

INNOVA

HEALTH & FITNESS

Heavy Duty Deluxe Inversion Table Model ITX9600

WARNING:

BE SURE to read this manual in its ENTIRETY prior to installing and using the inversion table.

DO NOT USE inversion table without the approval of a licensed physician. Some medical conditions may not be suitable for use with this product.

CAREFULLY READ all Warnings and Instructions before using this inversion table. Misuse of this equipment may result in serious injury.

BODY WEIGHT will put pressure on ankles while inverting. New users are advised to start at lower settings (15 or 30) and to wear athletic shoes.

DO NOT let children under the age of 13 use the inversion table.

DO NOT allow children, bystanders, or pets around while using this equipment.

DO NOT put hand or fingers inside the Protective Cover for the Angle Selector Pin.

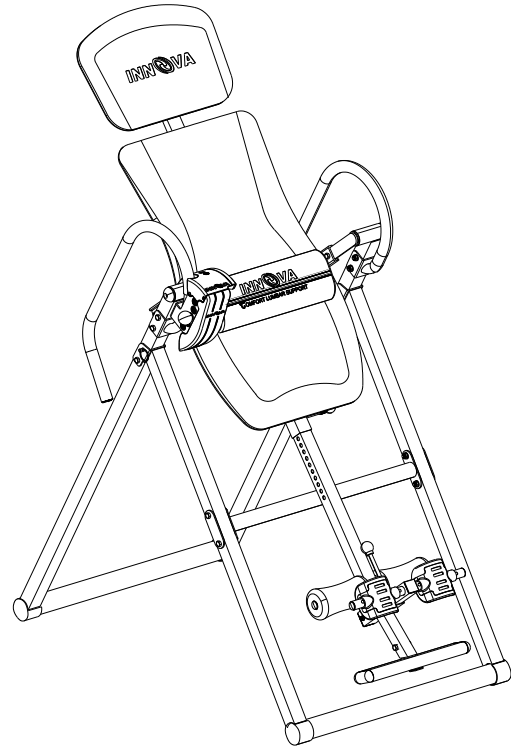
TO PREVENT unauthorized usage, it is strongly recommended you purchase a lock to fasten the Height Adjustment Tube to the Cross Bar.

KEEP FINGERS, feet, clothing, and hair free of all moving parts.

TIGHTEN ALL nuts, bolts, and screws BEFORE using equipment.

LEAVE adequate space to invert.

THIS EQUIPMENT is for indoor, household and non-institutional use only.



Note: This product is designed to adjust from 4'10" to 6'6" with a
**Maximum User Weight of
300 LBS**

Images may be slightly different
from actual product.

Questions/Comments

Innova Products Inc. is committed to providing the best quality and customer satisfaction for all products we distribute. If you are dissatisfied with your purchase or need assistance, please do not hesitate to contact us.

Email: support@innovaproductsinc.com

Phone: (408) 541-1866

Monday through Friday
8:00 am – 4:00 pm Pacific Time

PRODUCT WARRANTY

One-Year Limited Liability

Innova Products Inc. warrants that this product will be free from defects in materials and workmanship for a period of one year from date of purchase. This warranty applies only to the original purchaser when purchase of the product is from an authorized retailer and is for personal or household use. Warranty is void when the sale of the product is for institutional use. This warranty is non-transferable.

EXCEPT FOR THE LIMITED EXPRESS WARRANTY STATED HEREIN, INNOVA PRODUCTS INC. DISCLAIMS ALL OTHER EXPRESS OR IMPLIED WARRANTIES, INCLUDING BUT NOT LIMITED TO IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE. SOME STATES DO NOT ALLOW LIMITATIONS ON HOW LONG AN IMPLIED WARRANTY LASTS, SO THE ABOVE LIMITATIONS MAY NOT APPLY TO YOU.

Innova Products Inc., will not be liable for any loss or damage, including incidental or consequential damages of any kind, whether based upon warranty, contract or negligence and arising in connection with the sale, use or repair of the product.

SOME STATES DO NOT ALLOW THE EXCLUSION OR LIMITATION OF INCIDENTAL OR CONSEQUENTIAL DAMAGES, SO THE ABOVE LIMITATION OR EXCLUSION MAY NOT APPLY TO YOU. THIS WARRANTY GIVES YOU SPECIFIC LEGAL RIGHTS AND YOU MAY HAVE OTHER RIGHTS THAT VARY FROM STATE TO STATE.

In the event of failure of this product to conform to this warranty during the warranty period, please call Innova Products Inc. Customer Service Department at **(408) 541-1866** for assistance in the repair or replacement of the product or any covered part. Innova Products Inc. will repair or replace, at its own option, the product or any covered part. This warranty does not cover damage caused by but not limited to accident (including transit), repairs or attempted repairs by any person not authorized by Innova Products Inc., or by vandalism, misuse, abuse, or alteration. The Warranty Period is based on the purchase date of the product validated by the Authorized Retailers Register Receipt or valid copy of transaction statement.

If you require service under this warranty, please call or email our Customer Service Department at:

support@innovaproductsinc.com or (408) 541-1866

Importer Address: Innova Products Inc. 1289 Hammerwood Avenue, Sunnyvale, CA 94089

WARNINGS AND PRECAUTIONS

DO NOT use inversion table without a licensed physician's approval. This product may not be appropriate for use with certain medical conditions. If you believe you experience any of the following conditions, consult with your physician before using this product.

PLEASE NOTE: This list is for reference only and it is not a complete listing.

- Acutely swollen joints
- Bone weakness (osteoporosis)
- Cerebral sclerosis
- Conjunctivitis
- Glaucoma
- Heart or circulatory disorders
- Hiatal hernia
- High blood pressure
- Hypertension
- Medullary pins
- Middle ear infection
- Overweight / Extremely Obese
- Pregnancy
- Recent or unhealed fractures
- Recent stroke or transient ischemic attack
- Retinal detachment
- Spinal injury
- Surgically implanted orthopedic supports
- Use of anticoagulants
(including high doses of aspirin)
- Ventral hernia
- Weak ankles and/or feet

WARNINGS AND PRECAUTIONS

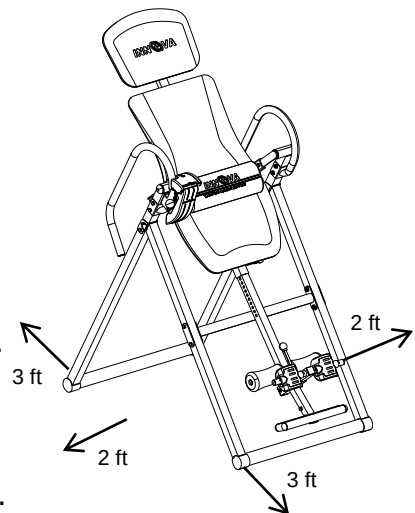
WARNING: Maximum Weight Capacity is 300 LBS

To reduce the risk of serious injury:

- All users should read and understand all important precautions, instructions, and warnings in this manual before using the inversion table. It is your responsibility to familiarize yourself with the proper use of the inversion table and the inherent risks of the inversion table (ex. falling on your head/neck, pinching, equipment failure, etc.).
- It is the responsibility of the owner to ensure that all users of the device are fully informed about the proper use of the equipment and all warnings and safety precautions.
- Users can also read the condensed version of the Warnings and User's Guidelines on the back of the Backrest.
- Innova Products Inc. assumes no responsibility for personal injury or property damage sustained by or through the **improper use** of the Inversion Table.

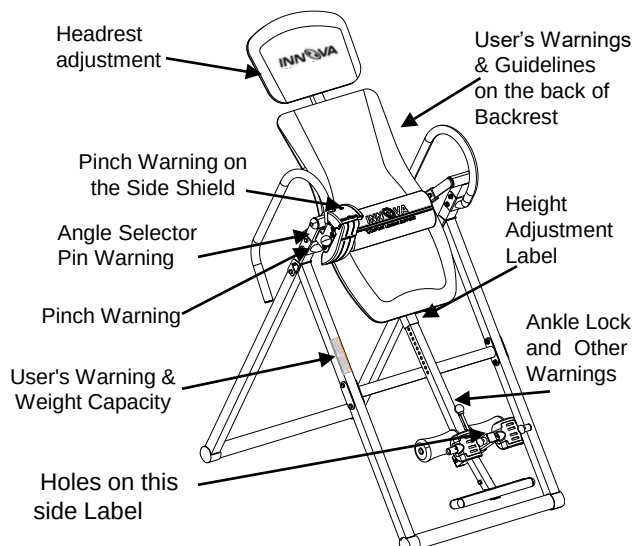
BEFORE USING THE INVERSION TABLE:

- The empty space surrounding the inversion table should be at least 2 feet (0.6 meters) on the left and right sides and at least 3 feet (0.92 meters) on the front and back sides. This area must also include adequate space for emergency dismount. See image at the right.
- The inversion table must be free standing on a stable and leveled surface.
- Make sure the Safety Pin (Part # 26) is locked into place.
- Make sure the Protective Cover is secured on the right handlebar.
- Be sure to secure your ankles to the ankle holders so that your feet are locked snugly into place before inverting.
- The safety level of the inversion table can be maintained only if it is examined regularly for damage and wear and tear from regular usage.
- Please replace all missing or defective components or worn out parts immediately and/or keep the inversion table out of use until item has been replaced or repaired.
- Parts most susceptible to wear and tear:
 - 1) U-Shape Holder (Part #52)
 - 2) Foam Rollers (Part #13)



WARNING LABELS

Call us to replace warning labels if damaged, illegible or removed.



Item Dimensions:

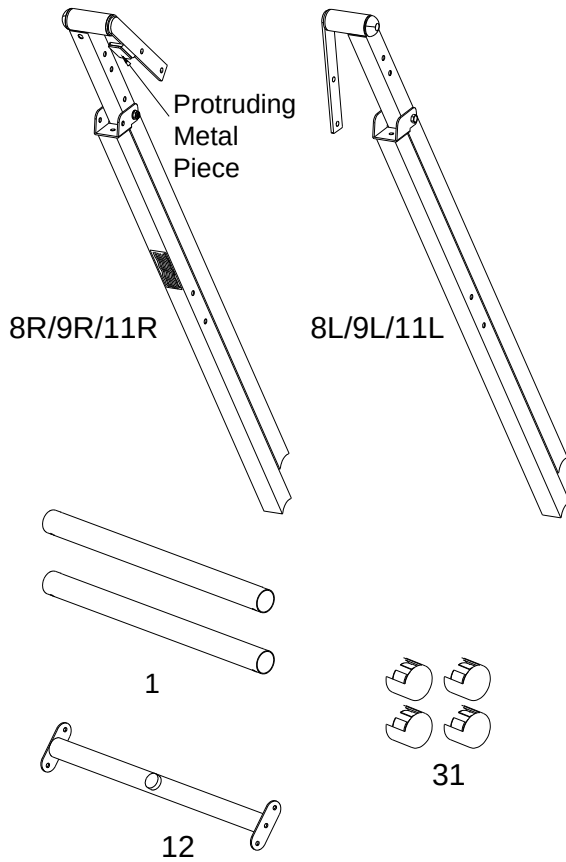
46.5 in (L) x 28 in (W) x 60-61.5 in (H)
118 cm x 71 cm x 152.4-156.5 cm

Item Weight:

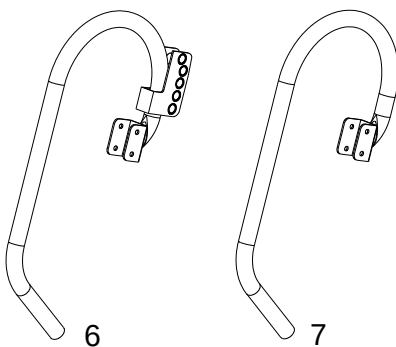
54 lbs (24.5 kg)

Components For Assembly

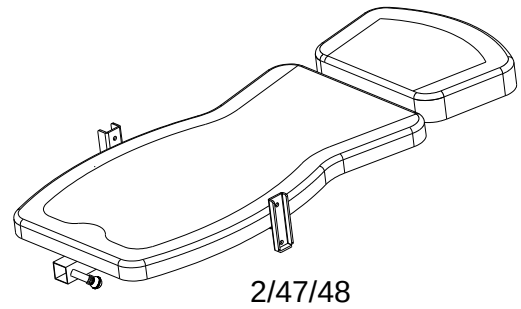
STEP 1 Components



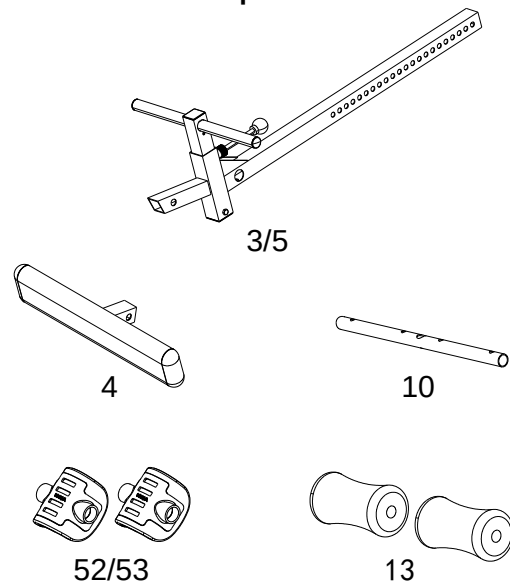
STEP 2 Components



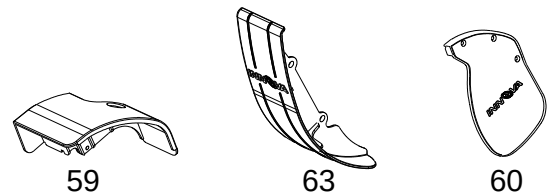
STEP 3 Component



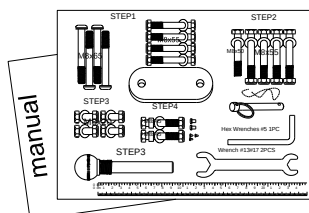
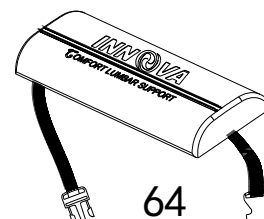
STEP 4 Components



STEP 5 Components



STEP 6 Components



Hardware Pack & Manual

Step 1 – Base Frame Assembly

PLEASE NOTE:

RIGHT (R) Indicates **right** side while using the inversion table, not facing it.

LEFT (L) Indicates **left** side while using the inversion table, not facing it.

NUTS (21) are **Nylon Lock Nuts**. To tighten, you need two wrenches.

1. Lay the Right Base Frame (8R&9R) and the Left Base Frame (8L&9L) on the floor with the Connecting Brackets (11R&11L) facing each other. Make sure the **indented holes** on the Bottom Tubes (1) are facing downward and attach one Bottom Tube (1) to the Front Base Frame (9R&9L) using 2 Bolts (32). Attach the other Bottom Tube (1) to the Rear Base Frame (8R&8L) using 2 Bolts (32).

