

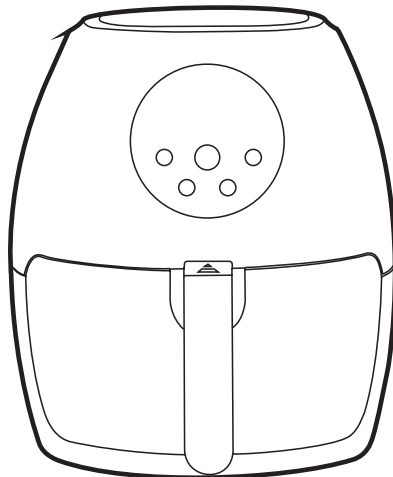
CHEFMAN®

6.5 LITER AIR FRYER

This is your one-stop guide to using your product. From the below links, you can jump ahead to a specific document if desired.

QUICK LINKS

- [User Guide](#)
- [Recipe Book](#)



USER GUIDE

Congratulations on your purchase!

Every Chefman product is manufactured to the highest standards of performance and safety, and we are confident that you will be so satisfied with your purchase that Chefman will be your go-to company for appliances in the future.

Customer satisfaction is a key element of our company's philosophy. The Chefman brand exists to fill a void on retail shelves and in consumer kitchens for a truly value-focused kitchen appliance. By questioning and adding value and innovation at every touch point in the manufacturer to end user journey, Chefman provides home chefs with the tools they need to achieve picture-perfect results with maximum efficiency. In addition to manufacturing appliances that are dependable, affordable, and built with intuitive features to enhance your kitchen experience, we pride ourselves on providing top-of-the line post purchase support, which includes complimentary access to ClubChefman.com for product tutorials, delicious recipes & how-to videos, and access to our team of dedicated Chefs.

Should a problem arise, each product is backed by a comprehensive manufacturer's 1-year warranty as well as outstanding after-sales service support through our dedicated customer service team. In the unlikely event that your product does not operate as described in the manual please feel free to call or email our helpline for assistance. We understand that sometimes products can malfunction, so if you feel that your appliance is not operating as it should, warranty claims can be made within one year from the date of purchase when accompanied by a dated receipt.

This guarantee is in addition to your statutory rights; your statutory rights are not affected. This limited warranty does not apply in cases of damage caused by accident, improper use, abuse or force majeure.

This warranty gives you specific legal rights. Rights may vary depending on your state or province of residence. Some locations do not allow limitations on implied warranties or special incidental, or consequential damages, so the limitations may not apply to you. This limited warranty will be invalidated if the appliance is tampered with in any way whatsoever.



READ ALL INSTRUCTIONS BEFORE USE

For your safety and continued enjoyment of this product, always read the instruction manual before using.

CONTENTS

- 4** Safety Instructions
- 7** Features
- 8** Operating Instructions
- 13** Troubleshooting
- 14** Cleaning and Maintenance
- 15** Terms and Conditions
- 16** Warranty Card

SAFETY INSTRUCTIONS

IMPORTANT SAFEGUARDS

WARNING: When using electrical appliances especially when children are present, basic safety precautions should always be followed to reduce the risk of fire, electric shock, and/or injury to persons, including the following:

1. Read all instructions.
2. Do not touch hot surfaces. Use handles or knobs.
3. To protect against electrical shock do not immerse cord, plugs or unit body in water or other liquid.
4. Close supervision is necessary when any appliance is used by or near children.
5. Unplug from outlet when not in use and before cleaning. Allow to cool before putting on or taking off parts.
6. Do not operate any appliance with a damaged cord or plug or after the appliance malfunctions or has been damaged in any manner. Return appliance to the nearest authorized service facility for examination, repair, or adjustment.
7. The use of accessory attachments not recommended by the appliance manufacturer may cause injuries.
8. Do not use outdoors.
9. Do not let cord hang over edge of table or counter, or touch hot surfaces.
10. Do not place on or near a hot gas or electric burner, or in a heated oven.
11. Extreme caution must be used when moving an appliance containing hot oil or other hot liquids.
12. Always attach plug to appliance first, then plug cord into the wall outlet. To disconnect, turn any control to **Off**, then remove plug from wall outlet.
13. Do not use appliance for other than intended use.
14. This product is not a deep fryer. It is NOT meant to be filled with oil. Never fill the basket or any parts of the Air Fryer with oil. If you choose to use oil, lightly toss food with oil in a separate bowl and then transfer food to the tray inside the basket.

SAFETY INSTRUCTIONS

IMPORTANT SAFEGUARDS

15. When using this appliance, provide adequate ventilation above and on all sides for air circulation. Do not allow this appliance to touch curtains, wall coverings, clothing, dish towels or other flammable materials during use. Do not cover air fryer and ensure air vents, located on the back of the fryer, are not covered.
16. This appliance generates heat during use. Proper precautions must be taken to prevent the risk of burns, fire or other damage to persons or property. Keep hands clear of the immediate area surrounding the Air Fryer during operation and use grips and handles on the appliance when operating. Do not put hands or other body parts inside the Air Fryer housing while in use or hot.
17. Use caution when opening the Air Fryer. The inside of the basket and its contents are very hot. Use tongs or protective gloves to remove food from basket.
18. Do not move the Air Fryer while it is in use and/or full of food.
19. Always unplug Air Fryer after use.
20. Never yank cord to disconnect from outlet; instead, grasp the plug and pull firmly.
21. Never place the Air Fryer in the dishwasher. This product housing cannot be immersed in water and is not dishwasher safe. Only the tray and the basket itself can be submerged in water. The basket and tray are top-rack dishwasher safe.
22. The housing of the Air Fryer can be wiped down between uses with a non-abrasive cleaner.
23. Store Air Fryer in a cool, dry place.
24. Never wrap the cord tightly around the appliance during use or storage; this may cause the wire to fray and break.

SAVE THESE INSTRUCTIONS.

SAFETY INSTRUCTIONS

IMPORTANT SAFEGUARDS

SHORT CORD INSTRUCTIONS

A short power supply cord is provided to reduce the hazards of entanglement or tripping over a longer cord. Longer detachable power supply cords or extension cords are available and may be used if care is exercised in their use. If a longer detachable power supply extension cord is used:

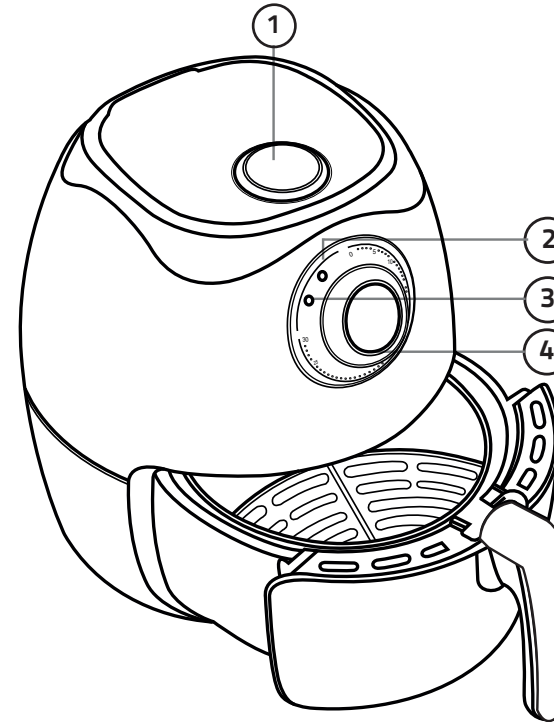
1. The marked electrical rating of the extension cord should be at least as great as the electrical rating of the appliance.
2. The cord should be arranged so that it will not drape over the countertop or tabletop where it can be pulled on by children or tripped over unintentionally.

POWER CORD SAFETY TIPS

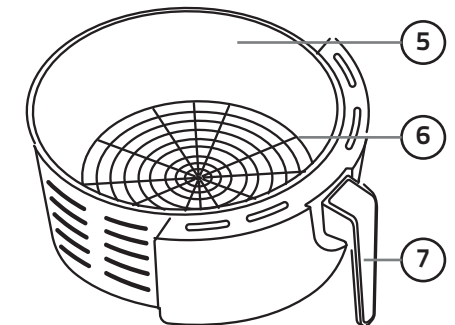
1. Never pull or yank on the cord or the appliance.
2. To insert the plug, grasp it firmly and guide it into the outlet.
3. To disconnect appliance, grasp the plug and remove it from the outlet.
4. Before each use, inspect the power cord for cuts and/or abrasion marks. If any are found, this indicates that the appliance should be serviced, and the power cord replaced. Please contact Chefman® Customer Support for assistance.
5. Never wrap the cord tightly around the appliance, as this could place undue stress on the cord where it enters the appliance and cause it to fray and break.

DO NOT OPERATE APPLIANCE IF THE POWER CORD SHOWS ANY DAMAGE OR IF THE APPLIANCE WORKS INTERMITTENTLY OR STOPS WORKING ENTIRELY.

FEATURES



1. TEMPERATURE CONTROL KNOB
2. HEATING LIGHT
3. POWER ON LIGHT
4. TIMER CONTROL KNOB
5. FRYER BASKET
6. BASKET TRAY
7. BASKET HANDLE



California Proposition 65:
(Applicable for California Residents only)



WARNING:
Cancer and Reproductive Harm -
www.P65Warnings.ca.gov.



**Do not place the appliance
on a stovetop or any other
hot surface.**

OPERATING INSTRUCTIONS

BEFORE FIRST USE

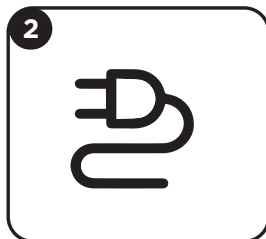
1. Remove all packaging materials.
2. Remove stickers from unit before use. Do not remove the rating label from underneath the unit.
3. Thoroughly clean the fryer basket and tank with soap, hot water and a non-abrasive sponge. Wipe the inside and outside of the appliance with a damp cloth and allow to dry before using.
NOTE: Fryer basket and tank are dishwasher safe.
4. This is a healthy electric oil free fryer that works on hot air. Do not fill the basket with oil or frying fat.

HOW TO USE

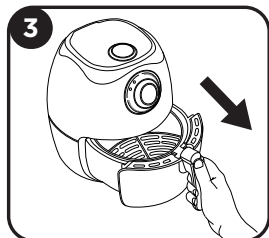
To assemble the fryer basket and tray, lower the basket tray until it firmly clicks into place inside the tank.



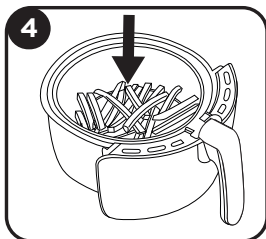
1 Place appliance on a flat, stable surface.



