Hands rubbing the hot thigh roots</p> <p>43. The instrument pushes four meridians to the groin, 3 times</p> <p>44. Circle back and forth in the groin position, 3 times</p> <p>45. The instrument and the hand alternately push the groin, 3 times</p> <p>46. Push the line from the middle of the thigh to the groin while appeasing, 3 times</p> <p>47. Operate the other side (ditto.)</p> <p>48. Walk the cans at the thigh position (one line next to the line) 1-2 times (according to customer's stress)</p> <p>49. Set the cans in the legs, thighs, Zusanli, Sanyinjiao, about 10 minutes</p> <p>50. Remove the can and end.</p>	   
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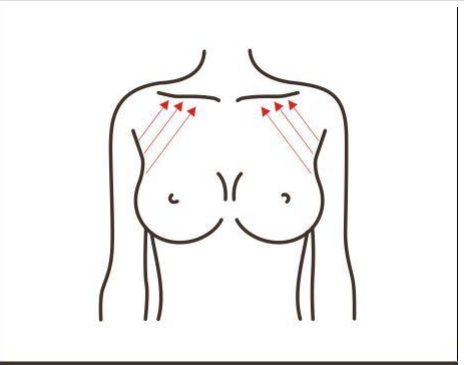
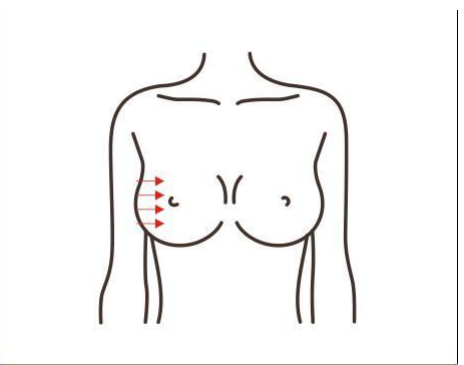
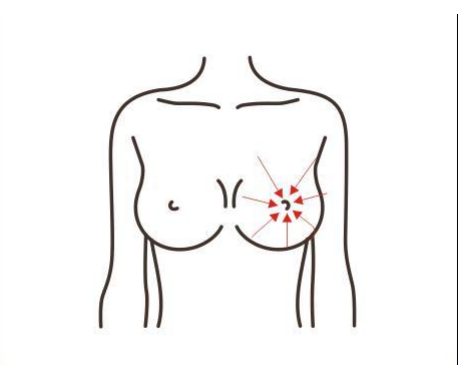
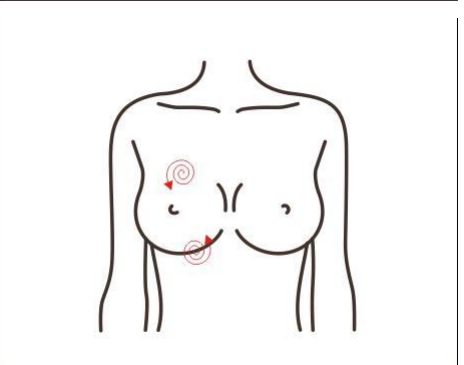
		<p>51. The customer is kneeling, left leg: hands from the calf oil to the thigh bag back to the heel 3 times</p> <p>52. The palms of both hands alternately push the leg pack from bottom to top and return to the heel for 3 times.</p> <p>53. The hands of the tiger mouth alternately push the bladder tendon from the bottom to the top - kidney tendons - liver tendons - gallstones each 3 times</p> <p>54. Push the axillary part 3 times with both hands</p> <p>55. Hands alternately twisted and twisted 3 times from bottom to top</p> <p>56. Appease 3 times</p> <p>57. Pushing the bladder ribs from the bottom to the top with both hands - kidney ribs - liver ribs - ribs 3 times each</p> <p>58. End of appeasement</p> <p>59. Instruments: first calf, thigh, detoxification instrument from the bottom to the armpit, push the bladder through the kidney - kidney - liver - gallbladder 2-3 times</p> <p>60. The instrument pushes four meridians from the armpit to the root of the thigh, 2-3 times</p> <p>61. The instrument extends four meridians from the calf and pushes the detox to the root of the thigh, 3 times.</p>	    
