



FASTRACK REFLEX CURV

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Fastrack Reflex Curv is a stylish and feature-packed smartwatch with an amazing one of its kind 2.5D curved display. It is a Statement of Style and Comfort with a curved rectangular case and some head-turning colourful design options. Available in three stunning colours Ebony Black, Cobalt Blue and Dusty Pink.

A perfect companion for your health goals with built-in features like 24*7 HRM, SpO2, Body Temperature, Sleep Tracker, Women's Health, 20+ Multisport modes, Sedentary Reminder & more.

Never miss that important notification with Reflex Curv's Call, SMS and Social Media notifications right on your wrist. All this with up to 7 days of battery life.

INTRODUCTION



Watch



Charging Cable



Product Manual



Welcome Card

WHAT'S IN THE BOX?

2.5D Curved Display



Strap

Side button



Heart Rate Monitor

Temperature sensor

Charging contact

PRODUCT INFORMATION

App Installation



- Use the Search tab to look for 'Fastrack Reflex World' App.



- Download the App and let it install.
 - The 'Fastrack Reflex World' app is compatible with Android 8.0 and above and iOS 12.1 and above.
-

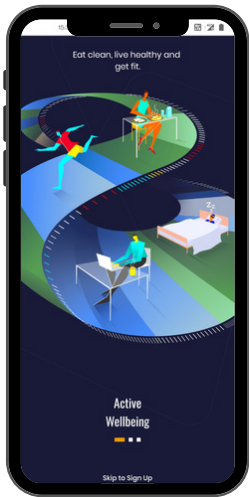
Features

2.5D Curved Display | HRM | SpO2 | Body Temperature |
Camera Control | Lift to View | Phone Finder |
7 Day Battery | Stopwatch & Timer | Sedentary Reminder |
Sleep Tracker



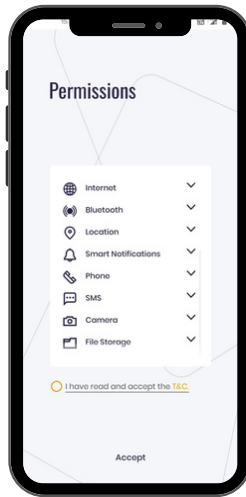
APP INSTALLATION & FEATURES

1



Welcome

2



Grant app permissions

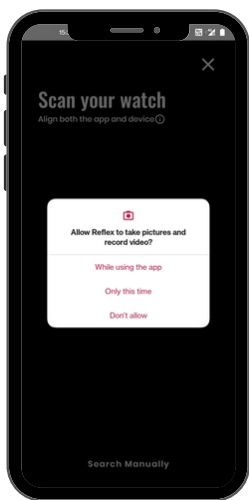
3



Update mobile number



6



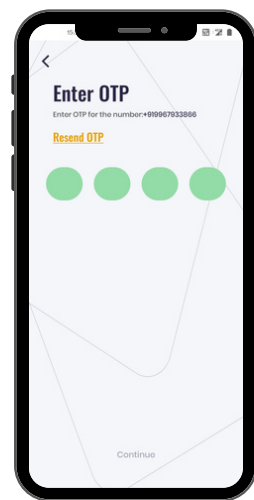
Grant permission to access camera to scan the watch

5



Select Relfex Curv watch

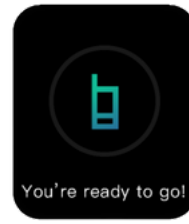
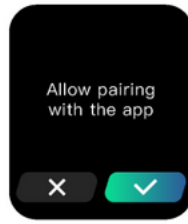
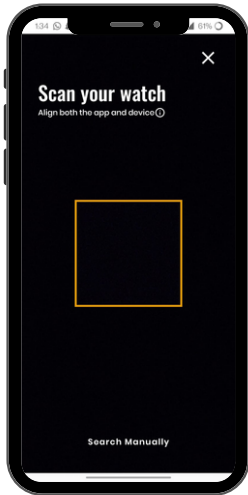
4



Enter OTP and verify

WATCH PAIRING

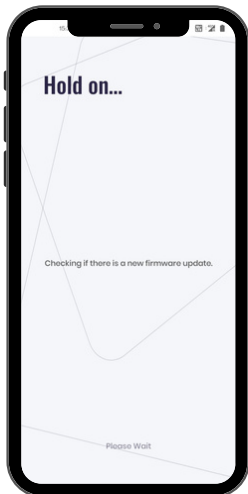
7



Scan the watch QR code from your phone > Select tick on your watch > Wait for your phone to pair with your watch.

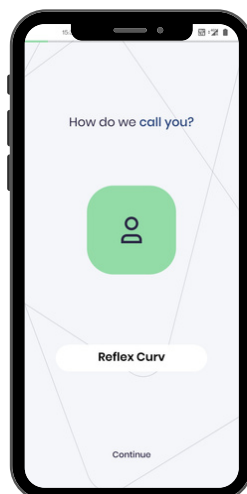


8



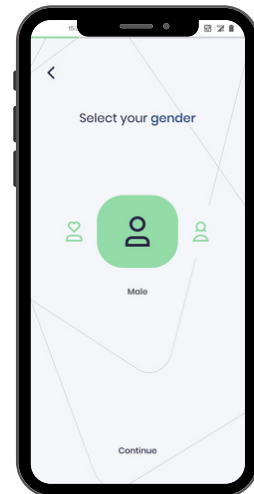
New firmware update will be checked

9



Add your name

10



Select gender

WATCH PAIRING

11



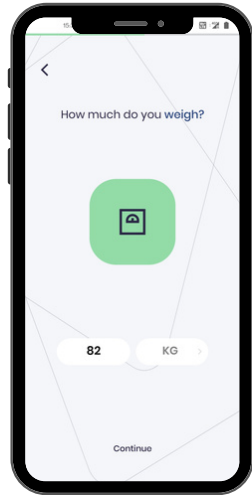
Add your birthday

12



Add your height

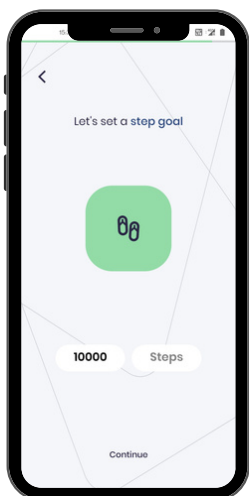
13



Add your weight

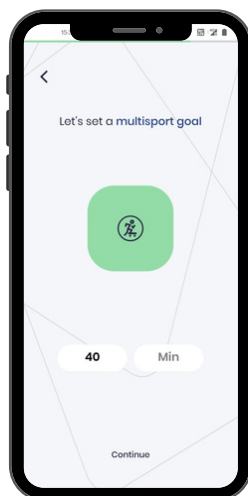


16



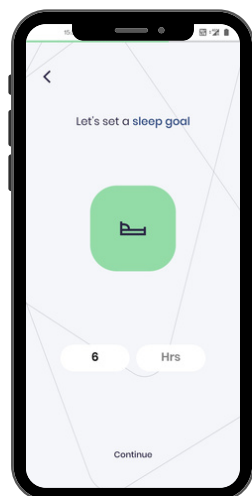
Add your step goal

15



Add your multisport goal

14

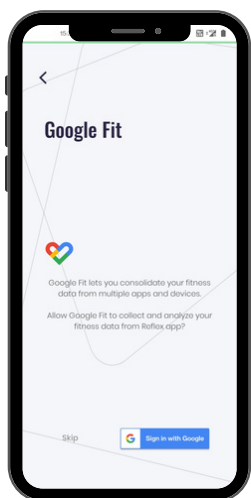


Add your sleep goal

WATCH PAIRING

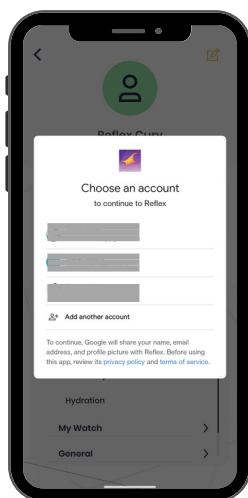
Android -

17



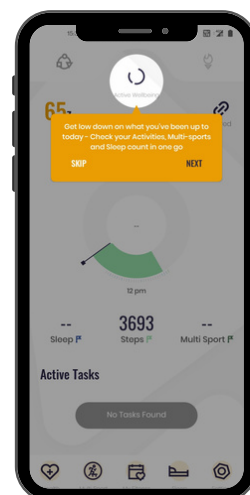
Allow Google Fit to collect data from Reflex App

18



You can directly login from this popup

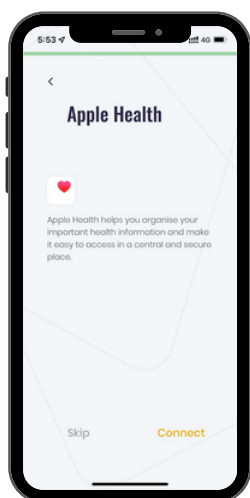
19



Hurray! You have successfully paired your watch

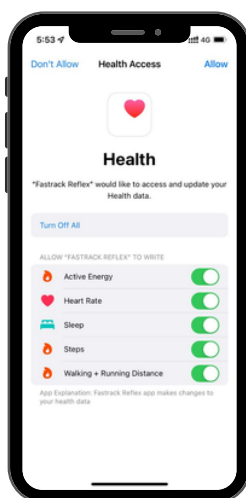
iOS -

17



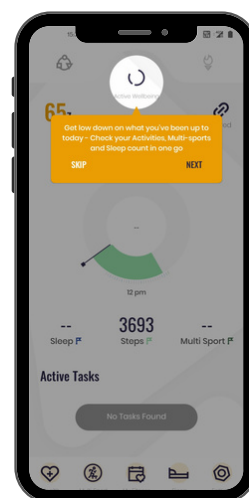
Allow Apple Health to collect data from Reflex App

18



Turn on all your health settings

19



Hurray! You have successfully paired your watch

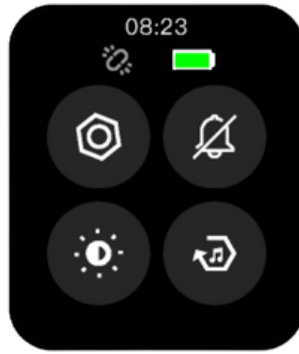
WATCH PAIRING

Quick Recap:

1. Download the app from the Play Store/App Store. After opening it, you'll see the welcome screen.
2. Click signup after three swipes and grant permissions of your phone to the app.
3. Enter your mobile number, submit to receive an OTP to register/verify.
4. After verifying, select your watch type and grant permission to the app for camera/gallery to scan the watch.
5. Simultaneously, power on your watch and swipe the screen to display the QR code. Scan that QR code through your phone.
6. You have to tap on tick/yes on the watch to confirm the pairing.
7. Allow pairing from your watch and once the watch is scanned, the app will check for firmware updates if any.
8. After the check, add your name, gender, birthday, height, weight, step goal, multisport goal and sleep goal one by one as app displays the same.
9. Finally, link your Google Fit/Apple Health account to allow to collect data from the Reflex App. That's it, you're now ready to explore your new watch and app!