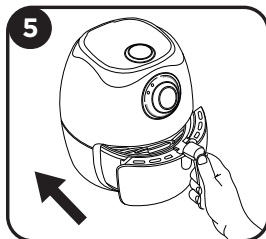
2 Connect the power plug to a grounded wall electrical socket.



3 Carefully pull fryer basket straight out of the fryer.



8 Place the ingredients into the basket.

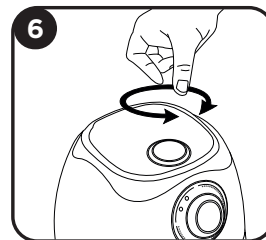


5 Slide the tank back into the air fryer.

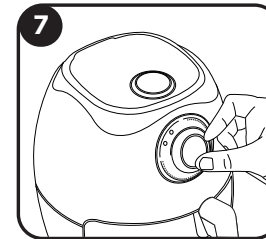
NOTE: Do not fill the basket more than indicated in your recipe or in the table on **page 7** as this can adversely affect the cooking result.

NOTE: Be sure to carefully pull air fryer basket straight out to avoid spillage.

OPERATING INSTRUCTIONS



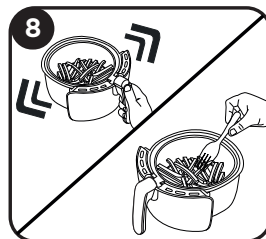
6 Turn the temperature control knob to the recommended temperature for your recipe (see page 8).



7 Turn the timer control knob to the required preparation time.

NOTE: Add 3 minutes of preparation time when the appliance is cold. If not preheated, some ingredients may require shaking halfway through preparation time.

You can also preheat the appliance without food for approx. 4 minutes.



8 Pull the fryer basket out of the appliance and shake or turn using a fork (or tongs). Then put the fryer basket back into the air fryer.



9 After the bell rings, pull out the tank and check if the ingredients are ready. If not ready, simply slide the tank back in and reset the timer.

OPERATING INSTRUCTIONS

Please see table below for tips on how to be prepare different foods.

NOTE: This table is only a guide and does not contain exact recipes.

NOTE: Use extreme caution while handling hot food in fryer basket and tank. Excess oil will drip into tank when preparing greasy foods.

Type	Min to Max Amount	Time (mins)	Temp (°F)	Shake	Cooking Tip
Thin Frozen Fries	100-400g	9-16	390	Yes	
Thick Frozen Fries	100-400g	11-20	390	Yes	
Home-made Fries	100-400g	16-20	390	Yes	Add 1/2 tablespoon of oil
Home-made Potato Wedges	100-400g	18-22	360	Yes	Add 1/2 tablespoon of oil
Home-made Potato Cubes	100-350g	12-18	360	Yes	Add 1/2 tablespoon of oil
Rösti	250g	15-18	360	Yes	
Potato Gratin	400g	15-18	390	Yes	
Steak	100-400g	8-12	360	No	
Pork Chops	100-400g	10-14	360	No	
Hamburger	100-400g	7-14	360	No	
Sausage Roll	100-400g	13-15	390	No	
Drumsticks	100-400g	18-22	360	No	
Chicken Breast	100-400g	10-15	360	No	
Spring Rolls	100-400g	8-10	390	Yes	Use oven-ready
Frozen Chicken Nuggets	100-400g	6-10	390	Yes	Use oven-ready
Frozen Fish Fingers	100-400g	6-10	390	No	Use oven-ready
Frozen Breaded Cheese Snacks	100-400g	8-10	360	No	Use oven-ready
Stuffed Vegetables	100-400g	10	320	No	
Cake	300g	20-25	320	No	Use baking tin
Quiche	400g	20-22	360	No	Use baking tin/oven dish
Muffins	300g	15-18	390	No	Use baking tin
Sweet Snacks	400g	20	320	No	Use baking tin/oven dish

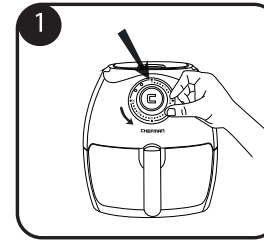
COOKING TIPS

1. Smaller ingredients usually require a slightly shorter preparation time than larger ingredients.
2. For best results of smaller foods such as fries, onion rings and chicken nuggets, remove the fryer basket halfway through preparation time and shake to mix the food around. This will help to evenly fry the food being prepared.
3. Add some oil to fresh potatoes for a crispy result. Fry your ingredients in the airfryer within a few minutes after you added the oil. Do not fill basket with oil.
4. Do not prepare extremely greasy ingredients such as sausages in the air fryer.
5. Snacks that can be prepared in an oven can also be prepared in the air fryer.
6. For French fries, use 14 ounces of fries at a time for best frying results.
7. This air fryer is great for reheating food. To reheat your food, set the temperature control to 300° Fahrenheit for up to 10 minutes.

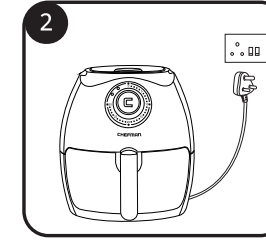
TROUBLESHOOTING

Problem	Possible Cause	Solution
The Air Fryer does not work	The appliance is not plugged in	Insert plug into the electrical outlet
	The timer was not set	Turn the timer knob to the desired cook time to switch on the appliance
The ingredients fried with the air fryer are not done	The amount of ingredients in the basket is too large	Put smaller batches of ingredients in the basket. Smaller batches fry more evenly
	The set temperature is too low	Turn the temperature control knob to the desired temperature setting
The ingredients are fried unevenly in the air fryer	Certain ingredients need to be shaken halfway through the preparation time	Shake halfway through the preparation time
Fried snacks are not crispy when they come out of the air fryer.	The snack was meant to be prepared in a traditional deep fryer	Lightly brush some oil onto the snacks for a crisper result
I cannot slide the basket into the appliance properly	Too many ingredients in the basket	Do not fill the basket beyond the MAX indication
	Basket is not placed in the fryer correctly	Push the basket into the fryer until you hear a click
White smoke comes out from the appliance	Greasy ingredients are being prepared	Frying greasy ingredients, a large amount of oil will leak into the basket. The oil produces white smoke but does not affect the appliance or end result
	The pan still contains grease residues from previous use	White smoke is caused by grease heating up in the basket. Make sure the basket is cleaned properly after use
Fresh fries are fried unevenly in the air fryer	The right type of potato was not used	Use fresh potatoes and make sure that they stay firm during frying
	You did not rinse the potato sticks properly before you fried them	Rinse the potato sticks properly to remove starch from the outside of the sticks
Fresh fries are not crispy when they come out of the air fryer	The crispiness of the fries depends on the amount of oil and water in the fries	Make sure you dry the potato sticks properly before adding oil
		Cut the potato sticks smaller for a crispier result
		Add slightly more oil for a crisper result

CLEANING AND MAINTENANCE

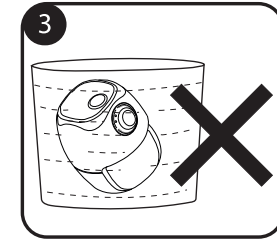


Before cleaning, turn the Timer control knob to "0".

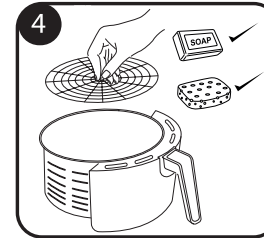


Unplug the appliance and allow to cool.

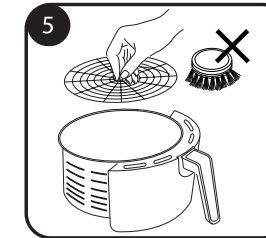
Tip: After the unit has been turned off, remove the tank to help the unit to cool down quickly.



Wipe the outside of the unit housing with a damp cloth. Do not immerse unit housing in water or rinse under running water.



Remove the fryer basket tray and wash with soap, hot water and a non-abrasive sponge.



Do not use abrasive cleaning materials, they may cause scratching or damage to the non-stick coating.



Fryer basket and basket tray are dishwasher safe.



NOT DISHWASHER SAFE

Unit housing is NOT dishwasher safe.

Tip: If food is stuck to the basket or bottom of the tank, fill the tank with hot, soapy water and allow the basket and inside of the tank to soak for approximately 10 minutes.

TERMS & CONDITIONS

Limited Warranty

Our products are backed by a limited 1-year warranty. To register, follow the instructions on the Chefman® Warranty Registration page in this User Guide.

We offer a limited 1-year warranty from the date of purchase. This warranty is void without proof of purchase within the USA, Canada or Mexico. Service centers and retail stores do not have the right to alter or change the Terms & Conditions of this warranty.

WHAT THE WARRANTY COVERS

• Manufacturer Defects

Chefman® products are warranted against defects in material and workmanship for a period of 1 year from the date of purchase, when used in accordance with the Chefman® User Guide.

• Qualified Replacements

If your product does not work as it should, we will send you a new one. If the product is no longer available, we will replace it with an identical product or one that is comparable.

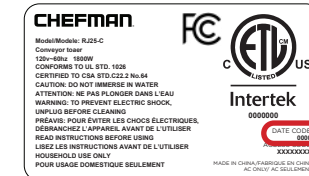
THIS WARRANTY DOES NOT COVER

- **Misuse** - Damage that occurs from neglectful or improper use of products; damage that occurs as a result of usage with incompatible voltage. See Safety Instructions for information on proper use.
- **Poor Maintenance** - General lack of proper care. See Cleaning & Maintenance Instructions for information on proper maintenance.
- **Commercial Use** - Damage that occurs from commercial use.
- **Altered Products** - Damage that occurs from alterations or modifications by any entity other than Chefman®; removal of rating label.
- **Catastrophic Events** - Damage that occurs from fire, floods or natural disasters.
- **Loss of Interest** - Claims of loss of interest or enjoyment.

CHEFMAN® WARRANTY REGISTRATION

Register your product to extend your warranty for 3 months.

What do I need to register my product?



- Contact Information
- Model Number
- Proof of Purchase (i.e. online confirmation, receipt, gift receipt)
- Date code

How do I register my product?

We offer 2 convenient ways to access the Chefman® registration form:

1. Visit chefman.com/register.
2. Scan the QR code below to access the form:



Have a question?

Please reach out to us at Chefman.com/contact.

Need more help?

We're here for you! Contact us at customersupport@chefman.com or 888.315.6553 Monday-Friday.

