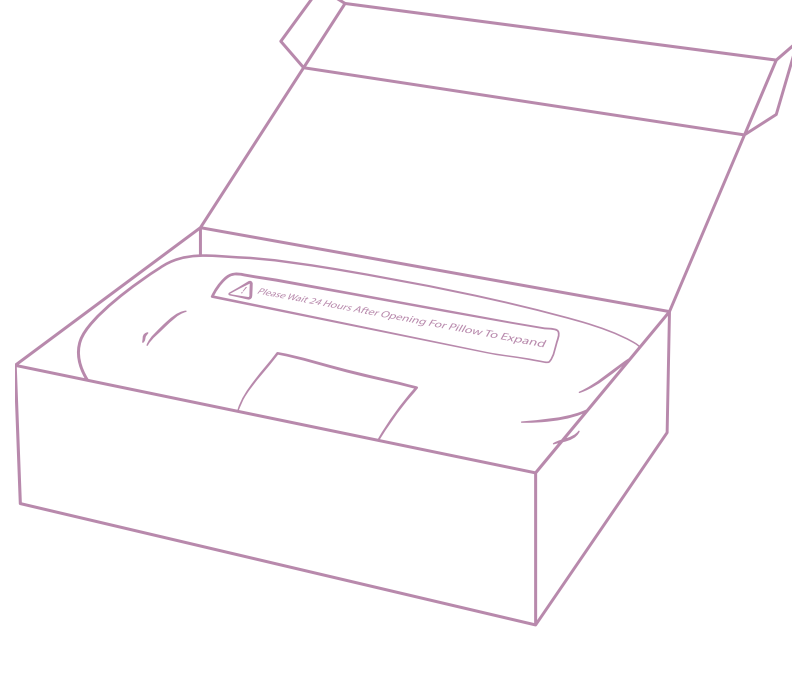
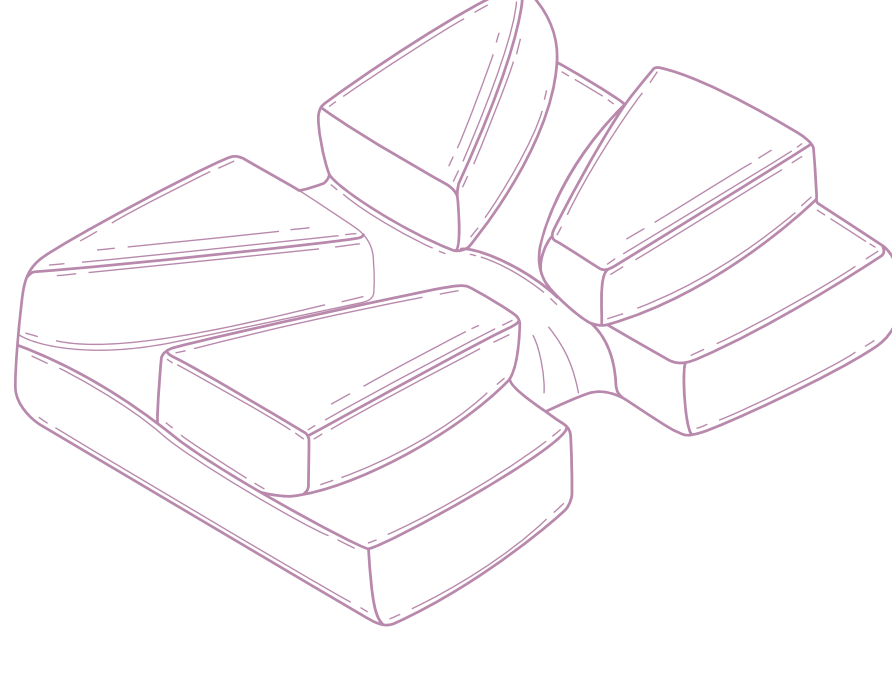




