
TERRA HEALTH
ESSENTIALS



Terra Health Essentials is an expertly formulated, all-natural product range developed to both treat and prevent a range of common digestive problems.

Many people around the world are living with the painful symptoms of an ill-functioning digestive system and we want to help. We have developed a full spectrum of supplements to ensure that everyone can benefit from using our products. Our synergistic blend of supplements can be combined to help you reach optimal health.







Our Philosophy

Our goal is to empower you to take control of your health and comfort with natural solutions that will help you feel, look, and perform at your best. The rising epidemic of digestive ailments has motivated us to delve deeper into the issue and investigate the viability of natural alternatives.



We are passionate about helping you to feel as healthy as possible. And we have worked closely with a team of professionals to develop a product range that we truly believe in.

Prevention is key, and our primary focus is on pro-health education to help improve the digestive health of all our customers.

We are committed to empowering people to take control of their health by educating them about optimal gut function, targeting digestive discomfort, and improving the well-being of everyone who uses our products.

Target Acid Reflux with Our Two Primary Products

Acid Relief and **Reflux Inhibitor** are the two leading products in our range and have been developed with an expert insight into the real instigator of acid-related symptoms in the gut.

Most people believe that acid reflux is a result of having too much acid in your stomach, but that's not the case! The burning feeling of heartburn and indigestion occurs because there isn't *enough* acid in your stomach.

This misconception is why commonly prescribed acid blockers often offer no relief to people suffering from issues such as heartburn and reflux. As a result, more and more practitioners are turning to natural medicine to bring heartburn and indigestion relief by increasing the amount of acid in the stomach instead.

Our expertly formulated products are created with natural ingredients that have been used throughout generations to combat these painful digestive problems.





Acid Relief

This combination of botanical extracts has been developed to control the inflammation in your esophagus and help your body to provide your stomach with the acid it needs for effective and pain-free digestion. It contains a key ingredient called Slippery Elm Bark; a herbal remedy for heartburn symptoms that has been used by Native Americans for many centuries.



Reflux Inhibitor



Our Reflux Inhibitor is an all-natural solution formulated to prevent acid reflux by acidifying the stomach, soothing the stomach, and alleviating heartburn and indigestion. Most acid reflux solutions out there merely offer a "solution" to the problem. We have developed this product to stop your acid reflux from becoming a problem in the first place.

This formula contains Betaine HCL with Pepsin which optimizes the digestive process to prevent the onset of acid reflux and treat any pre-existing symptoms.

Let's Talk Science

The primary purpose of most heartburn solutions is to block stomach acid in the digestive tract. However, stomach acid is absolutely vital for our digestive health! It helps us to break down and absorb the foods we eat to promote proper absorption of nutrients.



Without adequate acid levels, food cannot be digested properly, which creates the gas and bloating that can cause acid to reflux up into the esophagus. Low levels of stomach acid and the use of acid blockers have been linked to a low immune system, low absorption of essential nutrients, increased risk of serious cardiovascular and kidney issues, and adverse effects on cognitive function and brain health.

Our uniquely formulated solutions can control digestive flare-ups by helping your body to produce the acid it needs for effective and pain-free digestion.

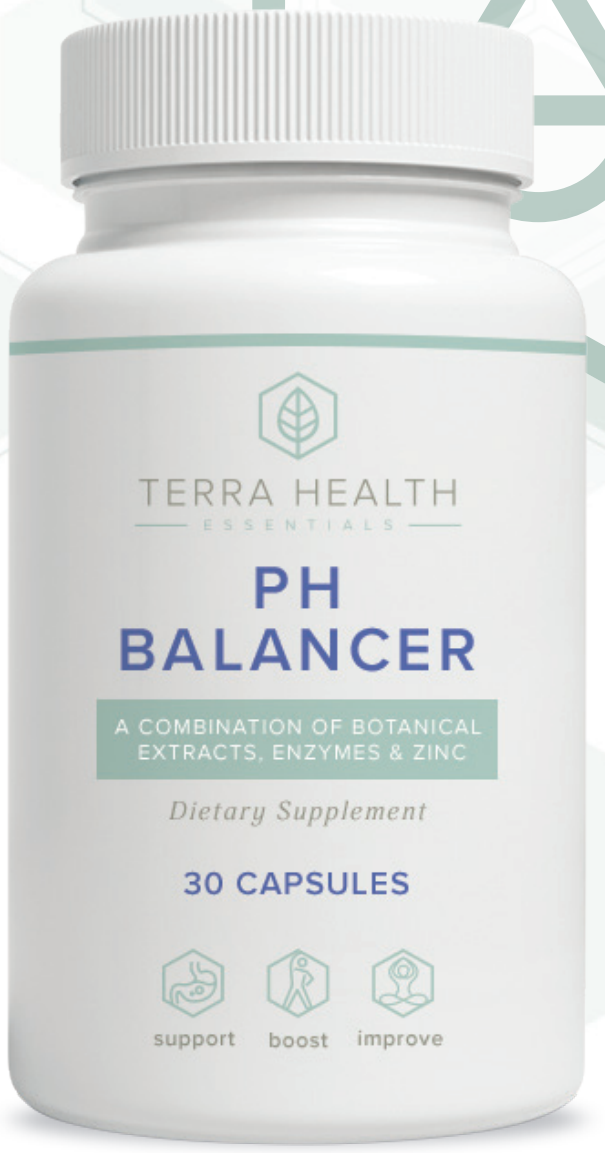
Advanced Probiotics



Our advanced probiotic formula restores the balance of bacteria in your stomach and provides your body with the necessary bacteria needed to maintain a healthy gut and optimal immune system. This expert formula will soothe digestive discomfort, prevent ongoing stomach pain, and help you feel your best. Calcium is one of the key ingredients in this product and it plays a vital role in supporting the survival of probiotics in the gut.

pH Balancer

A simple adjustment of your pH balance could be the key to restoring your health and wellness! Our pH Balancer has been designed to maintain the body's optimal pH level. This solution contains a synergistic blend of enzymes, nutrients, and botanicals to enhance enzyme utilization to improve how your body functions and feels. Zinc is one of the key ingredients in this product and this alkaline forming mineral works by increasing your body's natural pH.