OTHER LIMITATIONS: ALL WARRANTIES OF ANY KIND WHATSOEVER, EXPRESS, IMPLIED AND STATUTORY, ARE HEREBY DISCLAIMED. ALL IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE ARE HEREBY DISCLAIMED, PROVIDED THAT IF ANY IMPLIED WARRANTIES OF ANY KIND IS REQUIRED BY ANY JURISDICTION, INCLUDING MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE, THE DURATION OF SUCH IMPLIED WARRANTY IS LIMITED TO ONE (1) YEAR. THIS WARRANTY DOES NOT COVER, AND CHEFMAN® SHALL NOT BE LIABLE, FOR INCIDENTAL, INDIRECT, SPECIAL OR CONSEQUENTIAL DAMAGES, INCLUDING WITHOUT LIMITATION, DAMAGE TO, OR LOSS OF USE OF THE PRODUCT, OR LOST SALES OR PROFITS OR DELAY OR FAILURE TO PERFORM THIS WARRANTY OBLIGATION. THE REMEDIES PROVIDED HEREIN ARE THE EXCLUSIVE REMEDIES UNDER THIS WARRANTY, WHETHER BASED ON CONTRACT, TORT OR OTHERWISE.

This Warranty gives you specific legal rights, and you may also have other rights that vary from state to state or Province to Province. Some states or Provinces do not allow the exclusions or limitations set forth in this Warranty, so the above limitations or exclusions may not apply to you depending on the jurisdiction of purchase.

Chefman® is a registered trademark of RJ BRANDS, LLC. ETLSM is a registered certification mark of Intertek Testing Services NA, Inc.

CHEFMAN AIR FRYER
RECIPE BOOK

FRYING FIT

Easy, healthy and delicious recipes using
your Chefman Air Fryer





PREP TIME

10 MIN



COOK TIME

5 MIN



SERVINGS

2

CAJUN SHRIMP

INGREDIENTS

- 8 ounces (about 25) large shrimp, peeled and deveined
- ½ tablespoon olive oil
- Lime wedges, for serving

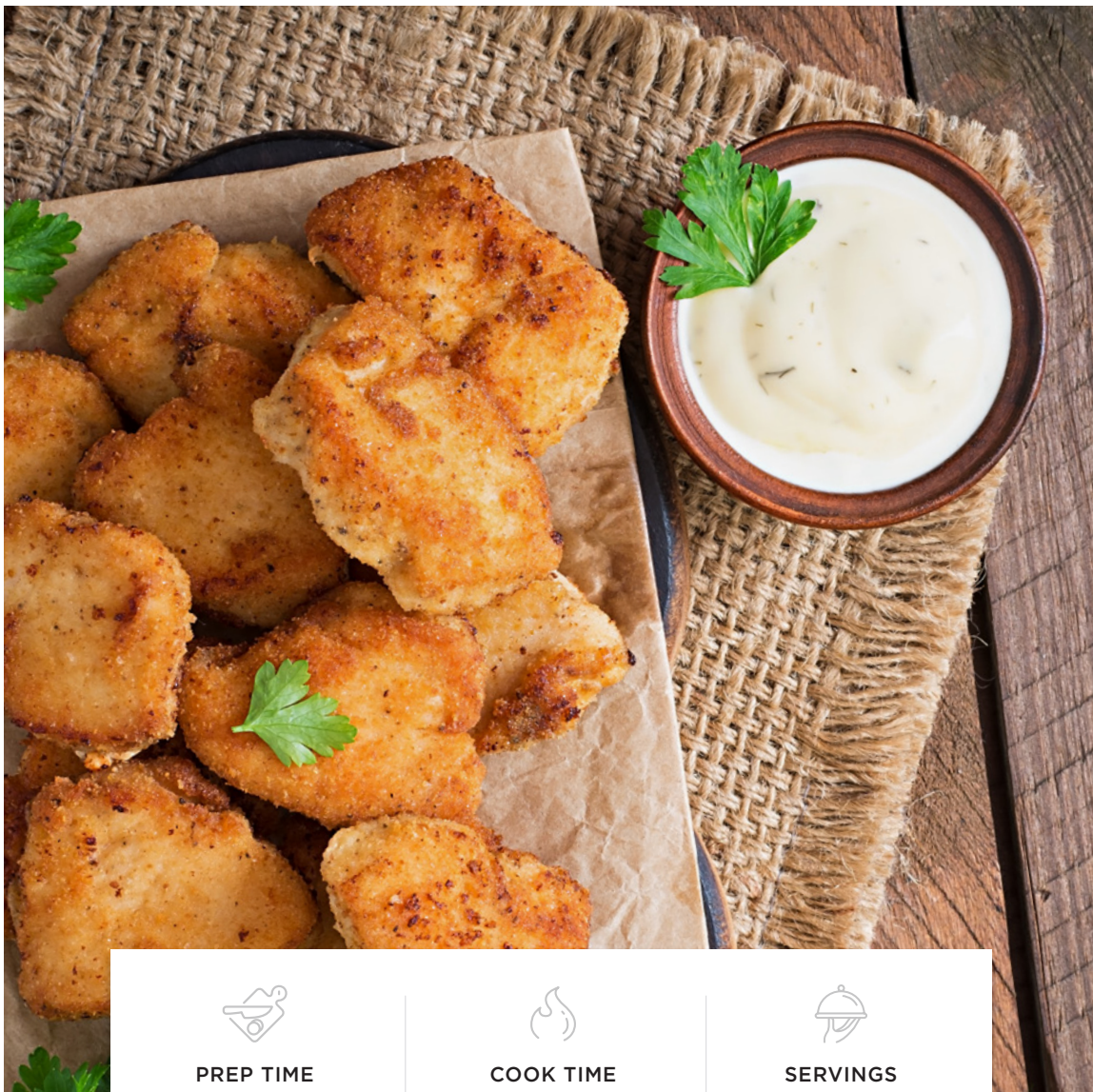
Cajun Spice Mix:

- 2 teaspoons Kosher salt
- ½ tablespoon cayenne pepper
- ½ tablespoon garlic powder
- ½ tablespoon onion powder

1. In a small bowl, combine the Cajun Spice Mix ingredients. Set aside.
2. In a large bowl, combine the peeled and deveined shrimp, olive oil and 1½ tablespoons of the Cajun Spice Mix. Store remaining for another use.
2. Transfer the seasoned shrimp to the tray inside the air fryer basket. Insert basket into Air Fryer.
3. Set the Air Fryer to 400°F and 5 minutes. Press Start. Shake halfway through.
4. When shrimp is opaque and cooked through, transfer to a serving plate. Serve with lime wedges.



Tip: This Cajun Spice Mix is spicy! For a milder version, omit the cayenne and add only ¼ teaspoon black pepper.



PREP TIME

10 MIN



COOK TIME

20 MIN



SERVINGS

2

CHICKEN NUGGETS

INGREDIENTS

- 2, 6-ounce chicken breasts
- Oil, for spraying

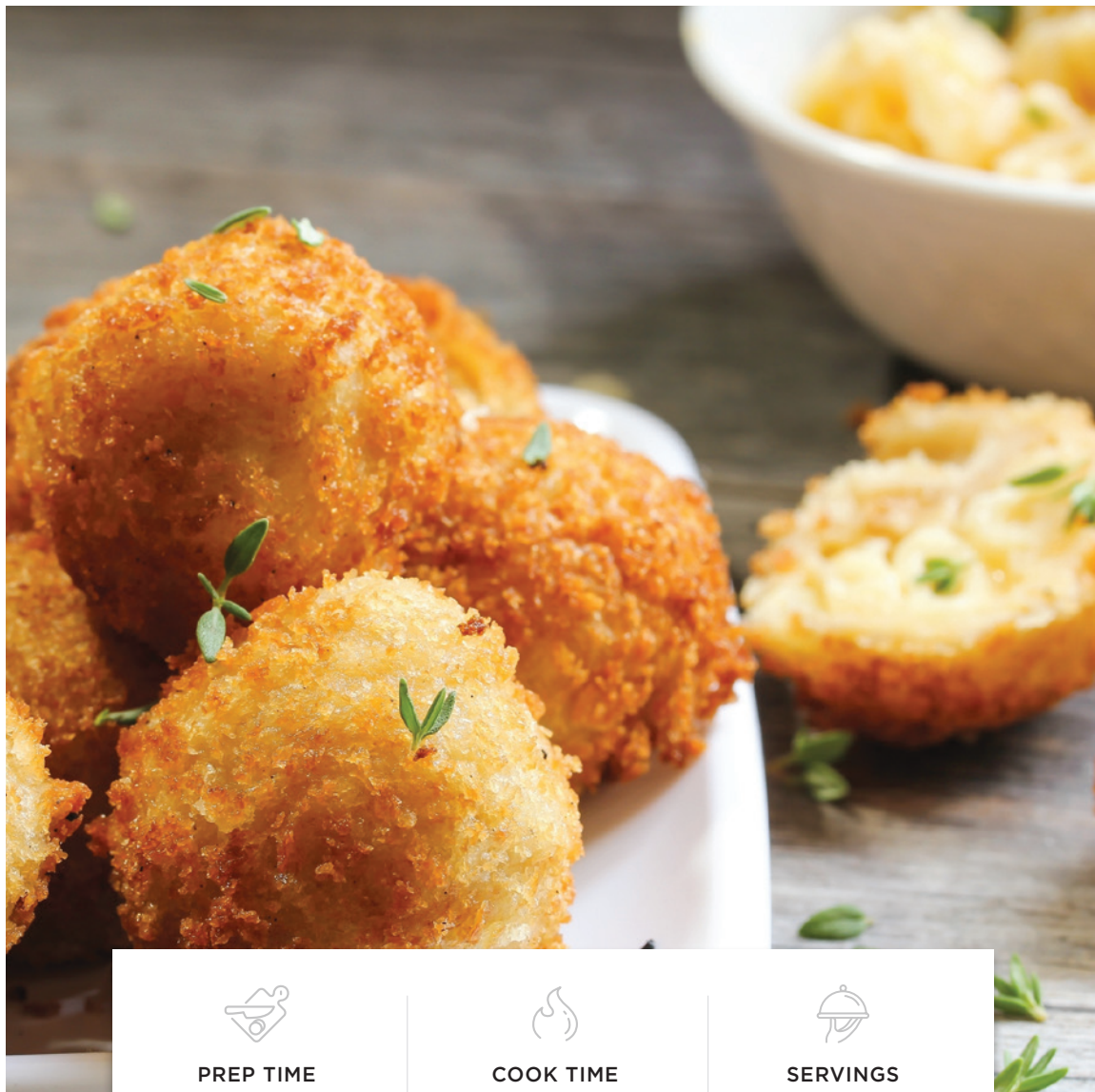
For the breading:

- $\frac{3}{4}$ cup panko bread crumbs
- 2 large eggs, lightly beaten
- 2 tablespoons olive oil
- 1 cup unbleached, all-purpose flour
- 1 pinch salt
- 1 pinch ground black pepper

1. Cut the chicken breasts into 1- to 2-inch cubes. Set aside.
2. Place the flour in a shallow bowl and the eggs in another shallow bowl.
3. In a food processor, chop the panko bread crumbs, olive oil and salt into a fine crumb. Transfer to a third shallow bowl.
4. Dip one chicken cube into the flour, then the egg and then the panko mixture. Place on a plate. Repeat with remaining chicken cubes.
5. Spray the panko-breaded chicken cubes with oil. Transfer half of the chicken to the tray inside the air fryer basket. Insert basket into Air Fryer.
6. Set the Air Fryer to 400°F and 10 minutes. Press Start.
7. When chicken nuggets are golden-brown and fully cooked through, transfer to a serving plate. Repeat with remaining chicken cubes.



