



**How To Get The best Use Out of The EX-701 Performance  
Knee Brace Includes Two Fitting Options**



**Would you like to be part of our EXOUS Bodygear Brand Club** and get access to our latest new products and get special offers, and year round exclusive discounts... Plus get inside access on our new exciting products we love making?

**Then just go to our dedicated customer members area by clicking the link below and simply click register**

**[www.exousbodygear.com/EX701-US-customer-vip-join](http://www.exousbodygear.com/EX701-US-customer-vip-join)**

*Inside you will have a bonus discount coupon waiting for you just for joining for future purchases!*

## ***A note from the Founder and thank you***

Thank you so much for your purchase! Please take a few minutes and read every word of this short pdf, because it will help you get the best results and use out of this product. There are some videos to show you why the EX-701 Knee Support is a cut above most generic knee supports on the market..

## **Why EXOUS Bodygear?**

Our Brand slogan is '*different by design*', that speaks for itself, we really try to develop new products that meet the needs of the consumer and add value and function over generic 'me too' products. We put a lot of research and development into every one of our products. We consult with top Olympic and world class fitness individuals and test with athletes and industry specific individuals for some time before we launch our products to the market place to make sure they add more value and function.

As with many of our products they sometimes need a little consumer education to know how to best use them and that's why we made this PDF. Please see the fitting instructions and also the video links to help answer many questions on using the knee support.

## **Connect with us**

So now you know about our passion and brand if you like the sound of our style and products we would love for you to join our brand loyalty club!

Join here:

<http://www.exousbodygear.com/go-members-area>

*Regards,*

*Theo*

*Founder: [exousbodygear.com](http://www.exousbodygear.com)*

# Why Your Going To Love The EX-701 Performance Knee Brace

You ordered this product as you needed a knsupport to help in the discomfort and pain you may be experiencing, believe me when I tell you we tested all of the knee brace styles and dozens of samples before we made the final design of the EX-701 most of the supports on the market have what we call a 'generic 3 strap design' which has limitations on creating true functional support, please read below and see the difference that you will experience.



In short here are 6 important features that will benefit you over other generic 3 strap knee braces:

## 1. Unique 4 way strap system

**What's the benefit?** - The 4 strap system is our key design feature it will stop the knee brace slipping down unlike 3 strap stye knee braces, so you can use it during exercise.

**It also creates patella isolation** so you can really help patella tendon pain such as jumper's knee and inflamed patella tendon conditions.

See this video on how the knee brace can be used for patella tendonitis - The key is the two smaller straps which help compress the patella back down which alleviates pain see this consumer review from an actual doctor who got great result from wearing the EX-701 Knee Brace.



*click image to play video*

★★★★★ Doctor finds Knee Wrap for Jumper's Knee

By [Scott Kramer](#) on October 21, 2015

Verified Purchase

I'm a doctor and lifelong athlete. Play competitive tennis and suffered with "Jumper's Knee" (AKA Patellar Tendinitis). Despite rest & rehab couldn't shake it this go around. Tried knee bands without much success. Tried K-tape. Then finally read glowing reviews about EXOUS Knee Stabilizer and gave it a try for past 2 months. I'm happy to report it has got me to minimal discomfort not only when I play, but also afterwards. The smaller Velcro straps that help isolate and stabilize the knee cap make this so effective for this condition.

## 2. Double Lateral Stabilizers

**Whats the benefit?** - The flexible metal coils help your medial and lateral ligaments so if you need extra support to stop your knees from giving way or if you play any sport these will aid in giving your more support. They also combine with the overall design to give an all round compression feeling. This will help you if you need support from side forces in exercise such as basketball, skiing, football and other sports which put stress laterally on your knee.

## 3. Comfort Gap

**What's the benefit?** - It creates a 1cm gap which allows the knee to bend unrestricted well past 90 degrees if you desire. This means you can use the knee brace for support during sport and general exercise without the need to keep pulling it up or readjusting as much. You will also feel it allows some breathability, less irritation and overall much more comfort to wear for longer periods in the day.

## 4. Thick Velcro Fixture Tabs

**What's the benefit?** -If you compare other knee braces you will see many of them have very thin poor quality material for the tabs they tend to curl up and become unusable over time . We have thicker velcro fixtures with higher quality materials this will not curl up over time this ensures quality use without it letting you down.

