



Precision Pro

Digital Kitchen Scale



EatSmart Products
Oak Brook, IL 60523

INTRODUCTION

Thank you for purchasing an EatSmart Product. Your EatSmart Precision Pro Kitchen Scale has been specifically designed for your use, with an easy to use interface and superior EatSmart accuracy and design.

Your EatSmart Precision Pro comes with the following:

- **EatSmart Digital Kitchen Scale**
- **Instruction Manual**
- **EatSmart Calorie Factors book**
- **2 AAA Batteries**
- **2 Year EatSmart Guarantee**

Please read this instruction manual carefully before using your scale.

Please fill out your purchase information for future reference:

Date Purchased: _____

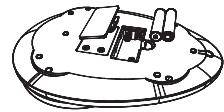
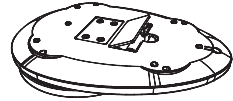
Place of Purchase: _____

Order ID (if any): _____

OPERATION

Battery Installation and First Time Setup

1. This scale operates on 2 AAA batteries. Unwrap batteries before proceeding.
2. Locate the battery cover on the underside of the unit. Press the battery cover tab inward and lift to remove.
3. Insert batteries as indicated by the polarity symbols (+ and -) marked inside the battery cover. Close the cover.
4. Place the scale back on its feet on a hard, flat surface and press the “ON/OFF/TARE” button to turn on.



NOTES

1. New batteries should last for approximately one year under moderate use (less than three times daily). Batteries included with your scale are trial batteries and may last a shorter length of time.
2. Dispose of batteries within the legal restrictions of local government.

Weighing Operation

Your EatSmart Precision Pro operates as a multifunction weighing apparatus, useful for a variety of everyday tasks around the home and office. No special programming or setup is required.

1. **Place your scale on a hard, flat surface and turn it on.**
2. **Select your desired measurement unit.** The scale has four units of measurement: grams, kilograms, ounces and pounds.

You can switch this unit by pressing the UNIT button on the face of your scale at any time.

3. **Place your item on the scale.** Place an item on the center of the scale. The weight will appear.
4. **Weigh another item or turn your scale off.** When activity has stopped your scale will stay on for three minutes before turning off automatically. If you are weighing a series of ingredients the three minute time-out will reset each time a new item is placed on the scale so you never lose a weight mid-recipe again! For more information read our Tare instructions below.

The Tare Function

The tare function allows you to automatically return the scale to zero at any time, enabling you to subtract the weight of a plate or weigh multiple items in a row.

1. **Weigh an item normally.**
2. **Press the “ON/OFF/TARE” button.** This will reset the weight to zero.
3. **Add the next ingredient/item to the scale and weigh.**

Using Your Calorie Factors Book: The enclosed EatSmart Guide to Calorie Counting allows you to quickly and easily calculate the calorie content in an individual portion of thousands of foods.

To do so, place your food on the scale (be sure to tare the weight of the plate or bowl first if one is being used.) Locate the calorie factor for the food being weighed in your book and multiple by the number of grams of food on your scale (IMPORTANT: You must use grams. This will not work with any other unit of measure).

The resulting number is your calorie count for that portion. Refer to your Calorie Factor book for more details.

SPECIFICATIONS

Model: EatSmart Precision Pro Kitchen Scale – ESKS-01;02;06;07;08

Capacity: 11 lbs / 5 kgs

Measurement Units: Grams / Kilograms / Ounces / Pounds

Graduation: 1 gram / .05 ounces

Low Battery Indicator “LO”

Overload Indicator “oL”

Unit Dimensions: Approximately 8” x 6” x 1.5”

Unit Weight: Approximately 10 ounces

Power: 2 AAA Batteries (included)

WARRANTY

The EatSmart warranty covers defects in material and workmanship of the product under normal use for a period of two (2) years (excluding batteries) from the date of retail purchase. The warranty does not cover damages resulting from misuse, abuse, immersion, normal wear and tear or unauthorized modification.

Should this scale require service (or replacement at our option) while under warranty, please contact EatSmart for return authorization and troubleshooting.

There are no expressed warranties except as listed above. This warranty gives you specific legal rights which may vary from state to state. NOT LEGAL FOR TRADE.

Made in China.

EatSmart

1-866-843-3905 (8 to 5 MST)

www.eatsmartproducts.com

TROUBLESHOOTING

PROBLEM	SOLUTION
Scale displays “ERR”	Place scale on hard, flat surface. Allow scale to shut off and restart.
Low battery indicated “LO” No power	Check batteries for proper installation (polarities are correct). Replace all four worn batteries.
Overload indicated “O_LD”	Too much weight has been placed on the scale and it is overcapacity. Remove weight before proceeding.
Other conditions	Call 1-866-843-3905 (8 to 5 MST)

CARE & MAINTINANCE

To protect your EatSmart Bathroom Scale in the best possible condition follow these directions as closely as possible.

1. **Store and operate the unit in safe dry location.** Drastic changes in temperature over time can effect the quality of weight measurement. Do not expose to direct sunlight, extreme hot/cold or humidity.
2. **Clean with a soft, damp cloth.** Avoid abrasive cleaners and never sink or submerge in water.
3. **Remove batteries if not in use for three months or longer.**
4. **Use unit consistent with instructions provided in this manual.**



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EatSmartScales



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ESKS:01/02/06/07/08

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