Tip: This recipe could also work for chicken fingers. Simply cut into strips instead of cubes and adjust cooking time based on thickness to ensure they are fully cooked through.



PREP TIME

10 MIN



COOK TIME

20 MIN



SERVINGS

4-6

MAC AND CHEESE BITES

INGREDIENTS

- 3 cups prepared mac and cheese, cooled and refrigerated
- 2 eggs, lightly beaten
- 1 cup bread crumbs
- Oil, for spraying, or 1 tablespoon oil

1. Remove mac and cheese from refrigerator. Scoop 2 tablespoons and, with wet hands, roll into a ball. Place on a plate or baking sheet. Repeat with remaining mac and cheese. Refrigerate until mac and cheese balls are firm, about 4 hours or more.
2. When mac and cheese balls are firm, place the eggs in one shallow bowl and the panko bread crumbs in another. Remove mac and cheese balls from the refrigerator.
3. Dip one mac and cheese ball into the eggs and then the panko. Place on a plate and repeat with remaining.
4. Spray the coated mac and cheese balls with oil, or toss with oil. Transfer half to the tray inside the air fryer basket. Insert basket into Air Fryer.
5. Set the Air Fryer to 400°F and 10 minutes. Press Start.
6. When the mac and cheese balls are golden-brown and warmed through, transfer to a serving plate. Repeat with remaining coated mac and cheese balls.



Tip: This recipe is great for using leftover mac and cheese, and the kids will love it!



PREP TIME

8 MIN



COOK TIME

10 MIN



SERVINGS

2

PANKO GREEN BEANS

INGREDIENTS

- 1 pound fresh green beans, trimmed and strings removed
- 2 eggs, lightly beaten
- 1½ cups panko bread crumbs
- 1 pinch Kosher salt
- 1 pinch cracked black pepper

1. Place the eggs in a shallow bowl. Combine the panko bread crumbs, salt and pepper in another shallow bowl.
2. Dip one of the green beans into the eggs and then the panko. Place on a plate or in a bowl. Repeat with remaining.
3. Spray the coated green beans with oil, or toss with oil. Transfer to the tray inside the air fryer basket. Insert basket into Air Fryer.
4. Set the Air Fryer to 400°F and 10 minutes. Press Start. Shake halfway through.
5. When the green bean fries are golden-brown, transfer to a serving plate.



Tip: If your green beans are too long, you can cut them in half to fit better. Try adding your favorite seasoning in the bread crumbs along with the salt and pepper.



PREP TIME

15 MIN



COOK TIME

30 MIN



SERVINGS

2

PARMESAN REGGIANO SWEET POTATO FRIES

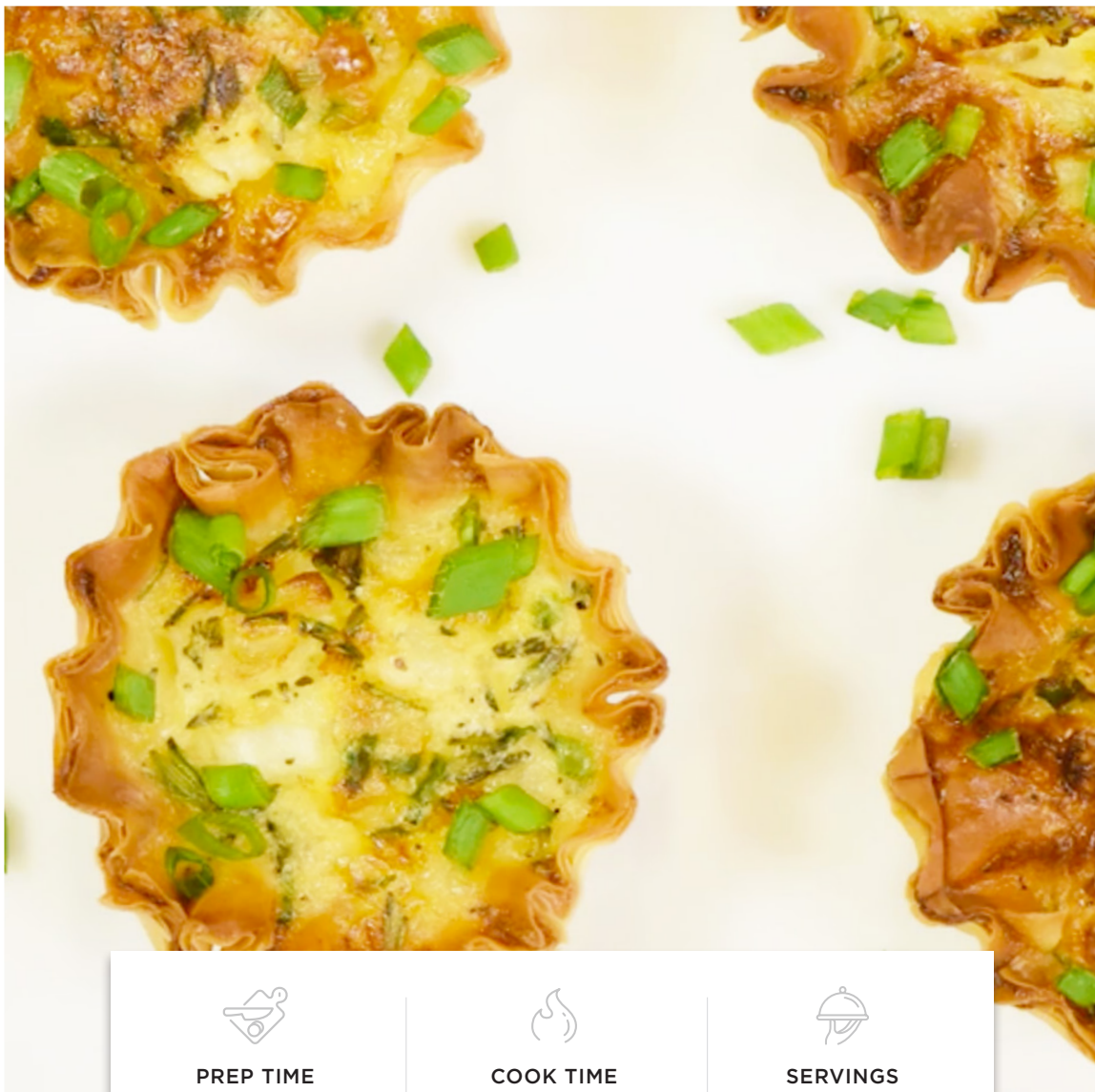
INGREDIENTS

- 2 pounds sweet potatoes, peeled
- 1 tablespoon olive oil
- 2 teaspoons fresh rosemary, chopped
- 1 pinch Kosher salt
- 3 tablespoons grated Parmesan Reggiano cheese

1. Cut the sweet potatoes into even pieces, about 4 inches long and ¼-inch thick.
2. In a large bowl, toss cut sweet potatoes with the olive oil, rosemary and salt. Transfer half of the cut sweet potatoes to the tray inside the air fryer basket. Insert basket into Air Fryer.
3. Set the Air Fryer to 400°F and 15 minutes. Shake halfway through.
4. When sweet potato fries are golden-brown and fully cooked through, transfer to a bowl and toss with half of the Parmesan Reggiano cheese. Repeat with remaining sweet potatoes. Serve immediately.



Tip: Try substituting with your favorite potato, such as Yukon Gold or Russet. Just be sure to soak white potatoes in cold water for 30 minutes, rinse and pat dry completely before cooking.