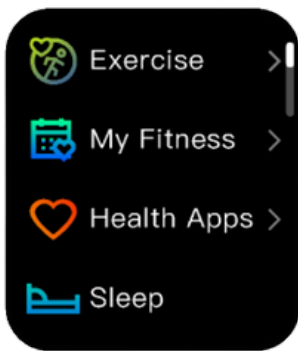


WATCH PAIRING




Settings, Brightness, DND and Music

Swipe
Down 



Menu (scroll)


Swipe
left to
right




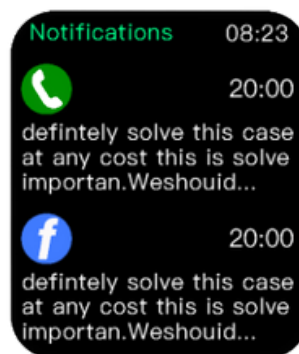
Watchface


Swipe
right to
left



My Fitness

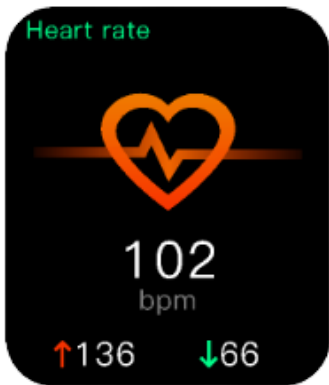
Swipe
Up 



Notifications

WATCH HOME SCREEN

From the watch's main face, you can activate multiple functions just by swiping right to left.



Heart Rate Monitor



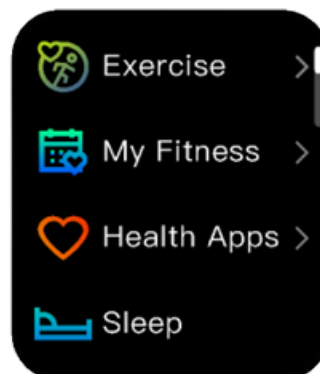
Temperature



Sleep Monitor



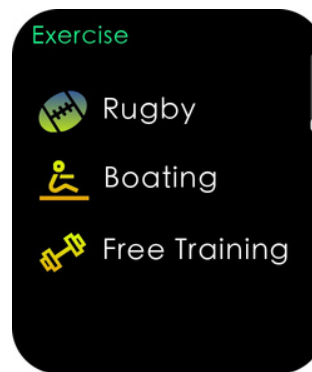
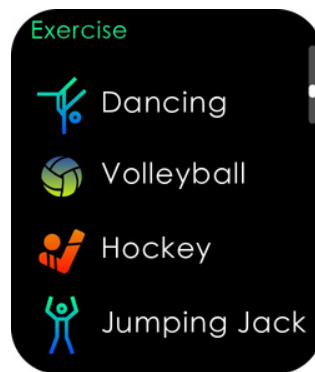
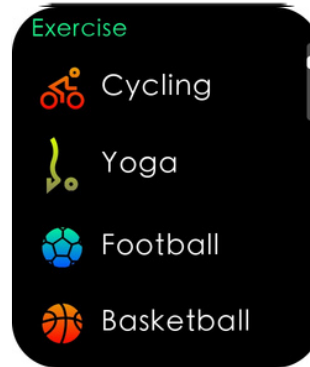
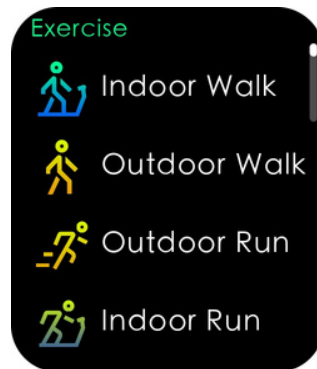
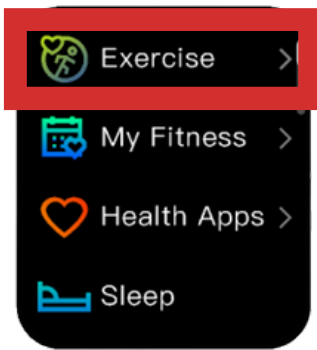
Weather



Menu (scroll)

WATCH SHORTCUTS

01. Exercise



In Exercise Menu, you'll find different exercises such as indoor walk, outdoor walk, outdoor run, indoor run, cycling, yoga, football, basketball, boating, hiking, cricket, spinning bike, baseball, dancing, volleyball, hockey, jumping jack, rugby and free training.

You can just click on any exercise that you wish to start. If you want to end your exercise, swipe right on your watch and select finish or continue if you wish to continue with the same exercise.

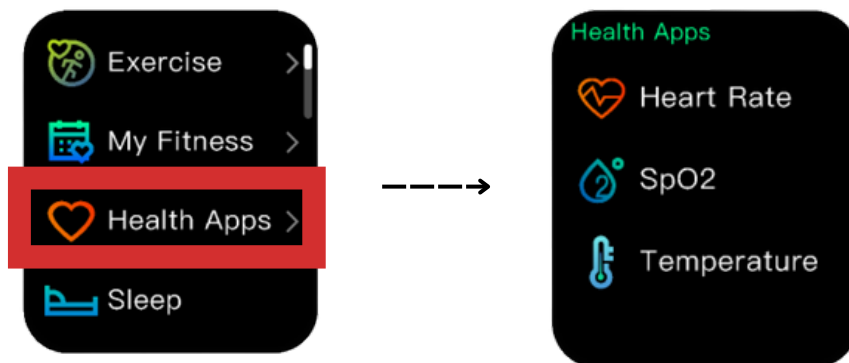
WATCH MENUS

02. My Fitness



From My Fitness menu, you can track your steps, distance travelled and calories burnt. You can change the view by swiping up and down.

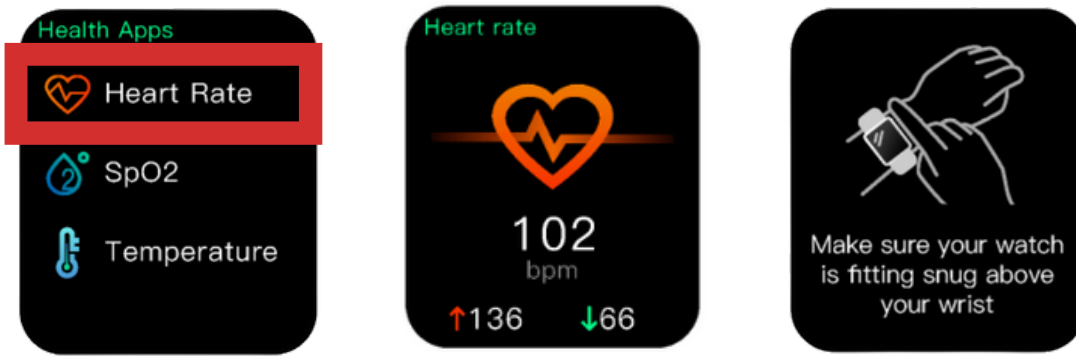
03. Health Apps



From Health Apps, you can check your heart rate, SpO2 and temperature.

WATCH MENUS

03.1. Heart Rate



Make sure your watch is fitting snug above your wrist to track your heart rate and display more accurate readings.

Note - Auto Heart Rate can be turned on from app settings.

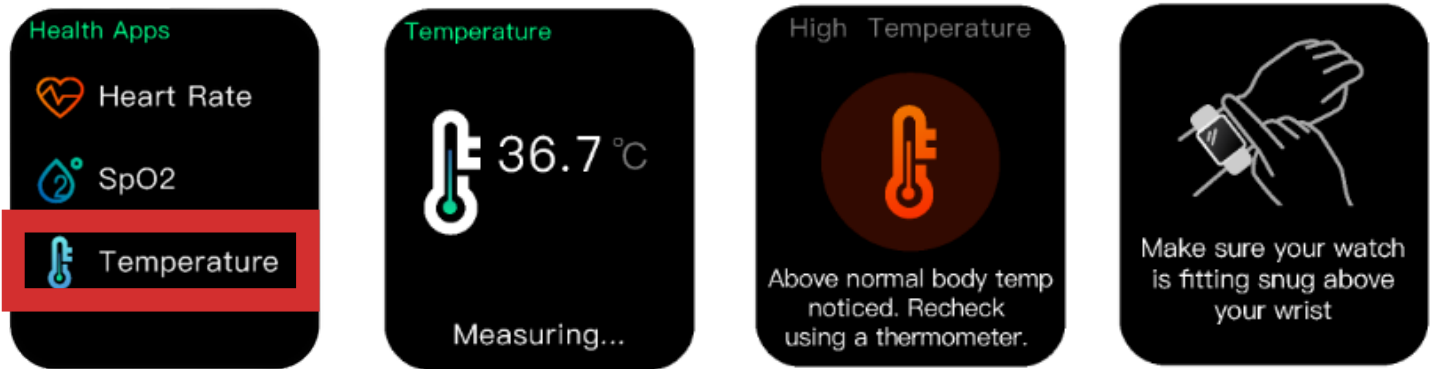
03.2. SpO2



You can measure your SpO2 levels in just a few seconds. Simply click on 'measure' and wait for the screen to show you your SpO2 level.