Detox Cleanse



Detox Cleanse has been developed to support gastrointestinal health using all-natural ingredients to detoxify the colon and optimize digestion. This can provide rapid relief from symptoms such as bloating, fatigue, headaches, and constipation. Using Detox Cleanse will create a healthy and clean environment for your colon to function properly.



Community matters to us.

Join the conversation to learn more about using Terra Health Essentials for better health and wellbeing.

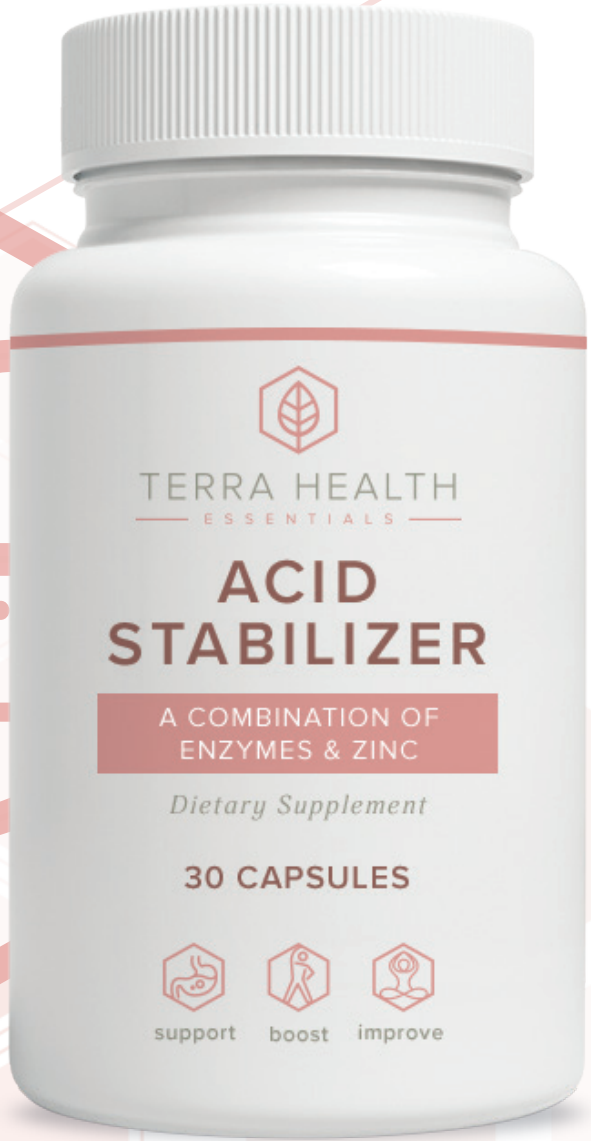


Digestive Aid

Our Digestive Aid is designed to make you look and feel healthier from the inside out. This custom enzyme formulation helps your body to break down the food you eat and quickly combat the painful bloating and discomfort associated with an ill-functioning digestive system. If you have an intolerance that is causing problems with your digestion, this enzyme supplement can help.



Acid Stabilizer



Our advanced enzyme formula is designed to ensure that your digestive system is equipped with the nutrients it requires to perform at its best. The key ingredients in this formula will help to reduce inflammation and aid digestion. Once your body is fed the fuel it needs to work properly, your symptoms will ease, your gut will heal, and your digestive discomfort will be a thing of the past.

ACV Gummies

Our ACV Gummies reduce whole-body inflammation to relieve a number of primary health concerns such as fatigue, digestive issues, weight gain, and joint pain. These keto-friendly yummy gummies are ideal for anyone who wants an easy way to maintain optimal digestive health and stay energized throughout the day. This advanced ACV formula will also reduce cholesterol, boost your immune system, and lower your blood sugar levels for maximum wellness.



Liposomal Curcumin



Our Liposomal Curcumin helps to restore whole-body wellness. Curcumin is renowned for its vast health benefits and anti-inflammatory properties. With 5 times the bioavailability of regular curcumin, our Liposomal Curcumin tincture ensures maximum absorption of this powerful solution Just a few daily drops will help to reduce any inflammation in your body that's leading to issues such as joint pain, indigestion, anxiety, and chronic illness.

Super Greens

Super Greens is a comprehensive all-in-one solution that will make sure your body gets all of the nutrients it needs to thrive in every aspect of health; including digestion, energy, hormone regulation, immunity, muscle recovery, and healthy aging. The anti-inflammatory and antioxidant properties of this custom blend will detoxify your system and improve nutrient absorption to keep your body functioning at its best throughout the day.



At Terra Health Essentials, we are committed to empowering people to take control of their health by educating them about optimal gut function, targeting digestive discomfort, and improving the well-being of everyone who uses our products. We believe that prevention is key and our all-natural supplements are designed to help you look and feel better from the inside out.



terrahealthessentials.com



2020 © TERRA HEALTH ESSENTIALS