

LX19

Red Light Therapy for Knee, Elbow and Shoulder



Extend your guarantee to 2 years—just text your order number at **(307) 461-9622**, and you're all set! It's quick, easy, and hassle-free.



US Based Customer Support:

(307) 461-9622

SUPPORT@LUNIXINC.COM

Linux Replacement Parts available at: www.lunixinc.com

Red Light Therapy for Knee,
Elbow and Shoulder

LX19



Lunix

Congratulations on your purchase of the Lunix LX19
Red Light Therapy for Knee, Elbow and Shoulder!

Our cutting-edge Red Light Therapy for Knee, Elbow and Shoulder is designed to deliver professional-grade infrared light therapy. This revolutionary wrap is expertly crafted to aid in reducing inflammation, promoting increased blood flow, relieving pain, detoxifying the body, and facilitating fat loss. Experience the benefits of this pain-free therapy device that offers limitless advantages!

Your satisfaction is our top priority and we are here to help you with any issues!

We started as a small American family business based in California with the CORE VALUE of enhancing each of our customer's life experience. Our team works hard every day to make the most thoughtful and the highest-quality products for those who matter the most:
OUR FAMILY & FRIENDS!

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Please read the manual carefully before using the
Red Light Therapy for Knee, Elbow and Shoulder !

Introduction

Thank you for purchasing the **Red Light Therapy for Knee, Elbow and Shoulder**.

This manual contains the instructions you will need to operate and maintain your model so that you can enjoy it for years to come. However, please be advised that mishaps could happen in time and rest assured that LUNIX is a team of professionals who aim to provide the highest level of factory support possible.

We know you're excited about using your Red Light Therapy for Knee, Elbow and Shoulder, but it's very important that you take some time to read through the User Manual. This manual contains all the necessary setup and operating procedures that will allow you to use your new device. Also, be sure to read and follow the precautions and warnings in this manual and on any labels or tags attached to your model. They are there to educate you on how to operate your unit safely and also get maximum life and performance from it.

Thank you again for choosing LUNIX. We work hard every day to make sure that you receive the highest level of customer satisfaction possible. We truly want you to enjoy your new Red Light Therapy for Knee, Elbow and Shoulder!

You can find more information on our website at
www.lunixinc.com

If you have any questions about your model or its operation,
contact LUNIX Customer Support by email :
support@lunixinc.com

What's In The Box?



PRODUCT NAME: Red Light Therapy for Knee, Elbow and Shoulder
MODEL: LX19
BATTERY: 6000mah
WAVELENGTH: 850nm and 660nm
BOX DIMENSIONS:
28.7 x 11.7 x 8.2cm / 28.7 x 11.7 x 8.2in



Terms of Use

This product is surrendered by LUNIX to the purchaser with the understanding that the purchaser accepts the responsibility that using the Red Light Therapy for Knee, Elbow and Shoulder with its accessories in a careless, improper, or unsafe manner can result in serious injury or death. Also, the purchaser assumes all liability resulting from any misuse, unsafe handling, failure to follow instructions, or any action that constitutes a violation of any applicable laws or regulations. LUNIX shall not be liable for personal injury, loss of property, or loss of life resulting from the use of this product under any circumstances, including intentional, reckless, negligent, or accidental behavior. LUNIX shall also not be liable for any special, indirect, incidental, or consequential damages arising out of the assembly, installation, or use of this product or any accessory or chemical required to use this product. By the act of operating & using the product, the user accepts all resulting liability and releases LUNIX of any and all liability associated with its use.

If you as the user do not accept liability of Usership, LUNIX requests that you do not use this product. Do not open any of the enclosed materials. Return the model to LUNIX but please be advised that we absolutely cannot accept an item for return or exchange after it has been used or is otherwise no longer in as-new condition.

All information contained in this User Manual is subject to change without notice. For the most updated version of the User Manual, please visit our website.

LUNIX reserves the right to make changes and improvements to products without incurring any obligation to incorporate such improvements into products previously sold. If you have any questions about your model or its operation, contact Customer Support by E-mail: support@lunixinc.com

FCC Compliance

This device contains a module that complies with the limits for a Class B digital device as described in part 15 of the FCC rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

The limits for a Class B digital device are designed to provide reasonable protection against harmful interference in residential settings. This product generates, uses and can radiate radio frequency energy, and, if not operated in accordance with the instructions, may cause harmful interference to radio communications. The user is cautioned that changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

WARRANTY

To guarantee you have the best experience, we offer a one-year warranty covering defects in materials, workmanship, and assembly on all our products*. Please read and understand this manual to ensure you uphold the warranty terms.