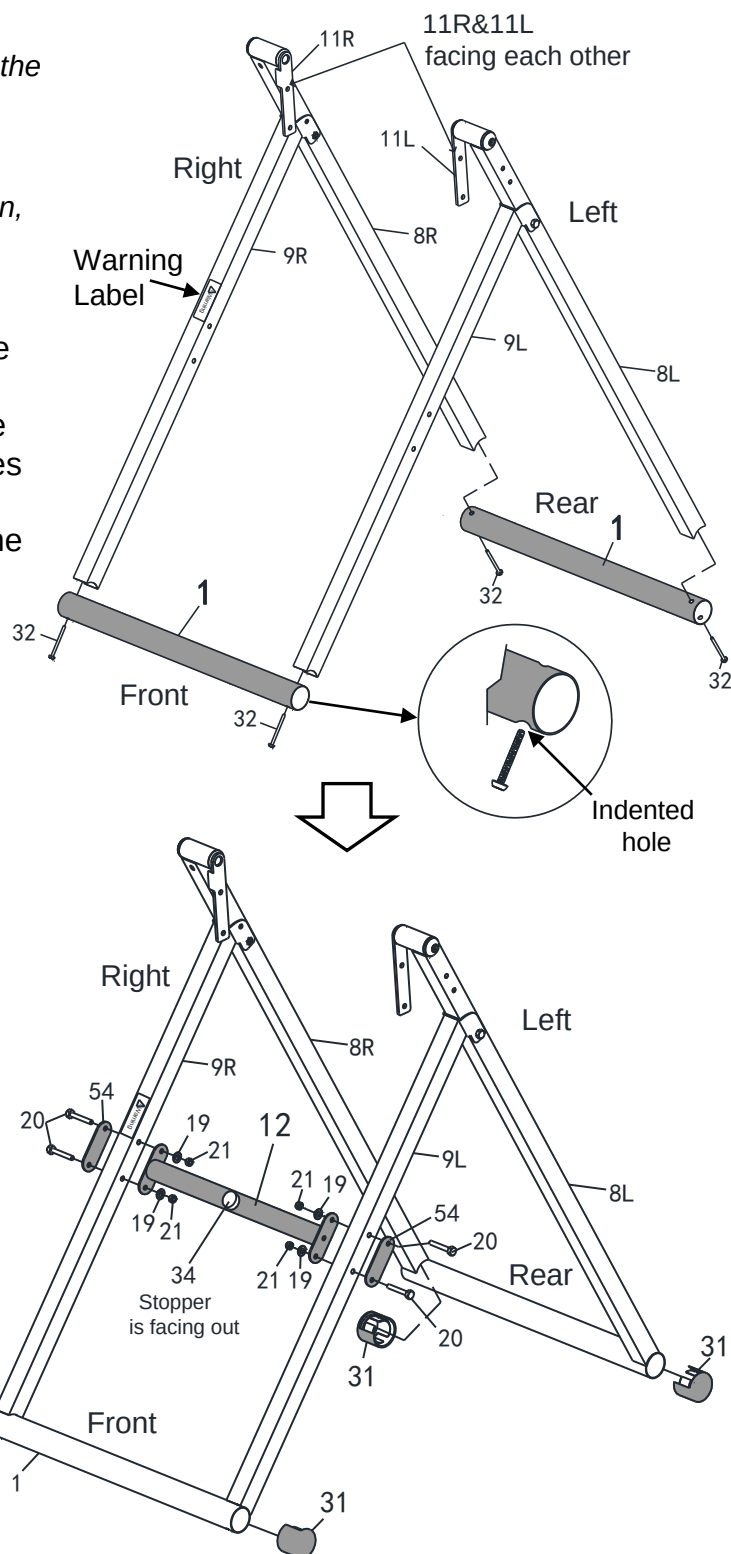
DO NOT tighten Bolts (32) until the Cross Bar (12) is attached.

2. Make sure the **Stopper** (34) on the Cross Bar (12) is facing out and attach the Cross Bar (12) to the Front Base Frame (9R&9L) using 4 Bolts (20), 2 Metal Support Plates (54), 4 Flat Washers (19) and 4 Lock Nuts (21).

NOW Tighten all Bolts (32&20).

Insert 4 Base Frame End Caps (31) into both Bottom Tubes (1).

Unfold the Front Base Frame (9R&9L) from the Rear Base Frame (8R&8L) and let it stand on the floor.



Installation Guidance Video **DOES NOT** replace Owner's Manual. Please be sure to read the Owner's Manual in its entirety.

<http://innovaproductsinc.com/itx9600/>

or search "Innova ITX9600 Installation Guide" on YouTube.com

Step 2 – Handlebars Assembly

1. Attach the Right Handlebar (6) to the Rear Base Frame (8R) using 2 Bolts (20), 2 Flat Washers (19), and 2 Lock Nuts (21).

Be sure to insert Bolts (20) from the inside of the frame. The Flat Washers (19) and Lock Nuts (21) will be on the outside of the frame.

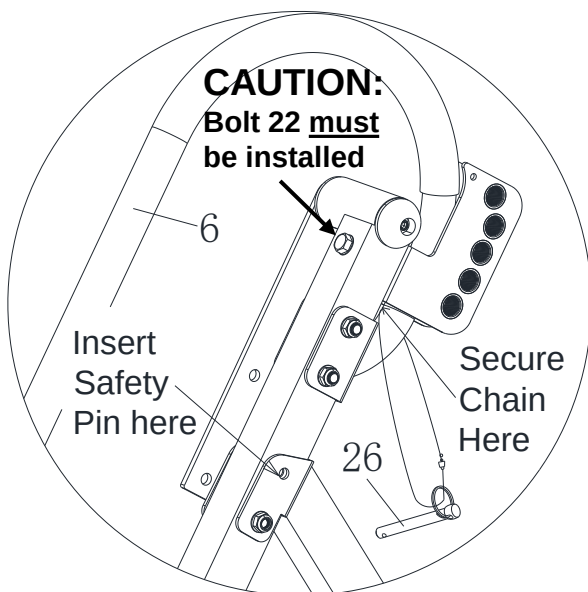
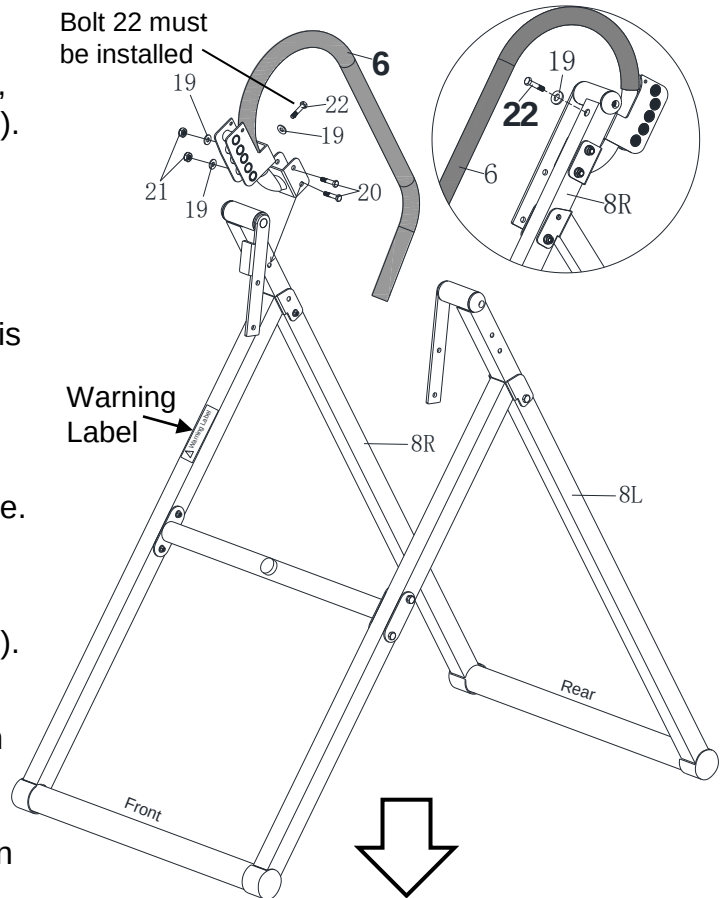
DO NOT tighten Bolts (20) until Bolt (22) is installed. Use Bolt (22) and Flat Washer (19) to secure the Right Handlebar (6) to the Rear Base Frame (8R).