WATCH MENUS

03.3. Temperature



You can measure your temperature level through the watch by clicking on temperature in the health apps. You will also get notified by the watch when abnormal temperature is detected.

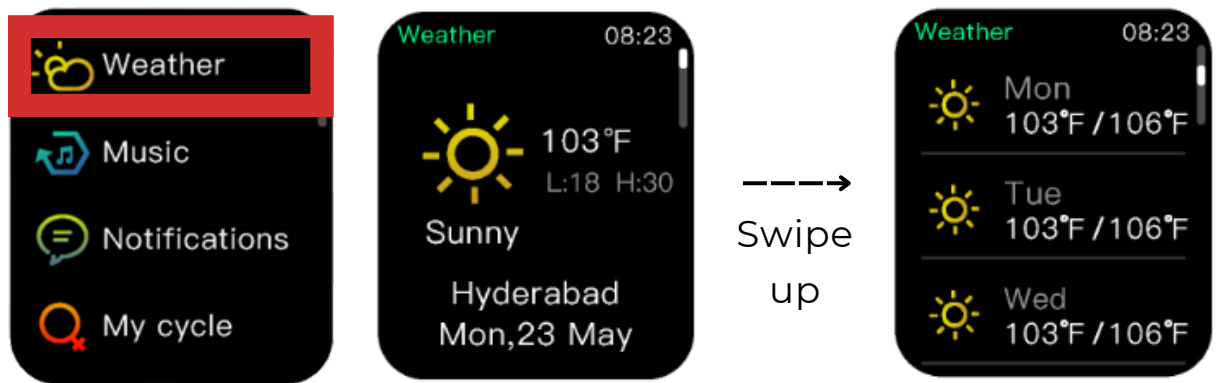
04. Sleep



If you wear your watch while you sleep, it can track your deep and light sleep with your awake time in between. It also shows your 'went to sleep' and 'wake up' time.

WATCH MENUS

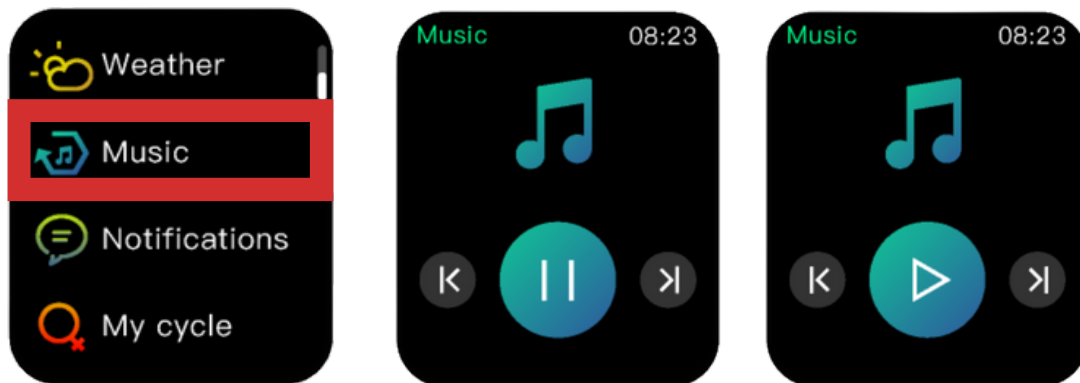
05. Weather



You can check current weather of your city/place. You can also see weather forecasts for upcoming 7 days with a scroll.

Note - Location services and internet connectivity are needed for accurate weather information. All data is collected from the open weather online service.

06. Music

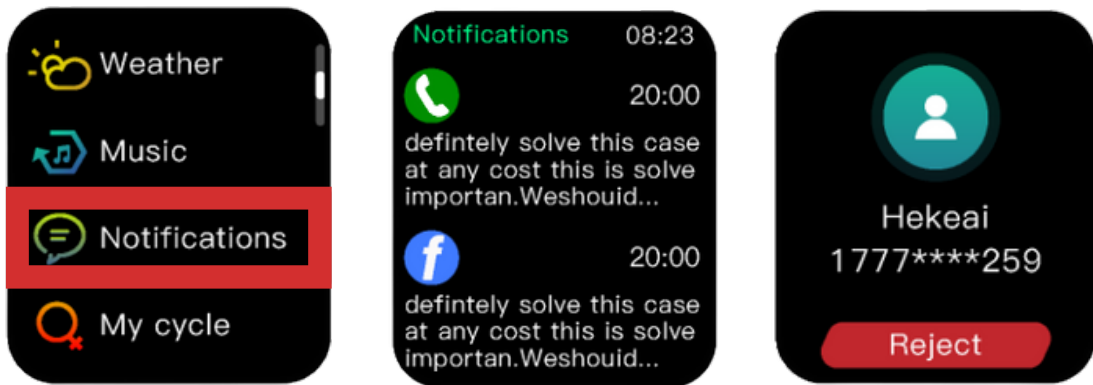


You can pause, play, next and previous song directly from your watch, no need to find your phone!

Note - The music feature app works with the default music app on your phone.

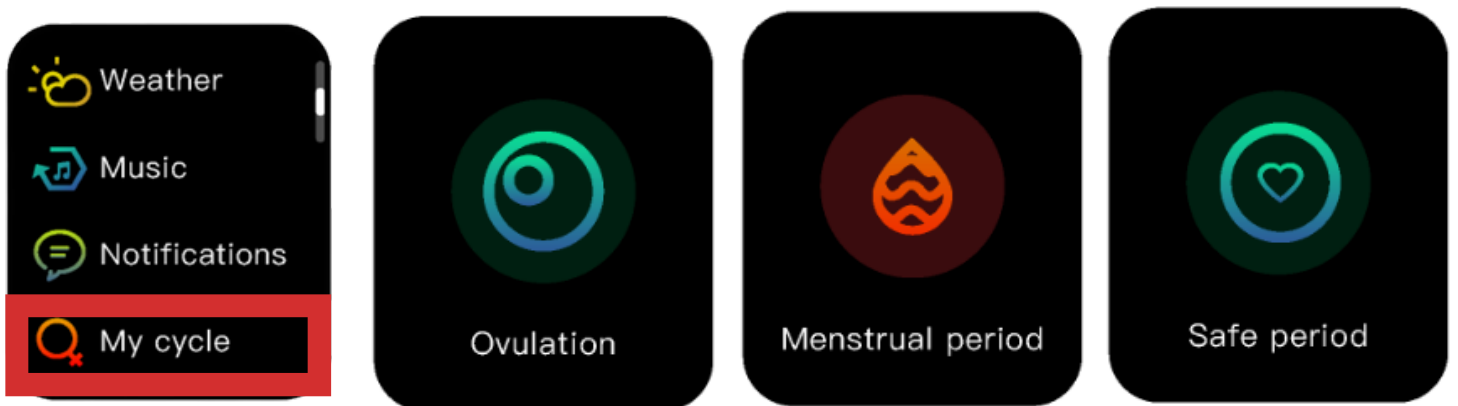
WATCH MENUS

07. Notifications



You can check notifications of the apps that you have on your phone through your watch.

08. My Cycle

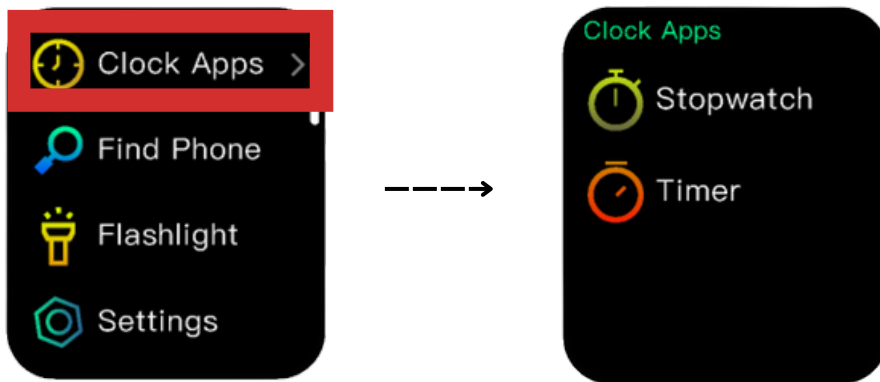


You can see this feature on your watch only when you register yourself as a female on the app while pairing. You can check your ovulation, menstrual period and safe period.

Note - You can change your details and log symptoms in the app settings.

WATCH MENUS

09. Clock Apps



There are two features in the clock apps menu - Stopwatch and Timer.

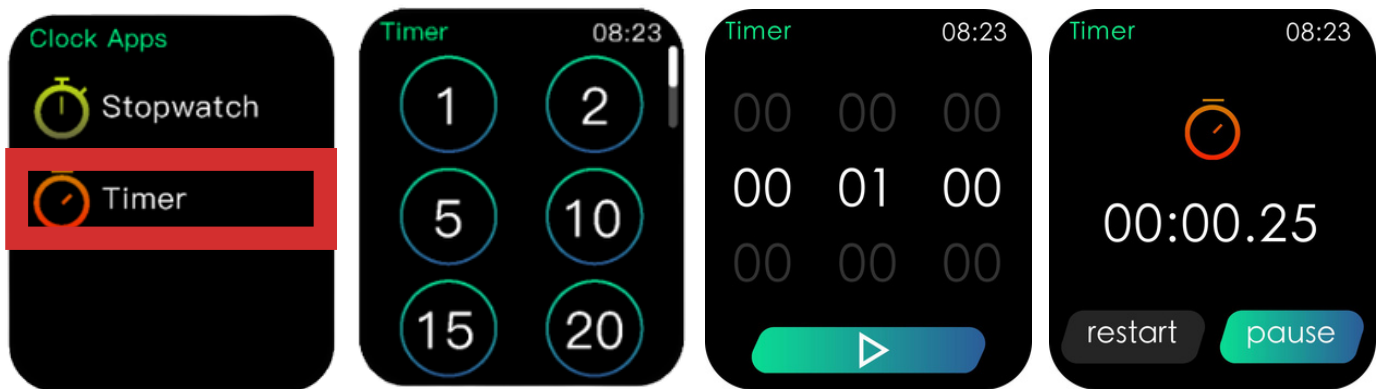
09.1. Stopwatch



You can start stopwatch and pause, restart and continue it according to your convenience with a tap.

