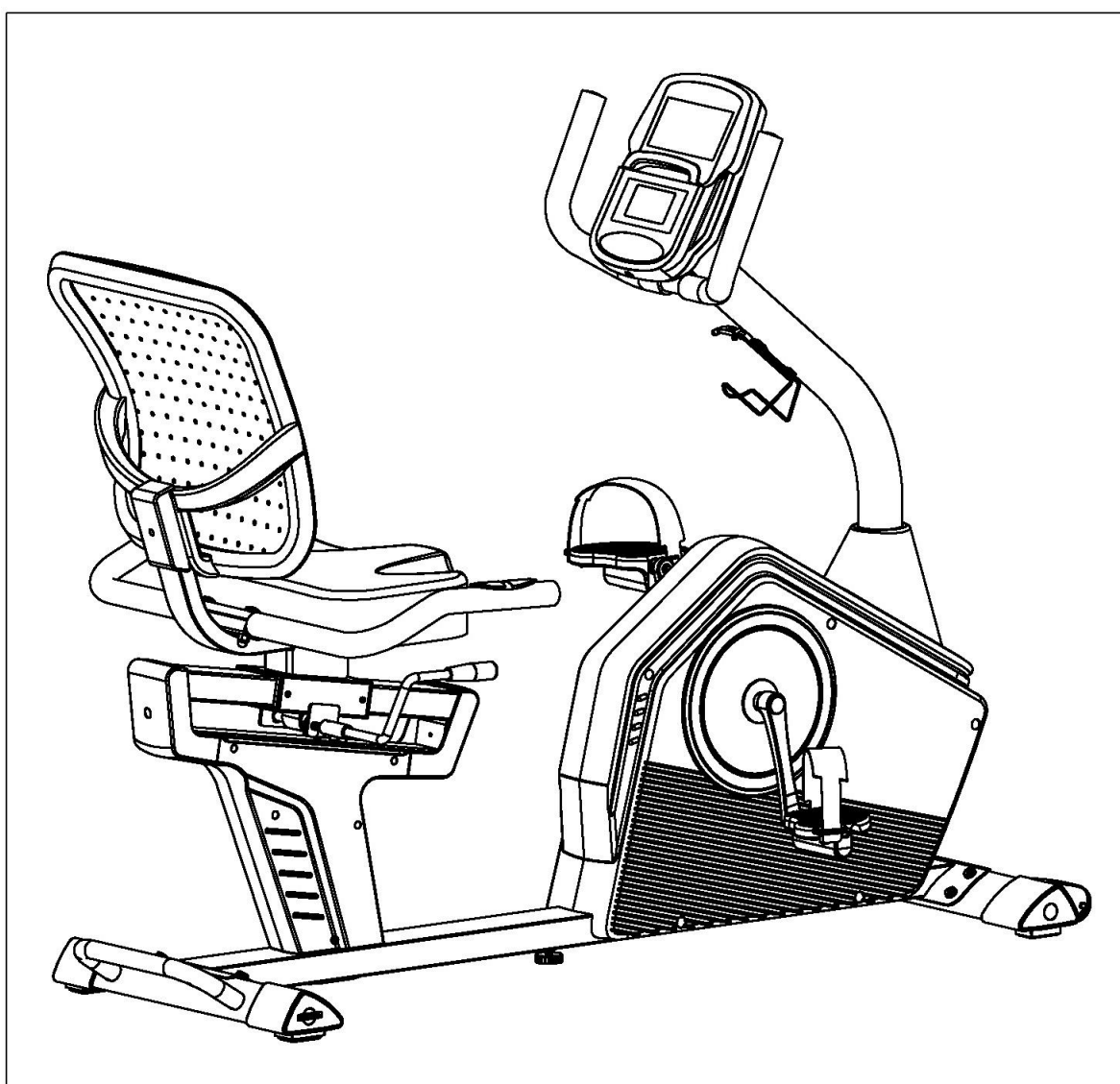




SMART PROGRAMMABLE RECUMBENT BIKE

SF-RB4850SMART

USER MANUAL



IMPORTANT! Please retain owner's manual for maintenance and adjustment instructions. Your satisfaction is very important to us, **PLEASE DO NOT RETURN UNTIL YOU HAVE CONTACTED US:** support@sunnyhealthfitness.com or 1-877-90SUNNY (877-907-8669).



WWW.SUNNYHEALTHFITNESS.COM

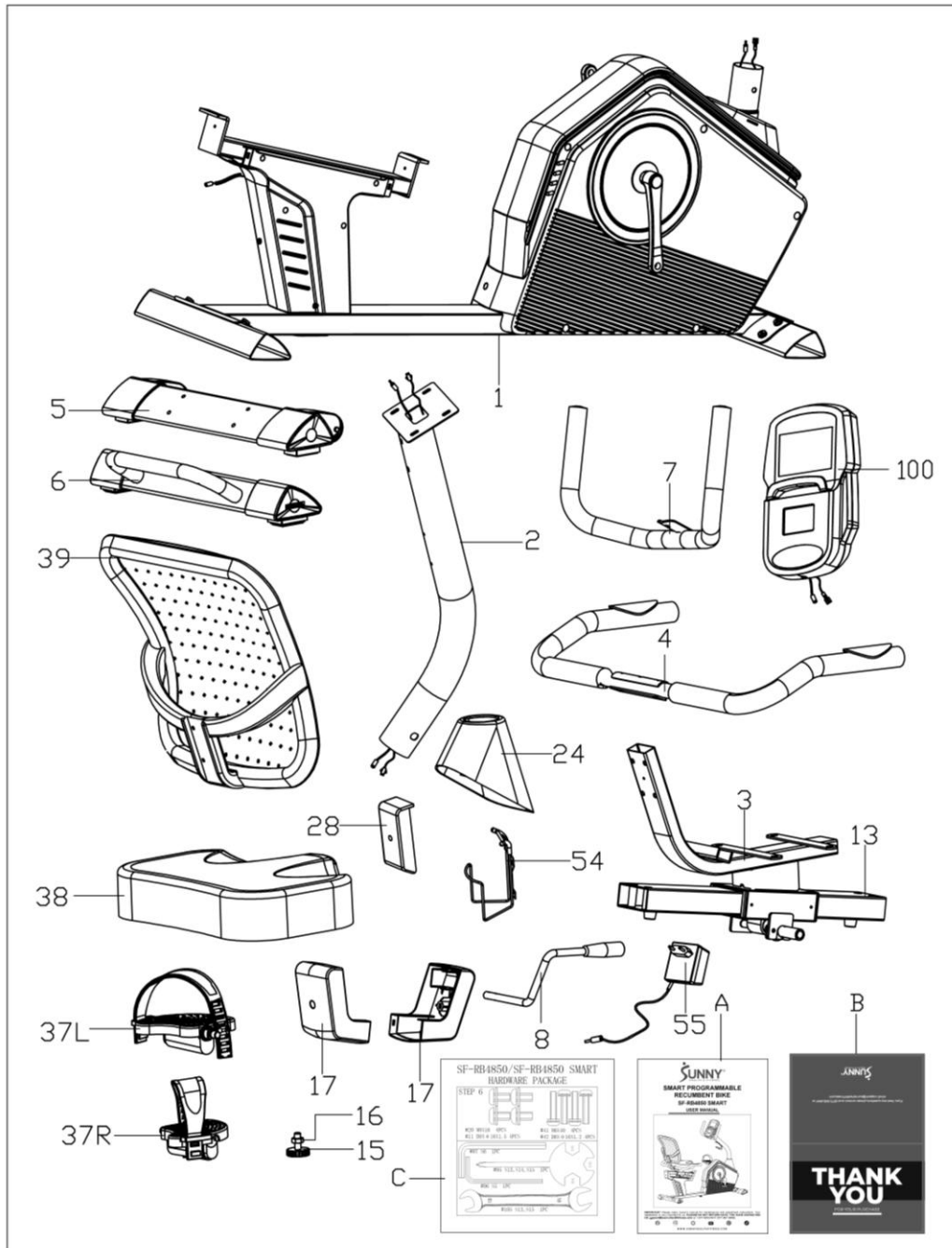
IMPORTANT SAFETY INFORMATION

We thank you for choosing our product. To ensure your safety and health, please use this equipment correctly. It is important to read this entire manual before assembling and using the equipment. Safe and effective use can only be achieved if the equipment is assembled, maintained, and used properly. It is your responsibility to ensure that all users of the equipment are informed of all warnings and precautions.

