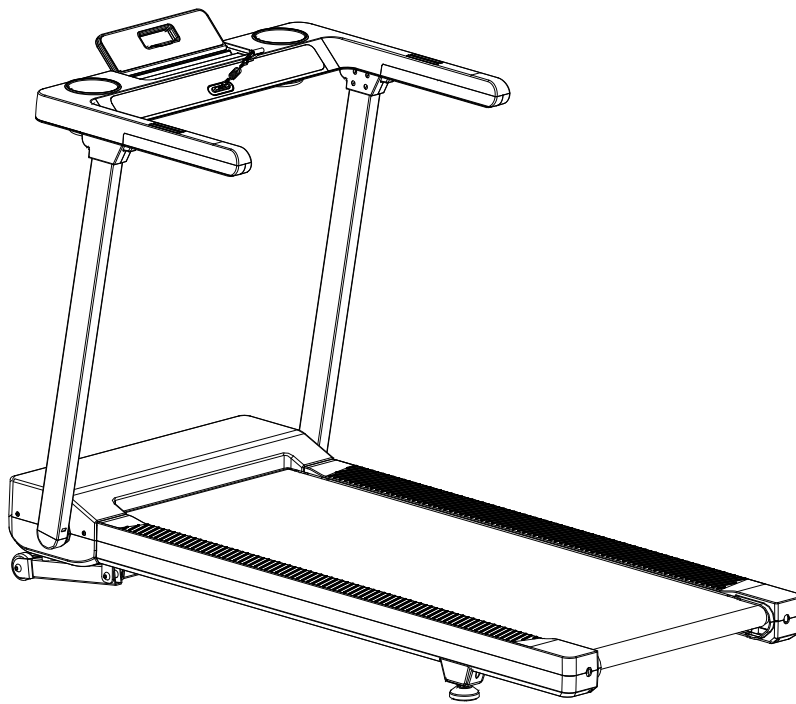




User Manual



Foldable Auto Incline Treadmill With 20" Running Belt & Brushless Motor

SF-T723030

EN

IMPORTANT! Please retain owner's manual for maintenance and adjustment instructions. Your satisfaction is very important to us, **PLEASE DO NOT RETURN UNTIL YOU HAVE CONTACTED US.**

Important Safety Information

We thank you for choosing our product. To ensure your safety and health, please use this equipment correctly. It is important to read this entire manual before assembling and using the equipment. Safe and effective use can only be achieved if the equipment is assembled, maintained, and used properly. It is your responsibility to ensure that all users of the equipment are informed of all warnings and precautions.

1. Before starting any exercise program, you should consult your physician to determine if you have any medical or physical conditions that could put your health and safety at risk or prevent you from using the equipment properly. Your physician's advice is essential if you are taking medication that affects your heart rate, blood pressure, or cholesterol level.
2. Be aware of your body's signals. Incorrect or excessive exercise can damage your health. Stop exercising if you experience any of the following symptoms: pain, tightness in your chest, irregular heartbeat, shortness of breath, lightheadedness, dizziness, or feelings of nausea. If you do experience any of these conditions, you should consult your physician before continuing with your exercise program.
3. Keep children and pets away from the equipment.
4. Use the equipment on a solid, flat level surface with a protective cover for your floor or carpet. To ensure safety, the equipment should have at least 8 feet (240 cm) of free space behind it and 2 feet (60 cm) on each side. Do not place the treadmill on any surface that blocks air openings. To protect the floor or carpet from damage, place a mat under the treadmill.
5. Ensure that all nuts and bolts are securely tightened before using the equipment. The safety of the equipment can only be maintained if it is regularly examined for damage and/or wear and tear.
6. Always use the equipment as indicated. If you find any defective components while assembling or checking the equipment, or if you hear any unusual noises coming from the equipment during exercise, discontinue use of the equipment immediately and do not use until the problem has been rectified.
7. Wear suitable clothing while using the equipment. Avoid wearing loose clothing that may become entangled in the equipment.
8. Do not place fingers or objects into the moving parts of the equipment.
9. The maximum weight capacity of this unit is 300 lbs (135 kg).
10. The equipment is not suitable for therapeutic use.
11. To avoid bodily injury and/or damage to the product or property, proper lifting and moving are required.
12. Your product is intended for use in cool and dry conditions. You should avoid storage in extreme cold, hot or damp areas as this may lead to corrosion and other related problems.
13. This equipment is designed for indoor and home use only; it is not intended for commercial use.

 **IMPORTANT NOTE:** The running belt must be lubricated before the first use!

Important Safety Instructions

When using an electrical appliance, basic precautions should always be followed, including the following: Read all instructions before using (this appliance).

DANGER – To reduce the risk of electric shock and the injury from moving parts:

Always unplug this appliance from the electrical outlet immediately after using and before cleaning or servicing.

WARNING – To reduce the risk of burns, fire, electric shock, or injury to persons:

1. An appliance should never be left unattended when plugged in. Unplug from outlet when not in use, and before putting on or taking off parts.
2. This appliance is not intended for use by persons with reduced physical, sensory, or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety. Keep children under the age of 13 away from this machine.
3. Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
4. Never operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Please contact Customer Service at support@sunnyhealthfitness.com.
5. Do not carry this appliance by supply cord or use cord as a handle.
6. Keep the cord away from heated surfaces.
7. Never operate the appliance with the air openings blocked. Keep the air openings free of lint, hair, and the like.
8. Never drop or insert any object into any opening.
9. Do not use outdoors. Household use only.
10. Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
11. To disconnect, turn all controls to the off position, then remove plug from outlet.
12. **CAUTION: Risk of Injury to Persons – To Avoid Injury, use extreme caution when stepping onto or off of a moving belt. Read Instruction Manual Before Using.**
13. Connect this appliance to a properly grounded outlet only. See Grounding Instructions.
14. Remove control box (or key, or safety pin, as applicable) when not in use, and store out of reach of children.

SAVE THESE INSTRUCTIONS

CAUTION: The user is cautioned that changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This device contains license-exempt transmitter(s)/receiver(s) that comply with Innovation, Science and Economic Development Canada's license-exempt RSS(s) and Part 15 of the FCC Rules. Operation is subject to the following two conditions:
1) This device may not cause interference.
2) This device must accept any interference, including interference that may cause undesired operation of the device.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.
If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
-- Reorient or relocate the receiving antenna.
-- Increase the separation between the equipment and receiver.
-- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
-- Consult the dealer or an experienced radio/TV technician for help.

FCC Radiation Exposure Statement

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with a minimum distance of 20cm between the radiator and your body.
This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

Statement of Purpose

The Foldable Auto Incline Treadmill with a 20" Running Belt and Brushless motor is designed to provide a smooth, quiet, and space-saving workout solution, allowing users to simulate varied terrains and achieve efficient cardio training at home.

Waste Disposal



Sunny Health & Fitness products are recyclable. At the end of its useful life please dispose of this article correctly and safely (local refuse sites).