PREP TIME

10 MIN



COOK TIME

30 MIN



SERVINGS

5-6

FRESH HERB QUICHE CUPS

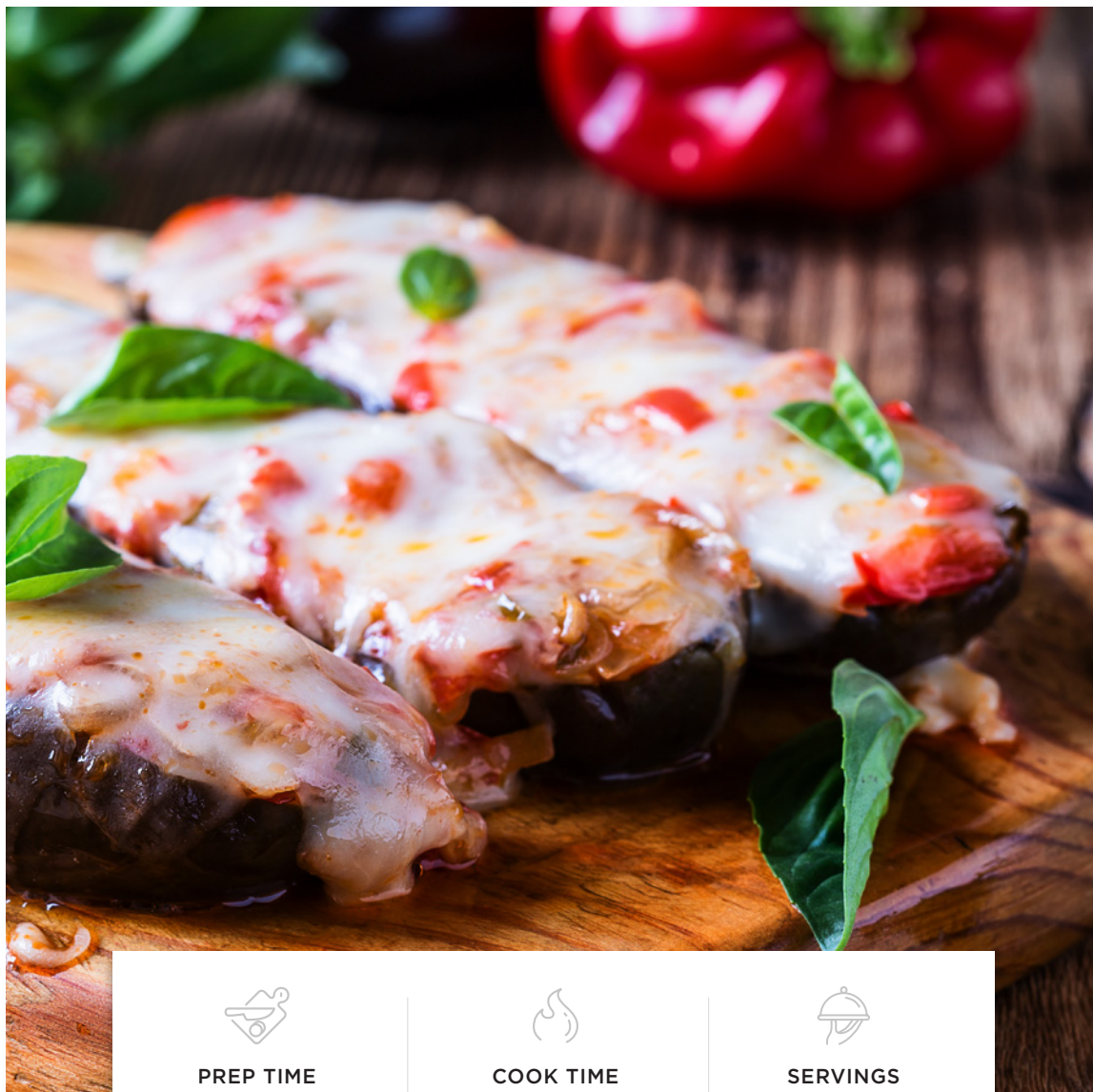
INGREDIENTS

- 1 large egg
- ¼ cup heavy cream
- ¼ cup whole milk
- ½ teaspoons Kosher salt
- ¼ teaspoons ground black pepper
- ½ teaspoon fresh thyme leaves
- 1 teaspoon thinly sliced chives, plus more for garnish
- 2 boxes (15 pieces each) mini phyllo cups

1. In a measuring cup with a spout, whisk together the first six ingredients and 1 teaspoon of the thinly sliced chives.
2. Fill each phyllo cup to the top. Transfer to the tray inside the air fryer basket. Insert basket into Air Fryer.
3. Set the Air Fryer to 375°F and 15 minutes. Press Start.
4. Check the phyllo cups at 12 minutes. When the egg mixture is just set, transfer to a serving plate. Repeat with remaining phyllo cups. Serve warm or room temperature.



Tip: Add Tabasco sauce or other hot pepper sauce for a spicy kick.



PREP TIME

10 MIN



COOK TIME

34 MIN



SERVINGS

2

EGGPLANT PARMESAN

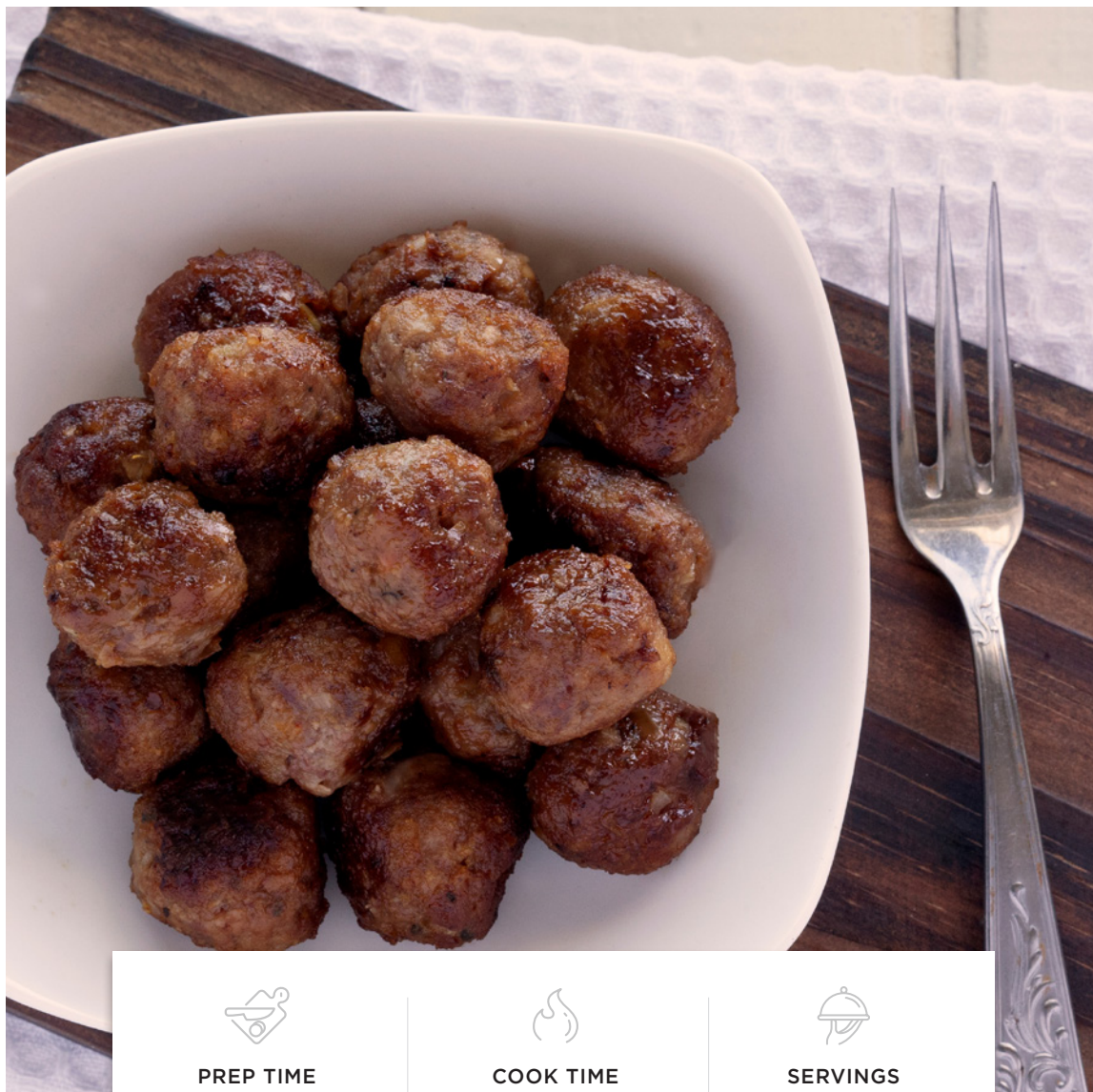
INGREDIENTS

- 2 baby eggplants, about 6.5 ounces each, cut in half lengthwise and stems trimmed
- 3 tablespoons olive oil
- 1 teaspoon Kosher salt
- ½ teaspoon ground black pepper
- 1 scant cup marinara sauce
- 4 slices mozzarella cheese
- ¼ cup grated Parmesan cheese
- ¼ cup fresh basil leaves

1. Brush the eggplant halves with the olive oil and sprinkle with the salt and pepper. Transfer 2 halves to the tray inside the air fryer basket. Insert basket into Air Fryer.
2. Set the Air Fryer to 375°F and 15 minutes. Press Start.
3. After 15 minutes, spoon ¼ scant cup marinara sauce onto each eggplant half. Sprinkle each with 1 tablespoon of the Parmesan cheese and top each with 1 slice of mozzarella cheese. Insert air fryer basket back into the Air Fryer. Set to 400°F and 2 minutes. Press Start.
4. When cheese is melted, carefully use a spatula to transfer eggplant parmesan to a serving plate. Repeat with remaining eggplant halves.
5. Before serving, tear the basil into small pieces and sprinkle on top.



Tip: Remember that the air fryer basket has vents. If sauce drips onto the bottom of the basket, be sure to empty it before cooking the second batch to avoid spillage.



PREP TIME

10 MIN



COOK TIME

20 MIN



SERVINGS

5

SPICY FRIED MEATBALLS

INGREDIENTS

- 1 pound ground beef or chuck
- 1 onion, finely chopped
- 1 clove garlic, minced
- 1 large egg, beaten
- ¼ cup panko bread crumbs
- 1 teaspoon Kosher salt
- 1 teaspoon dark chili powder
- ¼ teaspoon ground black pepper
- 1 tablespoon olive oil

1. In a large bowl, use your hands to loosely combine all of the ingredients except for the olive oil.
2. Scoop about 1 tablespoon of the meat mixture and roll it into a ball. Place on a plate.
3. Brush meatballs with olive oil. Transfer half of the meatballs to the tray inside the air fryer basket. Insert basket into Air Fryer.
4. Set the Air Fryer to 400°F and 10 minutes. Press Start. Shake halfway through.
5. When the first batch of meatballs are browned and fully cooked through, transfer to a serving plate. Repeat with remaining meatballs.



Tip: You can substitute chili powder with your favorite spice.