1. Before starting any exercise program, you should consult your physician to determine if you have any medical or physical conditions that could put your health and safety at risk or prevent you from using the equipment properly. Your physician's advice is essential if you are taking medication that affects your heart rate, blood pressure, or cholesterol level.
2. Be aware of your body's signals. Incorrect or excessive exercise can damage your health. Stop exercising if you experience any of the following symptoms: pain, tightness in your chest, irregular heartbeat, shortness of breath, lightheadedness, dizziness, or feelings of nausea. If you do experience any of these conditions, you should consult your physician before continuing with your exercise program.
3. Keep children and pets away from the equipment. The equipment is designed for adult use only.
4. Use the equipment on a solid, flat level surface with a protective cover for your floor or carpet. To ensure safety, the equipment should have at least 4 feet (120 cm) of free space all around it.
5. Ensure that all nuts and bolts are securely tightened before using the equipment. The safety of the equipment can only be maintained if it is regularly examined for damage and/or wear and tear.
6. Always use the equipment as indicated. If you find any defective components while assembling or checking the equipment, or if you hear any unusual noises coming from the equipment during exercise, discontinue use of the equipment immediately and do not use until the problem has been rectified.
7. Wear suitable clothing while using the equipment. Avoid wearing loose clothing that may become entangled in the equipment.
8. Do not place fingers or objects into the moving parts of the equipment.
9. The maximum weight capacity of this unit is 300 lbs (135 kgs).
10. The equipment is not suitable for therapeutic use.
11. To avoid bodily injury and/or damage to the product or property, proper lifting and moving are required.
12. Your product is intended for use in cool and dry conditions. You should avoid storage in extreme cold, hot or damp areas as this may lead to corrosion and other related problems.
13. This equipment is designed for indoor and home use only; it is not intended for commercial use.

PRE-ASSEMBLY CHECK LIST

Before you start to assemble, please make sure all parts are included.

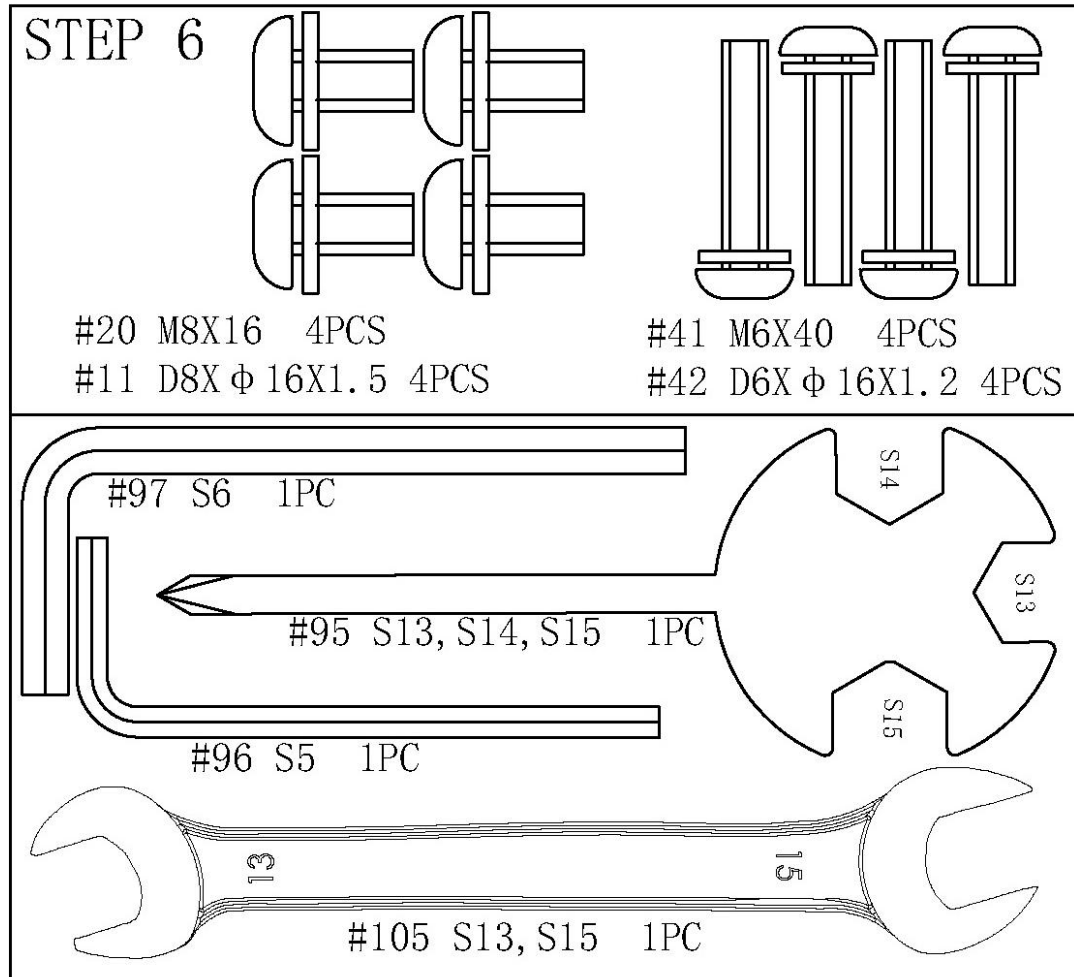


No.	Description	Spec.	Qty.
1	Main Frame		1
2	Handlebar Post		1
3	Seat Tube		1
4	Handlebar		1
5	Front Stabilizer		1
6	Rear Stabilizer		1
7	Armrest		1
8	Adjustment Handle		1
13	Rail		1
15	Adjustable Pad		1
16	Hex Nut	M10	1
17	Rail Cover		2

No.	Description	Spec.	Qty.
24	Upright Tube Cover		1
28	Backrest Cover		1
37L	Left Pedal		1
37R	Right Pedal		1
38	Seat	KX4850	1
39	Backrest	QT-188D	1
100	Meter	TZ-4113P	1
54	Bottle Holder		1
55	Adaptor		1
A	Manual		1
B	Thank You Card		1
C	Hardware Package		1

HARDWARE PACKAGE

SF-RB4850/SF-RB4850 SMART HARDWARE PACKAGE



Ordering Replacement Parts (U.S. and Canadian Customers only)

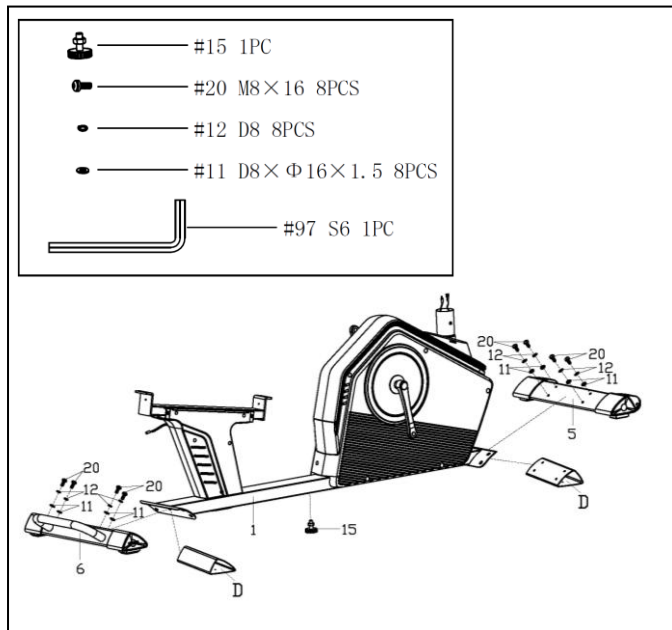
Please provide the following information in order for us to accurately identify the part(s) needed:

- ✓ The model number (found on cover of manual)
- ✓ The product name (found on cover of manual)
- ✓ The part number found on the “EXPLODED DIAGRAM” (pages 19-20) and “PARTS LIST” (pages 17-18)

Please contact us at support@sunnyhealthfitness.com or 1-877-90SUNNY (877-907-8669).