EU Declaration of Conformity

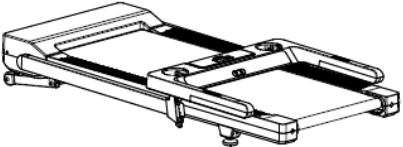
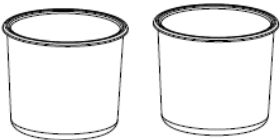
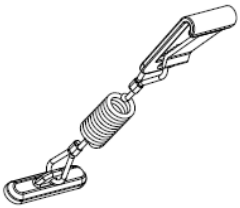
You can find the declaration of conformity at the following link:
<https://sunnyhealthfitness.com/pages/declaration-of-conformity>

Technical Data

Connectivity: Bluetooth LE
Frequency Range: 2400~2483.5 Mhz
Transmitting Power: 0 dBm

Pre-Assembly Check List

Before you start to assemble, please make sure all parts are included.

 A	 84	 109
 110	 B	 C

No.	Description	Spec.	Qty.
A	Frame Assembly		1
84	Bottle Holder		2
109	Safety Key		1
110	Allen wrench	6mm*80mm *130mm	1
B	Lubricant Oil		1
C	Manual		1

Ordering Replacement Parts

Please provide the following information in order for us to accurately identify the part(s) needed:

- ✓ The model number
- ✓ The product name
- ✓ The part number

Please contact us at support@sunnyhealthfitness.com or 1-877-90SUNNY (877-907-8669).

Warning Labels

⚠ CAUTION

Risk of injury to persons: To avoid injury, use extreme caution when stepping onto or off of a moving belt. Read instruction manual before using. To reduce risk of injury from moving parts-unplug before servicing.

Do not pinch the console cable during assembly!



DO NOT PLACE YOUR HAND NEAR OR BETWEEN THE REAR END CAP & REAR ROLLER!



DO NOT STAND ON THE REAR END CAPS! ALWAYS WEAR SHOES WHEN USING THE EQUIPMENT

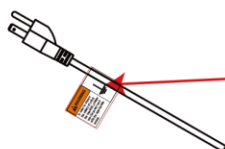
RUNNING BELT ADJUSTMENT

← LOOSEN
TIGHTEN →

TO ADJUST RUNNING BELT USE ALLEN WRENCH

⚠ CAUTION

KEEP HANDS AND FEET AWAY FROM THIS AREA WHILE THE TREADMILL IS RUNNING.



⚠ WARNING

In order to ensure the safety of using the treadmill, please use the power cord with the appropriate socket.



⚠ WARNING

In order to ensure the safety of using the treadmill, please use the power cord with the appropriate socket.

⚠ CAUTION

KEEP HANDS AND FEET AWAY FROM THIS AREA WHILE THE TREADMILL IS RUNNING.

⚠ WARNING

Please read all warnings and instructions before using the machine.

Risk of personal injury-Keep children under the age 13 and pets away from the machine.

Remove control box (or key, or safety pin, as applicable) when not in use, and store out of reach of children.

To reduce the risk of electric shock-unplug before cleaning or servicing.

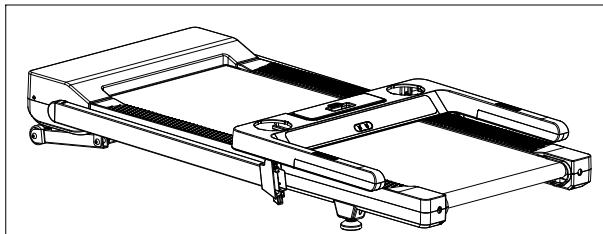
300 LBS Weight capacity

Failure to comply with these warnings could result in serious injury or death.

Make sure all nuts and bolts are securely tightened before each use.

Assembly Instructions

We value your experience using Sunny Health and Fitness products. For assistance with parts or troubleshooting, please contact us at support@sunnyhealthfitness.com or 1-877-90SUNNY (877-907-8669).

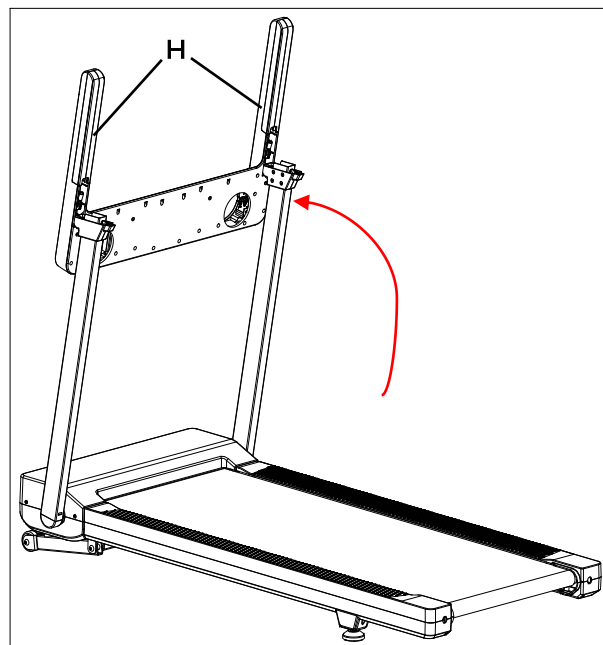


STEP 1:

We recommend having two people to remove the product from the carton.

Open the carton and take out the contents.

Place the product on a level surface in a clean, spacious work area.



STEP 2:

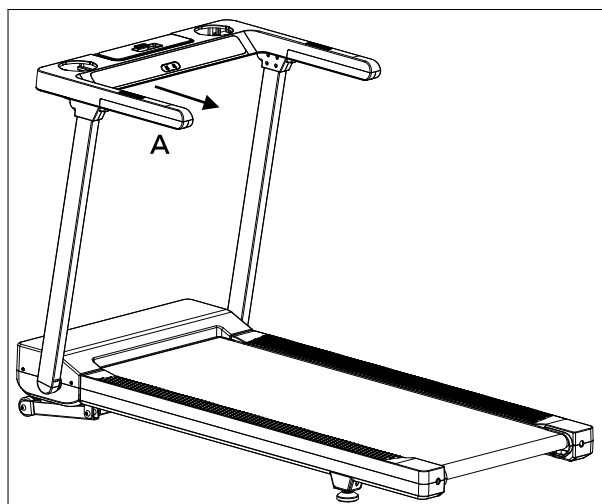
Lift the **Handlebar (No. H)** and upright frames fully upward.

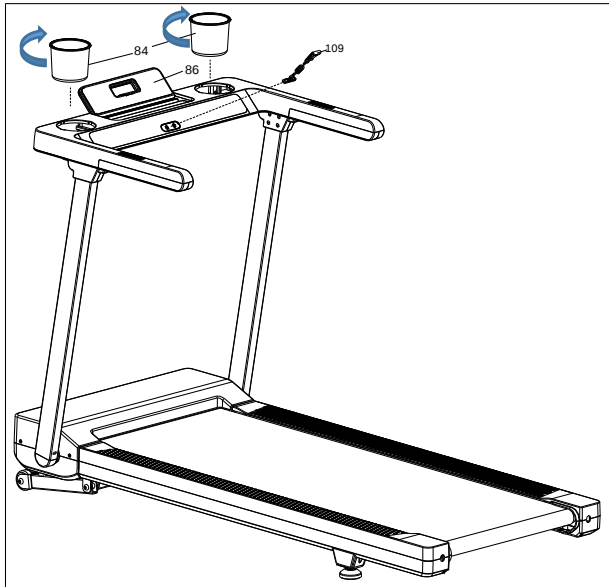
Then, pull down the **Handlebar (No. H)** towards Direction A until the pin locks.