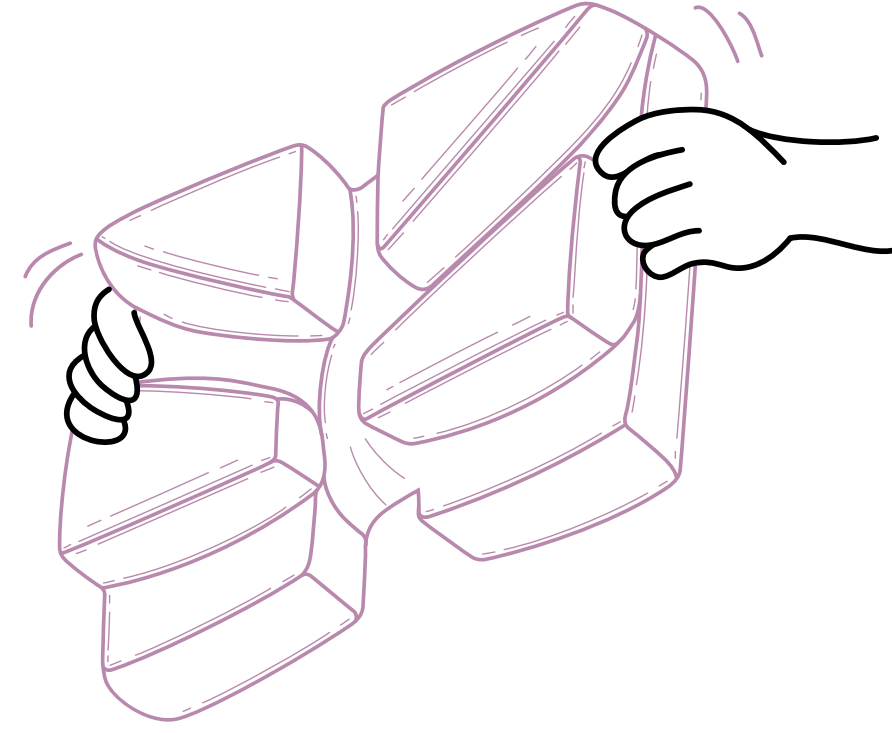
HOW TO CUSTOMIZE



The Pillow is overstuffing and arrives to you compressed for optimal shipping.



After removing the pillow from packaging fluff and allow up to 48 hours to decompress.