Tighten Bolt (22) and Bolt (20) at this time.

2. Attach the Left Handlebar (7) to the Rear Base Frame (8L) using 2 Bolts (20), 2 Flat Washers (19), and 2 Lock Nuts (21).

Unlock the chain that comes with the Safety Pin (26) and secure the Safety Pin (26) to the Right Handlebar (6) with the chain provided. Insert the Safety Pin (26) through the hole on the right side between the 2 frames (8R&9R) to lock the Base Frame open. See detailed picture.

Bolt 22 must be installed



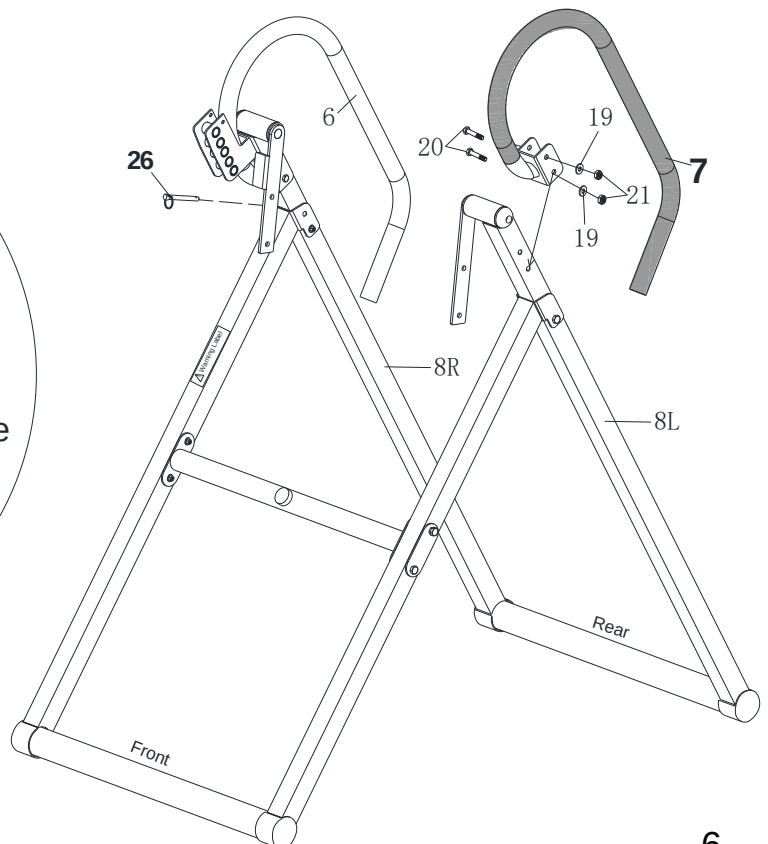
CAUTION:
Bolt 22 must
be installed

Insert
Safety
Pin here

Secure
Chain
Here

26

**TIGHTEN ALL NUTS AND
BOLTS AT THIS TIME**



Step 3 – Pre-Installed Backrest to Base Frame

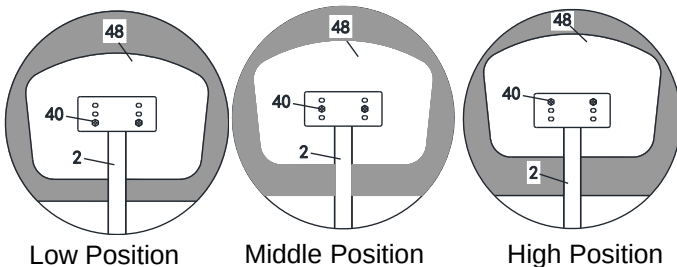
Before Installation, Please NOTE:

Connecting Brackets (11R&11L) **MUST** be pointing downward and the Pre-Installed Backrest **MUST** be attached from below and up into the connecting brackets or the table will not invert properly.

1. Attach the Pre-Installed Backrest (2&47&48) to the Connecting Brackets (11R&11L) using 4 Bolts (29), 4 Flat Washers (19) and 4 Lock Nuts (21).

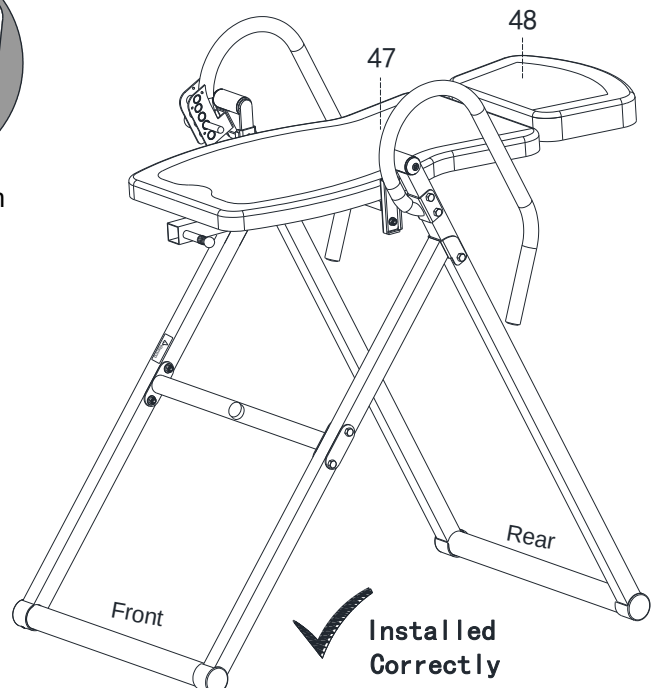
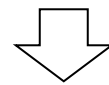
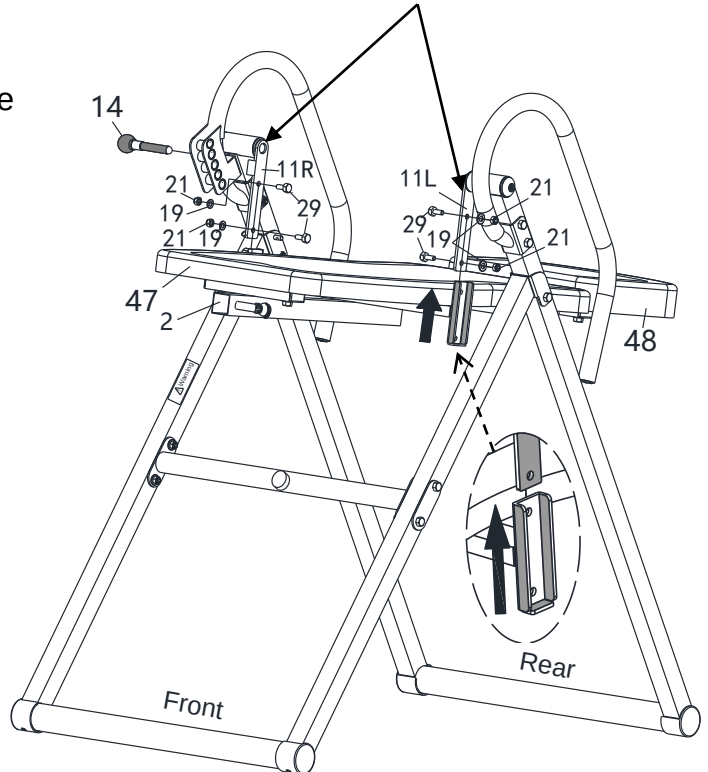
2. Screw the Angle Selector Pin (14) into the Incline Position 15 hole and tighten.