WATCH MENUS

09.2. Timer



You can set the duration and start the timer as standard process to use the timer through your watch.

10. Find Phone

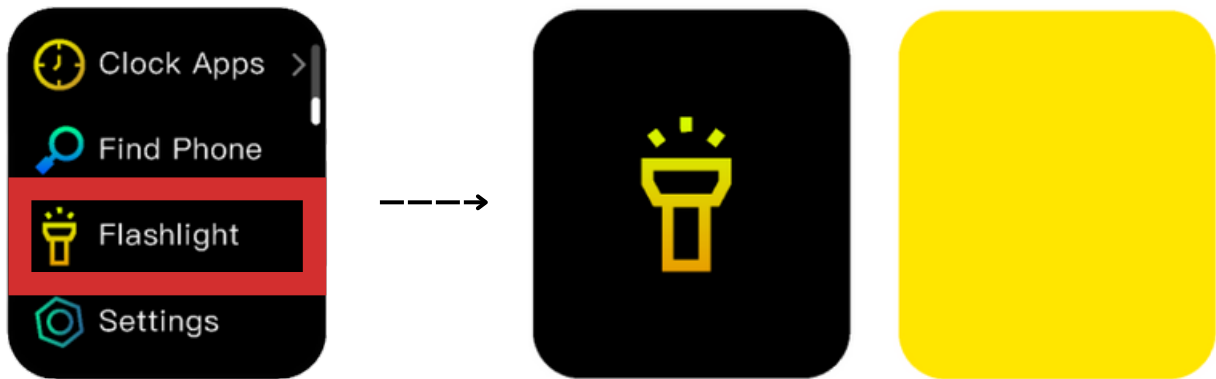


With Find Phone feature, you can easily find your phone as it starts ringing when you use this feature.

Note - This feature will work when the watch and phone are connected and 'find phone' feature has been activated from the app settings.

WATCH MENUS

11. Flashlight



When you use this feature, the screen glows which can act as a flashlight for you to find things.

Note - The yellow colour is used to differentiate white background in the manual.

12. Camera

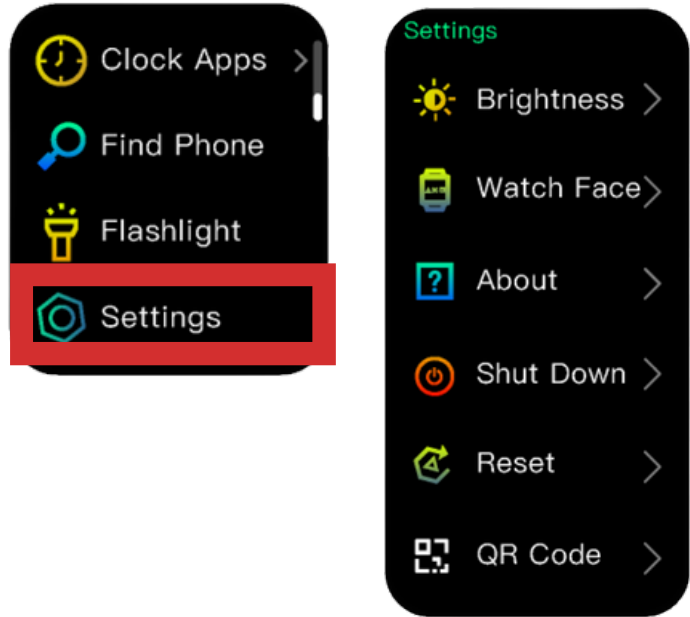
Go to settings > My Watch > Camera.
Twist your hand after opening In-App Camera to click pictures. You can also tap on the screen to click pictures. Exit In-App Camera to go back to normal mode.



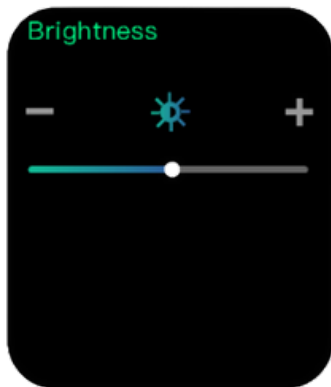
WATCH MENUS

13. Settings

You can adjust brightness, change watch faces, check details of the watch, shut down and reset the watch and QR code to pair your watch.



13.1. Brightness



You can adjust brightness from lowest to highest according your readability.

13.2. Watchface



You can change your watch face by long pressing home screen or in settings > watch face. You can also download and upload watch faces directly from your app too.

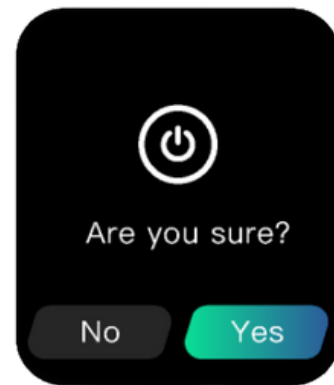
WATCH MENUS



13.3. About

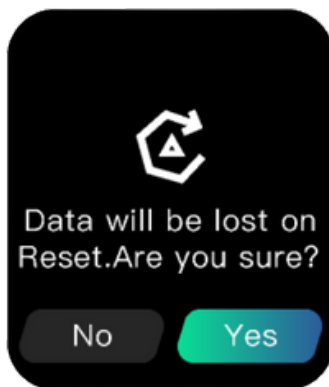
You can know Device Info, Name, Version, Mac, and FCC ID of your watch. Go to Settings > About.

13.4. Shutdown



You can shutdown your watch from here. The watch will reconfirm shutdown process and once you click yes, it will shutdown the watch.

13.5. Reset



You can reset your watch which will erase all your information from the watch.

13.6. QR Code



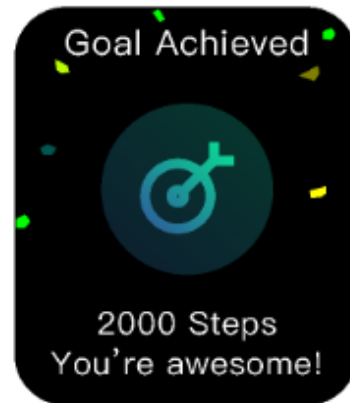
You can scan this QR code to again pair your watch to your phone and start using the same.

WATCH MENUS

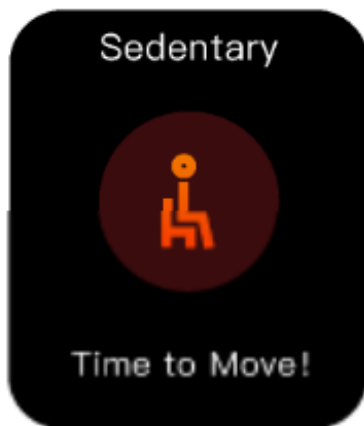
13. Alert Screens



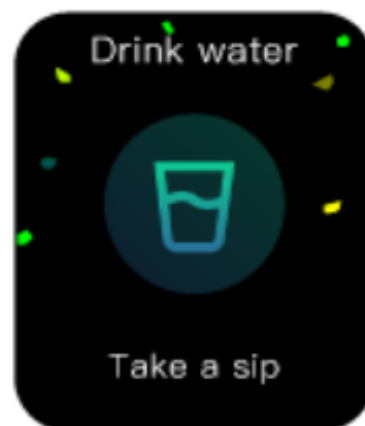
Alarm Notification



Goal Achieved



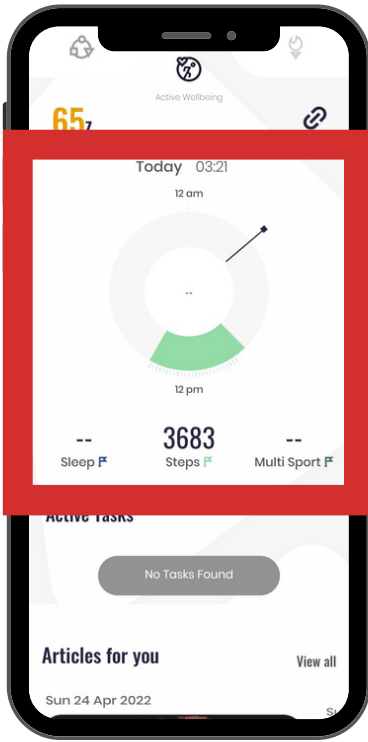
Sedentary Reminder



Hydration Reminder

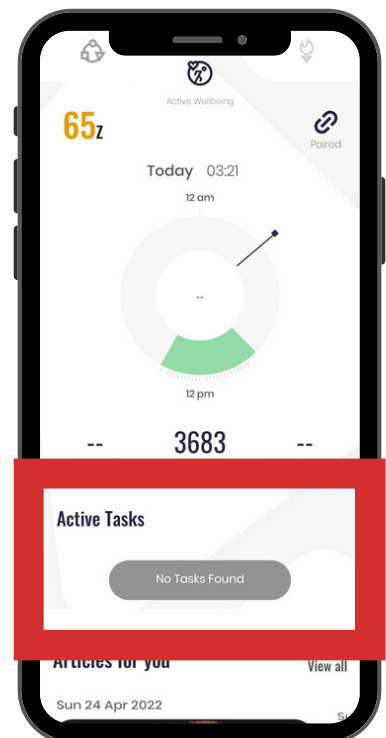
WATCH MENUS

Dashboard



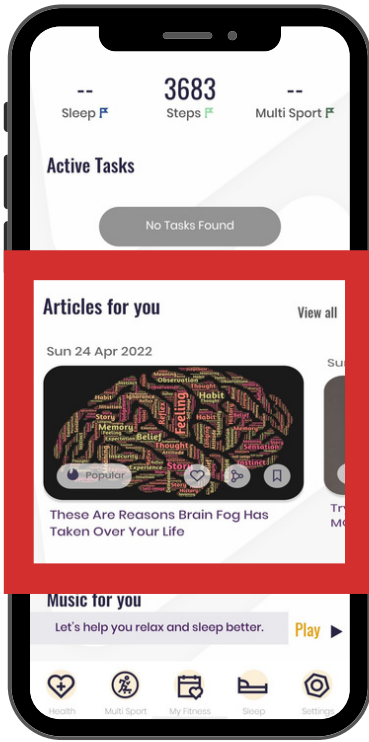
App's dashboard initially displays your current day's record of sleep, steps and multi sports.

