

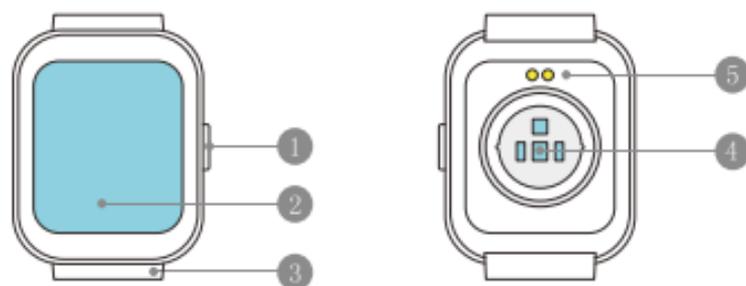
Smart Watch

Operating Guide



Thanks for purchasing this product.
Please reading the Operating Guide carefully before using.

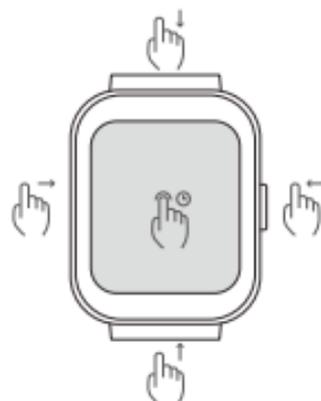
PRODUCT OVERVIEW



- ① ON/OFF
- ② HD Display
- ③ Strap
- ④ Sensor
- ⑤ Charging

In order to make the measurement more accurate, please wear the watch on the wrist bone position, wear close to the skin, but not too tight.

TOUCH AND BUTTONS



Swipe down: The control center

Swipe up: Notification center

Swipe right: Quick function

Swipe left: The functions menu

Touch and hold the screen: Change the dial



ON/OFF

ON: Hold down for 3 seconds until the screen lights up

OFF: Press and hold for 3 seconds, select power off, and press to turn on

If you hold down the power button for 3 seconds and fail to start the device, charge it and try again.

Press to enter the function menu, and then click to return to the main page.

DOWNLOAD THE APP

Scan the QR code below to download and install the mobile phone client



Download APP: FitCloudPro

For iOS phones, search for "FitCloudPro" in the APP Store.

For Android phones, search for "FitCloudPro" in other APP stores.

Pair and connect watch.

Open the APP on your phone, Register and log in your account



Click Device - Add Device in app to search your device.



Select the watch Bluetooth name: X2C in the search results to complete pairing

※Before pairing, keep the power of the watch higher than 20%.

Otherwise the pairing may fail due to the low power.

※During pairing and connection, make sure the Bluetooth is on and the distance between the phone and the watch is within effective.

※The device requires android 6.0 or higher, IOS 10.0 or higher.

WATCH CHARGE AND ACTIVATE

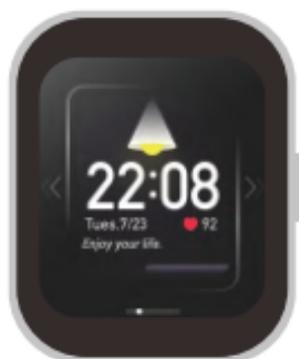
Attach the magnetic charging wire to the metal contact points of the charging port until the charging indication appears on watch. When the battery is in low level, please charge in time.

Before charging, keep the charging port clean and dry to avoid metal contact corrosion or other risks.



The device is an all-in-one machine which is non-detachable.

Function introduction



Dial switch

Long press for 2s in home screen to enter the dial switch interface. Slide right or left to switch the dial for selection and click to use the dial.



Control Center

Functional overview:

DO Not Disturb(DND),Brightness adjustment,Settings,find phone,power saving,system information

※ The function can be accessed by sliding down in home screen



Movement Data

It displays the step number, distance and calories on the same day. You can set a goal on the App, including step number distance and calories.

Function introduction



Sports

Options for sport patterns: walking, running, cycling, mountain climbing, swimming, yoga, round-belly machine and basketball ect.

Click the icon to start sport.



Sport record

This function saves the last 10 times historical sport records. You could check your data like sport duration, heart rate and calories for that period of time.



Heart rate

Enter the interface for heart rate measurement When the green light at the bottom is on it will start measurement. The measurement will be completed within 40s and has a vibration reminder. If the watch prompts for "No Watch" please adjust the watch and try again.

Function introduction



Sleep

The interface displays the monitoring result of your sleep on the same day. The data is updated every day. Connect it to the APP and you can upload and save the data synchronously. The device will recalculate the data information for the new day.



Blood pressure

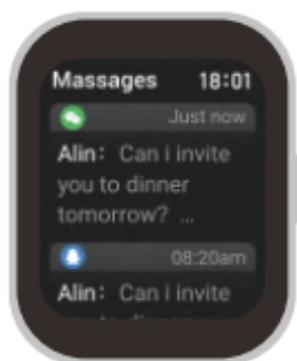
The green light bottom the watch will on and begin working when enter the interface for blood pressure measurement. The measurement will be completed within 30~60s and has a vibration reminder. The measurement is based on PPG technology.



Blood oxygen

Enter the interface for blood oxygen measurement. When the green light at the bottom is on, it will start measurement. The measurement will be completed within 30~60s and has a vibration reminder. The measurement is based on PPG technology.