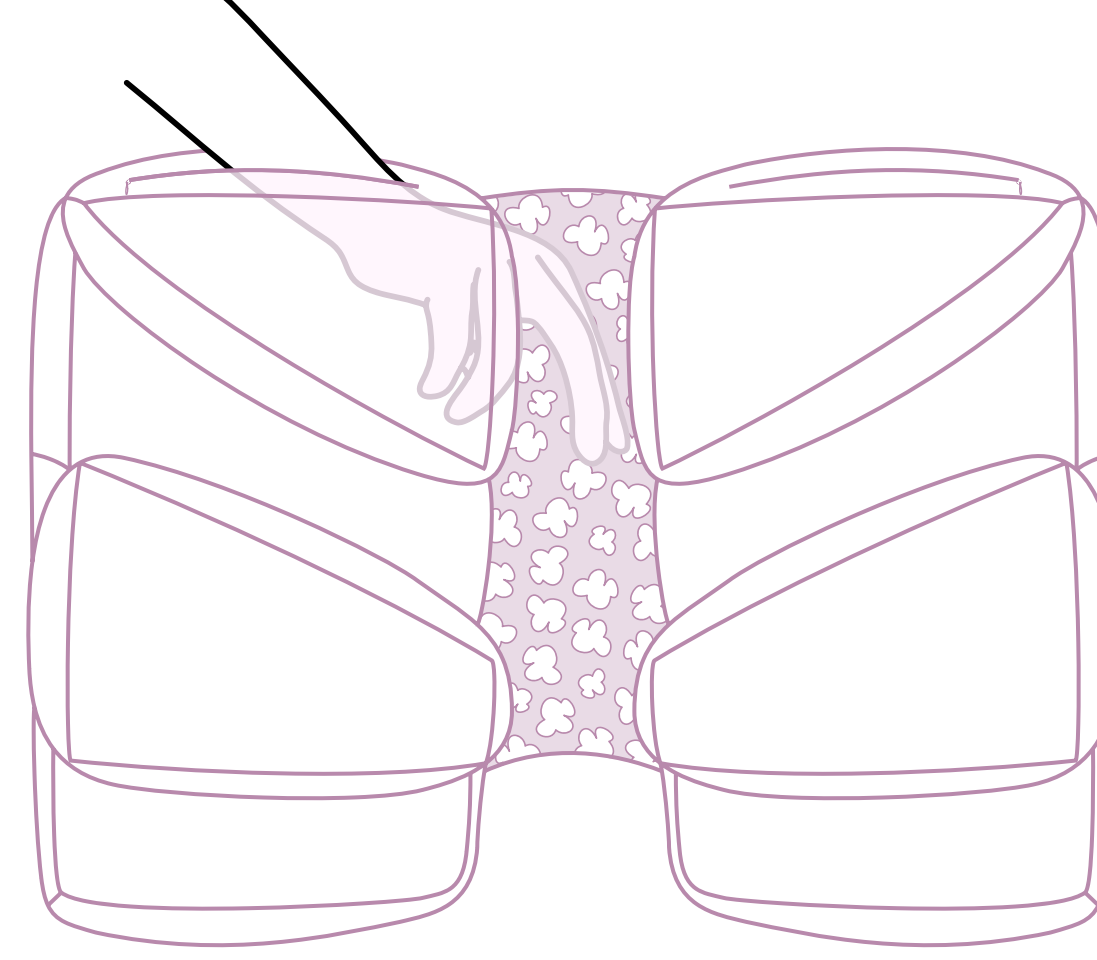


You may fluff and shake your pillow to speed up the decompression process.

Carefully unpack the pillow and let it expand for 24–72 hours to reach its full shape. For added freshness and loft, tumble dry on low heat for about 30 minutes. You can also manually fluff it by gently massaging or kneading the fill. Adjust the amount of stuffing to suit your preferred level of firmness and support.

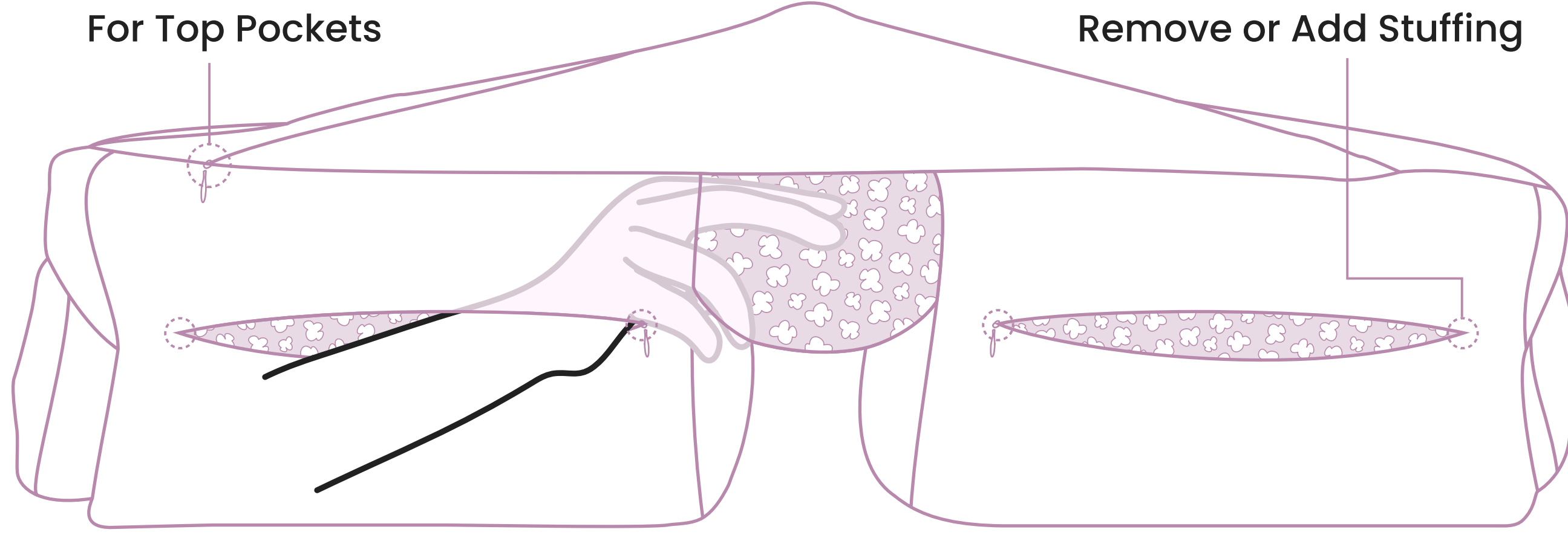
CENTER CHANNEL SUPPORT – HOW TO ADD MORE STUFFING

To Insert or remove stuffing simply flip the pillow bottom side up and unzip the cover zipper. Next unzip each of the 4 pillars to customize as needed.