Note: Be careful not to pinch your fingers when pulling down the **Handlebar (No. H)** and locking it. Also, ensure the tension cable that connects **Handlebar (No. H)** and upright frames doesn't get jammed.

Locking System:

Please ensure the upright frames are fully flipped upward. Then, keep them in that position and pull down the **Handlebar (No. H)** until you hear a click to lock the upright frames in place.





STEP 3:

Insert the **Bottle Holders (No. 84)** into the place. Tighten the **Bottle Holders (No. 84)** clockwise. Open the **Tablet Holder 1 (No. 86)** to use. Insert the **Safety Key (No. 109)** before starting to use.

NOTE: Attach the clip of the **Safety Key (No. 109)** to your clothing when the treadmill is in use.

IMPORTANT NOTE: The **Running Belt (No. 28)** must be lubricated before the first use! Please see the Page 8 for instructions on how to properly apply lubricant.

Maintenance & Care

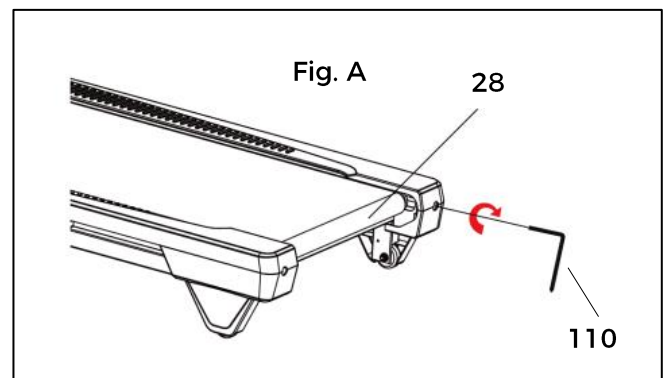
General cleaning will help prolong the life and improve the performance of your treadmill. Keep the treadmill clean and maintained by dusting the components on a regular basis. Cleaning the two exposed sides both sides of the **Running Belt (No. 28)** will prevent dust from accumulating underneath. Keep your running shoes clean so that dirt from your shoes does not wear out the **Running Board (No. 29-1)** and **Running Belt (No. 28)**. Clean the surface of the **Running Belt (No. 28)** with a clean damp cloth. Keep liquids away from electrical parts and **Running Belt (No. 28)**.

To better maintain the treadmill and prolong its life, it is suggested that the treadmill is powered off for 10 minutes every 1 hour and fully powered off whenever not in use.

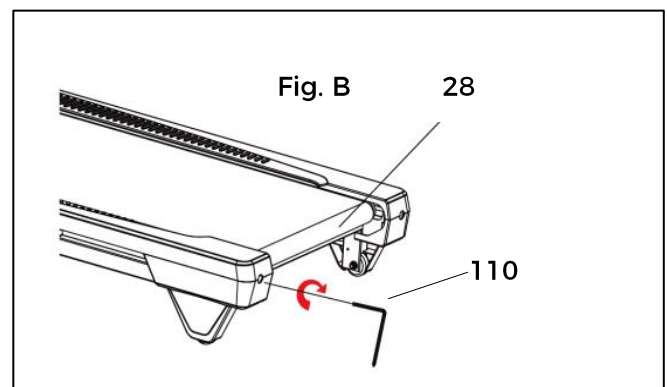
CENTERING THE RUNNING BELT:

Place the treadmill on level ground and set it at 3-5mph to check if the **Running Belt (No. 28)** drifts from the center. Adjust the **Running Belt (No. 28)** according to below instructions with **Allen Wrench (No. 110)**.

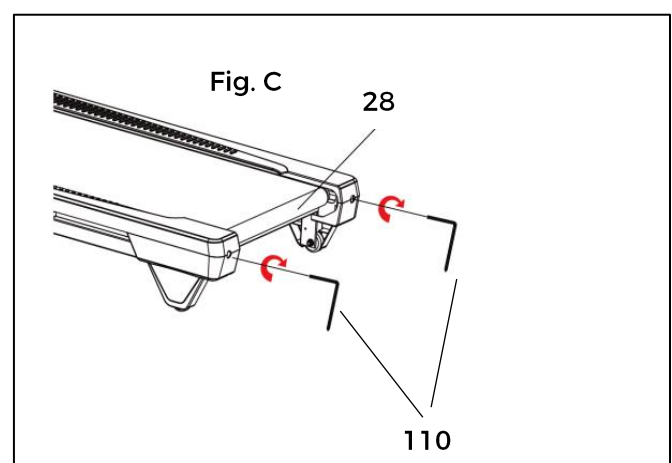
1. If the **Running Belt (No. 28)** moves to the right, turn the Right adjustment bolt $\frac{1}{4}$ turn *clockwise*, then turn the left adjustment bolt $\frac{1}{4}$ turn *counter-clockwise*. If the **Running Belt (No. 28)** does not move, keep adjusting $\frac{1}{4}$ turn at a time until it centers. Refer to Fig. A.



2. If the **Running Belt (No. 28)** moves to the left, turn the Left adjustment bolt $\frac{1}{4}$ turn *clockwise*, then turn the right adjustment bolt $\frac{1}{4}$ turn *counter-clockwise*. If the **Running Belt (No. 28)** does not move, keep adjusting $\frac{1}{4}$ turn at a time until it centers. Refer to Fig. B.



3. Over time the **Running Belt (No. 28)** will loosen. To tighten the running belt, turn the **Left & Right** adjustment bolts one full turn *clockwise*, check the tension of the **Running Belt (No. 28)**. Continue this process until the **Running Belt (No. 28)** is at the correct tension. Make sure to adjust both sides equally to ensure correct **Running Belt (No. 28)** alignment. Refer to Fig. C.



Lubricating the Treadmill

***IMPORTANT NOTE:**

You will need to lubricate your treadmill before the first use.

RUNNING BELT & TREADMILL LUBRICANT:

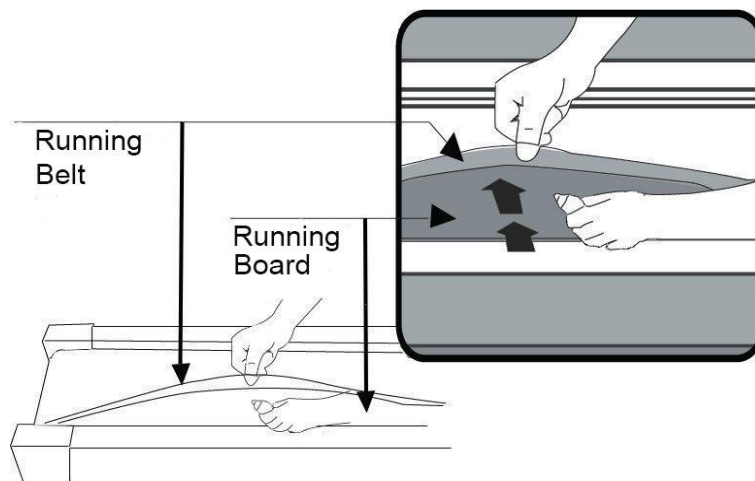
Lubricating the **Running Board (No. 29-1)** and **Running Belt (No. 28)** is essential as the friction affects the life span and operation of the treadmill. Inspect the **Running Board (No. 29-1)** and **Running Belt (No. 28)** regularly. If you find any wear on the **Running Board (No. 29-1)**, please contact us at: support@sunnyhealthfitness.com.