Headrest Adjustment: To adjust the Headrest (48), unscrew 2 Bolts (40) and 2 Flat Washers (57) and remove it from the Backrest Support Tube (2). Move the Headrest (48) to the position desired on the Backrest Support Tube (2) and screw Bolts (40) and Flat Washers (57) to secure the Headrest (48) into place.



Installed Incorrectly

Connecting Brackets Must Point Downward When Attaching the Pre-Installed Backrest



**TIGHTEN ALL NUTS AND BOLTS
AT THIS TIME**

Step 4 – Height Adjustment Tube and Ankle Holder

1. Pull out the Adjustable Ankle Holding Tube (5) and turn it 90 degrees and re-insert it horizontally. **Make sure the holes on the square tube are facing up.**

NOTE: There is a spring pre-installed inside the tube which should not be removed.

Pull the Ankle Holding Adjustment Knob (37) up and make sure the Adjustable Ankle Holding Tube (5) slides smoothly inside the outer tube. Release the Knob and lock it into one of the holes.

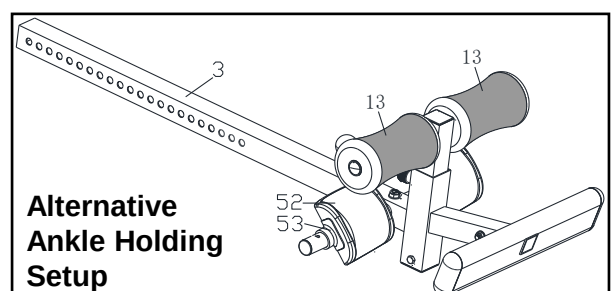
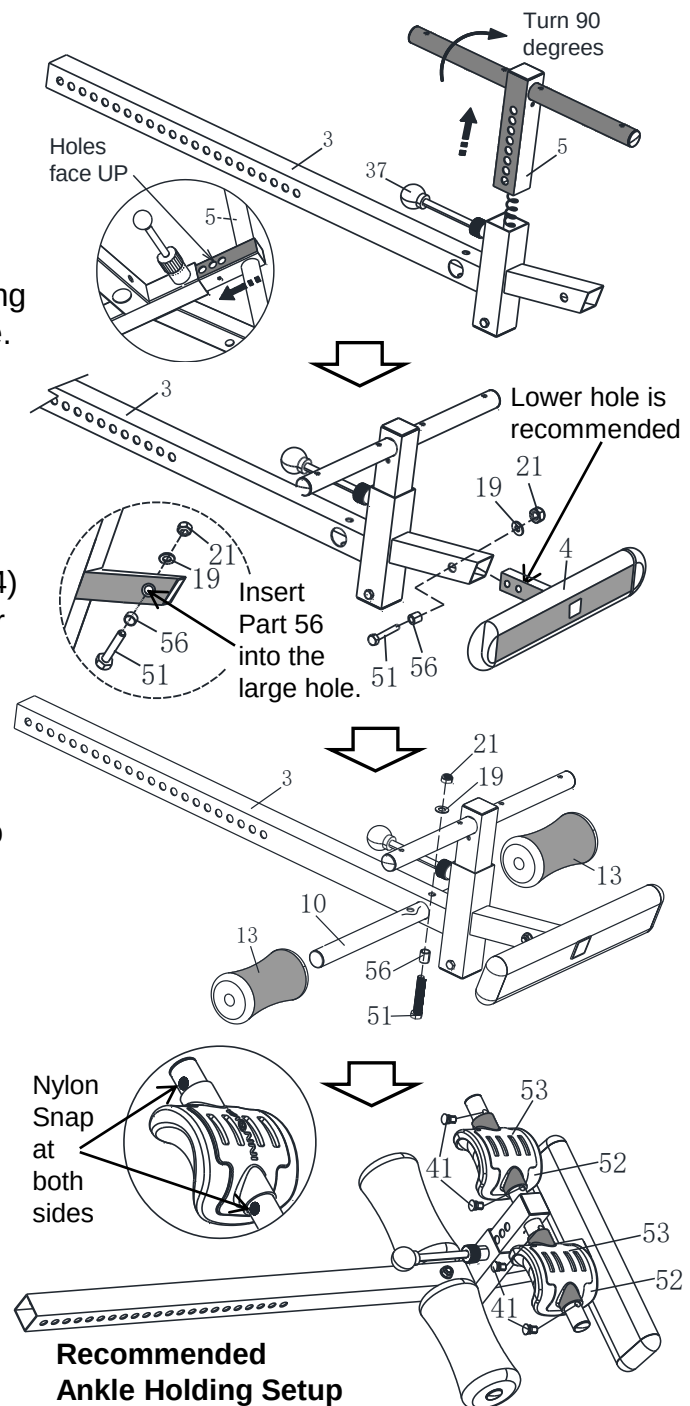
2. Attach the Footrest (4) to the Height Adjustment Tube (3) using Bolt (51), Metal Bushing (56), Flat Washer (19), and Lock Nut (21). We recommend installing the Footrest (4) using the lower hole. While in use, if the lower hole setting is too tight and causes too much discomfort, adjust to the higher hole.

3. Insert Rear Ankle Holding Tube (10) through Height Adjustment Tube (3). Insert with Bolt (51) with the Metal Bushing (56) into the **bigger hole** at the bottom of the Height Adjustment Tube (3) and tighten them with a Flat Washer (19) and a Lock Nut (21). Slide one Foam Roller (13) onto each end of the Rear Ankle Holding Tube (10).

4. Slide the U-Shape Holder (52) with Plastic U-Shape Cover (53) onto each end of the Adjustable Ankle Holding Tube (5) and insert 4 Nylon Snaps (41) into the holes on Adjustable Ankle Holding Tube (5). You must push the Nylon Snaps all the way into the Tube so that it blocks the U-Shape Holder from sliding out.

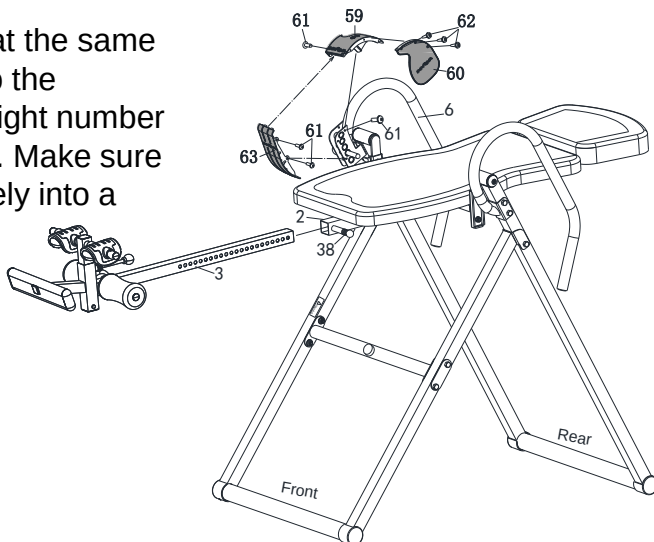
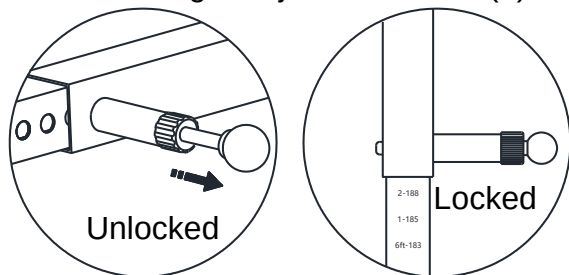
NOTE: The U-Shape Holder (52) with Plastic Cover (53) and the Foam Rollers (13) can trade places with each other. If you prefer this Ankle Holding System, be sure to use the Nylon Snaps (41) to lock the U-Shape Holders (52/53) into place.