The app then shows the tasks status that you have on your watch.



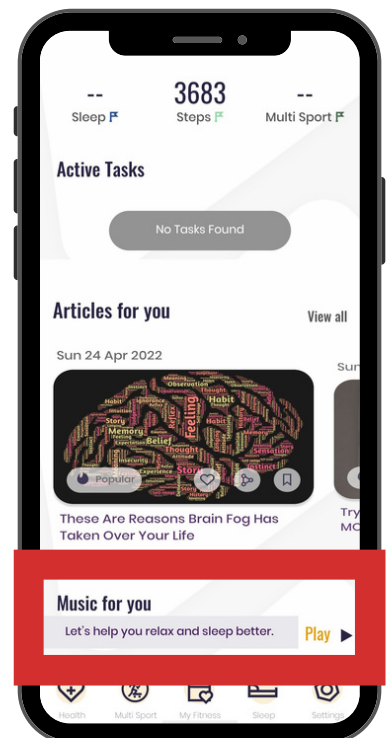
APP FUNCTIONS

Dashboard



You can read from the range of articles on health and fitness that can interest you.

Lastly, you can hear soulful music which can help you relax and sleep better.

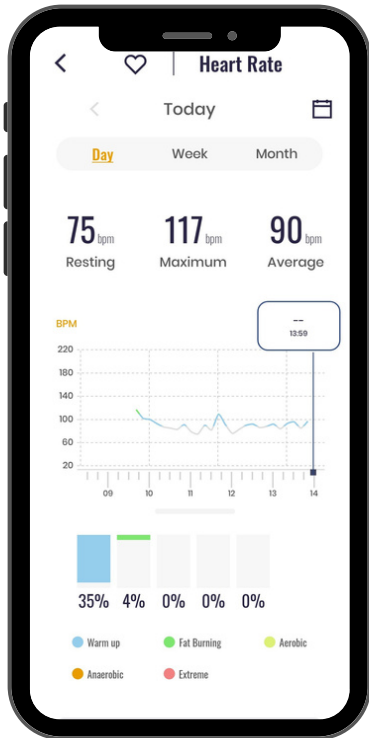


APP FUNCTIONS

Health

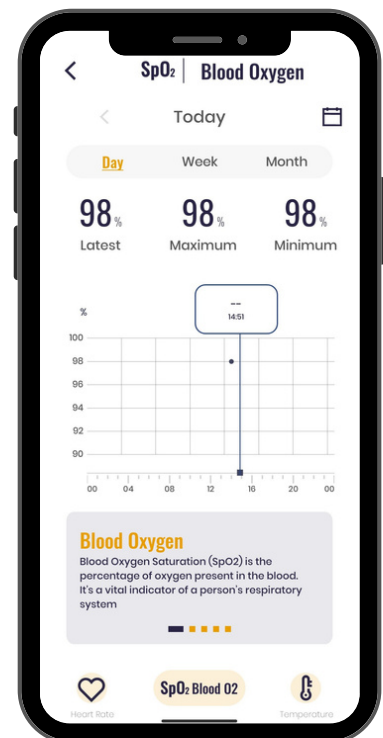
01. Heart Rate

You can check your daily, weekly and monthly resting, maximum and average heart rate with a graph. It also shows your Warm Up, Fat Burning, Aerobic, Anaerobic and Extreme levels with a description of terms below it.



02. SpO2 Blood O2

You can check your daily, weekly and monthly latest, maximum and minimum SpO2 levels with a graph and different SpO2 terms below the same.

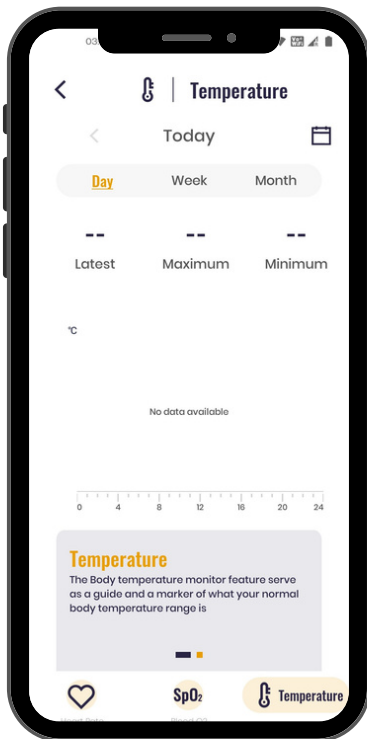


APP FUNCTIONS

Health

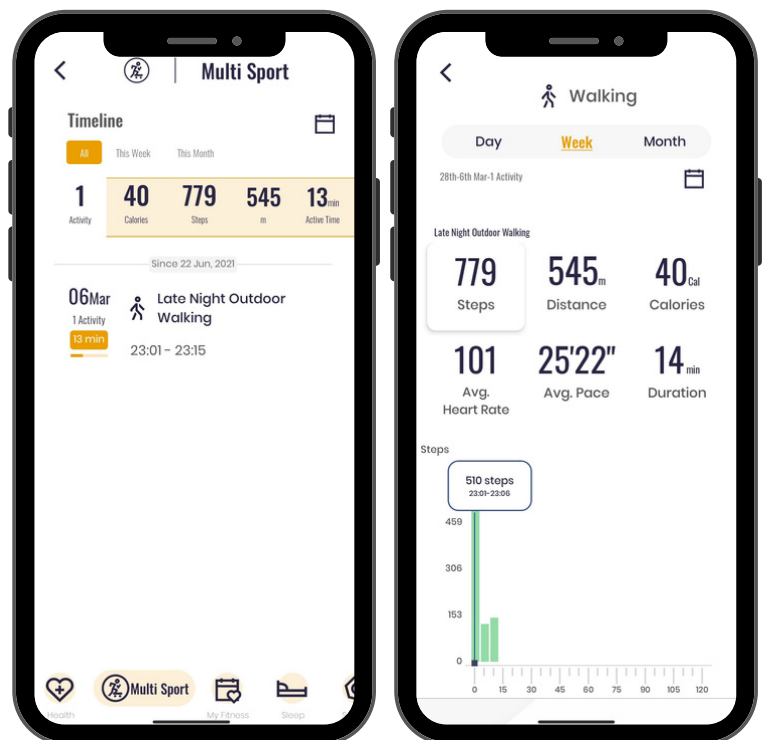
03. Temperature

You can check your daily, weekly and monthly latest, maximum and minimum temperature with a graph.



Multi Sport

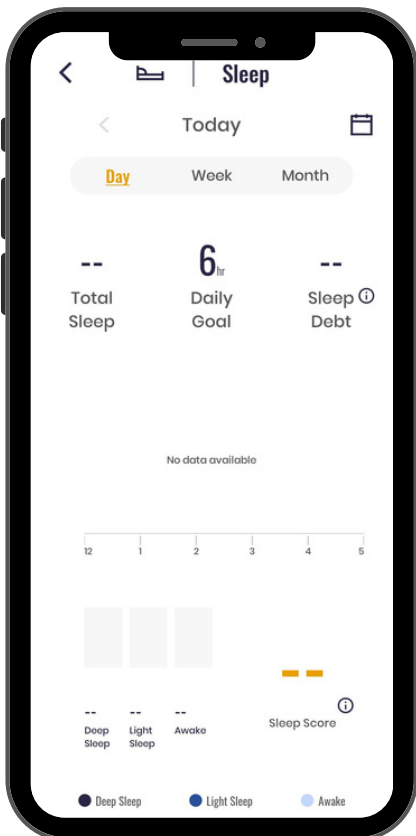
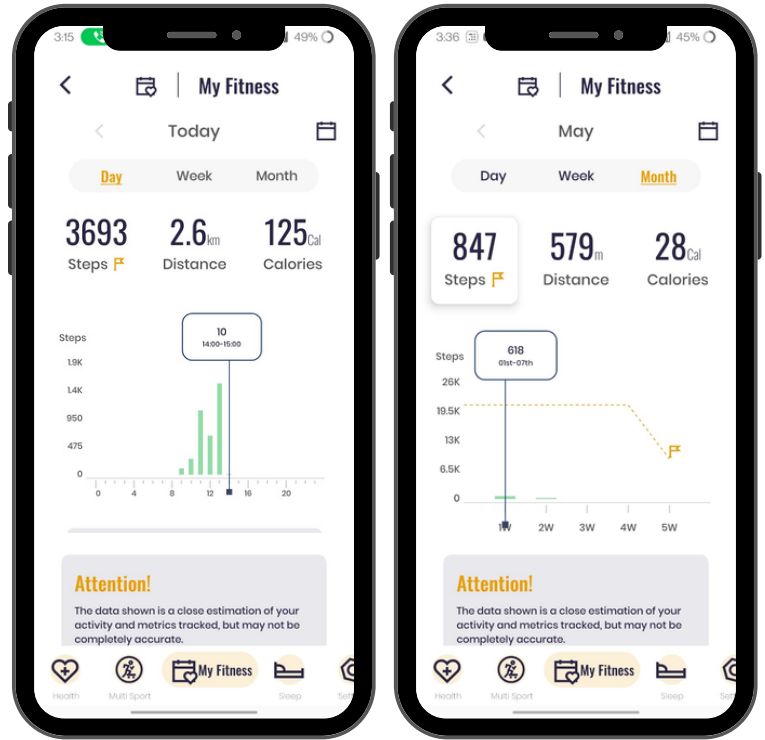
You can check your all time, this week's and month's timeline of activity, calories, steps, meters and active time.