ASSEMBLY INSTRUCTIONS

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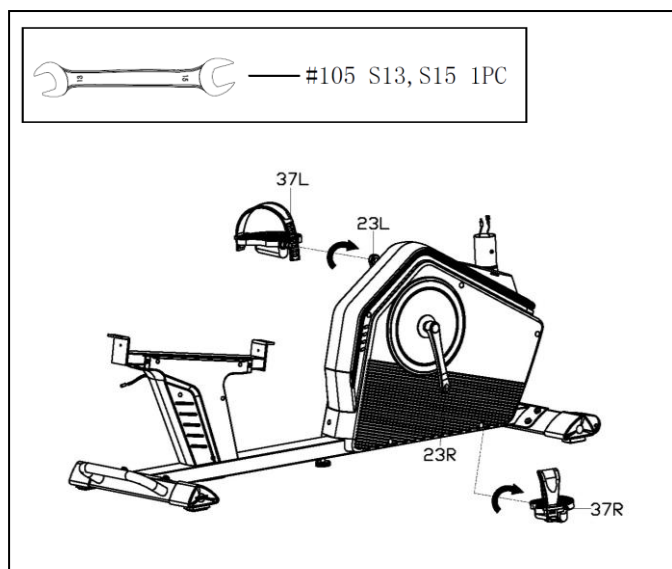
STEP 1:

Remove 2 **Shipping Tubes (No. D)**, 8 **Screws (No. 20)**, 8 **Spring Washers (No. 12)** and 8 **Flat Washers (No. 11)** from the **Main Frame (No. 1)** using **Allen Wrench (No. 97)**.

NOTE: You may discard the **Shipping Tubes (No. D)** or save them to repackage the item in the future.

Attach the **Front Stabilizer (No. 5)** and **Rear Stabilizer (No. 6)** to the **Main Frame (No. 1)** with 8 **Screws (No. 20)**, 8 **Spring Washers (No. 12)** and 8 **Flat Washers (No. 11)** that were just removed. Tighten and secure with the **Allen Wrench (No. 97)**.

Attach the **Adjustable Pad (No. 15)** to the **Main Frame (No. 1)**.



STEP 2:

Align the **Left Pedal (No. 37L)** with the **Left Crank (No. 23L)** at 90° and gently insert the pedal into the crank arm. Turn the **Left Pedal (No. 37L)** counter-clockwise as tightly as you can with your hands, then use **Spanner (No. 105)** to tighten securely.

Align the **Right Pedal (No. 37R)** with the **Right Crank (No. 23R)** at 90° and gently insert the pedal into the crank arm. Turn the **Right Pedal (No. 37R)** clockwise as tightly as you can with your hands, then use **Spanner (No. 105)** to tighten securely.

NOTE: **Left Pedal (No. 37L)** is marked with "L" on the pedal, while **Right Pedal (No. 37R)** is marked with "R" on the pedal. Attaching the **Left & Right Pedals (No. 37L & No. 37R)** to the **Left & Right Cranks (No. 23L & No. 23R)** or turning them with the wrong direction will damage the **Left & Right Cranks (No. 23L & No. 23R)**.

This diagram shows an exploded view of a stationary bike. The main assembly includes the frame, flywheel, pedals, and a curved handlebar. A callout box in the upper left corner provides a detailed view of the handlebar assembly, showing the following components and their quantities:

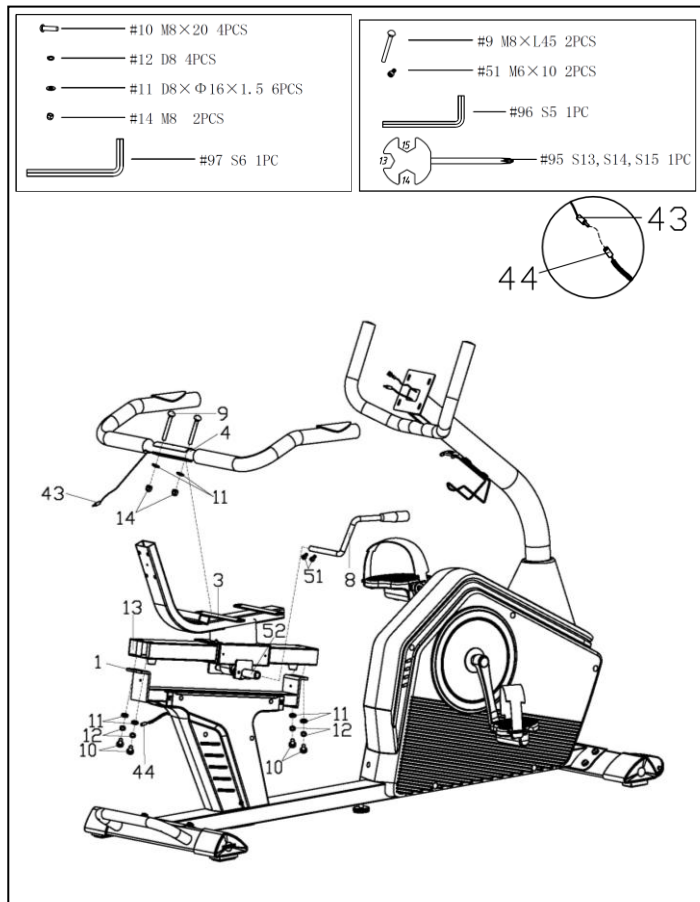
- #10 M8X20 4PCS
- #12 D8 4PCS
- #22 D8.5XØ20XR30 4PCS
- #97 S6 1PC

The callout diagram also includes labels for parts 56, 102, 44, and 101, which correspond to the handlebar assembly components shown in the main exploded view.

Move the **Upright Tube Cover (No. 24)** lower so it snaps into the **Main Frame (No. 1)**.

Remove 2 **Screws (No. 19)** and 2 **Flat Washers (No. 53)** from the **Handlebar Post (No. 2)** using **Spanner (No. 95)**. Then attach the **Bottle Holder (No. 54)** to the **Handlebar Post (No. 2)** with 2 **Screws (No. 19)** and 2 **Flat Washers (No. 53)** that were just removed. Tighten and secure with the **Spanner (No. 95)**.

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STEP 5:

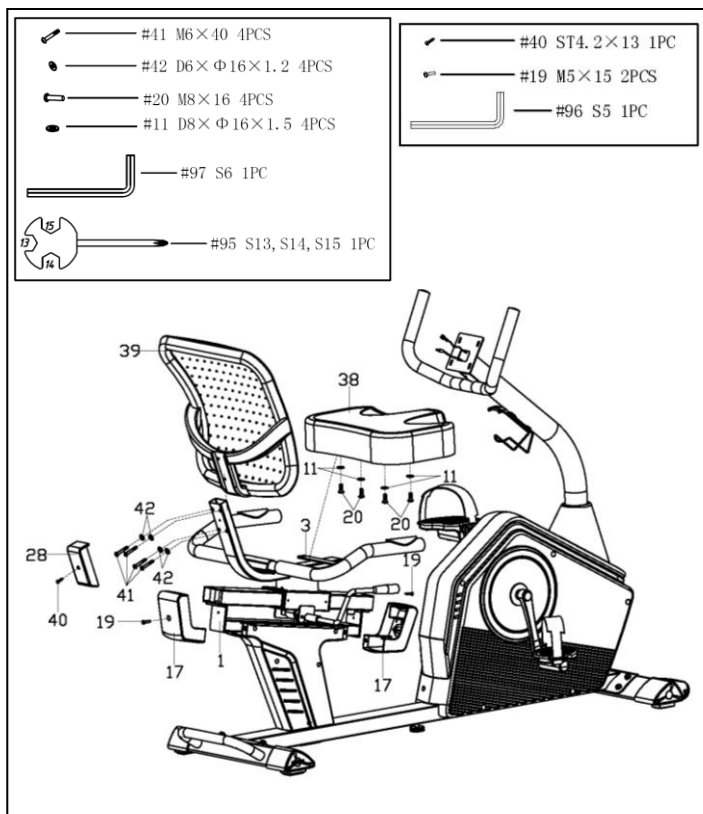
Remove 4 **Screws (No. 10)**, 4 **Spring Washers (No. 12)** and 4 **Flat Washers (No. 11)** from the **Rail (No. 13)** with **Allen Wrench (No. 97)**. Then attach the **Rail (No. 13)** to the **Main Frame (No. 1)** with 4 **Screws (No.10)**, 4 **Spring Washers (No. 12)** and 4 **Flat Washers (No. 11)** that were just removed using **Allen Wrench (No. 97)**.

Remove the 2 **Screws (No. 51)** from the **Adjustment Handle (No. 8)** using **Allen Wrench (No. 96)**. Then attach the **Adjustment Handle (No. 8)** to the **Axle (No. 52)** with 2 **Screws (No. 51)** that were just removed using **Allen Wrench (No. 96)**.