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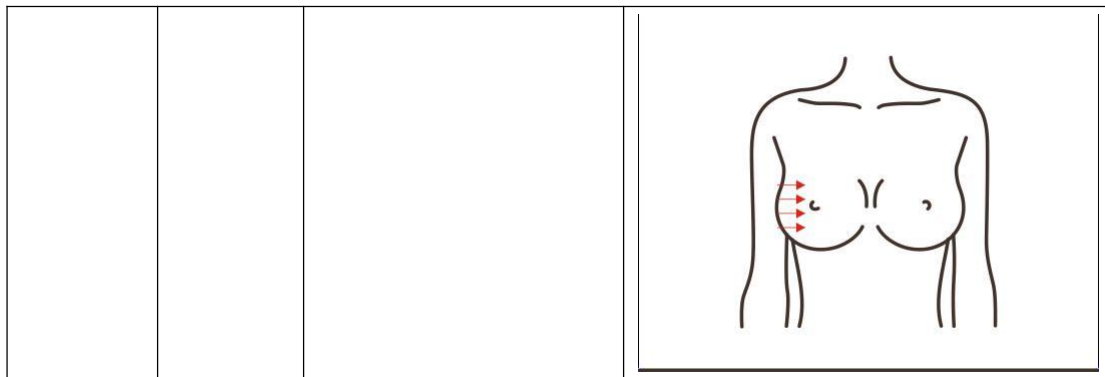
		<p>62. Choose the right cupping head and extend the four meridians in the leg for 1-2 times (according to the customer's condition)</p> <p>63. Set the cans in the legs, the center of the vulture (armpit), the thigh, the Chengfu (middle of the thigh), the Chengshan (middle calf), the Yongquan (foot) for about 10 minutes (according to the customer)</p> <p>Happening)</p> <p>64. End of cans</p>	   
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<p><b>Breast(Operating time is 60 minutes); once a week</b></p>			

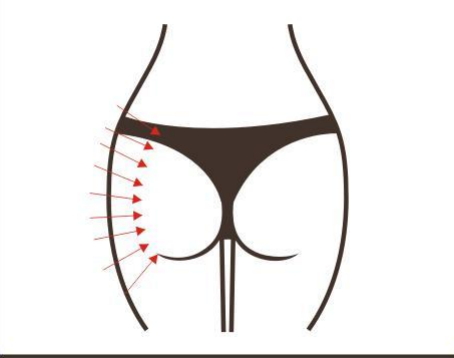
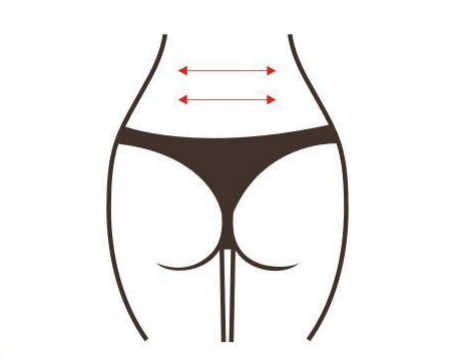
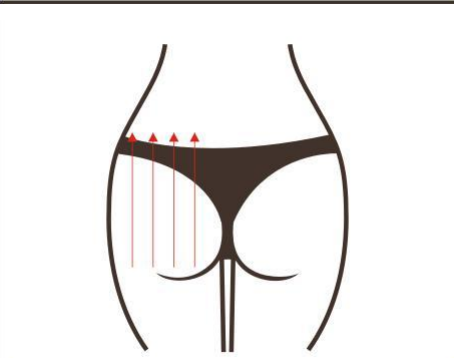
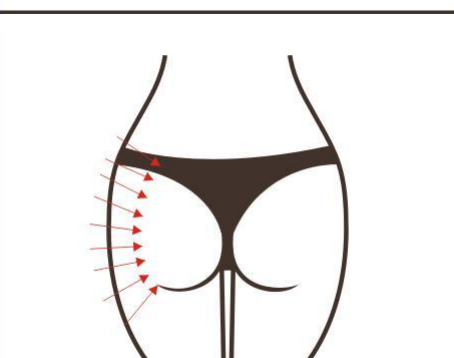
Breast therapy	technique + instrument	<p>1. Standing on the head of the bed, start with the hands of the sputum in the middle of the sputum to the underarm bag and lift the suspensory ligament 3 times.</p> <p>2. Acupuncture points with both hands: Shanzhong, Rugen, Dabao, Yingchuang, Zhongfu, Yunmen, 3 times</p> <p>3. Appease action: start half a circle from the squat to the squat to the lifting ligament 3 times</p> <p>4. The palms of both hands overlap. Starting from the middle of the hole, you can draw 8 words on both sides of the chest. 3 times.</p> <p>5. The palms of both hands are pulled from the position of the secondary milk to the suspensory ligament. First left and right 10 times.</p> <p>6. Appease action 3 times</p> <p>7. Standing on the side of the customer, first left and right: both hands palms to raise the chest 3 times</p> <p>8. Two-handed tiger mouth pushes the breast duct around the chest: (one round of the chest) 3 times</p> <p>9. Thumbs up to clear the chest nodules (first alternately in the circle) 3 times</p> <p>10. Both hands palms appease the entire chest</p> <p>11. Operate the other side (same as 6.7.8.9.)</p> <p>12. Choose the right</p>	   