*If a defect in materials, workmanship, or assembly is found BEFORE the product has been used, we will exchange the entire product if it is returned complete and in perfect condition in its original packaging. **

IT IS THE PARENTS' OR GUARDIANS' RESPONSIBILITY TO ENSURE MINORS RECEIVE APPROPRIATE GUIDANCE AND SUPERVISION WHEN USING THIS PRODUCT.

LUNIX DOES NOT operate a new-for-old warranty once the product has been used. The warranty is only valid if the items were purchased directly from LUNIX (purchases from third-party sellers will not be covered under the warranty).

COVERED BY WARRANTY

The warranty excludes damages caused by the user, including but not limited to incorrect maintenance

- 1-year warranty for the control pad
- 6 months warranty on the USB cable and plug

THE LX19 IS A COMPLEX HIGH-PERFORMANCE DEVICE AND MUST BE TREATED WITH CARE AND ATTENTION.

LUNIX has made every effort to ensure your product is as strong and durable as possible. However, it is still possible that some mishaps could happen. If the remote or the program starts to malfunction within the warranty period, please contact us at support@lunixinc.com and we will provide a replacement.

NOT COVERED BY WARRANTY

- All other parts not mentioned above
- Lack of maintenance, improper use or abuse
- Water damage

Extend your guarantee to 2 years—just text your order number at **(307) 461-9622**, and you're all set! It's quick, easy, and hassle-free.



Benefits

The LX19 Red light therapy for Knee, Elbow and Shoulder offers a range of therapeutic benefits, especially for those suffering from chronic pain or inflammation. The red and near-infrared light penetrates deep into the skin, helping to reduce inflammation, stiffness, and discomfort in the area. This can be particularly helpful for individuals with health conditions such as arthritis or carpal tunnel syndrome, as it provides natural, non-invasive relief without relying on medications or more aggressive treatments.

In addition to pain relief, red light therapy improves blood circulation in the knee, elbow or shoulder. By stimulating blood flow, it promotes faster healing of tissues and muscles, making it ideal for people recovering from injuries. Increased circulation also helps deliver more oxygen and nutrients to the cells, which supports overall health and flexibility.

For the best results, it's generally advised to use red light therapy device 3 to 5 times per week, with each session lasting about 10 to 30 minutes. This regularity helps maximize the benefits, such as enhanced blood circulation and reduced inflammation while avoiding overuse of the device.

This red-light therapy device is designed to support health and well-being, but it is not intended to diagnose, treat, cure, or prevent any medical condition. Results may vary, and individual responses depend on personal health conditions. Always consult your healthcare provider before starting any new therapy, especially if you have pre-existing medical conditions, are pregnant, or are on medications that could cause light sensitivity. Use the device as directed and avoid overuse to prevent any potential side effects like skin irritation.



Precautions

The LX19 Red Light Therapy for Knee, Elbow and Shoulder is a personal care product not intended to diagnose or treat health conditions. Pay attention to your body, stay hydrated, and consult a healthcare professional, especially if you have specific health conditions or concerns.

The information provided here is not a substitute for professional medical advice, diagnosis, or treatment. It is essential to consult with a qualified healthcare professional before using the Red Light Therapy for Knee, Elbow and Shoulder, especially if you have any underlying health conditions, are pregnant, or are concerned about its suitability for your specific situation.

Always follow the instructions and precautions outlined in the manual to ensure safe operation. You are solely responsible for following these instructions and precautions.

- After unpacking the Red Light Therapy for Knee, Elbow or Shoulder, please check carefully for any damages to the device and accessories.
- Thoroughly read the user manual for specific instructions and safety warnings before using the device.
- Regularly inspect the unit for damage, wear, or tear. Do not use the device if you notice any damage.
- If you experience pain or discomfort during or after using the device, discontinue using the device and consult a healthcare provider.
- If you are pregnant, have a pacemaker, an implanted medical device, or any medical condition, consult your doctor before use. Avoid using the red light device directly over the chest or pacemaker site
- Do not operate after taking painkillers, sedatives, or alcohol.
- Avoid falling asleep with the device to prevent overheating and excessive exposure to light, ensuring safe and effective use of the red light therapy.
- Never use the device for more than 30 minutes in a row.
- Maintain proper hygiene by cleaning the device, especially if multiple people use it.
- Use this device only for its intended purpose.
- Do not attempt to disassemble or repair the unit, charging cord, or control pad, as doing so voids the warranty.
- Do not use with wet knee, elbow or shoulder or in humid environments, as wetness and humidity can cause electric shock or mechanical malfunction.
- Keep the cord away from heated surfaces.
- Never use the device in high temperatures or near corrosive gases.
- Do not leave the product unattended when plugged in. Unplug from the outlet when fully charged.
- Most importantly, always use good common sense.

