

C28

C28 SMART WATCH USER MANUAL

PLEASE READ THE USER MANUAL BEFORE USE

Welcome to our high-end measurement wrist-band SmartWatch which creates a thoughtful and healthy experience for you.

Device maintenance

- Please remember the following tips when you maintain your SmartWatch:
- Clean the smart watch regularly, especially its inner side, and Keep it dry.
 - Adjust the smart watch tightness to ensure air circulation.
 - Excessive skincare products should not be used on the wrist. wearing the smart watch.
 - Please cease wearing the smart watch in case of skin allergy or any discomfort.

Open the client and download it

Scan the QR code below to download and install the client on your cell phone.



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Buttons and on-screen controls

The device adopts color screen and supports full-screen touch, swipe up, swipe down, swipe left, swipe right, and long-press operation.



Key-POWER

1. Short press to wake up the screen/turn off the screen.
2. Long press to turn on/off.
3. Double-tap to go to Recent Apps.

Key-MENU

1. Short press to enter function menu/return to previous level.
2. Long press the voice assistant.

Key-SPORT

1. Short press to enter sport mode.
 2. Long press to access the stopwatch.
 3. Supports key customization.
- ⚠ The button customization function is set in App.

Measuring heart rate

In order to ensure the accuracy of heart rate measurement, please wear the device normally, avoiding the bone joints, not too loose, please wear it as tight as possible when exercising. Please wear the device as tight as possible during exercise.

Single Heart Rate Measurement

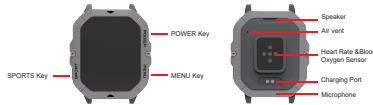
Select Heart Rate in the device application list to take a single heart rate measurement.

- ⚠ Due to external factors (such as hairy arms, tattoos, darker skin color, sagging arms, shaking arms), the measurement results may not be accurate or the value may not be available.

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Watch profiles

The watch adopts push button + color touch screen, integrating multiple functions, and the large color screen provides a larger view.



Awakens: With the screen off, click the button to wake up the watch.

Light up the screen: Click the up button to light the screen. Raise your wrist or turn your wrist inwards to light up the screen.

AOD off screen:

1. After lighting up the screen by pressing the button or lifting the wrist, the screen automatically turns off after a period of no operation.
2. Lowering your arm makes the screen go off quickly.
3. Select Watch Settings>Display>Screen Off Time to set the screen off time.

Continuous measurement of heart rate

Go to the DaFit app device page, click Other Settings > All Day Heart Rate to turn on the Continuous Heart Rate switch. Once turned on, the device will continuously measure heart rate according to the set time.

Motion Mode

1. In the list of applications on your watch, tap Exercise.
2. Select the type of workout on the Workout screen. You can also swipe up the screen and tap Customize to add and select additional workouts. The following are some examples of the exercises that can be added to the workout screen.
3. Click on the start icon to begin your workout.
4. Shortly press the upper button of the watch during the workout, and then tap the end icon on the pause screen to end the workout.

Frequently Asked Questions

Q1. Why does the watch not turn on?

- A1: Charge the watch with the original charger for more than 30 minutes.
- A2: Use a high power charger to charge your watch (e.g. 9V/2A) and other fast chargers.
- A3: Please contact customer service to replace the data cable.

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Charging and powering up



Charging: Aim the charging cable at the charging area on the back of the fitted device, and connect the other end to Connect the charger and turn on the power until the charging power indicator appears on the screen of the device. The charging power indicator appears on the screen of the device.

Power on: Charging can be auto power on, or long press the up button to power on.



Please keep the charging cable, device, etc. dry when charging. It is recommended to use a power adapter with a rated output voltage of 5V and a rated output current of 1A to power the charging cable. Consumers should use a power adapter that is CCC certified and meets the standard requirements for charging.

Pairing of connecting devices

After the device is turned on for the first time, the Bluetooth is paired by default. Please download and install the latest version of DaFit APP before pairing.



Please make sure your phone has Bluetooth and location services turned on.

HarmonyOS, Android users

In DaFit App, click Add Device, the app will automatically scan for connectable devices, click on the target device to connect it, and pair it according to the interface prompts.

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Q2. Why can't the watch go through APP?

- A1: Unpair all Bluetooth devices on your cell phone, delete the APP and reconnect according to the user manual.
- A2: Reset the watch and restart the phone.
- A3: Switch to another phone to reconnect the watch.

Q3. Why is the data collected by the watch inaccurate?

- A1: Fill in the actual personal information on the APP, such as gender, age, height, weight and other information.
- A2: Make sure the protective film on the back of the watch is removed.
- A3: Make sure the watch is neither too loose nor too tight when worn.
- A4: Reset the watch to recheck the accuracy of the data.
- A5: Considering that different brands use different software algorithms.

The way data is collected varies from device to device (e.g., smartwatch, smartphone, treadmill, etc.). In other words compare the data collected by different devices. For example, the data detected by an Apple Watch is very different from that of a Garmin Watch.

Q4. The watch can't sync WhatsApp or Facebook?

- A1: Make sure to allow the app to access the notification on the phone.

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Click on the device with Bluetooth name C28 on the Search for Devices page to bind it.



You need to agree to the following permissions to use the Bluetooth calling feature.



If you replace the paired connected cell phone, you need to go to App > RemoveDevice>.

Bluetooth pairing request

Pair with C28 ?

Cancel Pair

iOS users

In DaFit App, click Add Device, select the device you want to pair with in the device list, click Pairing.



Click on the device with Bluetooth name C28 on the Search for Devices page to bind it.

ADD A DEVICE

C28

F2 ED 80 5D 0E 38

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A2: Please make sure WhatsApp or Facebook notifications are turned on in your phone.

A3: Please make sure WhatsApp or Facebook notifications are turned on in the app.

A4: Disconnect the watch and reconnect it.

Q5. Why is the battery life too short?

- A1: Reduce the screen brightness and adjust the screen timeout to five seconds.
- A2: Turn off 24-hour heart rate monitoring without notification.

Q6. Why can't take a hot bath with the smart watch?

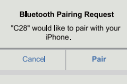
A: The bath water has a relatively high temperature, and generates a lot of vapour, which is in the gas phase with a small molecular radius and can easily infiltrate into the smart watch from the shell gap. When the temperature drops, the vapour will condense into liquid-phase droplets which will easily cause a short circuit inside the smart watch and damage the circuit board and then damage the smart watch.

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You need to agree to the following permissions in order for the watch functions to work properly and for Bluetooth calling to function.



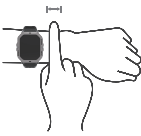
After successful pairing, the device returns to the dial interface and synchronizes the relevant information (date, time, etc.)



Wearing a watch

Please make sure that the bottom case of the watch is clean and free of debris, and then fit the monitoring unit area on your wrist to maintain a comfortable, snug fit. Do not put a film on the back of the watch, there are sensors at the bottom of the watch to recognize the human body once covered, it will lead to inaccurate or unrecognized recognition, which will lead to inaccurate or unrecorded records of heart rate, blood oxygen, sleep and so on.

To ensure the accuracy of the measurement, please wear the watch at least one finger away from the bone joints, keep the strap loose and tight, and try to wear it as tight as possible when you are exercising.



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Warning:

Please consult your doctor before taking up a new exercise. The smart watch should not be used for any medical purpose, though it may dynamically monitor the heart rate in real-time.



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