Remove 2 **Carriage Bolts (No. 9)**, 2 **Flat Washers (No. 11)** and 2 **Cap Nuts (No. 14)** from the **Handlebar (No. 4)** using **Spanner (No. 95)**. Then attach the **Handlebar (No. 4)** to the **Seat Tube (No. 3)** with 2 **Carriage Bolts (No. 9)**, 2 **Flat Washers (No. 11)** and 2 **Cap Nuts (No. 14)** that were just removed using **Spanner (No. 95)**.

Connect the **Pulse Wire (No. 43)** with the **Extension Wire 1 (No. 44)**.

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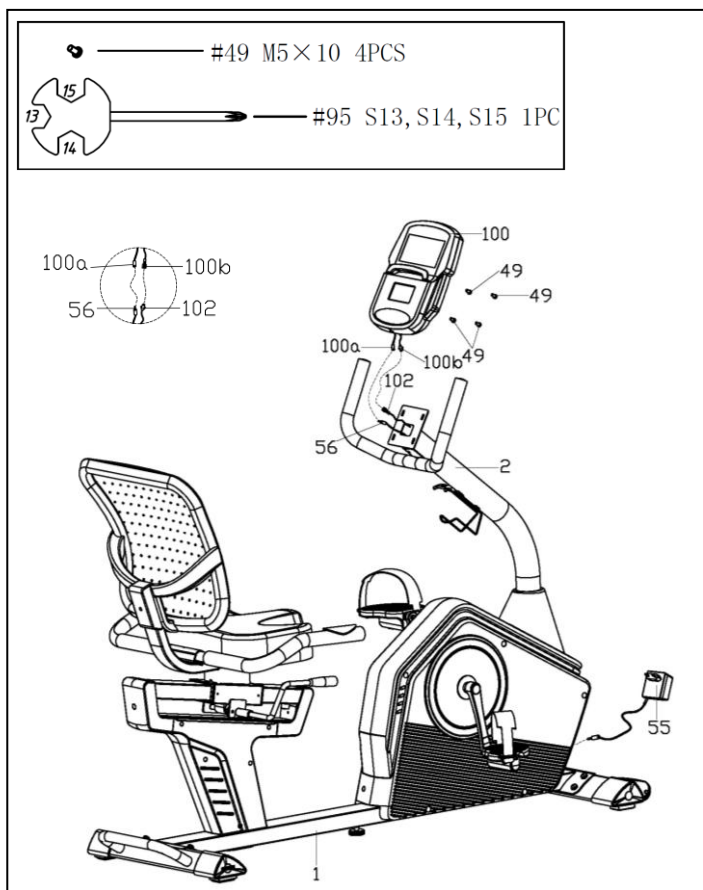
STEP 6:

Remove 2 **Screws (No. 19)** from the **Main Frame (No. 1)** using **Spanner (No. 95)**. Then attach 2 **Rail Covers (No. 17)** to the **Main Frame (No. 1)** with 2 **Screws (No. 19)** that were just removed using **Spanner (No. 95)**.

Attach the **Seat (No. 38)** to the **Seat Tube (No. 3)** with 4 **Screws (No. 20)** and 4 **Flat Washers (No. 11)** using **Allen Wrench (No. 97)**.

Attach the **Backrest (No. 39)** to the **Seat Tube (No. 3)** with 4 **Bolts (No. 41)** and 4 **Flat Washers (No. 42)**. Tighten and secure with **Allen Wrench (No. 96)**.

Remove the **Screw (No. 40)** from the **Seat Tube (No. 3)** using the **Spanner (No. 95)**. Attach the **Backrest Cover (No. 28)** to the **Seat Tube (No. 3)** with the **Screw (No. 40)** that was just removed. Tighten and secure with the **Spanner (No. 95)**.



STEP 7:

Remove 4 **Screws (No. 49)** from the **Meter (No. 100)** with **Spanner (No. 95)**.

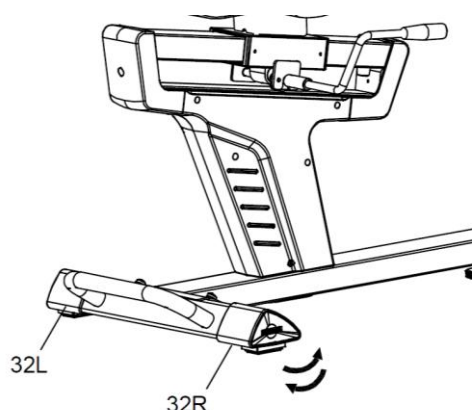
Connect the **Extension Wire 2 (No. 56)** with **Meter Wire A (No. 100a)** and connect the **Sensor Extension Wire 1 (No. 102)** with **Meter Wire B (No. 100b)**. Then attach the **Meter (No. 100)** to the bracket of **Handlebar Post (No. 2)** with 4 **Screws (No. 49)** that were just removed. Tighten and secure with the **Spanner (No. 95)**.

NOTE: Insert all wires to the tube of **Handlebar Post (No. 2)**. Do not cut or pinch any wires when attaching the **Meter (No. 100)**.

Insert the jack from **Adapter (No. 55)** to adapter input on the back of **Main Frame (No. 1)**, then plug the **Adapter (No. 55)** into an outlet.

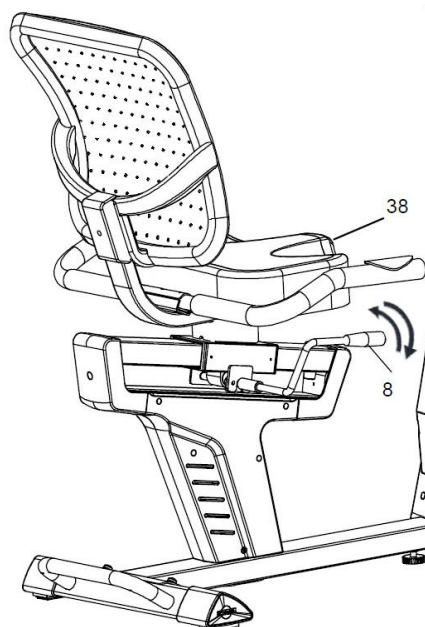
The assembly is now complete!

ADJUSTMENT GUIDE



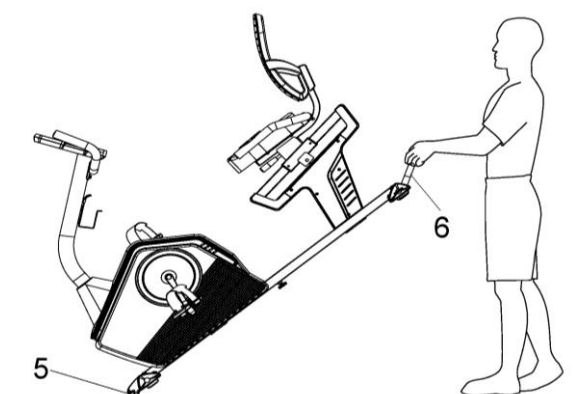
ADJUSTING THE BALANCE

In order to achieve a smooth and comfortable ride, you must ensure that the bike is stable and secure. If you notice that the bike is unbalanced during use, you should adjust the **Left & Right Rear End Caps (No. 32L & No. 32R)** located beneath the rear stabilizer. To do so, simply turn the dials on the **Left & Right Rear End Caps (No. 32L & No. 32R)** until the bike becomes levelled with the floor surface. Turn counter-clockwise to raise and turn clockwise to lower.



ADJUSTING THE SEAT

To move the **Seat (No. 38)** forward or backward, while seated on the bike, put your feet on the floor. Shift the **Adjustment Handle (No. 8)** down to loosen. Move the **Seat (No. 38)**. Shift the **Adjustment Handle (No. 8)** up to secure.



MOVING THE BIKE

There are wheels located on the **Front Stabilizer (No. 5)**. Hold the handlebar on the **Rear Stabilizer (No. 6)** and pull forward to lift the rear of the recumbent bike off the floor. Now you can move the recumbent bike.

IMPORTANT RECUMBENT BIKE INFORMATION

WARNING: This recumbent bike requires a power source of **1 amp (100-240V)** in order to properly operate. For your safety, as well as the safety of others, please verify that the power source is correct before plugging in the equipment. Any power source above or below this level could cause significant damage to the equipment and/or user.

OPERATING INSTRUCTIONS

Plug the adaptor into the recumbent bike and into the outlet.

The meter will turn on.

The meter will turn off if there is no activity for 4 minutes when the Bluetooth is not connected. Press any key on the meter to turn it on again.

NOTE: You can still use the recumbent bike when it is not plugged in. However, the meter will not be working, and you cannot adjust the resistance level or use any of the functions.