APP FUNCTIONS

My Fitness

You can check your daily, weekly and monthly steps, distance and calories with a graph and different fitness terms below the same.

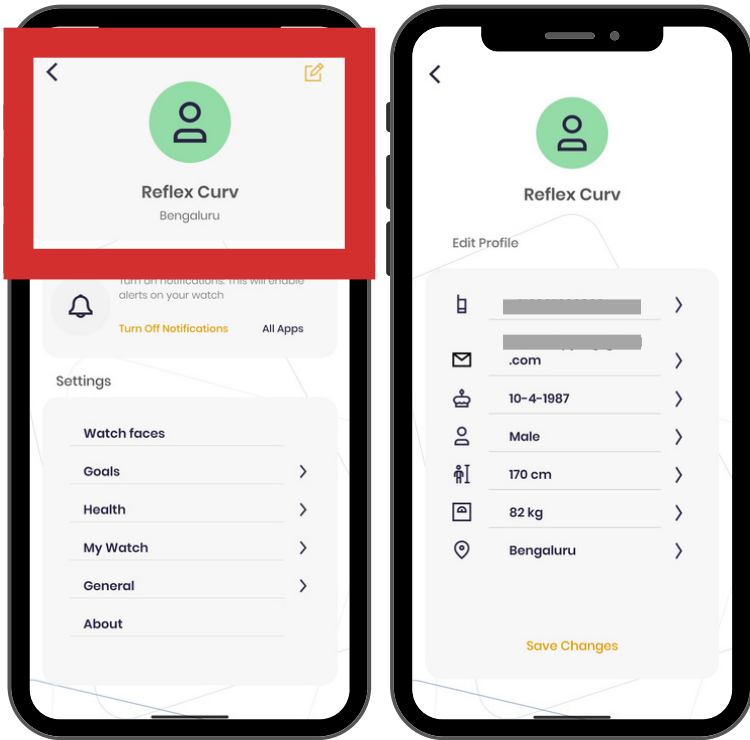


Sleep

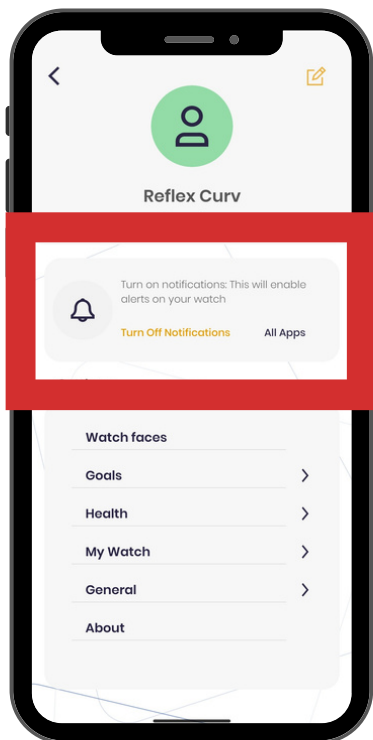
You can check your total sleep, daily goal and sleep debt with a graph. It also shows the record of Light and Deep Sleep and Awake time. You are also assigned scores for your sleep which can help you know about your quality of sleep.

APP FUNCTIONS

Settings



You can see your Name and your city first in your settings. When you click on the upper right button, you can edit your profile details such as name, mobile number, email, birthdate, gender, height, weight and location.

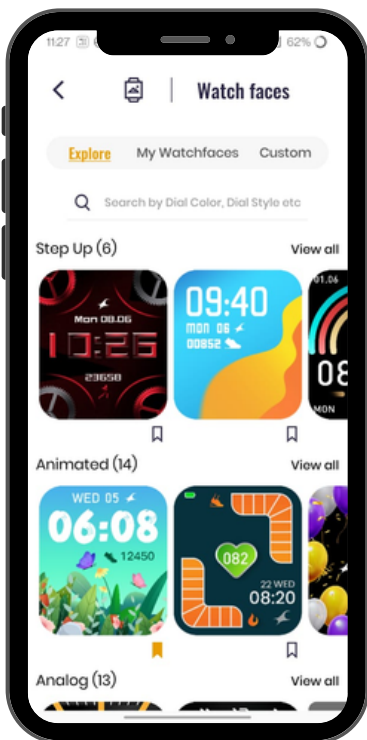
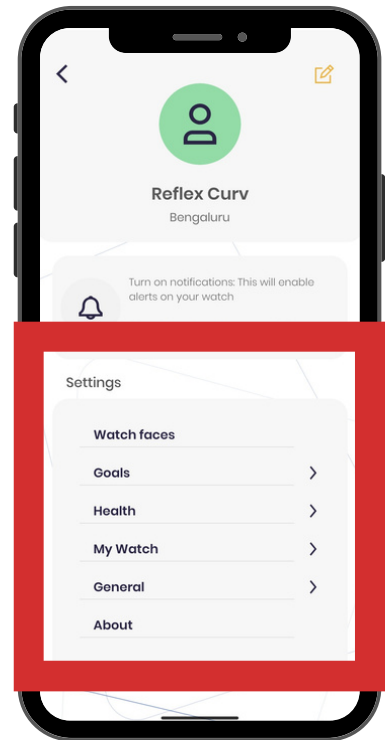


You can choose to turn on/off notifications on your watch.

APP FUNCTIONS

Settings

You can check/change the settings on watch faces, goals, health, my watch, general and about.



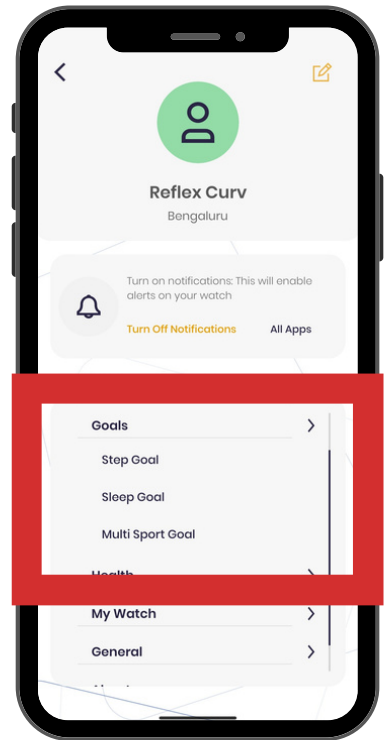
Watchfaces

You can explore new watch faces, check your in-use/downloaded watch faces and you can create custom watch faces by taking a photo or uploading image from your gallery.

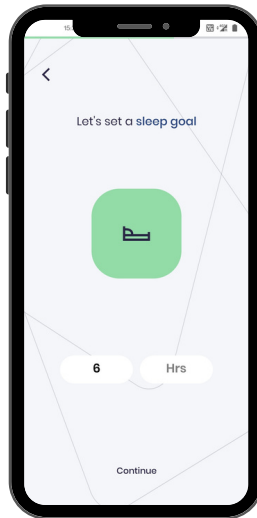
APP FUNCTIONS

Goals

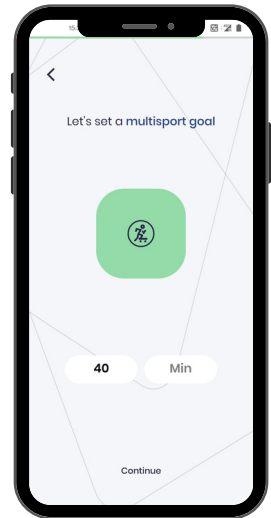
You can change step, sleep and multi sport goal from this settings just as you added the goals while pairing.



Step Goal

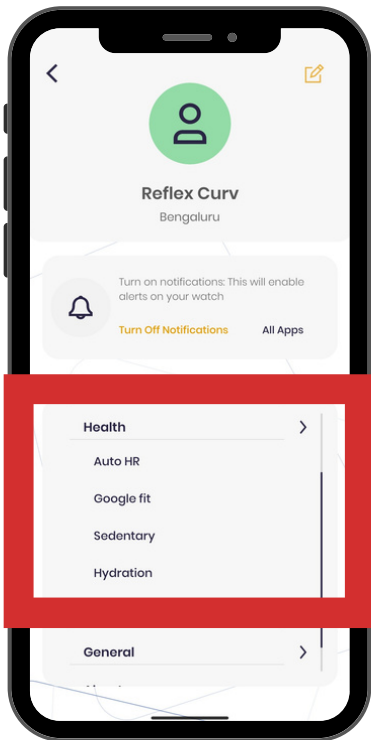


Sleep Goal



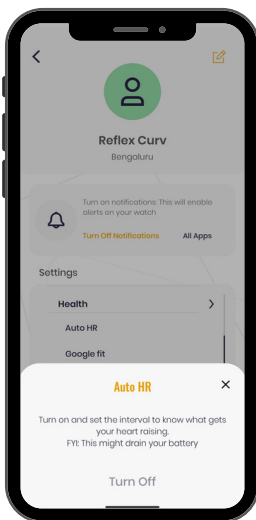
Multisport Goal

APP FUNCTIONS

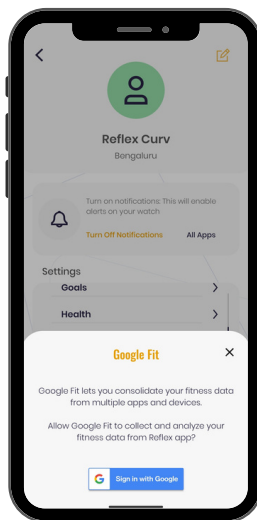


Health

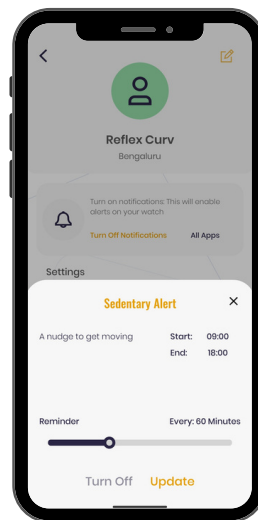
You can turn on/off your Auto Heart rate monitoring, sign-in/out to Google Fit Account, change duration of sedentary and hydration reminder.