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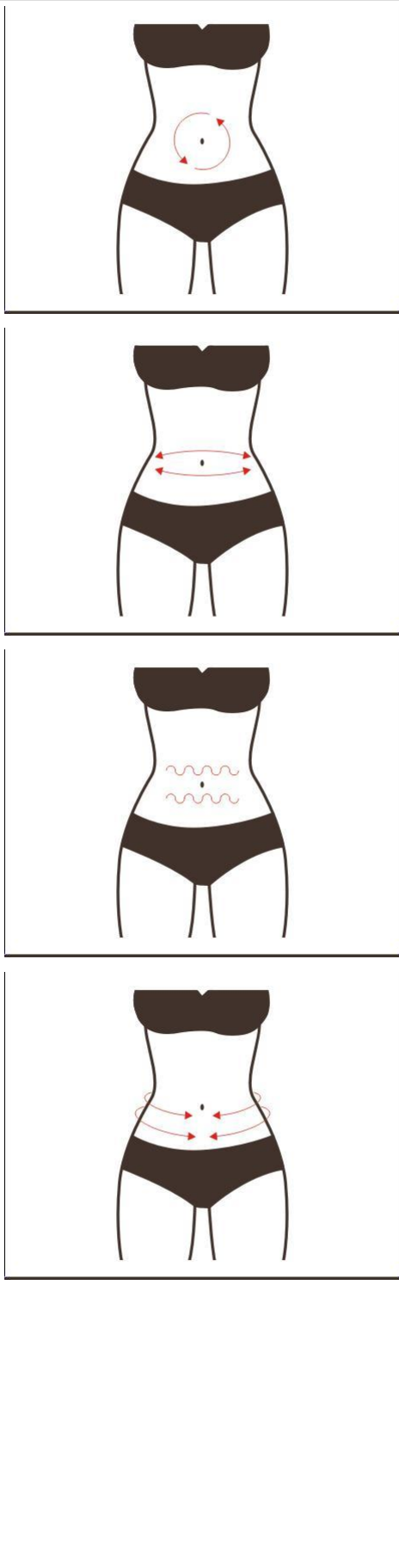
		<p>cupping head and gently lift the can on the chest, 1-2 times.</p> <p>13. Set the cans in the chest, the warehouse corner (below the collarbone), the Zhongfu point (near the armpit position) for about 5-10 minutes (according to the customer's condition)</p> <p>14. The nipple retracted can be selected in the appropriate position of the nipple, about 3-8 minutes (according to customer situation)</p> <p>15. Instrument operation: Select the cup suitable for the customer, fix the chest, and adjust the appropriate suction. 5-10 minutes or so</p> <p>16. Remove the instrument cup</p> <p>17. End</p>	   
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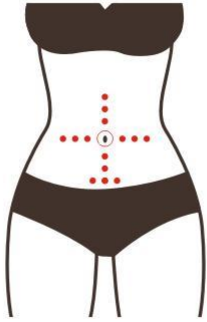







**Buttocks(Operating time is 60 minutes); once a week**

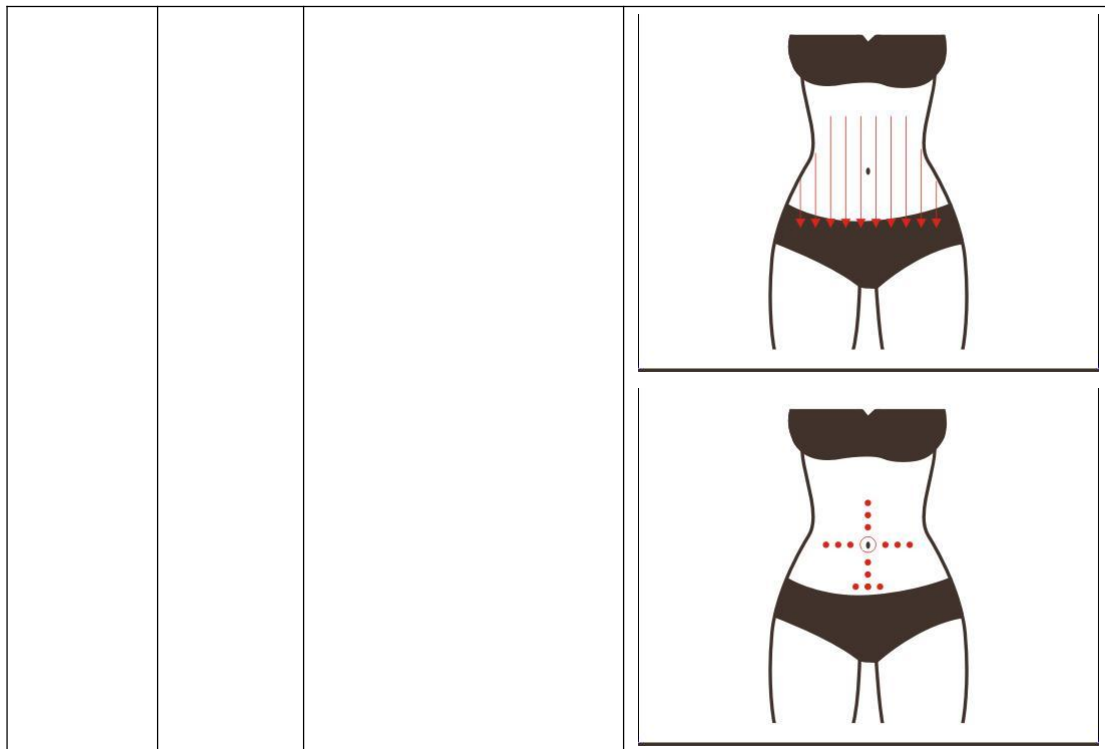
<p>Buttocks therapy</p>	<p>technique + instrument</p>	<p>1. Technique: Stand sideways with both hands and squeegee from the gossip area to the waist and lift it up from the waist along the buttocks (ie, appease action) 3 times          2. Push the gossip area with both hands and thumb 3 times          3. Appease the movement 3 times after the point: Shenshu point -Baliao- Changqiang - Huantiao - Cheng Fu point 3 times          4. Appease action 3 times          5. First left and right, hands extending from bottom to top of thighs-bladder tendon-kidney meridian-liver meridian-bile channel pushed straight to the veins 3 times each          6. The hands are extended from the bottom of the thigh from bottom to top - the bladder - the kidney - the liver - the gallbladder is divided to the veins 3 times          7. The palms of both hands overlap and push up from the roots of the thighs to the veins (lift) 3 times.          8. Hands from the bottom</p>	