PREP TIME

5 MIN



COOK TIME

15 MIN



SERVINGS

2-4

BACON PARMESAN BRUSSEL SPROUTS

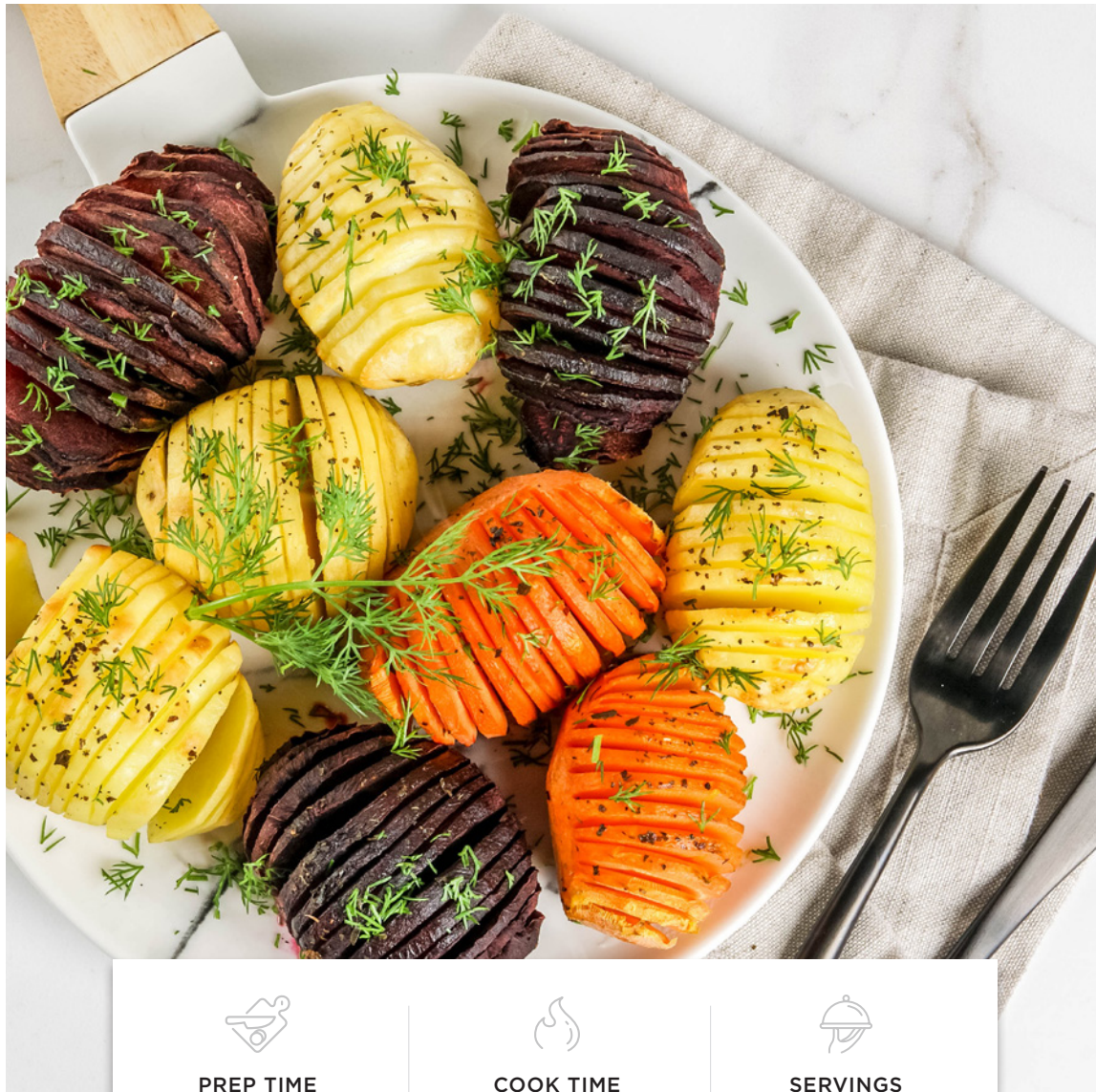
INGREDIENTS

- 4 strips bacon
- 16 - 20 Brussels sprouts, cut in half lengthwise
- 1 tablespoon olive oil
- ½ tablespoon garlic salt
- ½ tablespoon onion powder
- ½ teaspoon Kosher salt
- ¼ teaspoon ground black pepper
- Parmesan cheese
- Balsamic glaze

1. Place the bacon on the tray inside the air fryer basket. Insert basket into Air Fryer.
2. Set the Air Fryer to 400°F and 6 minutes. Press Start.
3. Check the bacon at 5 minutes. When it is browned and crispy, remove from Air Fryer and place on a plate to cool. Set aside.
3. In a large bowl, combine the remaining ingredients except for the Parmesan cheese and balsamic glaze. Transfer Brussels sprouts to the tray inside the air fryer basket. Insert basket into Air Fryer.
4. Set the Air Fryer to 400°F and 10 minutes. Press Start. Shake halfway through.
5. When Brussels sprouts are crispy and mostly cooked through, transfer to a serving plate. Sprinkle with Parmesan cheese and drizzle with balsamic glaze.
6. Crumble cooked bacon and sprinkle on top.



Tip: Keep an eye on the bacon while it's air frying. You'll be surprised how quickly it crisps up.



PREP TIME

10 MIN



COOK TIME

50 MIN



SERVINGS

5

HASSELBACK TRIO

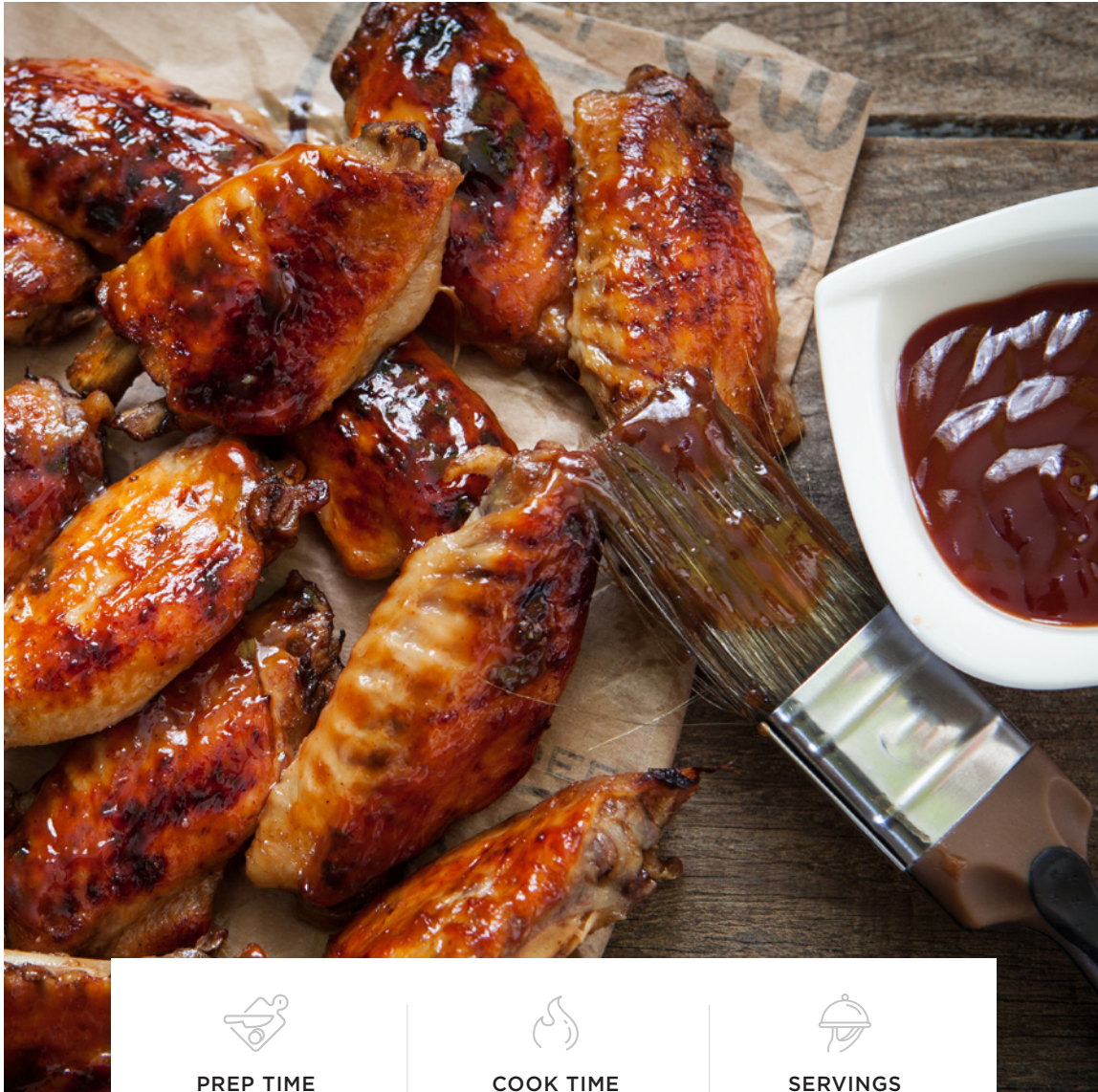
INGREDIENTS

- 4 small potatoes, about 6 ounces each, peeled
- 2 small sweet potatoes, about 6 ounces each, peeled
- 2 small beets, about 4 ounces each, scrubbed
- 2 tablespoons olive oil
- ¼ cup grated or shredded Asiago cheese
- 1 teaspoon Kosher salt
- ¼ teaspoon onion powder
- 1 pinch cracked black pepper
- 2 tablespoons dill, finely chopped
- Sour cream, for serving, optional

1. Cut the potatoes, sweet potatoes and beets $\frac{3}{4}$ of the way through into $\frac{1}{8}$ -inch slices so that the bottoms stay intact. Do NOT cut the slices all the way through.
2. If cut vegetables are not easy to fan out in your hands, trim the bottoms so the cuts still remain intact but the bottoms become thinner.
3. Brush each with a generous amount of olive oil and sprinkle with salt, onion powder and pepper. Transfer half to the tray inside the air fryer basket in a single layer. Insert basket into Air Fryer.
4. Set the Air Fryer to 375°F and 25 minutes. Press Start.
5. Check the vegetables at 20 minutes. If they are crispy, brush with more oil and resume cooking. During the last 2 minutes of cooking, sprinkle with cheese and cook for remaining time.
6. When cheese has melted, transfer to a serving plate and sprinkle with fresh dill. If desired, serve with sour cream. Repeat with remaining vegetables.



Tip: Scrub, cut and handle the beets last so their red color doesn't bleed onto the potatoes.