EXERCISE METER

KEY FUNCTIONS:

KEY	FUNCTION
START/STOP	Start and pause workouts. Start body fat measurement.
DOWN	Lower the resistance level during workout. Decrease value of selected parameter.
UP	Increase the resistance level during workout. Increase value of selected parameter.
ENTER	Input the value or mode.
RECOVERY	Enter Recovery function when meter displays the heart rate value. Recovery displays F1-F6. F1 is excellent recovery heart rate. F6 is poor recovery heart rate.
MODE	During workout, switch display from RPM to SPEED, ODO (ODOMETER) to DIST (DISTANCE) and WATT to CAL (CALORIES). Hold for 3 seconds to reset all function values to zero, except ODO (ODOMETER).

WORKOUT SELECTION:

After turning the meter on by plugging in the adaptor or if already plugged in, pressing any key on the meter, use the UP or DOWN key to make a selection. Then press ENTER key to choose the desired mode.

There are 7 basic workout modes:

Manual Program, Pre-set Programs, Watt Control Program, Body Fat Program, Target Heart Rate Program, Heart Rate Control Programs, and User Programs.

FUNCTIONS:

SPEED: Displays current training speed. Maximum speed is 99.9 MPH.

RPM: Displays current rotation per minute.

TIME: Accumulates the workout time from 0:00 to 99:59. Users can preset the target time they want.

DIST (DISTANCE): Accumulates the workout distance from 0.00 to 999.9 miles. Users can preset the target distance they want to reach.

ODO (ODOMETER): Displays the total accumulated distance from 0.00 to 9999 miles.

CAL (CALORIES): Accumulates the calories burned from 0.00 to 9999. Users can preset the target calories they want to burn.

WATT: Displays current watt.

HEART RATE: Displays the current heart rate in beats per minute.

TARGET HR. (HEART RATE): Users can preset their Target Heart Rate.

PROGRAM: There are 24 different programs to choose for training.

LEVEL: The program has 10 columns of bars and 8 bars in each column. Each column represents a 1-minute workout, and each bar represents 2 resistance levels.

WORKOUT PARAMETERS:

TIME / DIST (DISTANCE) / CAL (CALORIES) / AGE / WATT / TARGET HR. (HEART RATE)

Setting Workout Parameters

After selecting the desired workout mode: Manual Program, Pre-set Programs, Watt Control Program, Body Fat Program, Target Heart Rate Program, Heart Rate Control Programs, and User Programs. You may pre-set several workout parameters for desired results.

NOTE: Some parameters are not adjustable in certain programs. TIME and DIST (DISTANCE) cannot be set up at the same time.

Once a program has been selected, press ENTER key and TIME will flash.

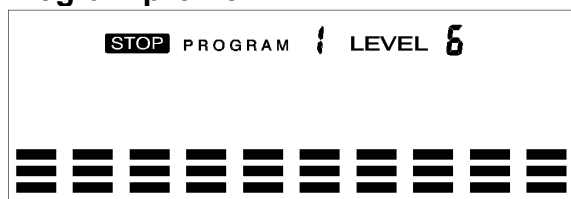
Using the UP or DOWN key, you may select the desired time value. Press ENTER key to input the values. The flashing prompt will move to the next parameter. Continue using the UP or DOWN key. Press the START/STOP key to begin the workout.

More About Workout Parameters

Field	Setting Range	Default Value	Increment/Decrement	Description
TIME	0:00~99:00	0:00	±1:00	1..When display is set as 0:00, TIME will count up. 2..When TIME is set as 1:00-99:00, it will count down to 0.00.
DIST (DISTANCE)	0.00~999.0	0.00	±1.00	1..When display is set as 0.00, DIST (DISTANCE) will count up. 2..When DIST (DISTANCE) is set as 1.00~999.0, it will count down to 0.00.
CAL (CALORIES)	0.00~9995	0.00	±5.00	1..When display is set as 0.00, CAL (CALORIES) will count up. 2. When CAL (CALORIES) is set as 5.00~9995, it will count down to 0.00.
WATT	50~250	100	±5	User can set watt value only in the Watt Control Program.
AGE	10~99	30	±1	TARGET HR. (HEART RATE) will be based on Age. When Heart Rate exceeds TARGET HR. (HEART RATE), the Heart Rate number will flash.
TARGET HR. (HEART RATE)	60~220	60	±1	Setting Parameters for Target heart rate.

PROGRAM OPERATION: MANUAL PROGRAM (PROGRAM 1)

Program profile

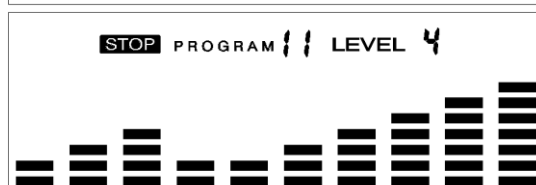
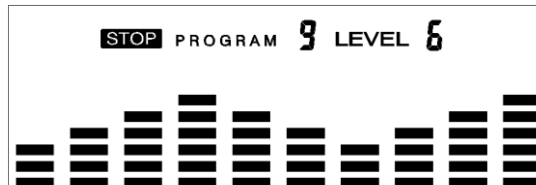
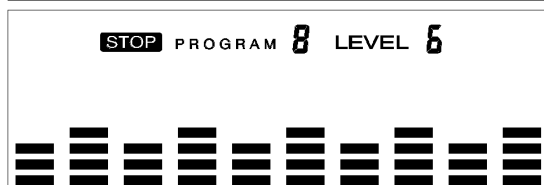
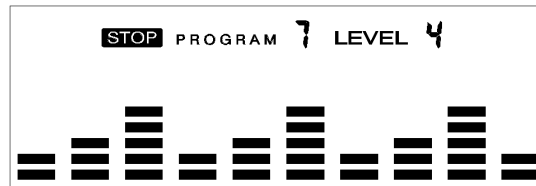
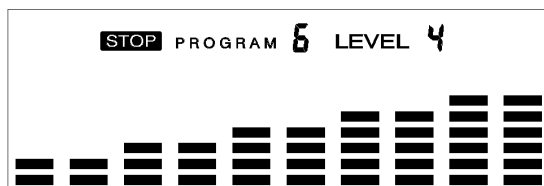
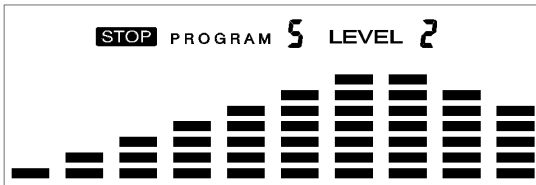
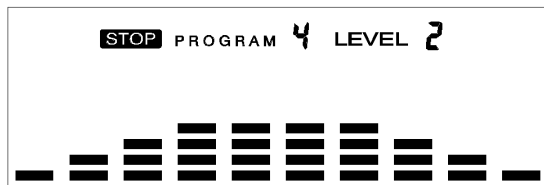
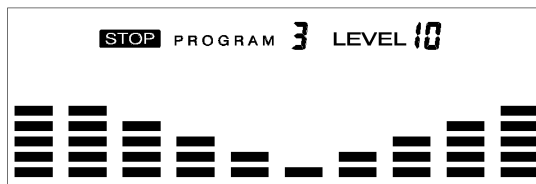
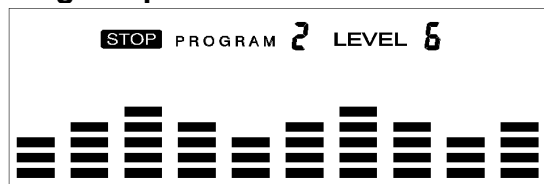


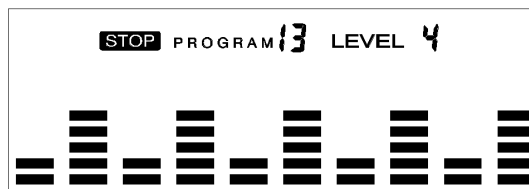
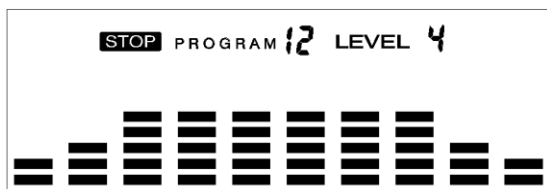
SETTING PARAMETERS FOR MANUAL PROGRAM

1. Select **MANUAL PROGRAM (PROGRAM 1)** using the UP or DOWN key, then press ENTER key.
2. TIME will flash so the value can be adjusted using the UP or DOWN key.
3. Press the ENTER key to save the value and move to the next parameter to be adjusted.
NOTE: If you set up the target time for workout, then the next parameter of DIST (DISTANCE) cannot be adjusted.
4. Continue through all desired parameters and press the START/STOP key to begin the workout.
NOTE: Once the workout parameter counts down to zero, it will beep and stop the workout automatically. Press the START/STOP button to continue the workout to reach the unfinished workout parameter.