INSERT OPTIONS For Top Pockets

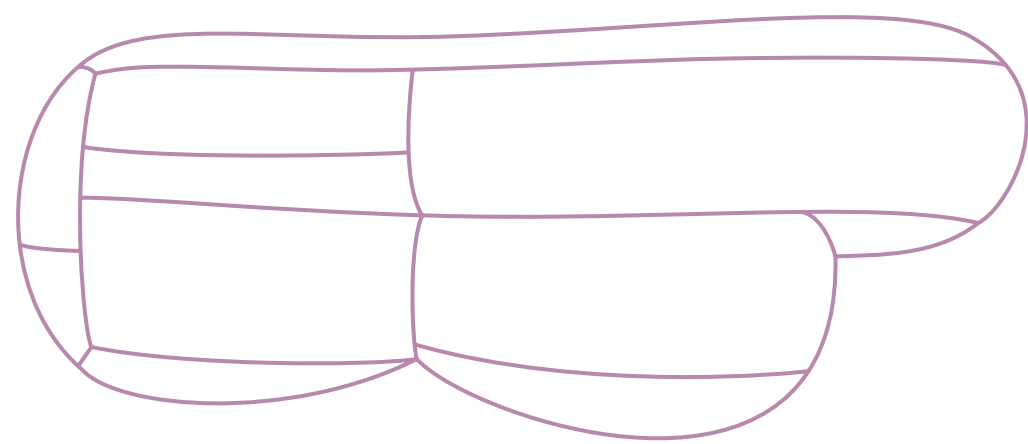
ADJUSTABLE HEIGHT Remove or Add Stuffing



For added support, unzip the opening on the back of the pillow to reach the center channel. Add fill as needed to enhance support for your head, neck, and shoulders, promoting better alignment and pressure relief. Once adjusted, zip it closed, shape the pillow evenly, and enjoy enhanced comfort.

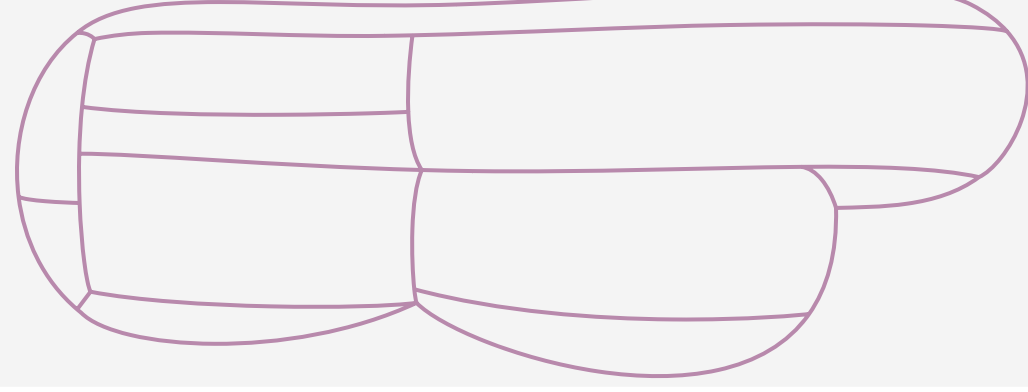
ADJUST YOUR PILLOWS HEIGHT

7 TO 8
INCHES



Highest Profile (most stuffing)

5 TO 7
INCHES

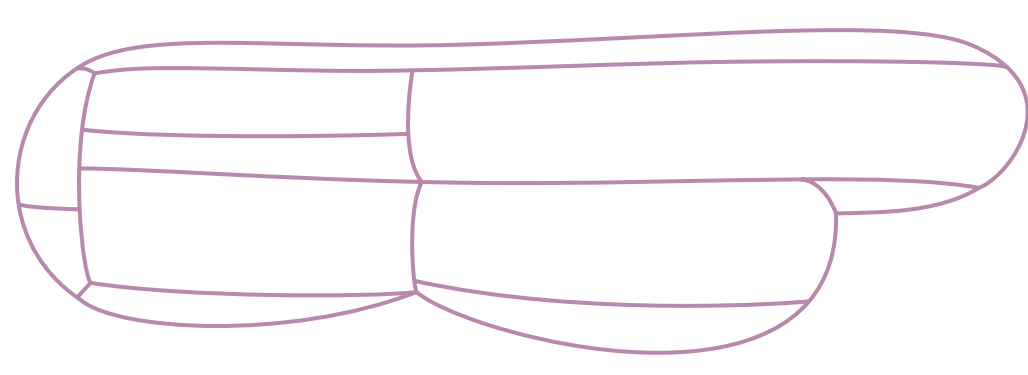


Side Sleeper

(Standard amount of stuffing)*
***Warning** – Your pillow arrives overstuffing. If you are under 6 feet tall, you will likely need to remove some stuffing.