PREP TIME

2 MIN



COOK TIME

40 MIN



SERVINGS

6

BBQ WINGS

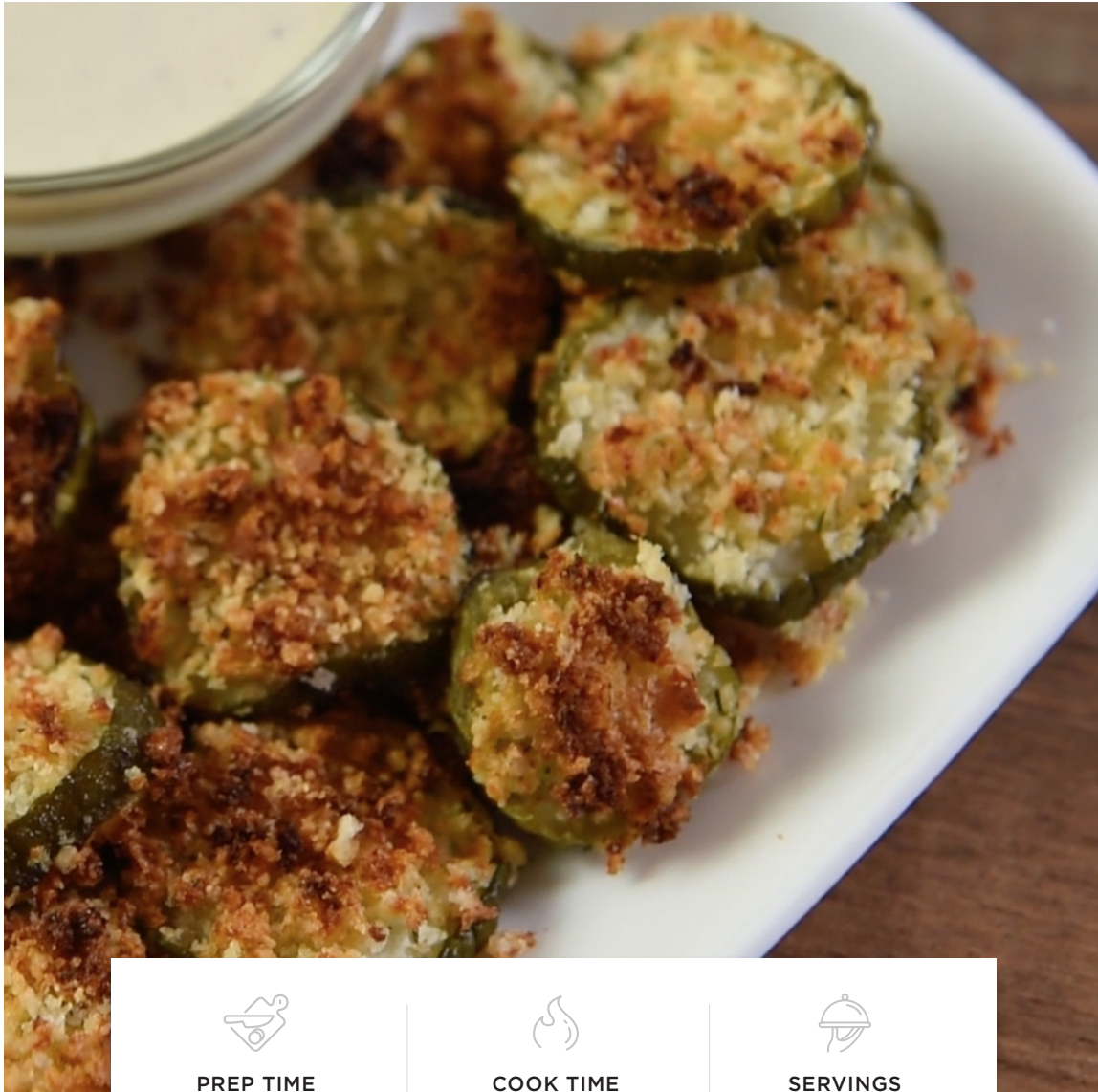
INGREDIENTS

- 1 pound chicken wings
- 1 cup BBQ sauce
(Choose your favorite
breading and flavoring).

1. In a large bowl, combine chicken wings and BBQ sauce. Transfer half of the chicken wings to the tray inside the air fryer basket. Insert basket into Air Fryer.
2. Set the Air Fryer to 390°F for 20 minutes. Press Start. Shake halfway through.
3. When chicken wings are ready, transfer to a serving plate. Repeat with remaining chicken wings.



Tip: Place the first batch of wings in aluminum foil to keep warm while the second batch is cooking.



PREP TIME
10 MIN



COOK TIME
20 MIN



SERVINGS
50 CHIPS

PARMESAN PICKLE CHIPS

INGREDIENTS

- 4 garlic dill pickles, about 2 ounces each
- 1 large egg
- 2 tablespoons Parmesan cheese
- ½ cup panko bread crumbs
- Oil, for spraying

1. Cut the pickles into ¼-inch slices. Place on a paper towel-lined plate. Blot with another paper towel to dry and remove as much liquid as possible.
2. In a small bowl, whisk the egg.
3. In another small bowl, combine the panko bread crumbs and Parmesan cheese.
4. Dip the pickle slices into the egg, and then the panko mixture.
5. Spray all of the coated pickle slices with oil. Transfer half to the tray inside the air fryer basket. Insert basket into Air Fryer.
6. Set the Air Fryer to 400°F and 10 minutes. Check with a few minutes left and shake if necessary.
7. When pickle chips are golden-brown, transfer to a serving plate. Repeat with remaining.
8. Serve with Ranch dressing, if desired.



Tip: The more you blot your pickle slices, the more the egg and panko bread crumb coating will stick to your cooked pickle chips.



PREP TIME

10 MIN



COOK TIME

40 MIN



SERVINGS

4

APPLE TURNOVERS

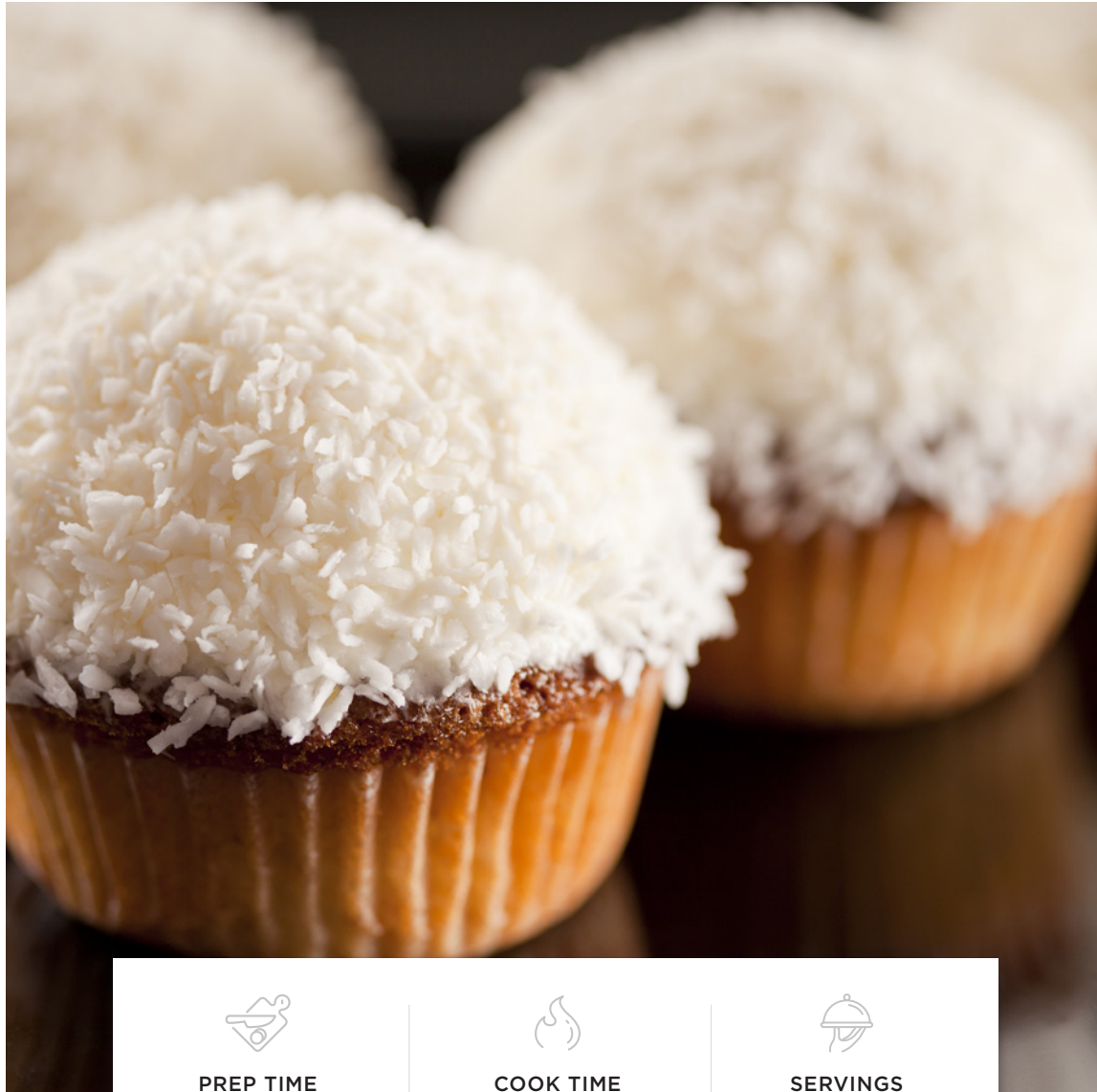
INGREDIENTS

- 3 tablespoons butter, divided
- 1 Granny Smith apple
- ½ lemon
- 2 tablespoons granulated sugar
- ¼ teaspoon ground cinnamon
- 1 pinch ground nutmeg
- 1 sheet frozen puff pastry, thawed
- ⅔ cup confectioners' sugar
- 1 tablespoon water

1. In a small skillet over medium heat, melt butter. Remove from heat.
2. Core apple and cut into ¼-inch dice. Toss in a small bowl with a small squeeze of lemon, the granulated sugar, cinnamon and 1 tablespoon of the melted butter. Set aside.
3. Cut puff pastry sheet into 4 equal squares. Roll each square into a 6-inch by 6-inch square.
4. Place an even amount of the apple mixture into the center of each square. Fold each into a triangle. Use a fork to seal the edges.
5. Brush each apple turnover with an even amount of the melted butter. Put 2 on the tray inside the air fryer basket. Insert basket into Air Fryer.
6. Set Air Fryer to 350°F and 18 minutes. Press Start.
7. While apple turnovers are cooking, in a small bowl combine confectioners' sugar and water to make a royal icing. Set aside.
8. When turnovers are golden-brown, remove from Air Fryer and repeat with remaining turnovers.
9. Drizzle with royal icing and serve.



Tip: This recipe skips the traditional step of softening the apples first in a pan. Apples may be a little crunchier than you're used to, but we love that the prep time is quicker.



PREP TIME

10 MIN



COOK TIME

36 MIN



SERVINGS

8

SNOWFALL CUPCAKES

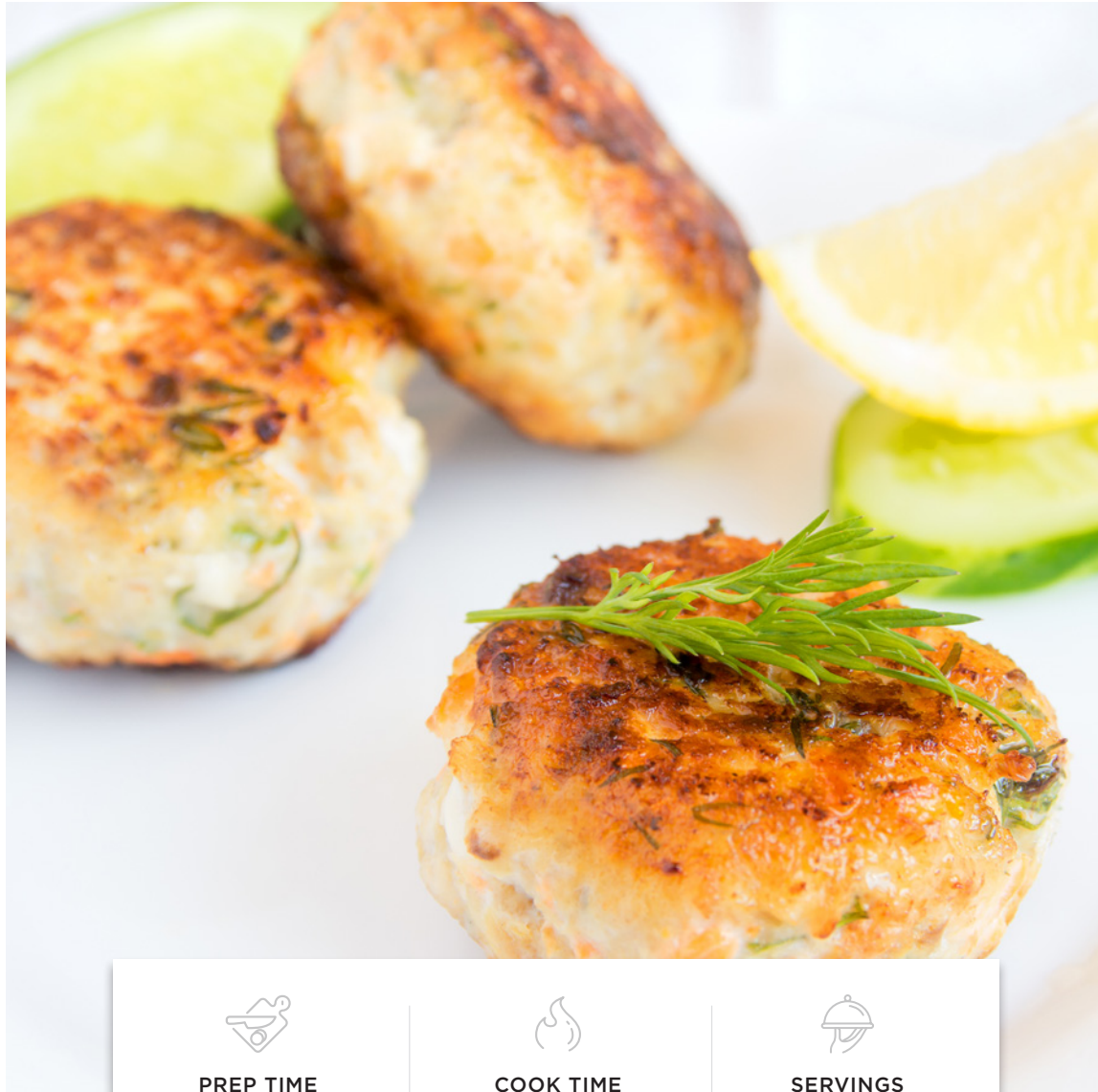
INGREDIENTS

- $\frac{3}{4}$ cup granulated sugar
- 6 tablespoons butter, softened at room temp
- $\frac{1}{2}$ teaspoon vanilla extract
- 2 large eggs
- $\frac{1}{4}$ cup unbleached, all-purpose flour
- $\frac{1}{2}$ teaspoon baking soda
- $\frac{1}{4}$ teaspoon table salt
- $\frac{1}{2}$ cup sour cream
- 2 cups shredded coconut

SNOWFALL FROSTING:

- 8 oz. cream cheese, softened at room temp
- 8 tbsp. butter, softened at room temp
- 2 tbsp. vanilla extract
- 1 pinch table salt
- 4 cups confectioners' sugar

1. In a small bowl whisk flour, baking soda and salt. Set aside.
2. In a medium bowl, use a hand blender on speed 1 to cream the sugar and butter until fluffy. Add vanilla and beat in 1 egg at a time until fully combined, about 2 minutes total.
3. Add half of the flour mixture from the small bowl into the medium bowl until just combined. Then, add half of the sour cream until just combined. Repeat.
4. Fill $\frac{2}{3}$ of each silicone cupcake liner with batter.
5. Put 4 of the filled silicone cupcake liners on the tray inside the air fryer basket. Insert basket into Air Fryer.
6. Set the Air Fryer to 350°F and 18 minutes. Press Start.
7. Check the cupcakes at 15 minutes. If the tops are golden-brown, spring back to touch and a toothpick comes out clean when inserted into the center, remove from Air Fryer. Transfer to a cooling rack and repeat with remaining filled cupcake liners.
8. While cupcakes are baking, make the Snowfall Frosting: In a small bowl, use a hand blender on speed 2 to beat the cream cheese and butter until creamy. Add the vanilla and salt. Slowly add in the confectioners' sugar until frosting is smooth and fluffy.
9. Put coconut into a shallow dish. When cupcakes are completely cool, remove the liner, frost the tops and dip into the coconut.



PREP TIME

10 MIN



COOK TIME

36 MIN



SERVINGS

8

CRAB CAKES

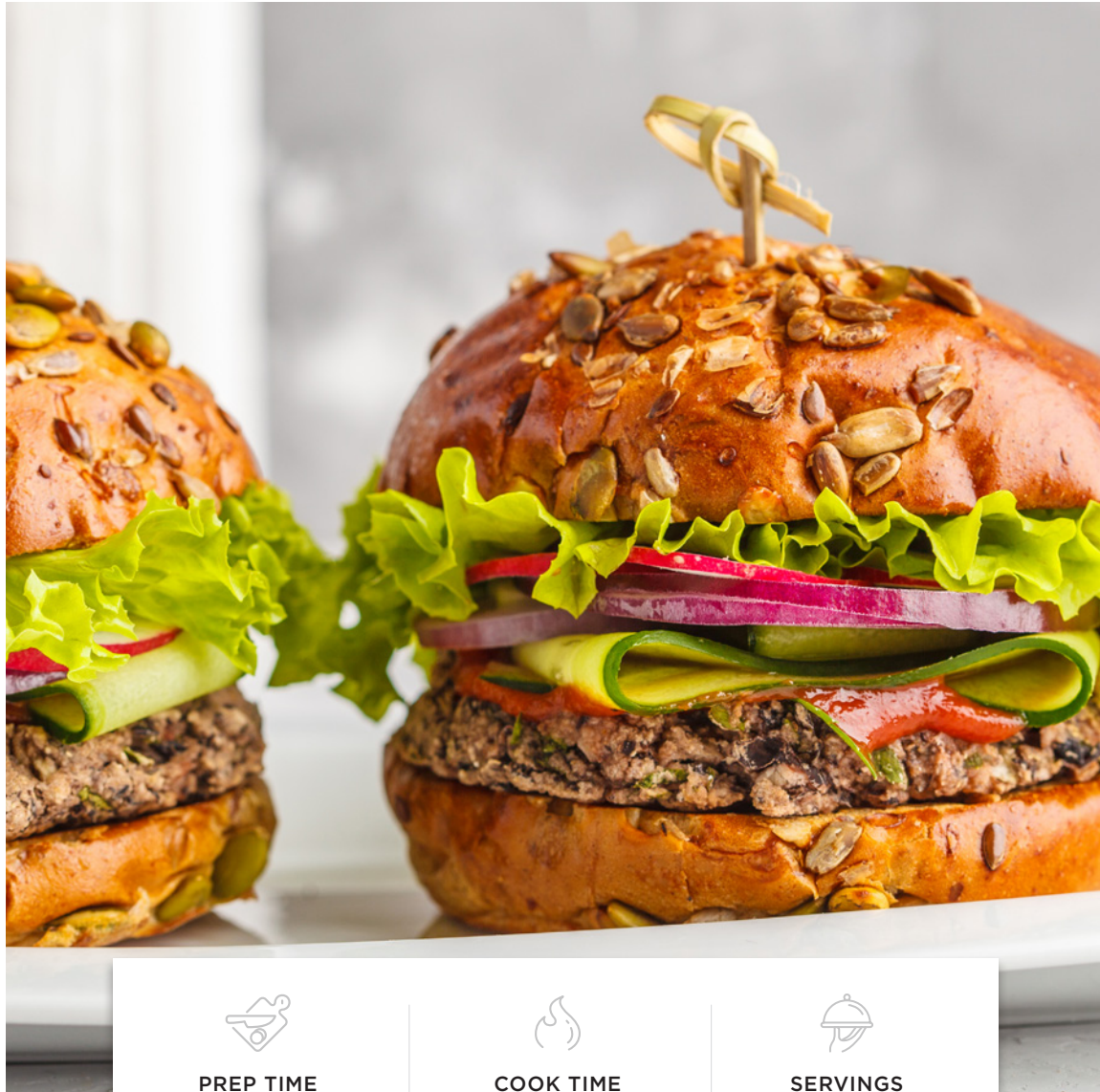
INGREDIENTS

- 2 pounds crab meat
- 2 large eggs, lightly beaten
- ½ cup mayo
- 2 tablespoons fresh lemon juice
- ½ cup fresh parsley leaves, chopped
- 1 cup buttery cracker crumbs
- ¼ cup celery, finely chopped
- ¼ cup green bell pepper, finely chopped
- ¼ red bell pepper, finely chopped
- ¼ cup onion, finely chopped
- Olive oil, for brushing

1. In a large bowl, use your hands to gently combine all of the ingredients, except for the olive oil.
2. Scoop ¼ cup of the mixture and form into patties. Place on a plate. 3. Brush with oil.
4. Transfer half of the crab cakes to the tray inside the air fryer basket in a single layer. Insert basket into Air Fryer.
5. Set the Air Fryer to 350°F and 18 minutes. Check when there are 10 minutes remaining and flip if necessary.
6. When crab cakes are golden-brown and cooked through, transfer to a serving dish. Repeat with remaining crab cakes.



Tip: Serve with your favorite dipping sauce or aioli.



PREP TIME

10 MIN



COOK TIME

36 MIN



SERVINGS

8

CRAB CAKES

INGREDIENTS

- 1 can (15oz) black beans, drained
- 1 small sweet onion, finely chopped
- ½ cup wheat flour
- 1 large egg, lightly beaten
- 1 pinch cayenne pepper
- ½ teaspoon ground cumin
- ¼ teaspoon ground black pepper
- ¼ teaspoon garlic powder
- ¼ teaspoon Kosher salt
- ½ teaspoon oregano
- ¼ teaspoon fresh sage
- ¼ teaspoon fresh thyme

1. In a medium bowl, mash $\frac{3}{4}$ of the drained beans. Store remaining for another use.
2. Add the remaining ingredients to the bowl and mix well.
3. Divide the mixture evenly and form into 4 patties of the same size.
4. Put 2 patties onto the tray inside the air fryer basket. Insert basket into Air Fryer.
5. Set the Air Fryer to 375°F and 10 minutes. Press Start.
6. When patties are cooked through, transfer to a serving plate. Repeat with remaining patties.
7. Serve with your favorite buns and condiments.

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