Easy to Wear Here's how to:







STEP 1

Slip the foot that needs the extra support, through the sleeve. Lay the strap horizontal on the floor. Place the middle of your foot above the middle of the strap.



STEP 2

Make sure that the larger piece on the strap has the leather side facing upwards. Grab both ends of the strap.



STEP 3

Wrap the strap across your ankle so they form an X-shape, see Image for reference.



STEP 4

Attach the ends to each other. Make sure to not attach the hook-and-loop to the sleeve

△ CAUTION

Do not place the closures on the fabric, it can cause stretching and damage. When not using - Attach the closures on the strap.