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		<p>of the buttocks from bottom to top, a line of straight to the highest point of the buttocks (plastic) back and forth 3 times</p> <p>9. Repeat action 7</p> <p>10. Appease action</p> <p>11. Operation on the other side: Same as 5.6.7.8.9.10.</p> <p>12. Hands and hot gossip area</p> <p>13. Choose the right cupping device to carry the can: pull up from the root of the thigh, 3-5 times</p> <p>14. Lifting 3-5 times from the hips to the hips</p> <p>15. Fixed cans: Select a suitable cup, fix the buttocks, adjust the appropriate energy, about 5-10 minutes</p> <p>16. Take off the cup</p> <p>17. End</p>	   
<p><b>Abdomen(Operating time is 60 minutes); once a week</b></p>			

<p>Abdominal cupping project</p>	<p>technique + instrument</p>	<ol style="list-style-type: none"> <li>1. Abdominal ringing oyster sauce 3 times</li> <li>2. Hands back and forth 3 times</li> <li>3. Hands alternately knead belly fat by chiropractic for 3 times, soothing excessive</li> <li>4. Hands alternately pull the waist with 16 veins on both sides</li> <li>5. Both hands are drawn to the waist and then lifted from the waist side to the navel 3 times.</li> <li>6. Hands overlap with a small circle clockwise 3 times intestines</li> <li>7. The whole hands are circled and appease</li> <li>8. Acupuncture points: Shangyu Zhongyu Xia Shen Shen Qi Hai Guan Yuan Intermediate Tianshu Daheng Bone. 2 times</li> <li>9. Hands and circles to appease 3 times</li> <li>10. Hands alternately push the meridians from top to bottom (Renmai - side by side 2 inch kidney - side by side 4 inch stomach - side by side 6 inch spleen - side by side 8 inch liver - both sides of the gallbladder) 3 times</li> <li>11. Push your thumb straight from the middle to the navel and slide it to the waist and lift it up to the groin, 3 times.</li> <li>12. Hands and circles to appease 3 times</li> <li>13. Appease the platoon to</li> </ol>	