WARNING:

Always unplug the treadmill from the electrical outlet before cleaning, lubricating, or repairing the unit.

HOW TO LUBRICATE:

1. Raise the **Running Belt (No. 28)** up on one side and apply lubricant to the **Running Board (No. 29-1)**. Use a rag to thoroughly wipe the lubricant over the running board. Repeat this process for the other side.
2. The moving parts should turn freely and quietly. Abnormality of moving parts will affect the safety of the equipment. Inspect and tighten bolts regularly.
3. To better maintain the treadmill and prolong its lifespan, it is suggested that maintenance be done on a regular basis.
4. DO NOT LOOSEN OR MAKE ANY ADJUSTMENTS TO THE RUNNING BELT WHILE APPLYING LUBRICANT. A loose **Running Belt (No. 28)** will result in the runner sliding off during use, while too tight of a **Running Belt (No. 28)** will negatively affect the motor's performance and also create more friction between the roller and **Running Belt (No. 28)**. The most suitable tightness for the **Running Belt (No. 28)** is when it is pulled out **50-75mm** from the **Running Board (No. 29-1)**.

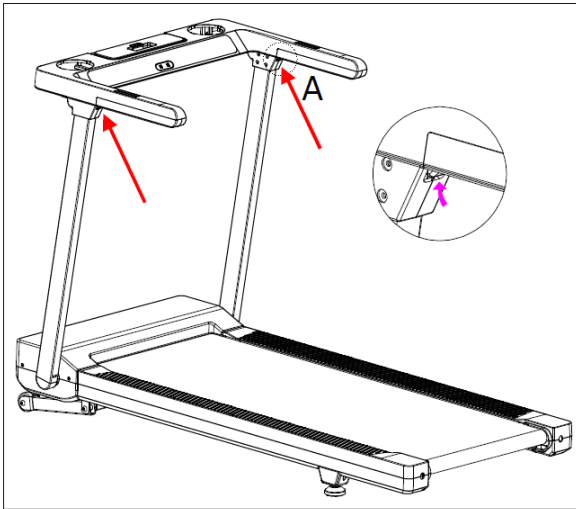


The following timetable is recommended:

Light user (less than 3 hours/ week)	every five months
Medium user (4-7 hours/ week)	every two months
Heavy user (more than 7 hours/ week)	every month

Folding Instructions

FOLDING



STEP 1:

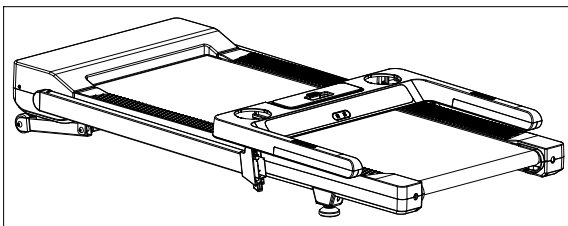
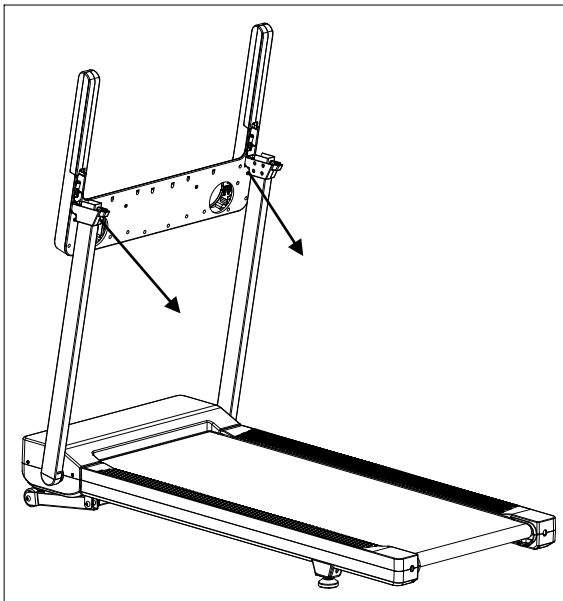
Set the incline to flat (Incline Level 0) and turn off the power.

STEP 2:

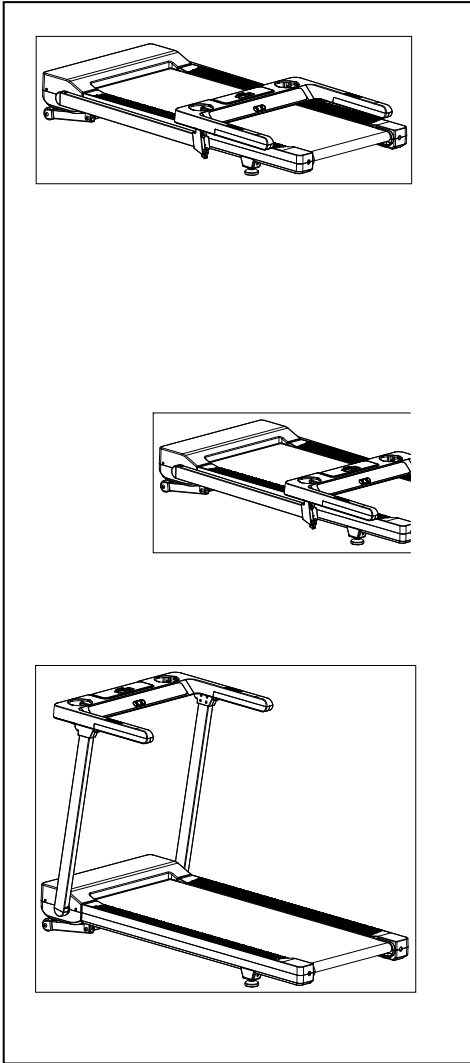
Press both triggers on each side of "A," then lift the handlebar fully upward to unlock the upright frames.

STEP 3:

Hold the handlebar and laydown the upright frames.



UNFOLDING:



STEP 1:

Lift the handlebar and upright frames fully upward.