Function introduction



Information

After you connect your watch with the APP and open Information Push on the App and the watch can receive the corresponding message. The watch can keep the latest 15 pieces of messages at the same time.



Weather

After you connect your watch with the APP and open the location permission, the weather interface will display current temperature and weather .



Female Health

After the watch connecting with the app and the Female Health Reminder is enabled on app, the message from Female Health Reminder can be checked on watch (This function will only be activated on watch while the user registered as female).

Function introduction



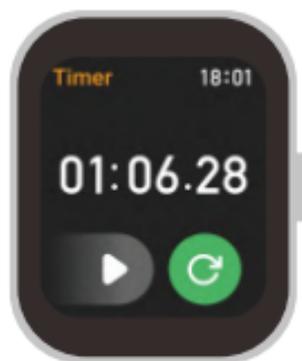
Music

After the watch connecting with the app, you can control the state of your phone music player (Pause or start, volume control and switch song).



Stopwatch

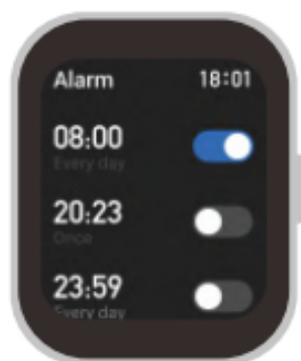
In Stopwatch function you can click the start Button to begin timing. Click the pause button to stop the timing. Click the reset button to reset the clock to zero. It can keep 99 pieces of time records at the same time.



Timer

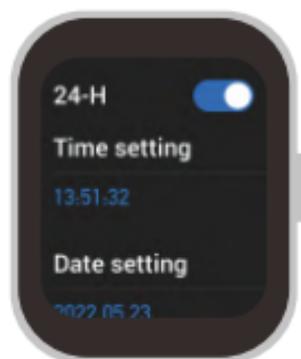
In Timer function user could set a quick timer from the preset options in system or click the User-defined button to set your own timer.

Function introduction



Alarm clock

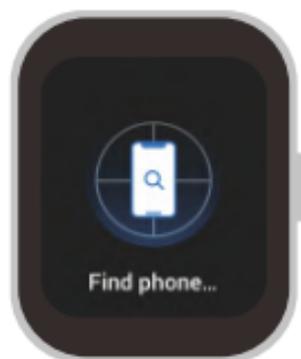
After the watch connecting with the app,you can set a single alarm clock or a cyclic alarm clock. You can set at most 5 alarm clocks at the same time.



Time setting

When setting the time, first click the hour or minute to be adjustable, then slide up or down to adjust the number, and click again to confirm the time setting.

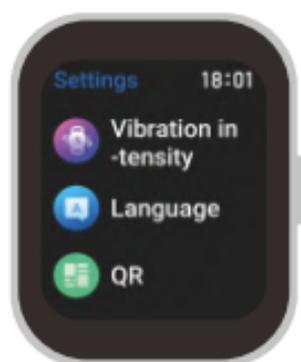
When setting the date, first click the year or month or day to be adjustable, then slide up and down to adjust the number, and click again to confirm the time setting.



Find my phone

After the watch connecting with the app,and click "Find my phone". Your phone will ring up and the watch will indicate that it have successfully found your phone. If the watch isn't connecting with the app it will indicate that it is not connected.

Function introduction



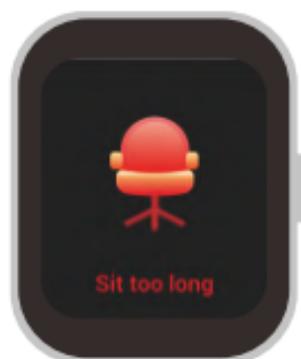
Settings

The setting function includes menu style, screen display function (Change the dial, screen-on time, brightness adjustment, wrist-turn screen-on time, battery, vibration intensity, language, QR code, time setting, password, system.



Drinking reminder

You can open this function from Device-Drinking Reminder on app. Then you can set the start time, end time and reminder interval after the setting is on.



Sedentary reminder

You can open this function from Device-Sedentary Reminder on app. Then you can set the start time, end time and the period for Do Not Disturb after the setting is on.

Frequently Asked Questions

Fail to start the watch

Press the power switch for more than 3s maybe the battery level is too low. Please charge the battery timely.

The bluetooth is not connected or cannot be connected

- 1, Try to restart the watch and reconnect.
- 2, Please try to restart the phone with Bluetooth and connect again.
- 3, Do not connect to other Bluetooth devices.

The measurement of heart rate, blood pressure, blood oxygen is inaccurate

- 1, Generally, it is caused by poor contact between the sensor of the watch and human body.
- 2, Please ensure that the sensor contacts the wrist well during.
- 3, Please keep your body still and the watch attached to your wrist tightly during measurement.

Frequently Asked Questions

Sleep data are not accurate enough

1, Sleep monitoring simulates the status of natural sleep and getting up of human, and you should wear it as usual.

2, If you sleep too late or you do not wear the watch until you go to sleep, there may be some error.

3, It does not monitor the sleep data during daytime, The default time for sleep monitoring is from 9:30 in the evening to 12:00 at noon on the next day.

For more frequently asked questions, please view [My>FAQ] on the APP

MODEL NO. : X2C



Operation guide video: