SEND US YOUR PHOTO AND GET A GIFT!



Everyone who sends us a photo showing Foxelli Trekking poles in action gets a nice gift!

Just send your photo to testclub@foxelli.com and get yours!

Customer Service

If you ever have any questions or experience any issues with your poles, or are not 100% satisfied with your product for any reason, please message us at:



All emails are typically responded to within 24 to 48 hours, except weekends and holidays. We offer a 120-day, no questions asked, money back guarantee, and your trekking poles come with a 2-year warranty for defects.

Maintenance and Care

- Disassemble poles after use. Clean inside of pole ends with a gun-barrel brush / a damp rag attached to a coat-hanger wire.
- Let poles air dry for a few hours before re-assembling. Storing poles wet encourages oxidation, which makes them harder to adjust and more subject to slipping in the next use.
- Store poles with flip locks open (unlocked).
- To clean the cork handles, gently scrub with sponge and soap, or use sandpaper for deeper cleaning.
- Make sure the handles are completely dry before storage to keep them mildew-free.
- Do NOT use alcohol or lubricants on the poles or flip locks.

Travel



Your poles can be disassembled to fit in a backpack or a suitcase. All you have to do is take the sections apart. For air travel, the TSA website lists hiking poles as allowed for check-in, but not for carry-on. Some people get away with carry-on (keep the rubber storage tips on), but this is subject to individual TSA scrutiny. Your safest bet is to check in your poles, or ship them ahead to your destination.

Replacement Parts

Wear and tear is expected on hiking poles the longer you use them, especially if you hike enough off trail. Pole parts are available from us so you can keep your poles working like new without spending a fortune. Please email us and we will be happy to assist you!

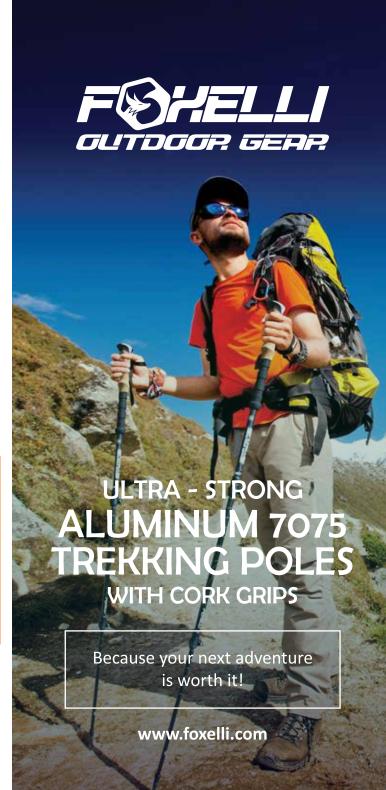
For Your Safety

Do not extend your poles beyond the STOP mark. Doing so may compromise the integrity of the poles when in use.

No trekking pole is indestructible, even those offered by premium brands. When excessive lateral force is applied to a pole (as when lodged between rocks and pushed forward, or when bearing down on them hard to brace a fall), they may bend or break. Aluminum 7075 performs best in these scenarios. Even then, please exercise caution and be mindful where you plant your poles at all times. If your poles show even the slightest sign of denting or bending, please do not continue using them for your safety. Send us an email and we will be more than happy to assist you with brand new replacement parts.

Legal Disclaimer

Some aspects of mountaineering and related activities are potentially hazardous and dangerous. Any person using our equipment in any manner is personally responsible for learning the proper techniques involved, and assumes all risks and accepts full and complete responsibility for any and all damages and injury of any kind from the use of any equipment purchased through all sales channels of Foxelli.



Your trekking poles package contains:

Air ventilated, extra padded, adjustable wrist straps.

Anti-slip natural cork grips that keep your hands cool and dry during long distance hikes.

The extended EVA foam sleeves with ridges to easily handle switchbacks.

Lightweight and durable Aluminum 7075 shafts.

Fliplocks for a quick and easy adjustment.

Heavy duty tungsten-carbide tips which increase traction. Ideal for most hikes on ice, dirt or gravel.

Carrying Bag for easy storing of your trekking poles and accessories





- **2** x Asphalt tips perfect for hard, flat, or rocky surfaces (rocky terrains, roads, paths, etc.). Some environmentally-sensitive sites require rubber tips to protect terrain.
- **2** x Mud baskets prevent poles from slipping into soft ground when hiking in mud, sand, or other soft surfaces.
- 2 x Snow baskets prevent poles from sinking into the snow.
- 2 x Storage tips meant to be used for storing and for traveling. While used, the semi-sharp naked carbide tips are not going to be exposed, therefore, it makes them safer to store in your house or anywhere else.
- 1 x Carrying clip used to clip both of the trekking poles together while storing or carrying them in your backpack, etc.

The tips should be simply put on the carbide tips of the poles, however, mud and snow baskets are supposed to be screwed onto the threads found at the bottom of your poles. Please make sure to screw them on tightly and give them a tug before hiking to prevent loss on trails.

Please let us know if any of the accessories are missing. Simply email us at help@foxelli.com we will be happy to send out your missing part immediately at no extra cost!

How long should my poles be?



The best height for trekking poles varies from user to user. Adjust the poles so that your arms and elbows form a 90° degree angle.

Below is a recommendation guide to estimate how long your poles should be based on your height.

Make sure the number markings on the middle and bottom sections of the pole shafts are the same. The numbers indicate the full length of the pole from handle to tip.

IF YOUR HEIGHT IS		POLE LENGTH SHOULD BE	
FT & IN	CM	IN	CM
≤ 4'11"	≤ 150 cm	≤ 40"	≤ 100 cm
5'0"- 5'2"	151 - 158 cm	42"	105 cm
5'3" - 5'5"	159 - 165 cm	44"	110 cm
5'6" - 5'8"	166 - 172 cm	46"	115 cm
5'9" - 5'11"	173 - 180 cm	48"	120 cm
6'0" - 6'2"	181 - 187 cm	50"	125 cm
6'3" - 6'4"	188 - 195 cm	52"	130 cm
≥ 6'5"	≥ 196 cm	54"	135 cm



UPHILL OR DOWNHILL

Going uphill: Shorten the poles to avoid overstreching.

Going downhill: Increase the lenght of the poles to avoid bending too much.

How do I use the straps?



1. Place your hand through the wrist straps.



2. Lower your hand to match the grip.



3. Hold the grip so that the strap is at the base of your hand supporting your wrist.

How do I use the fliplocks?

The flip locks on trekking poles are similar to bicycle wheel locks. Essentially, they work like clamps and are designed so that YOU WOULD NOT NEED ANY TOOLS to adjust them. They are simple to operate and are remarkably secure when used correctly, but they are commonly misused by people unfamiliar with them.

PLEASE CAREFULLY READ AND FOLLOW THE INSTRUCTIONS BELOW:



1. Open both fliplock tabs. Pull out the MIDDLE and BOTTOM sections of your poles and adjust them to the proper height markings. Refer to height chart on the left. Adjust both sections to the SAME number.



2. KEEP THE FLIP LOCK LEVERS OPEN AT THIS POINT! Tighten the screws by turning them a few ¼ to ½ turns clockwise. You're not suppossed to tighten them all the way. What you are doing is adjusting the tension on the clamp.



- **3.** Close the fliplock tabs. You should feel a bit of resistance or difficulty when closing the tabs, and hear them snapping into place. If there's too much resistance and you can't even close the tabs, the screws were over-tightened in the previous step. Open the lever, loosen the screws a bit, and close. How to know if you got it right? See the next step.
- 4. Test and re-adjust. Confirm that the locks are fully secure by leaning forward and putting your full body weight on the poles. Check that there is no shift in height. If the poles slide down even slightly, open the lever, tighten the screws, and close. Repeat until the poles no longer collapse. REMEMBER: ADJUST THE SCREWS FIRST, THEN CLOSE THE LEVER CLAMP. This is where many

people get it wrong. If you do it the other way around, the poles will surely slide down and pose a safety risk.

IMPORTANT SAFETY REMINDER!

Injury or accident can result from falls if the poles are not properly locked. Perform the full-body weight test (see above) before every use or hike. If this is your first time using trekking poles, we recommend taking your poles out on a short walk or hike before major use to familiarize yourself with them.



How do I adjust the strap lenght?

- **1.** Gently lift C upwards while it is inside the pole handle. This will lift the small spikes underneath that are holding the strap in place.
- **2.** While C is lifted, pull on A to lenghten the strap, or D to shorten the strap. If the strap isn't budging, give it a little wiggle.
- 3. Release C to secure strap in place.
- * If C comes out of the handle, put it back in by pulling on B.