STEP 2:

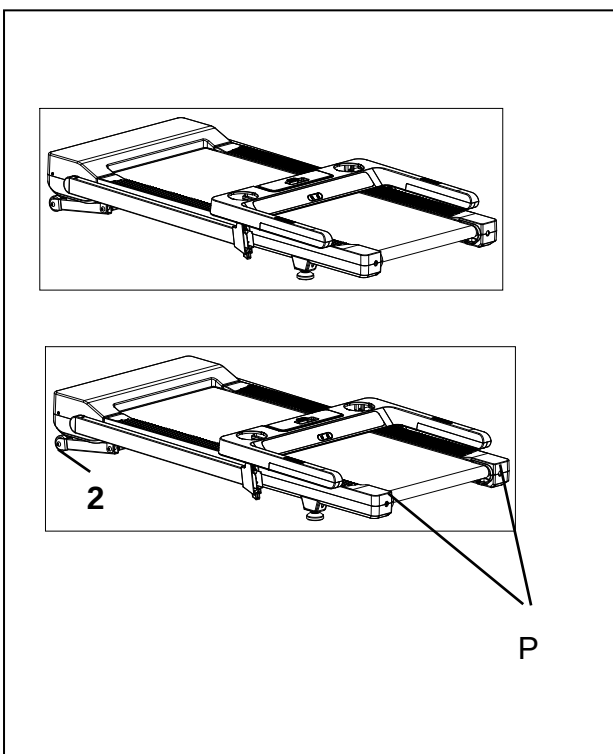
Then, pull down the handlebar until the pin locks.

Note: Be careful not to pinch your fingers when pulling down the handlebar and locking it. Also, ensure the tension cable that connects handlebar and upright frames doesn't get jammed.

Locking System:

Please ensure the upright frames are fully flipped upward. Then, keep them in that position and pull down the handlebar until you hear a click to lock the upright frames in place.

How To Move The Treadmill



Note: Before attempting to move the treadmill, make sure that it has been properly folded. Unplug the power cord.

To transport, place two hands at the end of foot rails, hold position "P" and lift up, the treadmill and move the treadmill with **Transportation Wheels (No. 2)** in front.

Important Electrical Information

WARNING: This treadmill requires a power source of **15 amps (100-120V)** in order to properly operate. For your safety, as well as the safety of others, please verify that the power source is correct before powering the equipment. Any power source above or below this level could cause significant damage to the equipment and/or user.

GROUNDING METHODS:

This product must be grounded. Should the treadmill malfunction or breakdown, grounding provides a path of least resistance for electric current to reduce the risk of electric shock. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances. Ensure that the product is connected to an outlet with the same configuration as the plug. Do not use an adaptor for this product.

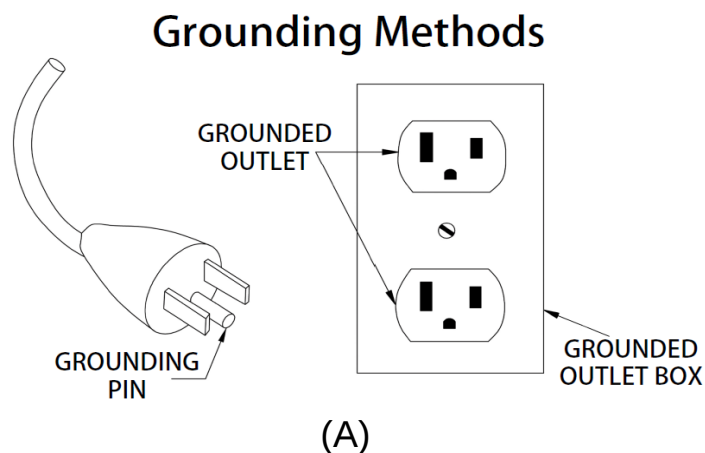
This product is for use on a nominal 100-120V circuit and has a grounding plug that looks like the plug illustrated in sketch A.

DANGER:

Improper connection of the equipment can result in risk of electric shock. Check with a qualified electrician or serviceman if you are unsure whether the product has been properly grounded. Do not modify the plug provided with the product. If it will not fit the outlet, have a proper outlet installed by a qualified electrician.

WARNING!

1. **NEVER** use a ground fault circuit interrupt (GFCI) wall outlet with this treadmill. Route the power cord away from all moving parts of the treadmill, including the elevation mechanism and transportation wheels.
2. **NEVER** operate the treadmill using a generator or UPS power supply.
3. **NEVER** remove any cover on this treadmill without first disconnecting the power cord.
4. **NEVER** expose the treadmill to rain or moisture. This treadmill is not designed for outdoor use or use in any high humidity environment.



Exercise Instructions

GETTING STARTED:

Before starting any exercise program, you should consult with your physician to determine if you have any medical or physical conditions that could put your health and safety at risk or prevent you from using the equipment properly.

Be aware of your body's signals. Incorrect or excessive exercise can damage your health.

Stop exercising immediately if you experience any of the following symptoms: pain, tightness in your chest, irregular heartbeat, shortness of breath, lightheadedness, dizziness, or feelings of nausea.

Get to know your treadmill. Before attempting to use the treadmill take some time to stand alongside and familiarize yourself with the controls.

1. Turn on the power switch.
2. Once you get on, you can stand with your feet on the side rails and stabilize yourself by holding onto the handlebars.
3. Next, attach the clip end of the **Safety Key (No. 109)** to your clothes and insert the magnetic end of the **Safety Key (No. 109)** into the **Firm of Console** and **Console Set (No. 107 and 108)**.
4. Press the START key to start the treadmill.
5. The treadmill will start at the system default setting speed of **0.6 MPH**. When you feel comfortable, you may slowly increase this speed.
6. When you are finished with your exercise, press the STOP key to stop the treadmill or you can remove the magnetic end of the **Safety Key (No. 109)** to stop the treadmill.

The Display Console



BLUETOOTH :

1. The Bluetooth icon will flash when the console is on or wakes from power saving mode. If no Bluetooth connection is established within 3 minutes, the Bluetooth icon will turn off.
2. The Bluetooth icon will stay on when it is connected.

WIRELESS HEART RATE :

1. The wireless heart rate icon will stay on when the heart rate monitor is connected.
2. The console can be connected to the heart rate monitor at any time except manual disconnect the heart rate monitor or in SLEEP MODE.
3. The wireless heart rate icon will flash when the console is on. If the heart rate monitor is not connected within 3 minutes, the wireless heart rate icon will turn off.

NOTE: The heart rate monitor is not included. Wireless heart rate function works with SunnyFit Heart Rate Monitor HR200.

DISPLAY FUNCTION

1.  Incline /  Time display window shows the incline value and the time count-down and count-up when in running state.
2.  Distance /  Steps display window shows distance count-down and count-up when in running state and the steps number.
3.  Calories /  Heart rate display window shows calories count-down and count-up when in running state and heart rate.
4.  Speed display window showing current speed value.

KEY FUNCTION

1. **START:**
Press to start up the treadmill in the stop state. The default speed displayed is 0.6 MPH.
2. **PAUSE / STOP:**
When the treadmill is running, press PAUSE / STOP once to pause the treadmill. When the treadmill is paused, press PAUSE / STOP to stop the treadmill, and all values will be cleared.
In the STOP state, press and hold this button for 6 seconds to disconnect the heart rate monitor. To reconnect the heart rate monitor, press and hold this button for 6 seconds again.
3. **INCLINE + / INCLINE -:**
When the treadmill is running, press to increase or decrease the incline. Value increases or decreases in increments of 1%. When setting program parameters, press to increase or decrease the set value. If you press and hold for 0.5 seconds, values will increase or decrease quickly.
4. **SPEED+ / SPEED -:**
In setting state, press to increase or decrease the set value. When the treadmill is running, press to increase or decrease the speed. Value increases or decreases in increments of 0.1 MPH. After holding for more than 0.5 seconds, automatic continuous acceleration and deceleration will occur.
5. **MODE:**
In standby mode to switch 3 count-down mode: time countdown, distance countdown, calories countdown.