SAFETY WARNING:

- Do not use the device to supplement or replace any medical treatment you are currently receiving. Please consult your physician before use if you are experiencing any unexplained pain, are already receiving light therapy treatment, or are using at-home medical equipment.
- Please get in touch with your physician before using the LX19 Red Light Therapy for Knee, Elbow or Shoulder if you have physical health concerns or have any of the following conditions:
 - Pregnant.
 - Has a pacemaker or other medical implant.
 - Suffering from heart or vascular disease.
 - Has irregular blood pressure or is receiving treatment to normalize your blood pressure.
 - Has osteoporosis.
 - Suffering from cancer.
 - Has a recent surgery
 - Has other health concerns that require medical assistance
- Never leave the device unattended, especially if children are present.
- We recommend you limit the use of the device to 15-minute sessions and for no more than an hour (60 minutes) consecutively.

SAFETY PRECAUTIONS:

The LX19 Red Light Therapy for Knee, Elbow and Shoulder is capable of extreme performance. Responsibility, maturity, and common sense are required. This model must be treated with respect and caution to ensure your safety. Operating the device carelessly or unsafely without adequate care and preparation can result in serious injury or death.

- BEFORE you charge, ALWAYS confirm that the charger/plug settings match the recommended specifications.
- If the device gets too hot during use, remove it immediately
- Do not allow small children to charge the battery and use the product.



WARNING! CAUTION! DANGER! FIRE HAZARD!



CHARGING OR DISCHARGING BATTERIES POSES A NUMBER OF SIGNIFICANT HAZARDS WHICH CAN INCREASE THE RISK OF FIRE, EXPLOSION, SERIOUS INJURY, AND PROPERTY DAMAGE IF NOT PERFORMED AS PER THE INSTRUCTIONS.

NEVER USE THE LX19 RED LIGHT THERAPY UNDER A BLANKET OR A PILLOW. KEEP IT AWAY FROM HEAT SOURCES AND FIRE. EXCESSIVE HEAT CAN POTENTIALLY CAUSE FIRE, ELECTROCUTION, OR INJURY TO PEOPLE OR PROPERTY. BEFORE USE, READ AND FOLLOW ALL MANUFACTURER'S INSTRUCTIONS, WARNINGS, AND PRECAUTIONS.

NEVER ALLOW CHILDREN UNDER THE AGE OF 16 TO USE THE DEVICE WITHOUT THE SUPERVISION OF A RESPONSIBLE, KNOWLEDGEABLE ADULT. THIS IS NOT A TOY.

Product Overview

Magnetic Control Pad
Detachable Battery



66 RED lights
132 NIR lights

Control Pad
Attachment



Velcro
Straps

Operations

The **LX19 Red Light Therapy for Knee, Elbow and Shoulder** is designed as a personal care product. It is not intended to diagnose/treat any health condition. Operate the LX19 Red Light Therapy device sensibly and with care, and it will be exciting, safe, and relaxing for you. Failure to operate your model safely and responsibly may result in property damage and serious injury. If you have physical health concerns, please consult your physician before using the device.

How to Use the LX19 Red Light Therapy for Knee, Elbow and Shoulder:

1. Before the first use, fully charge the detachable battery using the included cable. The battery level indicator below the LX19 logo will light up during charging, showing the charging level. When the device is fully charged, it will have five solid white lights. The battery may be charged whether attached to or detached from the unit.
2. Position the product around your knee, elbow or shoulder. Adjust the strap or use the extra strap included for a comfortable fit. Scan the QR code for detailed instructions and a demonstration of using the LX19 on your knee, elbow or shoulder.
3. Attach the battery to its designated position. Match the + and – on both the battery and the device to ensure the battery correctly installed. If the battery is not properly installed, the device will not turn on.
4. Press the power button for 5 seconds, to turn on the unit. Upon activation, the device will begin operating in the default settings: **Light Therapy Mode ALL – HI** (uses both 850nm and 660nm wavelengths), Intensity **Level 1 – L1**, and a 5-minute session.
5. Use the Optional Features: the LX19 model includes optional vibration and pulse features initially set to **OFF**. To enable these features, press the respective vibration and pulse buttons.
6. Adjust the settings as desired to suit your preferences.
7. To prevent accidental changes to the settings during use, lock the Settings by pressing the Lock Button on the side of the remote. The screen will display **“CLO”** when locked. To unlock, press the button again; the display will show **“OPE”**.
8. The device will automatically turn off after the predetermined time has elapsed. To manually turn off the device sooner, press and hold the power button for 5 seconds.

IMPORTANT SAFETY INFORMATION:

Limit massage to 15 minutes on any body part and slowly transition to other areas. After use, drink warm water to help metabolism.

Strictly Not for Children: This device is not suitable for children under the age of 16. It must always be used under the supervision of a responsible adult.

Consult your doctor immediately if you feel unwell after use.

- Limit each use of the device to no more than 30 minutes and allow a 2-hour break before starting another session.
- Avoid looking directly at the light emitter.
- Do not operate the device while charging, as it may affect its performance and cause damage.

NOTE: Different people have different body systems. We suggest starting with the lowest settings and gradually adjusting to find what works best for you. Results may vary depending on individual conditions, and the duration of therapy required can differ from person to person. Consistent use as directed may yield the best outcomes.

IMPORTANT: The detachable magnetic control pad powers the device. Keep it attached to the unit while using the product. You can remove it when charging or storing the device.

Please do not use it while charging; it can damage the battery and affect the product's performance.

IMPORTANT NOTE ABOUT THE CONTROL PAD:

This device is equipped with a sensitive magnetic control pad designed for quick and efficient operation. Please note that:

- The buttons may respond to **light tapping** or even a **brief touch** if aligned in the correct position.
- **Firm pressing is not necessary**—light contact is often enough to trigger a response.
- Make sure your finger **contacts the center of the button** for best accuracy.
- If you experience an inconsistent response, try **adjusting your finger placement** slightly and avoid pressing too hard, which may reduce sensitivity.

Control Pad



Power Button: Press and hold the power button for 5 seconds to turn on/off the device.



Timer Button: The device starts with a default timer of five minutes. You can increase the time in five-minute increments by pressing the timer button, up to a total of 30 minutes.



Light Therapy Mode Selection: The device automatically turns on in Light Therapy Mode H1. You can switch between modes as follows:

- **H1:** Uses both **850nm (NIR)** and **660nm (Red)** wavelengths – Provides comprehensive relief by combining deep tissue penetration and surface-level benefits.
- **H2:** Uses only the **660nm (Red)** wavelength – Enhances surface healing, promotes better circulation, and supports skin recovery.
- **H3:** Uses only the **850nm (NIR)** wavelength – Penetrates deeply to alleviate joint and muscle discomfort. (*Note: NIR light is invisible to the human eye, so you will not see it when using H3. However, it is actively working to deliver deep tissue benefits.*)



Intensity Level: The initial light intensity is set to Level 1. You can choose from up to five levels to find the intensity that works best for you.



Pulse Button: Press the pulse button to activate pulse mode and choose between 10Hz and 40Hz.



Vibration Button: Press the vibration button to activate this feature and choose between the 5 vibration intensity levels.



Battery Indicator: When the battery is at 10% capacity, the indicator will blink and you need to charge the unit.



Lock Button: Press the lock button to lock your preferred settings and prevent any accidental changes to the settings during use.

Care, Maintenance & Cleaning Instructions

Care, Storage & Cleaning:

- Always wash and dry your hands and ensure the area of your knee, elbow, or shoulder is clean before handling and using the product. You can also use it over clean clothing.
- After each session, gently wipe the exterior with a soft, dry cloth to remove any moisture or debris, avoiding abrasive cleaners that may damage the surface.
- Store the device in a cool, dry place, away from direct sunlight, humidity, and extreme temperatures.
- Never submerge the device in water or any other liquid, as it cannot be sterilized using liquid disinfectants or autoclave methods.

Troubleshooting



When operational problems occur, please refer to the chart below.

PROBLEM	POSSIBLE CAUSE	SOLUTION
The device is not working	The unit is not turned on, or the battery is out of power or not placed properly on the device	Charge the battery, and position it properly on its designated location
The device stopped working	The default time is up	Turn on the unit again
The lights are not working, or some lights are not working	Check if the mode is set to H3 (NIR). The near-infrared light is invisible	If all the lights are not working even when the mode is H2 (RED), or H1 (RED & NIR), please contact us at support@lunixinc.com
The screen displays "OLD" and the battery is not working	The device has entered a factory internal setting, which is triggered when the Mode and Vibration buttons are pressed simultaneously	Press and hold both the Mode and Vibration buttons together until the screen returns to the regular program. This will reset the device to its standard operating mode
The screen displays "ERR"	Three or more buttons were pressed at the same time	Release all buttons and start again. Press and hold the power button for 5 seconds to turn the unit on
Unit stopped charging	Unit not receiving the correct amount of voltage	Make sure you use the charger included in the package. If issue persists, contact us at support@lunixinc.com

If you have any questions, concerns or if you would like to order any spare parts or replacements. Please contact us at **support@lunixinc.com** and we will get back to you within 24 hours

Lunix Wellness Products Collection



**HEAT
THERAPY**

LX3 Hand Massager



**HEAT
THERAPY**



**COLD
THERAPY**

**LX4 Touchscreen
Knee Massager**



**LX5 4Pcs Orthopedic
Bed Wedge Pillow Set**



**LX6 3Pcs Orthopedic
Bed Wedge Pillow Set**



**HEAT
THERAPY**

**LX7 Touchscreen
Hand Massager**



**LX8 2 Layers Orthopedic
Bed Wedge Pillow Set**



**HEAT
THERAPY**

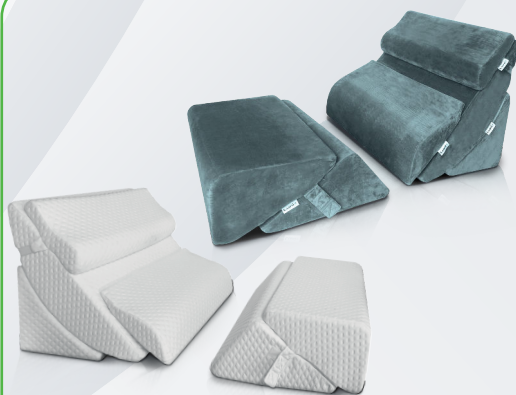


**COLD
THERAPY**

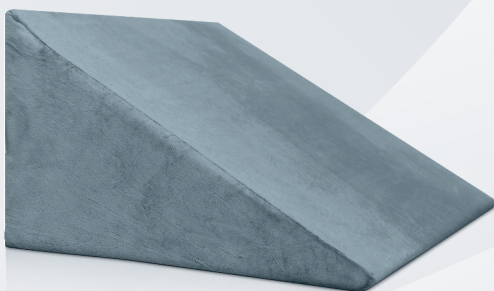
**LX10 Cordless Full Leg
Compression Massager**



**LX11 5Pcs Orthopedic
Bed Wedge Pillow Set**



**LX13 6Pcs Orthopedic
Bed Wedge Pillow Set**



**LX14 1Pc Orthopedic
Bed Wedge**



**LX15 14pcs Modular
Couch for Kids**



**INFRARED
THERAPY**

**LX16 Red Light
Therapy Belt**



**INFRARED
THERAPY**

**LX17 Infrared
Sauna Blanket**



LX18 Vibration Plate



**INFRARED
THERAPY**

**LX19 Red Light Therapy for
Knee, Elbow or Shoulder**



**HEAT
THERAPY**



**COLD
THERAPY**

LX20 Shiatsu Foot Massager



**HEAT
THERAPY**



**COLD
THERAPY**

**LX21 Shiatsu Foot
Massager with Remote**



**INFRARED
THERAPY**



**LX23 Red Light
Therapy for Hands**



**INFRARED
THERAPY**



**LX24 Red Light
Therapy for Feet**



**INFRARED
THERAPY**



**LX25 4-Head Deep
Tissue Massager**



**LX26 2-Head Deep
Tissue Massager**



**HEAT
THERAPY**



**LX27 Stretching
Mat Massager**



**LX28 Deep Tissue
Massager**



**HEAT
THERAPY**



**LX29 Cordless
Hand Massager**