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		<p>the end of the groin.</p> <p>14. Detoxification instrument in a small circle in the abdomen to the groin, 3 times</p> <p>15. Combine the hand to pull the ulnar vein to the groin, first left and right, 6-8 times</p> <p>16. The instrument pushes six meridians from top to bottom to the groin, 3 times</p> <p>17. Choose the right tank in the abdomen, squat, Tianshu, Daheng, Guanyuan, waist side, about 5-10 minutes (according to customer situation)</p> <p>18. Take the can end.</p>	   
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**Private parts(Operating time is 45 minutes); once a week**

Private parts	technique + instrument	<ol style="list-style-type: none"> <li>1. Hands push the groin alternately left and right, 3-5 times</li> <li>2. Hands alternately from the bottom to the top of the groin, first left and right, 3-5 times</li> <li>3. Both hands point to the points around the labia 3 times</li> <li>4. Both hands are drawn from the groin position to the labia position along the line, 3-5 times</li> <li>5. Hands again alternately from the bottom to the top of the groin first left and right, 3-5 times</li> <li>6. Both hands are drawn from the groin position to the labia position along the line, 3-5 times</li> <li>7. Select the private instrument, draw the groin from bottom to top, first left</li> </ol>	
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		and right 3-5 times 8. Draw big and small labia from bottom to top, first left and then right, 3 to 5 times 9. Stimulating the perineal point (3 seconds in the perineal point) 3-5 times 10. End	
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