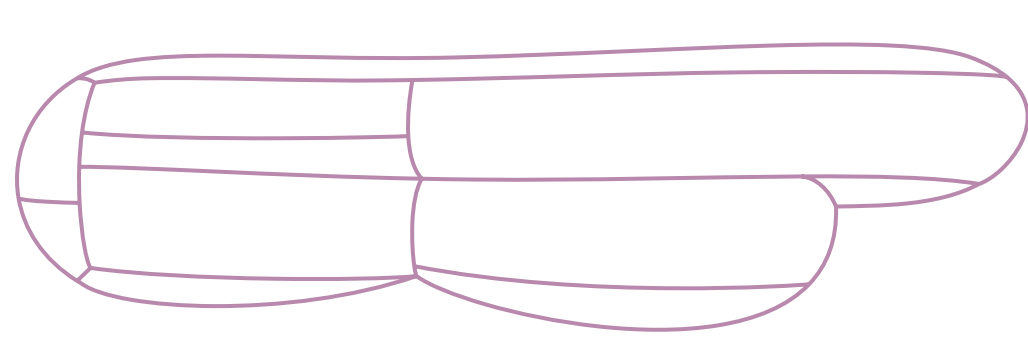


3 TO 5
INCHES



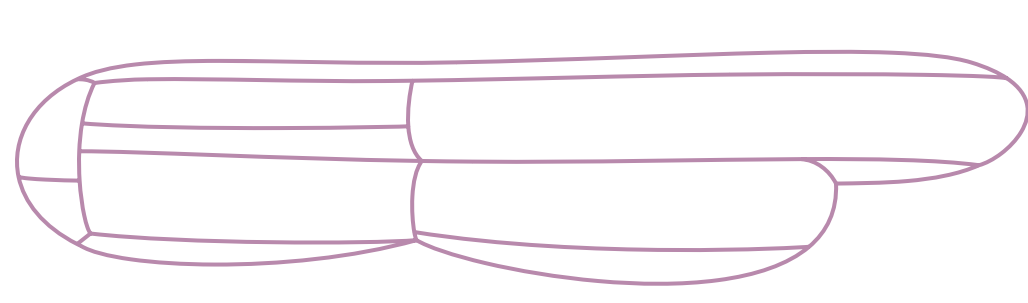
Back Sleeper (remove stuffing)

2 TO 3
INCHES



Stomach Sleeper (remove more stuffing)

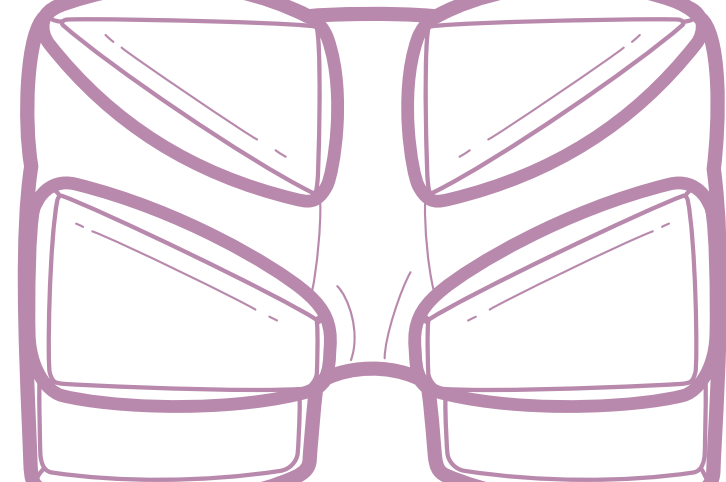
2 TO 3
INCHES



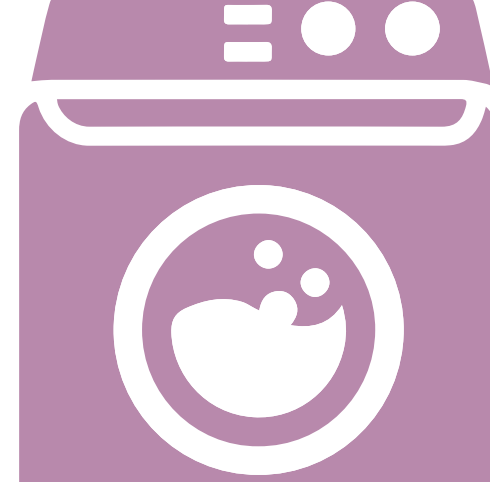
Lowest Profile (Least stuffing)

To adjust your pillow, open the two zippers on the back to access the center channel, and use the side or arm zippers to fine-tune other areas. You can add or remove fill to raise or lower the height and adjust the firmness based on your preference. Once you've made your adjustments, close all zippers, shape the pillow, and allow it to settle for a few minutes before use.