6. **PROGRAM:**
Press to choose Program.
7. **USER:**
Press to choose User 1 or User 2 or User 3.
8. **SPEED SHORTCUT KEYS:**
Press to select 3/6/9 MPH when the treadmill is running.
9. **INCLINE SHORTCUT KEYS:**
Press to select 3/6/9 incline level when the treadmill is running.

DATA DISPLAY RANGE AND SETTING RANGE OF VARIOUS PARAMETERS:

	DISPLAY RANGE	PROGRAM DEFAULT	MODE DEFAULT	SET RANGE
SPEED(MPH)	0.6~10.0	----	----	----
TIME(MIN)	0:00~99:59	30: 00	30: 00	1:00~99:00
DISTANCE(MI)	0~99.9	----	1.0	1.0~99.9
CALORIES (CAL)	0-999	----	50	10-990
INCLINE (INCL)	0-15	----	----	0-15
STEPS	0-9999	----	----	----
HEART RATE	50-195	----	----	----

NOTE:

The information displayed is an estimate only. Actual values may vary depending on factors such as body weight, resistance level, workout intensity, and other individual conditions. This information is provided for reference purposes only and should not be used for medical or dietary purposes.

MANUAL MODE:

1. Press START, and the treadmill will start operating. The speed window will display "3,2,1" at the same time. The initial speed is 0.6 MPH.
2. Press SPEED + / SPEED - or speed shortcut keys to adjust speed.
3. Press INCLINE + / INCLINE - or incline shortcut keys to adjust the incline.
4. When the treadmill is running, press PAUSE / STOP to pause / stop the treadmill.
5. To stop the treadmill immediately, remove the **Safety Key (No. 109)**.

SET UP COUNTDOWN MODE

1. Turn on the treadmill. The treadmill will be in standby mode. Press MODE key to select time countdown mode, distance countdown mode, or calories countdown mode. Press START to start the treadmill.
2. To set countdown mode:
 - a. In manual mode, press MODE key to enter time countdown mode. The initial time is 30:00. Set countdown time by pressing SPEED + / SPEED - or INCLINE + / INCLINE -. Time setting range: 1:00 - 99:00. Value is in increment of 1 min. Press START to start the treadmill. If you do not press START key and you press MODE key again, the time value you set will be cleared and treadmill will go into distance countdown mode.
 - b. Press MODE key to enter distance countdown mode. The initial distance is 1.0 MI. Set the distance by pressing SPEED + / SPEED - or INCLINE + / INCLINE -. Distance setting range: 1.0 - 99.9 MI. Value is in increment of 0.1 mile. Press START to start the treadmill. If you do not press START key and you press MODE key again, the distance value you set will be cleared and treadmill will go into calories countdown mode.
 - c. Press MODE key to enter calories countdown mode. The initial calories will be displayed as 50.0 kcal. Set the calories by pressing SPEED + / SPEED - or INCLINE + / INCLINE -. Calories setting range: 10 - 990 kcal. Value increases in increment of 10 kcal. Press START to start the treadmill. If you do not press START and you press MODE key again, the calories value you set will be cleared and treadmill will go into standby mode.

SET UP PROGRAM:

(Speed is in MPH)

Press "P" (program) key to select a mode from P01 to P24, and use the SPEED+ / - or INCLINE + / - key to set the time (time range: 1:00 ~ 99:00, default: 30:00), press the START key to execute the program, the treadmill moves according to the fixed program preset value, the Time changes once every interval (Time/10) * 60 seconds, the speed can be adjusted through the SPEED+ / SPEED- keys, shortcut keys, the INCLINE can also be adjusted through the INCLINE + / INCLINE- or incline shortcut keys. But the program default value is restored in the next section of the program. Each program changes 10 paragraphs (see fixed program table for fixed program values). Press START to start, or STOP to exit.

Section Program		SET UP TIME / 10 = RUNNING TIME FOR EACH SECTION									
		1	2	3	4	5	6	7	8	9	10
P1	SPEED	2	2	3	4	5	3	4	5	5	3
	INCLINE	0	7	7	6	6	5	5	4	4	3
P2	SPEED	2	3	4	5	6	4	6	6	6	4
	INCLINE	0	3	3	5	5	7	7	9	9	7
P3	SPEED	2	4	4	6	6	4	7	7	7	4
	INCLINE	0	5	5	5	6	8	5	5	5	3
P4	SPEED	2	5	5	6	6	6	6	4	4	2
	INCLINE	3	2	3	4	5	6	3	3	2	1
P5	SPEED	3	3	5	7	6	6	8	5	5	8
	INCLINE	2	2	3	4	5	6	4	4	6	5
P6	SPEED	3	8	8	7	8	6	8	6	4	2
	INCLINE	1	2	3	4	5	6	2	5	6	5
P7	SPEED	3	4	6	6	8	6	8	7	5	6
	INCLINE	2	3	4	5	6	7	8	7	3	4
P8	SPEED	3	5	6	7	8	8	7	8	4	7
	INCLINE	0	3	3	5	5	7	7	9	9	7
P9	SPEED	4	7	3	7	7	7	8	8	5	8
	INCLINE	0	2	2	3	3	2	2	3	4	2
P10	SPEED	4	5	3	8	8	8	8	8	4	8
	INCLINE	1	3	5	6	5	4	3	3	4	5
P11	SPEED	4	8	6	8	7	6	6	8	5	8
	INCLINE	9	8	7	6	5	4	3	3	4	5
P12	SPEED	4	4	7	8	2	8	8	8	8	8
	INCLINE	4	4	2	2	3	2	2	2	1	3
P13	SPEED	2	4	4	6	6	4	7	7	7	4
	INCLINE	5	5	8	7	5	5	6	9	3	5
P14	SPEED	2	5	5	6	6	6	6	4	4	2
	INCLINE	1	1	2	3	4	5	5	4	3	2
P15	SPEED	3	3	5	7	6	6	8	5	5	8
	INCLINE	4	5	6	7	7	6	5	4	3	2
P16	SPEED	3	8	8	7	8	6	8	6	4	2
	INCLINE	5	4	3	2	1	1	2	3	4	5
P17	SPEED	3	4	6	6	8	6	8	7	5	6
	INCLINE	4	5	6	7	7	6	5	4	3	2
P18	SPEED	3	5	6	7	8	8	7	8	4	7
	INCLINE	3	5	5	7	5	5	3	3	2	0
P19	SPEED	4	7	3	7	7	7	8	8	5	8
	INCLINE	2	2	2	2	3	3	3	2	2	2
P20	SPEED	4	5	3	8	8	8	8	8	4	8
	INCLINE	3	3	4	5	6	7	8	5	5	0
P21	SPEED	4	8	6	8	7	6	6	8	5	8
	INCLINE	3	4	5	5	4	3	3	4	5	0
P22	SPEED	4	4	7	8	2	8	8	8	8	8
	INCLINE	3	3	3	3	4	4	4	5	3	0
P23	SPEED	2	2	3	4	5	3	4	5	5	3
	INCLINE	0	4	4	3	3	2	2	5	2	1
P24	SPEED	2	3	4	5	6	4	6	6	6	4
	INCLINE	0	5	5	3	3	5	5	3	3	4

USER MODE

1. In standby mode, press USER key to enter USER mode.
2. Press USER key to choose U1 U2 or U3. Press ENTER key to confirm.
3. Press UP/DOWN keys to set time value. Press ENTER key to confirm.
4. Press SPEED + / SPEED - to set speed for each section. Press INCLINE + / INCLINE - to set incline for each section and press enter key to confirm.
5. Press START key to exercise.