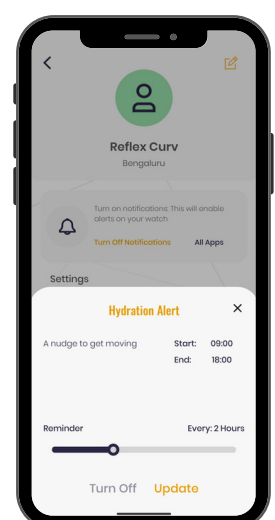
Auto HR



Google Fit/
Apple Health



Sedentary

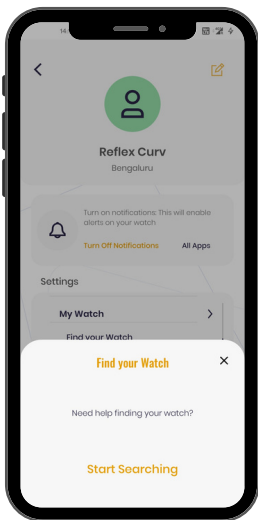
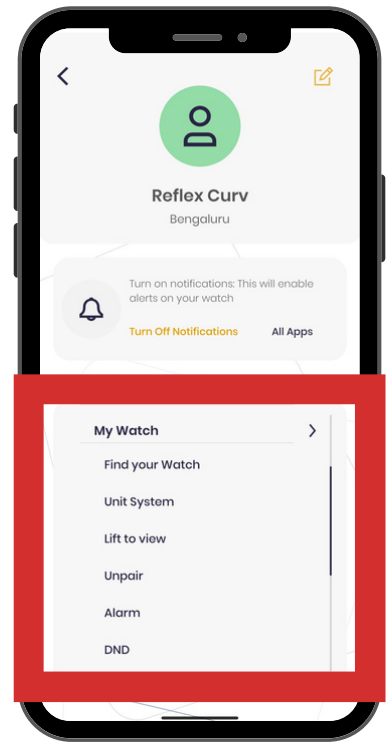


Hydration

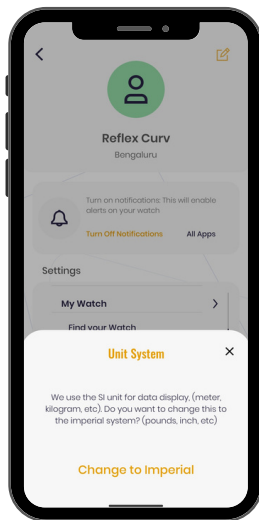
APP FUNCTIONS

My watch

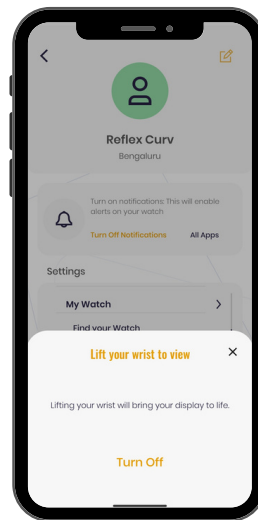
You can find your watch, change the unit system, turn on lift to view feature, pair/unpair watch, set an alarm, enable DND mode and auto body temperature tracking, change temperature unit, click from camera and update the watch.



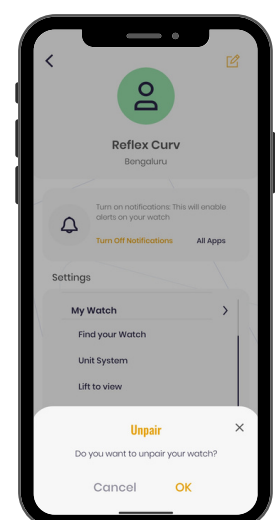
Find Your Watch



Unit System



Lift to View



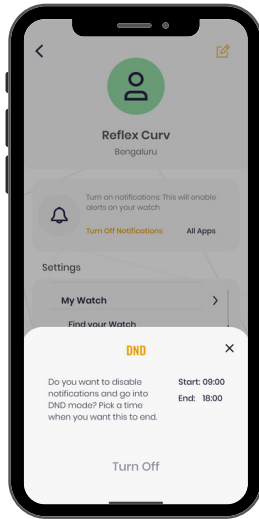
Unpair

APP FUNCTIONS

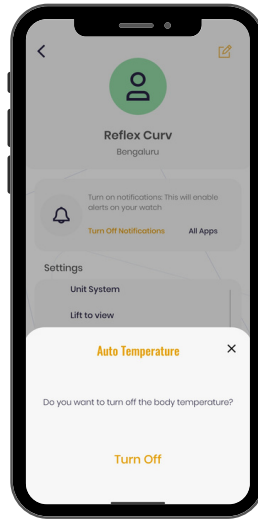
My watch



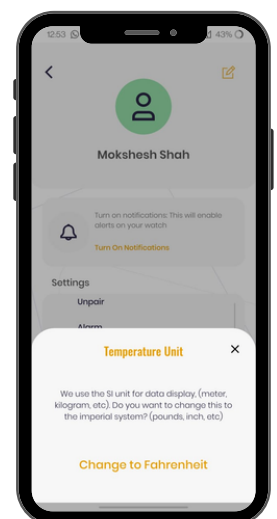
Alarm



DND

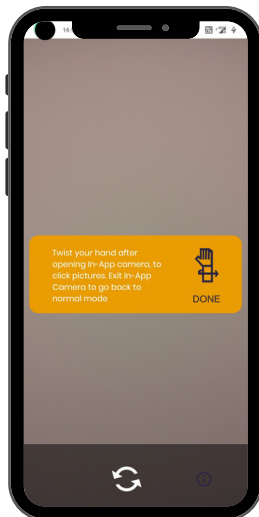


Auto

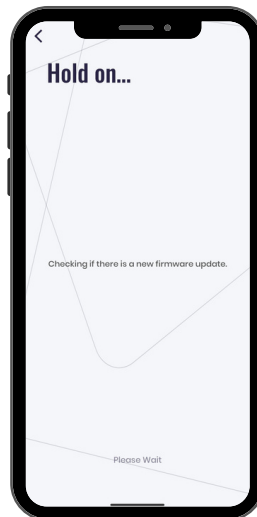


Temperature

Temperature Unit System

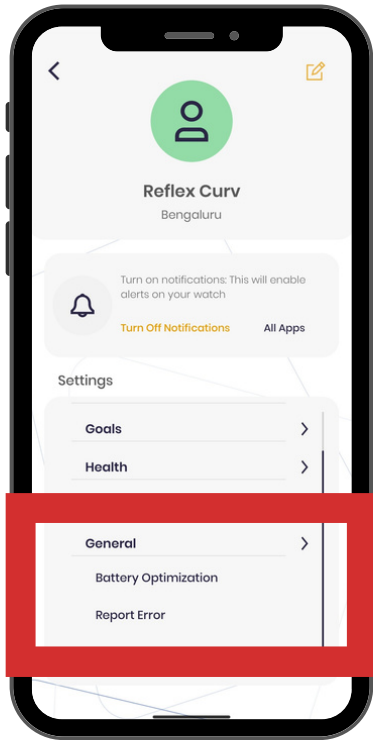


Camera



Update
Watch

APP FUNCTIONS

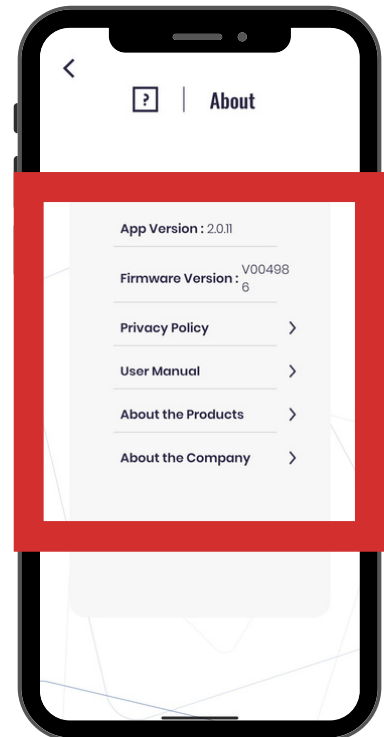


General

You can disable the battery optimization for app & help run the app in the background. Use the "Report Error" session to report any issues or error faced.

About

You can check your app version, firmware version, privacy policy, user manual to check all the processes, about other products from the website and about the company from the website.



APP FUNCTIONS

Description	Fastrack Reflex Curv
Model No.	38073
Weight of the watch	37.5 g
Display Type	TFT-LCD Display
Display Size (inches)	1.69"
Pixel Density (sharpness)	219 PPI
Screen Resolution (pixels)	240*280
Thickness of Watchhead	9.9 mm
Dimensions for the Case (Watchhead)	44.3*35.15*9.9 mm
Case Material	Aluminium Case + ABS back cover
Band/Strap Material	Silicone
Mode of Operation	Touch screen + Push Button

TECH SPECIFICATIONS

Accelerometer	3 axis
Battery Capacity	200 mAh
Battery life	Upto 7 days
Compatibility (Android / iOS)	Android 8.0 & above, iOS 12.1 & above
Bluetooth Version	Version 5.0
Water Resistance	IP68



TECH SPECIFICATIONS

Hardware FAQ's

1. I am unable to switch On the smartwatch. What should I do?

A: Scenario 1: If the smartwatch is just out of the box, then you need to charge it until 100% charge is achieved.

Scenario 2: If you have switched off the watch from the settings option then you need to connect it to the charger to switch on the watch.

Scenario 3: The watch charging cable might have an issue because of which it's not charging the watch. Hence, you may need to change your charger.