## 5. Elastic Inner Sleeve

**What's the benefit?** - The sleeve does two things, firstly it helps position the knee brace for easy fitting, secondly it creates a smooth lining to minimise any possible irritation from the smaller straps which wrap behind the knee.

### Second fitting option

*Note using the elastic sleeve is completely optional. If you find the knee sleeve too tight to put your leg through then you can simply put the knee support on without using the sleeve no loss of function occurs wearing the knee brace this way. See your instruction leaflet for fitting guide*

★★★★★ My Knee Pain is GONE!

By Amazon Customer on October 14, 2015

Verified Purchase

I am 67 and have always wanted to get back into doing some light jogging, like I used to do years ago. The problem was that, two weeks ago my knees were at the same point they always get to - hurting whenever I go up or down stairs and I was ready to give up on jogging again. But then my two Exous knee braces were delivered! I have now completed my second week of jogging six days a week, and my knees have been actually getting BETTER each day. Now I have ZERO knee pain at any time and don't even notice my knees when going up and down stairs! Thanks Exous!

## 6. Jacquard Inner Lining

***What's the benefit?*** - A premium lining which undergarments are made of which means less irritation and likelihood of any rash developing. This will make it easier to wear for long periods of time if you rely on the knee brace for hours a day.

## FAQ's About The EX-701 Performance Knee Brace

**Q: Do you have any videos about this product that I can watch?**

**A:** Yes we have several FAQ videos which help answer questions and also explains the benefits of the EX-701 you can view them here:

<http://exous.info/faq-knee-brace>

**Q: Can I Machine wash the Knee support?**

**A:** We recommend to hand wash the knee brace and lay it flat to dry, machine washing may wear down the velcro over time.

**Q: Can I wear the knee support during swimming?**

**A:** Yes, in fact you can wear the knee brace during sport it has a slimline profile and less than 6oz so it will be comfortable to use during exercise

**Q: The knee support does not fit me can I return it?**

**A:** We do not need you to return the knee brace, please keep it and simply email us on [support@exousbodygear.com](mailto:support@exousbodygear.com) and we will give you a full refund.

**Q: Is there a video to show how to fit the knee brace?**

**A:** Yes please see how to fit the knee brace here:

<http://exous.info/faq-knee-brace>

# Fitting Guide

The Knee brace has a inner elastic sleeve which helps position the knee brace, if you feel that the elastic sleeve feels to tight then simply start from step 2 and do not put your leg through the sleeve. The function of the knee brace remains the same.

A minimum knee circumference of 13" is needed measured around the centre of the knee or it will feel to large. [Watch how to fit the knee brace for both options here >>](#)



**Step 1\*** With longest strap at top put leg through elastic sleeve and slide up to the knee

**\*Note** It is optional to put foot through elastic sleeve as per feature description, designed to protect the skin from direct contact with the neoprene material in case you are prone to rash otherwise it is not necessary to use.



**Step 2** Arrange the support so the knee is under the opening for the patella (knee cap)



**Step 3** Wrap the two smaller straps behind the knee and back over to the front



**Step 4** You can now adjust each strap to a custom fit for the level of support you require both above and below the knee cap. This should give you a greater all round compression therefore giving better support to the whole knee joint.

Will fit a maximum upper leg size 21" measured 3" above the knee if this does not fit you please email us directly for a full refund on [support@exousbodygear.com](mailto:support@exousbodygear.com)

## **\*The EXOUS Bodygear Performance range of products\***

If you liked this product we assure you will love our other products, each one of them made with passion and enthusiasm for the fitness and outdoor market. Our performance range is just that designed to outperform the competition and bring quality to its intended use.

### **Check out our other awesome products:**

p.s register into your members area and claim your discount coupon code!

**EXOUS BODYGEAR Performance Speed Skipping Rope** >> [click here to go to product](#)



**EXOUS BODYGEAR Performance Knee Sleeves**  
>> [Click here to go to product](#)



**EXOUS BODYGEAR Performance 65cm Anti Burst Exercise ball** >> [Click here to go to product](#)