SLEEP MODE

If there is no operation for 10 minutes in standby mode, the console will enter Sleep Mode. And the heart rate monitor will disconnect with the console. Press any button to wake up the console, then the console will enter standby mode.

SAFETY KEY FUNCTION

Safety key is for emergency stop. Remove the Safety Key (No. 109) in any mode, and the treadmill will slow down rapidly until it stops. The console will display E0 in speed window.

USB CHARGING FUNCTION

The USB connection port of the electronic watch can charge the mobile phone through the data cable. (5V---2A)

APP Connection:

Connect Smart Equipment to SunnyFit App:

1. Scan to download SunnyFit from the app store:



2. Ensure that the Bluetooth function is turned on from your mobile device.
3. If this is your first time using the SunnyFit app, follow the in-app instructions to register for your free SunnyFit account and log in.
4. Begin any workout activity that matches your smart equipment, then follow the onscreen prompts to search for and connect to your smart equipment.
5. When connected, your stats and records will be displayed at the end of your course/session, and recorded in your account profile!

Troubleshooting:

- If you are having trouble connecting your smart equipment, visit www.sunnyfit.com/guide or scan the QR code below:

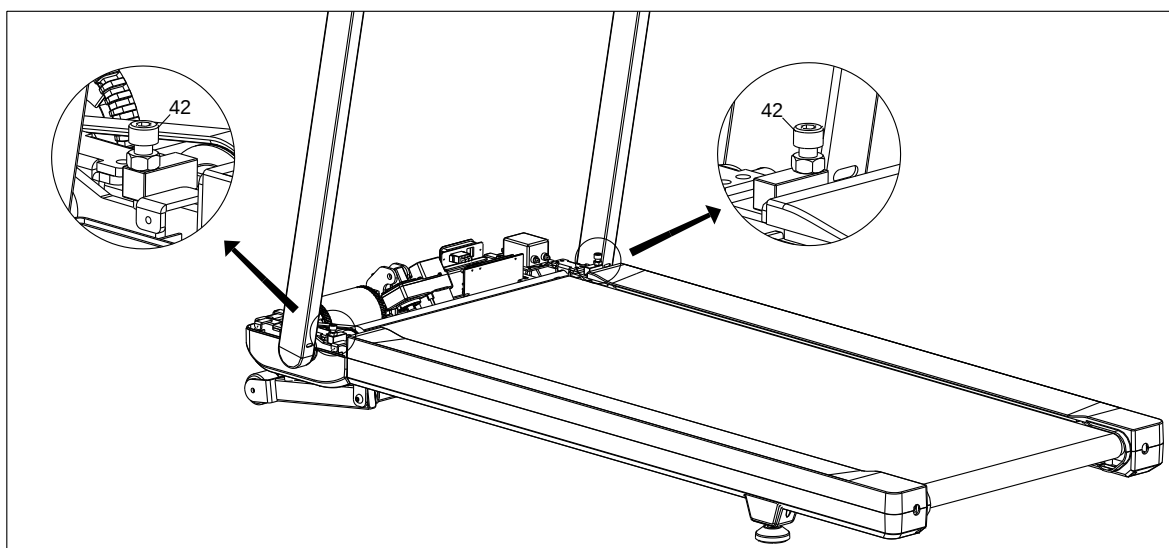


- If you require additional support, please contact support@sunnyfit.com.

Troubleshooting:

Error code	Explanation	Solution
E0	Safety key drop off	Please check whether the safety key is well connected or not.
E01	Communication fault.	Please check whether the Frame Communication Cable (No. 54) and Console Communication Cable (No. 102) are in good condition and properly connected.
E02	Overcurrent protection.	1. Please inspect for any issues that could cause the moving parts to seize, such as lack of lubrication, misalignment, or improper tension of the motor and running belt. 2. Please ensure the weight capacity is not being exceeded. 3. If the above is not an issue, please replace Brushless Motor.
E03	Overload protection.	1. Please keep the treadmill running and check whether the motor is blocking. 2. Please keep the treadmill running and check whether the load weight is too heavy, such as user's weight.
E06	Incline self-checking fault.	Please check if the Incline motor is in good condition or the wires of the motor are well connected
E08	Speed signal missing	Pls Check speed sensor connection or change speed sensor or check motor is in good condition.
E11	Low voltage protection	Please check the voltage of the socket.
E12	Over voltage protection	Please check the voltage of the socket.
E13	Motor protection	Please check the voltage of the socket.
E14	Motor stuck protection	Please check if anything blocks the motor.
E15	Incline sensor fault	Please change the incline motor.
E16	Motor error.	Please check whether the motor is well connected to the Controller. If it is well connected, please check if the motor is broken. Suggest to use multi-meter to measure the internal resistance of the motor.
E17	Motor over current protection	Check if anything blocks the motor.
E18	Motor over heat	Check if anything blocks the motor.
E19	Stall	1. Wait 3 minutes after the power is off, and then check whether the power is restored. 2. After the power off, push off the running belt with your feet to see if you want to use a lot of force, if so, please add lubricating oil to the running belt maintenance, or adjust the tightness of the running belt until you can easily push off the running belt after the power is used. 3. Contact the after-sales service to replace the controller. 4. Contact the after-sales service to replace the motor.

E20		1. The handlebar was not folded properly. Please make sure the upright frames are completely flipped upward. Once in this position, keep the frames secure and pull the handlebar down until the customer hears a click, indicating that the upright frames are locked in place. 2. The Frame Communication Cable (No. 54) and Console Communication Cable (No. 102) are malfunctioning and need to be replaced.
U.0	Display Incomplete	Please change console set, part #107,108,79,103,93,94,95,96,98.
	Customizable User Program Doesn't work	1. Need to re-burn the program with a burner. 2. Or please change consol set #107,108,79,103,93,94,95,96, 98.
	Imperial and Metric issue	Press and hold "ENTER" 3 seconds to switch the metric system to imperial system.
	Motor Noisy	Please adjust the Belt according to the Manual.
	High pitched noise at speed 2.1-2.9mph	Please replace the Motor Controller (No. 51) and Brushless Motor (No. 52) .
	Handlebar Locking Issue	Loosen the Hexagonal Socket Head Screws (No. 42) until the handrail can be locked and standing firmly and then lock the screws. (see the following diagram).