TIGHTEN ALL NUTS AND BOLTS AT THIS TIME.



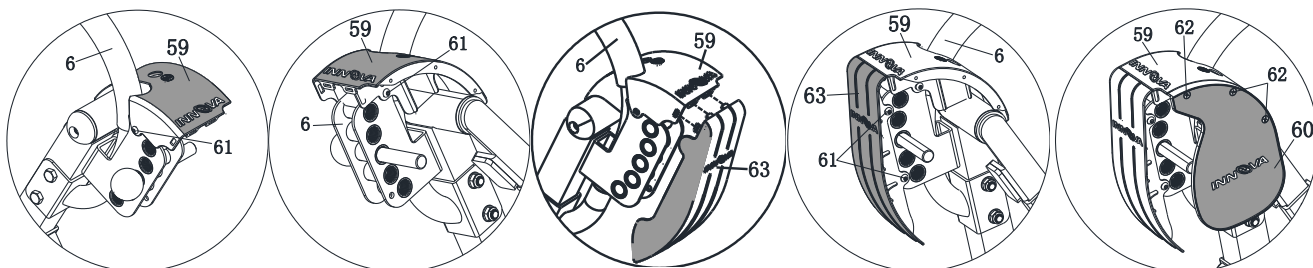
Step 5 – Height Adjustment Tube and Protective Cover Assembly

1. Pull the Height Adjustment Knob (38) and at the same time slide the Height Adjustment Tube (3) into the Backrest Support Tube (2) to your desired height number and release the Height Adjustment Knob (38). Make sure the Height Adjustment Knob (38) locks securely into a hole on the Height Adjustment Tube (3).

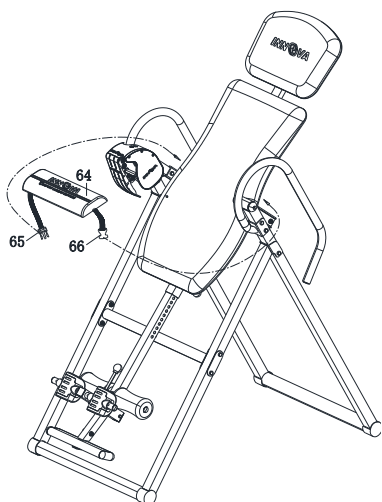


To Adjust Height: Pull the Height Adjustment Knob (38) and at the same time slide the Height Adjustment Tube (3) up or down to your desired height number and release the Height Adjustment Knob (38). Make sure the Height Adjustment Knob (38) locks securely into a hole on the Height Adjustment Tube (3).

2. Attach the Protective Cover (59) to the Right Handlebar (6) with two Screws (61), one on each side of the Cover. Attach and snap the Front Shield for Cover (63) to the Protective Cover (59) and secure it onto the Right Handlebar (6) with two Screws (61). Then attach the Side Shield for Cover (60) to the Protective Cover (59) using three Screws (62).

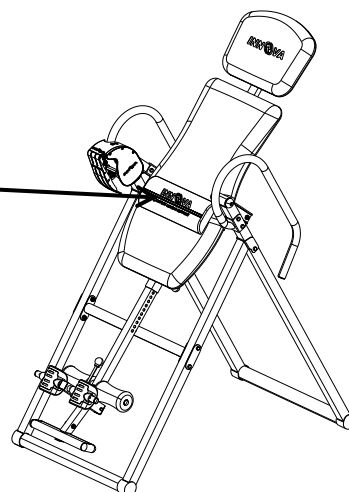


Step 6 – Installing Lumbar Pad



Attach the Lumbar Pad (64). Wrap the straps around the backside of the Backrest (47) to secure it into place.

NOTE: The Lumbar Pad (64) position can be moved up or down to fit under your lumbar area or to your desired position.



PREPARING TO INVERT 1: INVERSION ANGLE AND HEIGHT SETTING



Six Angle Slot Pin System
with Protective Cover

SELECT INVERSION ANGLE

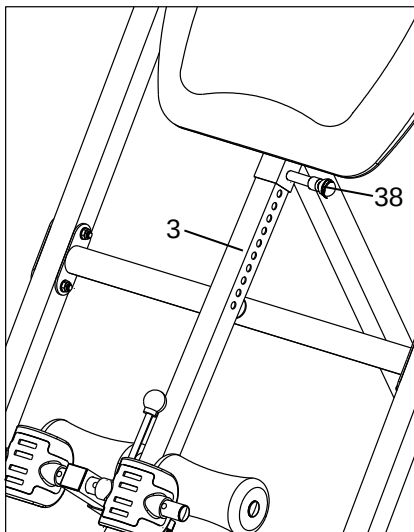
Familiarize yourself with the Angle Selector Pin located on the Right Side of the Inversion Table. The positioning of the pin will determine the slope of the inversion.

The 6 selections are:

- 15 - Slight Inversion
- 30 - Moderate Inversion
- 45 - Intermediate Inversion
- 60 - Enhanced Inversion
- 85 - Intense Inversion
- 90 - Vertical Inversion (Insert the Angle Selector Pin into the hole on top of the cover)

For your safety, the Angle Selector Pin MUST be secured in one of the Angle Slots at all times.

NOTE: IT IS STRONGLY RECOMMENDED THAT SOMEONE BE WITH YOU AT ALL TIMES DURING INVERSION. ALTHOUGH THE INVERSION TABLE IS EASY TO USE, HAVING SOMEONE NEARBY TO SPOT YOU WILL PROVIDE EXTRA SAFETY AND SUPPORT TO THE INVERSION PROCESS.



ADJUST TO YOUR HEIGHT SETTING

To Adjust Height: Pull the Height Adjustment Knob (38) and at the same time slide the Height Adjustment Tube (3) up or down to your desired height number and release the Height Adjustment Knob (38). Make sure the Height Adjustment Knob (38) locks securely into a hole on the Height Adjustment Tube (3).

NOTE: Before starting, ensure that the inversion table is at the correct setting to match your height and weight distribution. As each individual's body type is different, you will need to find your own height setting.

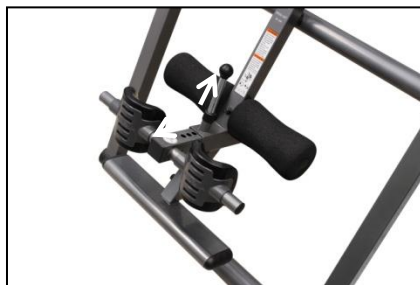
Photos shown may not represent actual product

PREPARING TO INVERT 2: SECURING YOUR ANKLES

WARNING: Always wear **ATHLETIC SHOES** with top laces to help relieve ankle pressure while using the inversion table and help protect your feet while exercising.

Always make sure that the U-SHAPE HOLDERS and FOAM ROLLERS are secured snugly against your ankles and that the ANKLE HOLDING ADJUSTMENT KNOB is fully tightened and locked into place before you use the inversion table.

