USING THE MASSAGER
1. For INDOOR USE, connect the power adapter to the massager. Plug the adapter into an outlet. (Sit comfortably in the chair when you use the massager)
2. For IN CAR USE, connect the car power plug to the massager. Plug the car power plug into the cigarette lighter in the car. (Do not use while you are driving)
3. GOLDEN POSITIONING HANDLES and move the MASSAGE UNIT around your neck with the MASSAGE NODES in the center of your back.
4. Press the POWER button on/off to turn on/off the massage.
5. Press the HEAT button on/off to turn on/off heat.
6. Press DIRECTION button to change the massage direction: clockwise or counterclockwise.
7. Press speed control to change the speed level:
   a. The massage function will automatically shut off after 15 minutes.
   b. The Massage direction will automatically change every one minute.

OPERATION INSTRUCTIONS
- Read instructions before using
- IMPORTANT SAFETY INSTRUCTIONS
  1. To reduce the risk of electric shock, do not remove cover. There are no serviceable parts inside.
  2. To reduce the risk of fire or electric shock, do not expose this unit torain or moisture.

SAFETY INSTRUCTIONS
1. Operation and Cleaning
2. Do not unplug the product or switch off the power supply while the product is connected to the electrical outlet.
3. Do not use the product in an environment with high humidity or moisture.
4. Do not use the product in an environment with high temperature.
5. Do not expose the product to direct sunlight.
6. Do not expose the product to temperatures above 60°C.
7. Do not use the product near flammable materials.
8. Do not use the product near water.
9. Do not use the product near heat sources.
10. Do not use the product near electrical equipment.
11. Do not use the product near magnetic equipment.
12. Do not use the product near metal objects.
13. Do not use the product near explosive materials.
14. Do not use the product near explosive gases.
15. Do not use the product near explosive liquids.
16. To disconnect, set all controls to the off position, then remove plug from the wall outlet.
17. Do not unplug the electrical outlet. Use only the power sources as indicated.
18. To avoid the risk of electric shock, do not disassemble or attempt to repair the product. If the product is damaged, it may cause risk of electric shock or injury to persons when the juice is put in.
19. Never remove the plug from the outlet by pulling the power cord.
20. Do not use the product on hard or flexible head.
21. Do not use in water for more than 20 minutes.

SAVE THESE INSTRUCTIONS