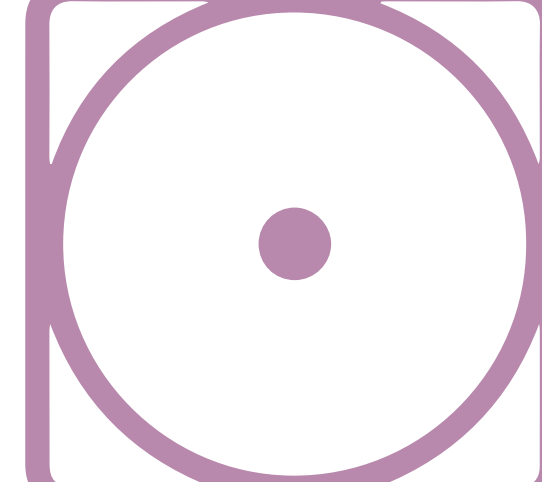
Care Instructions For Your Fiber Fill & Feather Version Pillow



The pillow cover is removable and washable



Machine-Washable on Delicate: Use cold water on a delicate cycle.



Dry Thoroughly: Tumble dry on low with **dryer balls** to maintain fluffiness. Ensure the insert is **completely dry** before use to avoid clumping or odor.

You may spot clean first, but when you wash, kindly remember to separate the pillow shell and cover before washing either of them. Before washing, make sure that the cover's zipper is close and secure it with a safety pin to prevent it from opening during the cleaning process. Please follow the wash and dry instructions above for best results.

Frequently Asked Question



POST-PURCHASE QUESTIONS

Q My pillow arrived compressed. What should I do?

A

- 1 - Unpack carefully and let it expand for 24–72 hours.
- 2 - Tumble dry on low for 30 minutes to fluff and deodorize.
- 3 - Manually fluff by massaging or kneading the fill.
- 4 - Adjust stuffing to match your sleep preference.

Q How do I adjust my pillow?

A

- Open the **2 zippers on the back** to access the center channel.
- Add or remove fill to raise/lower height or adjust firmness.
- Use the **arm/side zippers** to fine-tune other areas.

Q My pillow feels lumpy or uneven.

A Try these solutions:

- **Tumble Dry**
30 mins on low heat.
- **Manual Fluffing**
Knead lumpy areas to redistribute filling.
- **Add Fill:**
Contact us for **free extra stuffing** if needed.

Q How do I add more fill?

A Open the zippers on the **center channel** (back) or **side/arm zones**, and gently stuff in more material. Seal and shape the pillow, then allow a few hours to settle before use.

Q My pillow sinks in the middle.

A Add stuffing to the **center channel** for more support. This area holds the head, neck, and shoulders—filling it improves alignment and pressure relief.

Q The pillow has a smell. Is it normal?

A Yes. It's from vacuum sealing and new foam. Here's how to remove it:

- **Air out for 24–48 hours in a ventilated space.**
- **Tumble dry for 30 minutes with a dryer sheet.**
- **Odor will dissipate naturally and is harmless.**

Q How can I adjust the height of my Wife Pillow for better sleep alignment?

A Access the **center channel** via the two zippers on the back of the pillow:

- **Add fill**
For more height and firmer support
- **Remove fill**
For a lower profile or softer feel
- **Redistribute fill**
For better comfort balance based on your sleeping position

Q Can I wash the entire pillow?

A Access the **center channel** via the two zippers on the back of the pillow:

- **Outer Cover**
Machine-washable (gentle cycle). **Recommended to use a laundry wash mesh bag for extra protection.**
- **Memory Foam Insert:**
Spot-clean only.
- **Feather/Fiberfill:**
Washable on delicate—ensure full drying.



Thank you for choosing the Wife Pillow
designed to support your comfort, your body, and your rest.