PRE-SET PROGRAMS (PROGRAM 2~ PROGRAM 13)

Program profile





There are 12 pre-set programs ready for use. All program profiles have 16 levels of resistance.

SETTING PARAMETERS FOR PRE- SET PROGRAMS

1. Select one of the **PRE- SET PROGRAMS** using the UP or DOWN key, then press ENTER key. TIME will flash so the value can be adjusted using the UP or DOWN key.
2. Press the ENTER key to save value and move to the next parameter to be adjusted. Continue through all desired parameters, pressing the START/STOP key to begin the workout.

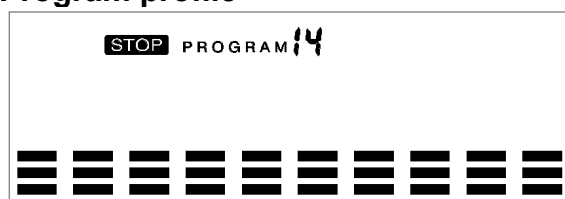
Workout in any pre-set program

You can adjust the level of resistance by pressing the UP or DOWN key during the workout.

NOTE: If you set up the target time for workout, then the next parameter of DIST (DISTANCE) cannot be adjusted. Once the workout parameter counts down to zero, it will beep and stop the workout automatically. Press the START/STOP key to continue the unfinished parameter.

WATT CONTROL PROGRAM (PROGRAM 14)

Program profile

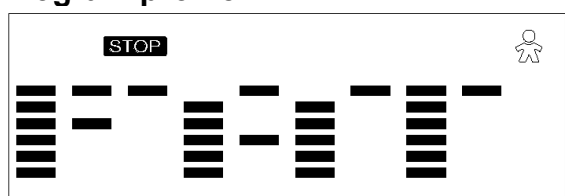


SETTING PARAMETERS FOR THE WATT CONTROL PROGRAM

1. Select **WATT CONTROL PROGRAM (PROGRAM 14)** using the UP or DOWN key, then press ENTER key.
2. TIME will flash so the value can be adjusted using the UP or DOWN key.
3. Press ENTER key to save the value and move to the next parameter to be adjusted.
NOTE: If you set up the target time for workout, then the next parameter of DIST (DISTANCE) cannot be adjusted.
4. Continue through all desired parameters, pressing the START/STOP key to start the workout.
NOTE: Once the workout parameters count down to zero, it will beep and stop the workout automatically.
5. Press the START/STOP key to continue the workout to reach the unfinished workout parameter. The meter will adjust the resistance load automatically depending on the speed to maintain the constant watt value. You can use the UP or DOWN key to adjust the watt value during the workout.

BODY FAT PROGRAM (PROGRAM 15)

Program profile



SETTING DATA FOR BODY FAT PROGRAM

Select **BODY FAT PROGRAM (PROGRAM 15)** using the UP or DOWN key, then press ENTER key.  "MALE" will flash so Gender can be adjusted using the UP or DOWN key. Press the ENTER key to save gender and move to the next data.

"5'8 (inches)" of Height will flash so Height can be adjusted using the UP or DOWN key. Press ENTER key to save the value and move to the next data.

"154 (lbs)" of Weight will flash so Weight can be adjusted using the UP or DOWN key. Press ENTER key to save the value and move to the next data.

"30" of Age will flash so Age can be adjusted using the UP or DOWN key. Press ENTER key to save the value.

Press the START/STOP key to start the measurement. Please also remember to grasp the hand pulse sensors. After 15 seconds the display will show Body Fat %, BMR, BMI, & BODY TYPE.

Body Types:

There are 9 body types divided according to the FAT % calculated.

Body Type	FAT %	Body Type	FAT %	Body Type	FAT %
Type 1	5% - 9%	Type 4	20% - 24%	Type 7	35% - 39%
Type 2	10% - 14%	Type 5	25% - 29%	Type 8	40% - 44%
Type 3	15% - 19%	Type 6	30% - 34%	Type 9	45% - 50%

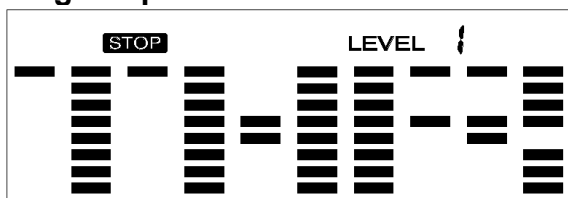
BMR: Basal Metabolism Ratio

BMI: Body Mass Index

Press START/STOP key to return the main display.

TARGET HEART RATE PROGRAM (PROGRAM 16)

Program profile



SETTING PARAMETERS FOR TARGET HEART RATE PROGRAM

1. Select **TARGET HEART RATE PROGRAM (PROGRAM 16)** using the UP or DOWN key, then press ENTER key.
2. TIME will flash. The value can be adjusted using the UP or DOWN key.
3. Press the ENTER key to save the value and move to the next parameter to be adjusted.

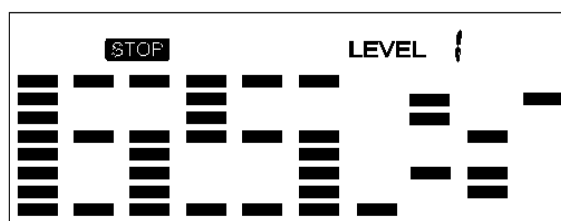
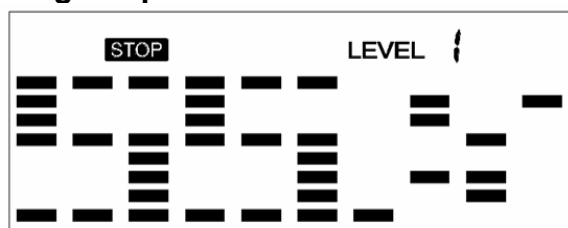
NOTE: If you set up the target time to workout, then the next parameter of DIST (DISTANCE) cannot be adjusted.

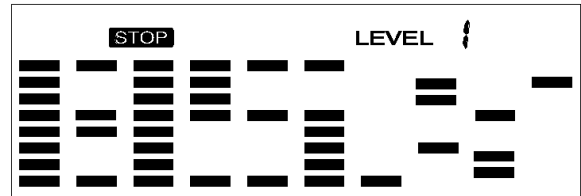
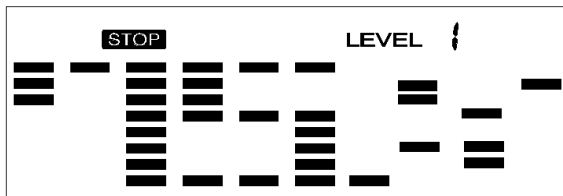
4. Continue through all desired parameters, pressing START/STOP key to start workout.

NOTE: If heart rate is above the set TARGET HR. (HEART RATE), the heart rate value will flash to remind the user.