Step 1- Expand the Adjustable Ankle Holding Tube by pulling up on the Ankle Holding Adjustment Knob with one hand and pushing the Adjustable Ankle Holding Tube outward with the other hand.



Step 2- Slide your feet between the U-Shape Holders and the Foam Rollers.



NOTE: The back of your ankles **MUST** lean all the way back and touch the Foam Rollers.

Step 3- Contract the U-Shape Holders so it is snugly against your ankles by pulling up on the Ankle Holding Adjustment Knob and making sure it securely “Locks” into place as photo **A**.



Photo's shown may not represent actual product



(A)



(B)

HOW TO INVERT

TO INVERT



NOTE: Body weight will put pressure on ankles while inverting. New users are advised to start at lower settings (15 or 30) and to wear athletic shoes. Starting at a lower setting may also help you get use to the pressures applied to your feet/ankles while inverting.

To be able to invert smoothly and easily, you will need to find your **personal center of gravity**. To help each individual find his/her center of gravity and for the most comfortable inversion, there are three adjustable settings: 1) the Height Adjustment Tube, 2) the Headrest, and 3) the Footrest.

NOTE: The center of gravity may vary from person to person due to height and weight distribution. Your height setting may or may not be your actual height.

Before inversion, you should:

- 1) Adjust the Height Adjustment Tube to your height number,
- 2) Tighten the Angle Selector Pin,
- 3) Make sure your feet are secured snugly,
- 4) Lie flat on the backrest.

TO INVERT the inversion table, slowly raise one arm and move it up and over your head. The inversion table should begin to tilt back slowly. Then, slowly raise your other arm and move it up over your head. The inversion table will safely invert. Rest your arms over the head and relax.

If the inversion table does not invert, set the Height Adjustment Tube upwards one position at a time. If the inversion table inverts too quickly, set the Height Adjustment Tube downwards one position at a time until you find the desired height setting.

TO RETURN



With the proper inversion and height setting, the inversion table should invert safely and smoothly.

TO RETURN to upright position, slowly move your arms back to your thighs and bend your knees a little. To prevent dizziness, do not return to the upright position too quickly. Be sure to move your arms slowly and pause for a while at the horizontal level to allow your body to re-adjust to the upright position.

Try to rely on your center of gravity to return upright. **DO NOT** lift your head, try to sit up, or just rely on the handlebars to return upright.

CAUTION: By slowly moving your arms back to the starting position, the inversion table should return to the upright position. If it does not, use the built-in handlebars to slowly help pull yourself back upright. Lower the Height Adjustment Tube downward one position at a time to accommodate your height and body type.

Photos shown may not represent actual product

Learn how to use our ITX9600: <http://innovaproductsinc.com/itx9600/> or search "Using the Innova ITX9600 Inversion Table" on YouTube.com



Frequently Asked Questions (FAQs)

1. How can I tell which is the Right Base Frame (8/9R) vs. Left Base Frame (8/9L)?

There is a Warning sticker on the Right Front Base Frame (9R). There is also a protruding metal piece on the Right Connecting Bracket (11R). In this manual, Right indicates the right side while using the inversion table, not facing it. Left indicates the left side while using the inversion table, not facing it. When installing the inversion table, the Connecting Brackets (11R/11L) will need to face each other in the middle.

2. My bolts do not tighten. What is wrong?

We use Nylon Lock Nuts to provide extra security for the inversion table. You will not be able to fully tighten the bolts using just your hands (it will only go a couple of threads). You will need to use two wrenches to tighten the nuts. Use one wrench to hold the bolt into place and use the second wrench to turn the nut.

3. I cannot invert or return. How do I find my Center of Gravity for a smoother inversion?

To be able to invert smoothly and easily, you will need to find your personal center of gravity. The center of gravity may vary from person to person due to height and weight distribution. Your height setting may or may not be your actual height. Please thoroughly read the “How to Invert” page in the Owner’s Manual for additional information. Contact us if it still doesn’t work.

4. What Inversion Setting (slope) should I use?

We highly recommend all new users begin at a low setting (15 or 30). For many, this is something you will need to gradually get use to doing. Starting at a lower position may also help you get use to the pressures applied to your feet/ankles while inverting. Based on reviews and customer feedback, many users suggest that using the Inversion Setting of 30 or 45 provides sufficient results.

5. How long should I invert?

A general rule of thumb is to listen to your body. Do not overexert yourself and only do what you are comfortable with. Most people start with 1-2 minutes per session. As your body gets use to inverting, you may choose to slowly add more minutes to each session. Frequency is typically more important than duration. If you still have additional questions, you should contact your doctor for additional information.

6. My feet / ankles feel discomfort while I’m inverting. What can I do?

Hanging upside-down or in a position where your feet are above your head will put a lot of pressure to your ankles. For many, this is something you will need to gradually get use to doing. Starting at a lower Inversion Setting (slope) and inverting for shorter periods of time may also help the body get use to the pressures applied to the feet/ankles while inverting. Here are a couple of tips that can help:

- Wear proper footwear with top laced shoes can help provide extra cushion and support for your feet / ankles.
- Adjust the Ankle System so that it is snug enough to secure you. Do not tighten the Ankle System too tight against your ankles / legs. This can restrict your blood flow and cause discomfort.
- Contact us and we will help you.

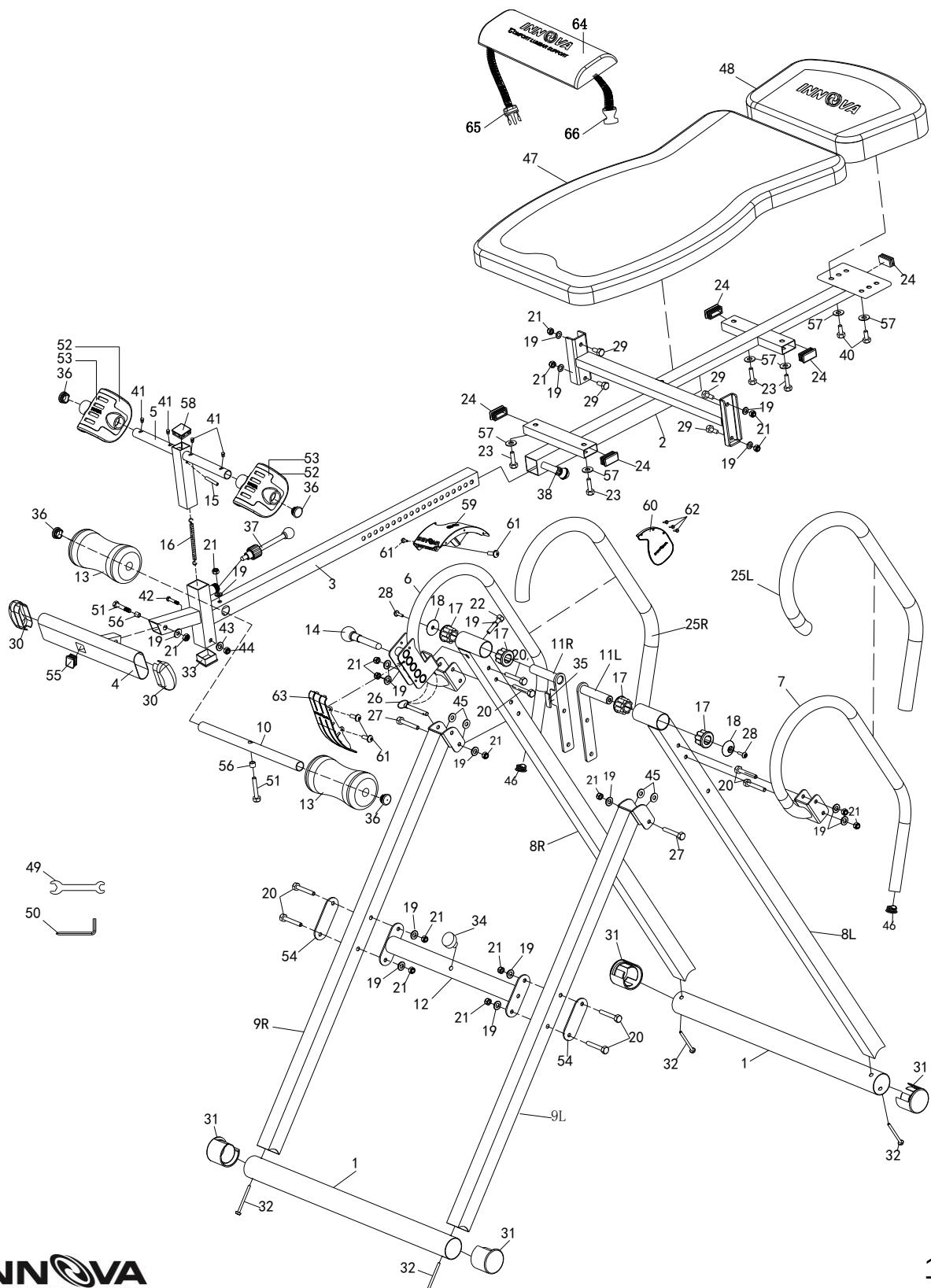
7. My feet move from the Footrest when I invert. Is this normal?