After trying the above scenarios, if the issue still persists, please reach out to 18002660123 or send a mail to smartdesk@titan.co.in

2. I have misplaced my charging cable. Where can I get that?

A: You need to visit the nearest service center and purchase it from there. This will be based on the availability of the charger/cable at that service center.

3. Do I get an additional strap with the watch?

A: No, You don't get an additional strap with the watch.

4. How long should I charge the watch to be 100%?

A: Watch gets fully charged in about 90 mins.



FAQ'S

5. What is the specification required for smartphones to connect with Reflex Curv?

A: Android 8.0+ and ios 12.1+

6. Are the charger and strap covered under warranty?

A: No, the charger and strap are not covered under warranty.

Application FAQ's

1. Which application should I download to connect my watch to the smartphone?

A: The application that needs to be downloaded is “Fastrack Reflex World”. It is available both on Google Play Store & App Store.

2. My smartwatch is not getting paired? How do I pair?

A: You can easily pair your Fastrack Reflex Curv by following the below process -

Download the Fastrack Reflex World App from Playstore/Appstore

Mobile Registration:

Enter your mobile number and select the checkbox to accept the terms and conditions. On the next screen, enter the OTP received to complete the registration.

Permissions & Access:

Provide necessary permissions to enable various features available on the Fastrack Reflex Curv Smartwatch.



FAQ'S

Pairing:

The next step is to pair the watch with the phone through the Fastrack Reflex World app.

To do this,

Tap on the “Scan” button on the app to open the camera.

Scan the QR code shown on the watch. In case you have paired the watch earlier and you are on the watch home screen,

Navigate to the “About” Screen by clicking on Settings in the watch. Once you reach the About screen, you will find the QR code there.

Kindly provide the Bluetooth pairing pin that pops up on your watch and proceed to complete the pairing process

The next step is to create a user profile in the application. Enter the details like Name, Gender, Birthday, Height, Weight, Sleep duration target, Multisport target, Steps target.

The application will be ready for you to use and you will be able to experience the new journey in the Fastrack Reflex World.

3. I am unable to receive the OTP for registering myself on the Fastrack Reflex World application. What can be done?

A: Please make sure that you have entered the correct and active mobile number for registration where you will receive the OTP via SMS.

If you still do not receive the OTP, please contact the toll-free number 18002660123 or can write to us at smartdesk@titan.co.in.



FAQ'S

4. I have purchased a new Fastrack Reflex Curv and while I have completed my pairing with the application Fastrack Reflex World, it is asking for a Firmware Update. Is it mandatory to do so?

A: Yes, it's mandatory to update the firmware in order to experience the best version of the watch.

5. My Fastrack Reflex World crashes every time I open the application. What needs to be done?

A: Kindly uninstall and reinstall the application. If the issue still persists, please contact the toll-free number 18002660123 or can write to us on smartdesk@titan.co.in.

6. I am not located in India and my contact number comes with a different country code. How do I register myself in the application?

A: Even though you are not in India, the registration process for the application remains the same. Enter your mobile number and select the checkbox to accept the terms and conditions. On the next screen, enter the OTP to complete registration. The list of countries where you will receive the OTP is as follows:

Singapore, Australia, New Zealand, Fiji, Philippines, Nepal, Bhutan, Bangladesh, Qatar, Bahrain, UAE, Kuwait, Oman and Japan.



FAQ'S

7. What should be done to sync the smartwatch with the application?

A: On opening the application on your smartphone, the smartwatch data will be automatically synced. If you find that the watch is not synced or the data on the app is not changed you can swipe from top to bottom on the main page of the app and it will automatically sync with the watch.

8. I am unable to adjust the brightness of my watch screen. Please help.

A: Brightness of the Reflex Curv can be adjusted manually. To adjust the brightness you need to go to the settings of the watch and then tap on brightness or on the home screen of the watch swipe from top to bottom and you get the brightness icon. You can just tap on that to increase or decrease the brightness accordingly.

9. What do I need to do to get the notifications on the smartwatch?

A: Notification access must be provided for the Fastrack Reflex World application.

On the app click on the Settings > Turn On Notifications
You can individually select which app notification you would like to see on your watch.

10. How do I change my Watchface?

A: There are two ways in which you will be able to change your watch face:

1. Long press on the watch face/home screen of the watch, swipe through the saved watch faces and select your desired watch face or Go to Settings screen in the watch and go to Watchface
2. Open the Fastrack Reflex World application and in the Settings menu, you will get watch faces. Select from a wide range of watch faces.

11. Can I customize my own watch face?

A: Yes you will be able to customize your own watch face from the application under the Settings > Watchfaces

12. Every time I do a Multisport activity, after completion I see the watch saying “Workout was too short to be recorded”. Why so?

A: A multisport activity should be done for more than 2 mins for the watch to capture data.

13. How to start a multisport activity?

A: To start a multisport activity, make sure your watch is well worn on your wrist, go to the Sports option in your watch. Select the multi-sport activity you are interested in and you are good to go. The watch will start capturing your multisport activity.

14. Will I be able to change song tracks while I am doing a multiport activity?

A: No, you can't change song tracks while doing a multisport activity.

15. How to activate the Women health tracker?

A: The Women's health tracker would be available only for Female users. So make sure while onboarding in the Fastrack Reflex World app, you register as a Female Gender.

In the registration process, you will need to enter your details.

16. Will I be able to check weather updates for other cities?

A: The Fastrack Reflex Curv will be able to show the weather updates of your current city only. Your current city will get detected based on the phone's actual location.

17. Will I be able to receive calls through the Fastrack Reflex Curv?

A: The Fastrack Reflex Curv will provide you with incoming call alerts but it will only provide you with an option of rejecting the call.

18. How will I be able to change the screen timeout in Fastrack Reflex Curv?

A: No, you can't change the screen timeout in Fastrack Reflex Curv.

19. I am unable to connect the watch straps to the watch head. Please help.

A: There is a quick-release pin that needs to be aligned in the hole provided on the watch head lug. You need to align the pin properly between the lug holes and connect the strap to the watch head.

20. How can I check SpO2 in my watch?

A: To check SpO2, you need to go to the Menu options of the watch by pressing the push button and then you need to select SpO2 and then proceed for measurement. Please ensure that your wrist is still while your SpO2 is measured by the watch.

21. I cannot see my minimum HR reading on the graph plotted on my watch HR details screen. Why is it so?

A: You can view the current, maximum and minimum HR reading on the HR details screen on the watch. However, you can view the detailed plotting in the HR detailed screen on the App on the phone.

22. How can I change the units of measurement in my watch?

A: You can change the units of measurement in your watch by going to App > Settings > My Watch and toggling between Imperial/ Metric format for Temperature formats and other data displays.

23. How do I use camera control and where is the Image saved in the phone?

A: Open the camera from your Reflex World application and go to Settings > My Watch > Camera. Camera screen would open on your watch. Just twist your wrist for your phone to click a photo which will be saved in your phone's gallery.

24. My phone is continuously ringing even after I have gone back to some other screen in the watch or pressed the power button in my phone. How do I stop the ringing after I have found my phone?

A: Tapping on "Find Phone" from the Fastrack Reflex Curv raises a notification on the phone apart from the ringing in the phone. Just tap on the notification from the Fastrack Reflex World app and the phone would stop ringing.

25. How do I change the display view of my activity of calorie, distance and steps walked as my major concern is calories burnt?

A: There are 3 views present in your Fastrack Reflex Curv watch. Swipe right to left from your home screen in the watch and you have entered the activity tracker screen. You can swipe from bottom to top to view other displays.

FCC ID: 2AK9F-38073

1. This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference.

(2) This device must accept any interference received, including interference that may cause undesired operation.

Caution: Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on the user is encouraged to try to correct the interference by one or more of the following measures: - Reorient or relocate the receiving antenna. - Increase the separation between the equipment and receiver. - Connect the equipment into an outlet on a circuit different from that to which the receiver is connected. - Consult the dealer or an experienced radio/TV technician for help.



FCC STATEMENT

CAUTION RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT TYPE. DISPOSE OFF USED BATTERIES ACCORDING TO THE INSTRUCTIONS

If you use a third-party charger, the recommended output voltage/current of the adaptor is 5V DC/1A and the adapter shall be CE approval type.

This device is a low-power radio transmitter and receiver. As recommended by international guidelines, the device meets applicable national SAR limits of 2.0W/kg (10g).10g SAR: meets low-power exclusion level, SAR test is not required.

Bluetooth: BLE, 2402MHz-2480MHz

Max EIRP: -4.02dBm

Operating temperature:-5°C-45°C

Manufacturer: Shenzhen DO intelligent technology Co., Ltd

Address: 11th Floor, 3# Building, Guole Tech Park, Lirong Road, Xinshi,Dalang,Longhua District, Shenzhen, 518109,P.R.C

This product can be used across EU member states.

EU Regulatory Conformance Hereby , Shenzhen Do intelligent technology Co., Ltd declared that the radio equipment type (Smart Watch - 68024) is in compliance with Directive 2014/53.EU.



CE STATEMENT

The Reflex Curv smartwatch is a tool that provides information on your training and activity performance and one that encourages an active and healthy lifestyle. The smartwatch relies on sensors that track your movement and other metrics. The data and information provided by it is a close estimation of your activity and metrics tracked but may not be completely accurate, including the steps, distance, Heart rate, Blood saturation and calorie data.

Note - Accurate user data (height, weight, gender and age) information improves the accuracy of the algorithms that process the activity data.

Some activities may cause frequent arm movement resulting in the device recording too many steps, like:

- Driving a vehicle (usually due to rough terrain)
- A restless night of sleep There are also instances where a lack of arm movement may result in a loss of steps while you are walking, like:
 - Pushing a stroller or shopping cart
 - Carrying a bag of groceries or child
 - Talking on phone and walking.

Disclaimer This is not a medical device and the data provided by it should not be used for medical purposes to diagnose, treat, cure, or prevent any disease or ailment.



NOTE ON THE ACCURACY OF ACTIVITY TRACKER