HEART RATE CONTROL PROGRAMS (PROGRAM 17~ PROGRAM 20)

Program profile





There are 4 selections for target pulse (HR):

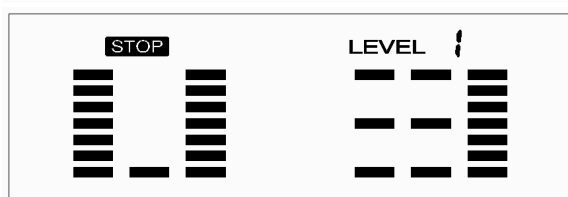
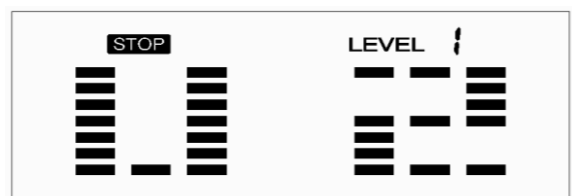
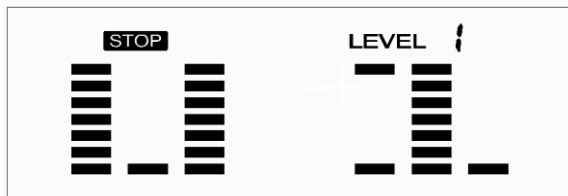
- HRC - 55% TARGET HR= 55% of (220-AGE)
- HRC - 65% TARGET HR= 65% of (220-AGE)
- HRC - 75% TARGET HR= 75% of (220-AGE)
- HRC - 85% TARGET HR= 85% of (220-AGE)

SETTING PARAMETERS FOR HEART RATE CONTROL PROGRAMS

1. Select one of the **HEART RATE CONTROL PROGRAMS** using the UP or DOWN key, then press ENTER key.
2. TIME will flash. The value can be adjusted using the UP or DOWN key.
3. Press the ENTER key to save the value and move to the next parameter to be adjusted.
NOTE: If you set up the target time to work out, then the next parameter of DIST (DISTANCE) cannot be adjusted.
4. Continue through all desired parameters, pressing the START/STOP key to start the workout.
**NOTE: If heart rate is above or below (± 5) the TARGET HR. (HEART RATE), the meter will adjust the resistance load automatically. It will check every 20 seconds approx. 1 bar will increase or decrease (NOTE: each bar represents 2 resistance levels).
If one of the workout parameters counts down to be zero, it will beep and stop the workout automatically. Press the START/STOP key to continue the workout to reach unfinished workout parameter.**

USER PROGRAMS (PROGRAM 21~ PROGRAM 24)

Program profile



The 4 user programs allow the user to set their own program that can be used immediately.

SETTING PARAMETERS FOR USER PROGRAMS

1. Select the **USER PROGRAMS** using the UP or DOWN key then press ENTER key.
2. TIME will flash so the value can be adjusted using the UP or DOWN key.
3. Press the ENTER key to save the values and move to the next parameter to be adjusted.
NOTE: If you set up the target time to work out, then the next parameter of DIST (DISTANCE) cannot be adjusted.
4. Continue through all desired parameters.
5. After finishing the setup of the desired parameters, level 1 will flash. Use the UP or DOWN key to adjust, then press the ENTER key until finished. (There are 10 times total). Press the START/STOP key to begin the workout.
NOTE: Once the workout parameter counts down to zero, it will beep and stop the workout automatically. Press the START/STOP key to continue the workout to reach the unfinished workout parameter.

APP CONNECTION:

Connect Smart Equipment to SunnyFit App:

1. Scan to download SunnyFit from the app store:



2. Ensure that the Bluetooth function is turned on from your mobile device.
3. If this is your first time using the SunnyFit app, follow the in-app instructions to register for your free SunnyFit account and log in.
4. Begin any workout activity that matches your smart equipment, then follow the onscreen prompts to search for and connect to your smart equipment.
5. When connected, your stats and records will be displayed at the end of your course/session, and recorded in your account profile!

Troubleshooting:

- If you are having trouble connecting your smart equipment, visit www.sunnyfit.com/guide or scan the QR code below:



- If you require additional support, please contact support@sunnyfit.com.

TECHNICAL DATA

Connectivity: Bluetooth LE

Frequency Range: 2400~2483.5 Mhz

Transmitting Power: 0 dBm

TROUBLESHOOTING

PROBLEM	POSSIBLE CAUSE	CHECK	SOLUTION
E1-1	The motor couldn't find its start point.	Check if all the cables are well plugged in or check if the pins on the cables are improperly inserted or check if the motor is well connected.	Plug in the cables again and power on, then press MODE and ENTER buttons at the same time to enter the correction mode to correct errors.
E1-2	The motor signal has no induction.	Check if all the cables are well plugged in or check if the pins on the cables are improperly inserted or check if the motor is stuck.	Plug in the cables again or change a new motor.
E1-3	The motor has exceeded the maximum resistance level.	Check if all the cables are well plugged in or check if the pins on the cables are improperly inserted.	Plug in the cables again and power on, 1 second later disconnect the cables then re-plug in the cables and power on again, wait about 6 seconds let the motor come back to its start point, then press MODE and ENTER buttons at the same time to enter the correction mode to correct errors.
E2	No EEPROM data was read.		Re-connect the meter.
	The EEPROM data reading error.		Power on the meter again to re-read the data.
E4	Hands aren't put on the two handle pulses immediately after pressing START button.		Put the hands on the two handle pulses immediately after pressing START button.
	Body Fat Function cannot receive the signal for pulse.	Check if the handle pulse wires are well connected.	Plug in the handle pulse wires again or change the handle pulse wires.
		Check if the pulse is working when not in Body Fat Program.	Change the meter.

NOTE: If you are unable to resolve an issue using the troubleshooting guide above, please contact Customer Service at support@sunnyhealthfitness.com.

PARTS LIST

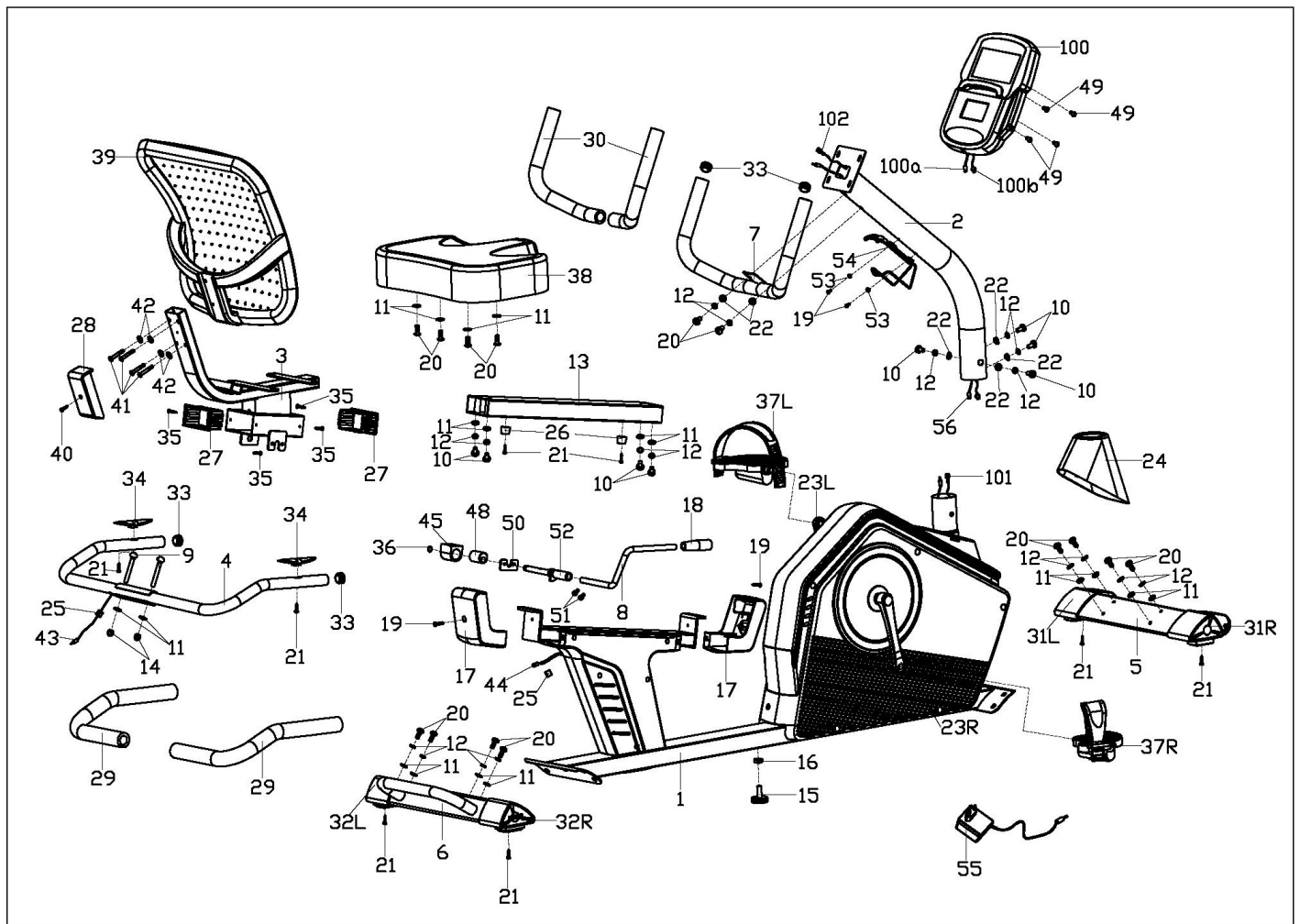
No.	Description	Spec.	Qty.
1	Main Frame		1
2	Handlebar Post		1
3	Seat Tube		1
4	Handlebar		1
5	Front Stabilizer		1
6	Rear Stabilizer		1
7	Armrest		1
8	Adjustment Handle		1
9	Carriage Bolt	M8XL45	2
10	Screw	M8X20	8
11	Flat Washer	D8XΦ16X1.5	18
12	Spring Washer	D8	18
13	Rail		1
14	Cap Nut	M8	2
15	Adjustable Pad		1
16	Hex Nut	M10	1
17	Rail Cover		2
18	Foam Grip		1
19	Screw	M5X15	4
20	Screw	M8X16	14
21	Screw	ST4.2X18	33
22	Arc Washer	D8.5XΦ20XR30	6
23L	Left Crank	165mm	1
23R	Right Crank	165mm	1
24	Upright Tube Cover		1
25	Plug	Φ12.5	2
26	Cushion	Φ22XΦ12X1	2
27	Bushing	100X50X2	2
28	Backrest Cover		1
29	Foam Grip	Φ30XΦ24X550	2
30	Foam Grip	Φ30XΦ24X380	2
31L	Left Front End Cap		1
31R	Right Front End Cap		1
32L	Left Rear End Cap		1
32R	Right Rear End Cap		1
33	Round Cap	Φ25X2	4
34	Pulse Sensor		2
35	Screw	ST3.5X8	4
36	Axle Spring Washer		3
37L	Left Pedal		1
37R	Right Pedal		1
38	Seat	KX4850	1
39	Backrest	QT-188D	1
40	Screw	ST4.2X13	1
41	Bolt	M6X40	4
42	Flat Washer	D6XΦ16X1.2	4
43	Pulse Wire	850mm	1