As gravity works, you will move a little and your shoes may no longer touch the Footrest. Your feet / ankles will then hold your entire body weight. You may need to start at a lower Inversion Setting to allow your body (and yourself) to get use to inverting and hanging upside-down.

Parts Listing

Part#	Description	QTY	Part#	Description	QTY
1	Bottom Tube	2	32	Hexagonal Bolt - M8x65mm	4
2	Backrest Support Tube	1	33	Square End Cap - Height Adjustment	1
3	Height Adjustment Tube	1	34	Rubber Stopper	1
4	Footrest	1	35	EVA Space Pad	1
5	Adjustable Ankle Holding Tube	1	36	Round End Cap - Ankle Tube	4
6	Right Handlebar	1	37	Ankle Holding Adjustment Knob	1
7	Left Handlebar	1	38	Height Adjustment Knob	1
8L	Rear Base Frame - Left	1	40	Bolt - M8x16mm	2
8R	Rear Base Frame - Right	1	41	Nylon Snap	4
9L	Front Base Frame - Left	1	42	Bolt - M6x40mm	1
9R	Front Base Frame - Right	1	43	Flat Washer - $\varnothing 18 \times \varnothing 6.2 \times 1.2$	1
10	Rear Ankle Holding Tube	1	44	Nut-M6	1
11L	Connecting Bracket - Left	1	45	Plastic Washer - $\varnothing 20 \times \varnothing 9.5 \times 1.2$	4
11R	Connecting Bracket - Right	1	46	Round End Cap - Handlebars	2
12	Cross Bar	1	47	Backrest	1
13	Foam Roller	2	48	Headrest	1
14	Angle Selector Pin - $\varnothing 13.8 \times 88 \text{mm}$	1	49	Wrench - #13/#17	2
15	Round Spring Insert	1	50	Hex Wrenches	1
16	Spring	1	51	Bolt - M8x45mm	2
17	Spacer - Base Frame	4	52	U-Shape Holder	2
18	Round End Cap - Base Frame	2	53	Plastic U-Shape Cover	2
19	Flat Washer - $\varnothing 16 \times \varnothing 8.5 \times 1.5$	17	54	Metal Support Plate - 100x38x2.5mm	2
20	Bolt - M8x55mm	8	55	Square End Cap - Footrest Plate	1
21	Lock Nut - M8	16	56	Metal Bushing - Footrest Plate-8x8mm	2
22	Bolt - M8x50mm	1	57	Flat Washer - $\varnothing 22 \times \varnothing 8.5 \times 1.5$	6
23	Bolt - M8x30mm	4	58	Square End Cap - 33.4mm	1
24	Square End Cap - Backrest Tube	5	59	Protective Cover	1
25L	Left Handlebar Grip	1	60	Side Shield for Cover	1
25R	Right Handlebar Grip	1	61	Screw - M5x10mm	4
26	Safety Pin - $\varnothing 8 \times 64 \text{mm}$	1	62	Screw - M4x16mm	3
27	Bolt - M8x60mm	2	63	Front Shield For Cover	1
28	Hexagonal Bolt - M8x20mm	2	64	Lumbar Pad	1
29	Bolt - M8x20mm	4	65	Buckle-Male	1
30	Oval End Caps - Footrest Plate	2	66	Buckle-Female	1
31	Base Frame End Cap	4			

Exploded View



STORAGE & MAINTENANCE

Remove Safety Pin (26) from the tip of the Base Frame (8&9). Pull up on the Handlebars (6/7) to fold the Base Frame (8&9). Re-insert Safety Pin into the hole near the tip of the Base Frame (9).

Be sure to leave the Base Frame (8&9) wide enough to remain stable or secure it to a wall to prevent tipping.

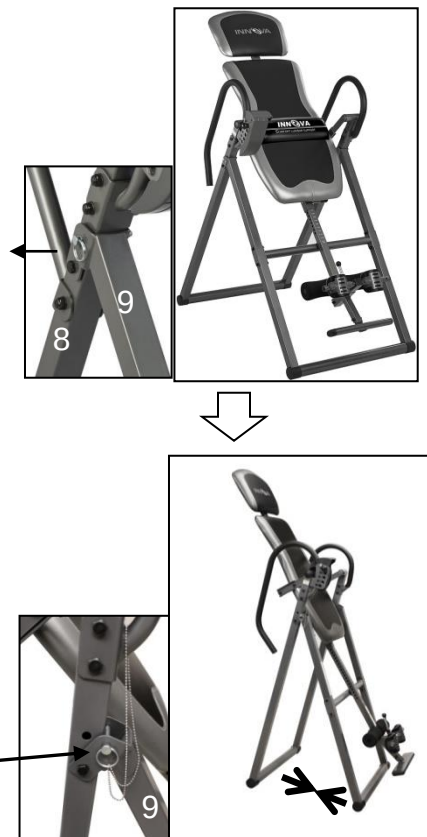
There are other storage options for this inversion table. Be sure the inversion table is stored safely and make sure it does not slam, fall, or tip over.

WARNING: Do not allow anyone to use the inversion table while it is in storage mode. Use the inversion table only when the base frame is fully extended. Be sure all parts of the inversion table are not left unstable (easily moved) when not in use. Be sure the device is completely secured to prevent tripping or blocking.

NOTE: Use a lock (NOT included) to secure the Height Adjustment Tube (3) to the Cross Bar (12) to prevent unauthorized usage of the inversion table.

To CLEAN, wipe your inversion table with a damp cloth. DO NOT use abrasive cleaners or solvents.

To Store, Insert the Safety Pin (26)
at tip of right Base Frame (9R)



Customer Service Contact Information

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When contacting customer service, please provide the following information:

- 1) Model Number for your item
- 2) PC Code for your item (front page of this manual)
- 3) Part number or installation step number in question



<http://innovaproductsinc.com/itx9600/>

or search “Innova ITX9600 Installation Guide” on YouTube.com
Installation Guidance Video **DOES NOT** replace Owner’s Manual.
Please be sure to read the Owner’s Manual in its entirety.