Parts List

No.	Description	Spec.	Qty.
1	Incline Frame		1
2	Transportation Wheel		2
3	Screw	M8*P1.25*45L*S15	2
4	Sleeve	Φ25*Φ15*5.8	4
5	Screw	M8*P1.25*42L*S12	2
6	Nut	M8*P1.25*7T	6
7	Main Frame		1
8	Motor Fixing Plate	31*64*4T	1
9	Column Fixing Plate	42.5*62*4T	2
10	Upper Column Fixing Pad	Rubber	2
11	Lower Column Fixing Pad	Rubber	2
12	Running Board Cushion Pad	Rubber	2
13	Motor Lower Cover		1
14	Motor Upper Cover		1
15	Power Switch Box		1
16	Upper Foot Rail Left		1
17	Lower Foot Rail Left		1
18	Upper Foot Rail Right		1
19	Lower Foot Rail Right		1
20	Foot Pad Cover		2
21	Spring	Φ15*Φ12*Φ1.5*60	2
22	Motor Fixing Plate	91*18*4T	1
23	Motor Cushion Pad	74*18*2T	2
24	Fixing Pin	Φ15.9*Φ11.5*M6*86	2
25	Square Wire Buckle		1

No.	Description	Spec.	Qty.
26	Front Roller	Φ60*Φ42*Φ17*552 (592)	1
27	Rear Roller	Φ42*Φ17*530 (680)	1
28	Running Belt	2810*510*1.4T	1
29-1	Running Board	584*1250*18T	1
30	Cylinder Cushion Pad	Φ25*M6*28	4
31	Pad For Incline Frame		1
32	Wire Rope Holder	150*23*15	2
33	Driving Belt		1
34	Foot Supporting Pad		2
35	Foot Supporting Pad Spacer		2
36	Foot Supporting Pad Axle		2
37	Metal Cable	1460L, 70L	2
38	Screw	M4*P0.7*8L	7
39	Screw	ST3.9*14L	83
40	Screw	M4*P0.7*10L	8
41	Hexagonal Socket Head Screw	M6*P1.0*10L	8
42	Hexagonal Socket Head Screw	M8*P1.25*14L	2
43	Hexagonal Socket Head Screw	M8*P1.25*55L*S20	2
44	Flat Spacer	Φ10*Φ20*2T	2
45	Nylon Nut	M10*P1.5*9T	2
46	Hexagon Headed Bolt	M10*P1.5*45L*S15	1
47	Hexagon Headed Bolt	M10*P1.5*60L*S15	1
48	Hexagonal Socket Head Screw	M8*P1.25*55L	2
49	Hexagon Headed Bolt	M8*P1.25*30L	1
50	Umbrella Head Hexagon Socket Screw	M8*P1.25*25L*S12	6

51	Motor Controller		1	76	Left Handlebar Inner Cover		1
52	Brushless Motor		1	77	Right Handlebar Inner Cover		1
53	Incline Motor		1	78	Right Handlebar External Cover		1
54	Frame Communication Cable	Length: 1300mm	1	79	Console Board Frame		1
55	Rocker Switch		1	80	Tablet Holder Cover		1
56	Black Connection Cable	Two Ends	1	81	Tablet Holder Upper Cover		1
57	White Connection Cable	Two Ends	1	82	Tablet Holder Lower Cover		1
58	Power Cord	Length 2000mm	1	83	Tablet Holder Clip		1
59	Side Column		1	84	Bottle Holder		2
60	Column Lower Cover		2	85	Tablet Holder Elastic Thread	Φ2.2*950L	1
61	Column Outer Cover Left		1	86	Tablet Holder 1	299*85.6*1.5T	1
62	Column Inner Cover Left		1	87	Tablet Holder 2	308*9*1.5T	1
63	Column Inner Cover Right		1	88	Bottle Holder Pad	Φ80*1.5T	2
64	Column Outer Cover Right		1	89	Heart Rate Sensor	85.5*8.3*0.3T	4
65	Handlebar Folding Switch		2	90-1	Handlebar Fixing Pin	Φ8*10*Φ5*32	2
66	Isolate Pad		4	91	Handlebar Fixing Pin Spring	Φ7.5*Φ5.9*Φ0.8*18	2
67	Umbrella Head Cross Self-Tapping Screw	ST3.9*25L	8	92-1	Nut	M5*P0.8	2
68	Umbrella Head Cross Screw	M4*P0.7*12L, Umbrella Head Φ8	2	93	Safety Key Fixing Base		1
69	Umbrella Head Hexagon Socket Screw		2	94	Magnet For Safety Key	Φ10*7	1
70	Console Set	M8*P1.25*23L*S10	1	95	Copper Sheet	33*7*0.3T	2
71	Tablet Holder		1	96	Cross Half Round Head Self-Tapping Screw	ST2*5L	2
72	Cable Fixing Base		2	97	Umbrella Head Cross Self-Tapping Tail Screw	ST3.9*8L	10
73	Console Upper Cover		1	98	Umbrella Head Cross Self-Tapping Tail Screw	ST2.9*8L	14
74	Console Lower Cover		1	99	Umbrella Head Cross Self-Tapping Screw	ST2.5*8L	2
75	Left Handlebar External Cover		1	100	Cross Recessed Countersunk Head Tapping Screw	ST2.0*6L	30

101	Cross Recessed Countersunk Head Screw	M4*P0.7*10L	2
102	Console Communication Cable	Length 350mm	1
103	Safety Key Cable	Length: 300mm	1
104	Hear Rate Sensor Cable Left Side	Length: 600mm	1
105	Hear Rate Sensor Cable Right Side	Length 900mm	1
106	USB Charger Cable	Length 300mm	1
107	Film Of Console	579*62	1
108	Console Set		1
109	Safety Key		1
110	Allen Wrench	6mm*80mm*130mm	1
111	U-Cap		4
112	Filter		1
113	Filter Fixing Plate		1
114	Hexagon Nut		2
115	Spring Washer	Φ6.1*1.6T	8
116	Spring Washer	Φ8.1*Φ14.8*2T	2
117	Flat Washer	Φ8*Φ16*2T	4
118	Flat Washer	Φ8.5*Φ22*2T	4

119	PC Board		1
120	C Clip	Φ10.2*1T	2
121	Screw	M4*P0.7*20L	2
122	Spring Washer	Φ8.1*14.5*2.4T	2
123	Cable Tie	4*250L	2
124	Cable Tie	GTP-130ST	2
125	White Connecting Wire	Length 200mm	1
126	Black Connecting Wire	Length 200mm	1
127	Magnet Hook	WRC-1330A, Φ30.5*Φ13*34/39.5	2
128	Magnet Ring	Φ31*Φ19*13	1
129	Screw	M8*P1.25*30L	2
130	Flat Washer	Φ8*Φ16*2T	2
131	Cross-Head Screw	M4*P0.7*10L	2
132	Silicone Pad	12*12*1.5T	2
133	Umbrella Head Cross Self-Tapping Screw	ST3.9*10L	9
134	Silicone Pad	13*30*1.5T	2
135	Cable Tie	4*200L	5
136	Umbrella Head Cross Self-Tapping Screw	ST3.9*25L	2

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