No.	Description	Spec.	Qty.
44	Extension Wire 1	1200mm	1
45	Upper Block	38X34X36.2	1
46	Refer to #101		
47	Refer to #102		
48	Wheel	Φ25X38	1
49	Screw	M5X10	4
50	Plate	50X25X4	1
51	Allen Screw	M6X10	2
52	Axle		1
53	Flat Washer	D5XD12X1	2
54	Bottle Holder		1
55	Adaptor		1
56	Extension Wire 2	900mm	1
57	Flat Washer	D6XΦ12X1	2
58L	Left Seat Bracket Cover		1
58R	Right Seat Bracket Cover		1
59	Magnetic Board Axle	Φ12X73	1
60	Magnetic Board		1
61	Square Magnet	40X25X10	4
62	Flat Washer	D6XΦ16X1.5	3
63	Bolt	Φ14XΦ10XM8X20.5	1
64	Flat Washer	D10XΦ14X1	1
65	Nylon Nut	M8	1
66	Screw	M6X10	4
67	Screw	M6X8	2
68	Plug	Φ25X22	2
69	Flywheel Axle	Φ20X103	1
70	Flywheel	Φ240X40	1
71	Bearing	6001	2
72	Wave Washer	Φ12XΦ15.5X0.3	1
73	Fixed Plate	72X56X1.5	2
74	Bearing Block	72X56X1	2
75	Spring Washer	D6	5
76	Tension Spring	Φ3.0XΦ18.5X79	1
77	Bolt	M5X60	1
78	Hex Nut	M5	2
79	Idler Wheel	Φ39X24	1
80	Idler Wheel Linkage		1
81	Gear Motor		1
82	Belt Pulley	Φ220XH20	1
83L	Left Belt Cover		1
83R	Right Belt Cover		1
84	Crank Cover		2
85	Adjusting Bolt	M6X50	1
86	Nylon Nut	M6	5
87	N/A		
88	Hex Screw	M6X15	9

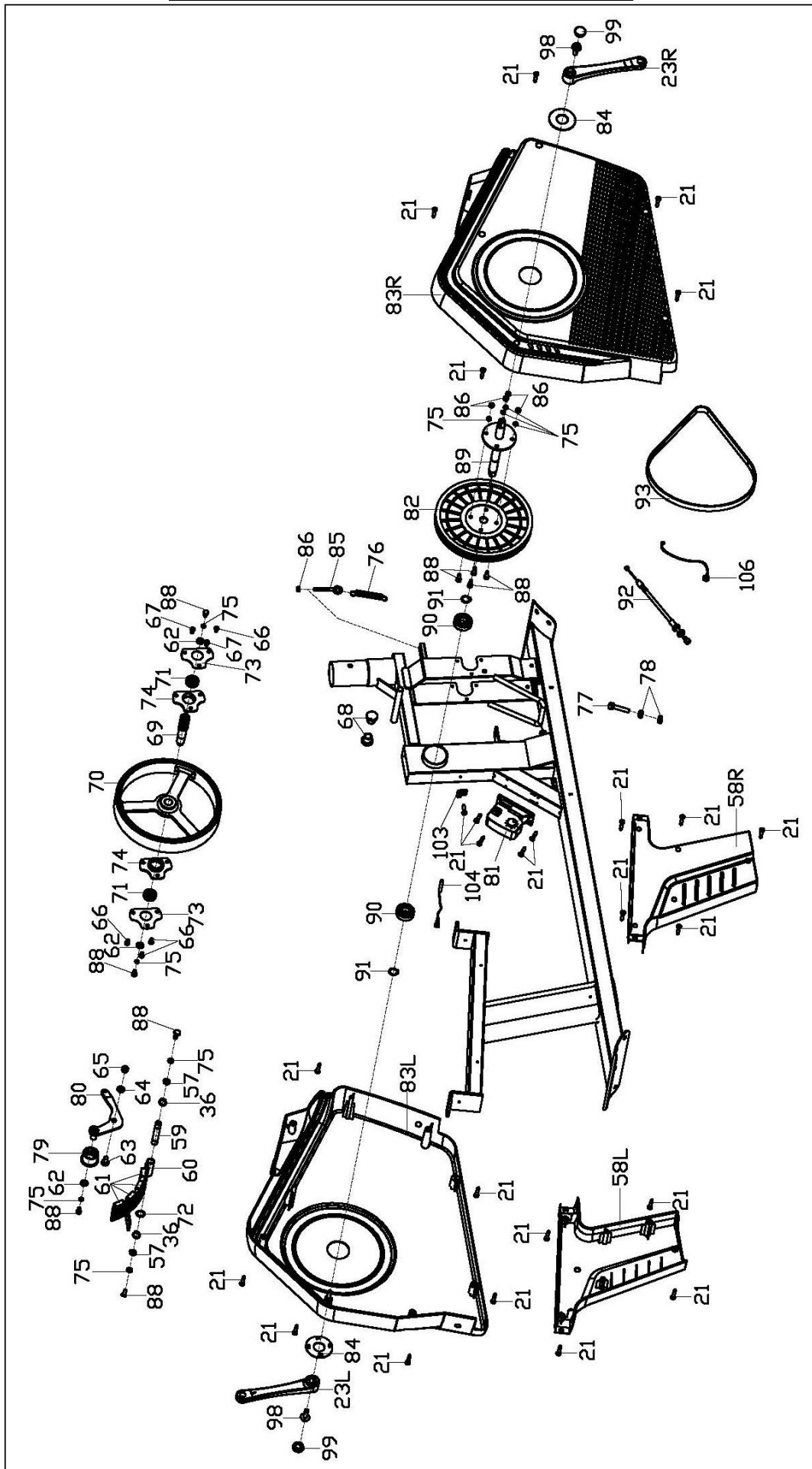
No.	Description	Spec.	Qty.
89	Middle Axle	Φ17X196	1
90	Bearing	6203RS	2
91	Axle Spring Washer	D17	2
92	Tension Wire	500mm	1
93	Belt	370PJ6	1
94	N/A		
95	Spanner	S13,S14,S15	1
96	Allen Wrench	S5	1
97	Allen Wrench	S6	1
98	Flange Nut	M8x25	2

No.	Description	Spec.	Qty.
99	Crank Cap		2
100	Meter	TZ-4113P	1
100a	Meter Wire A	100mm	1
100b	Meter Wire B	100mm	1
101	Sensor Extension Wire 2	900mm	1
102	Sensor Extension Wire 1	600mm	1
103	Sensor Seat		1
104	Sensor Wire	200mm	1
105	Spanner	S13,S15	1
106	DC Cable	1000mm	1

EXPLODED DIAGRAM 1



EXPLODED DIAGRAM 2



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